

Prova 3
29/06/2024 - 16:05

Femin., 200m Livres

12 anos e mais velhos

Resultados

Rec Nac Adap S1	59:00.00	start,				
Rec Nac Adap S2	59:00.00	start,				
Rec Nac Adap S3	5:07.35	Susana Cristina, BARROSO	GESL	Lisboa		26/05/2001
Rec Nac Adap S4	4:07.64	Diana Lobo, GUIMARAES	FCP	Vila Franca de Xira		01/12/2007
Rec Nac Adap S5	3:31.89	Maria Joao, MORGADO	POR	Braunschweig (GER)		13/08/1999
Rec Nac Adap S6	59:00.00	,				
Rec Nac Adap S8	2:49.63	Ana Filipa, CASTRO	FVCD	Coimbra		02/03/2019
Rec Nac Adap S9	2:24.16	Susana Pereira, VEIGA	CNCVG	Funchal		01/04/2023
Rec Nac Adap S10	59:00.00	,				
Rec Nac Adap S11	59:00.00	,				
Rec Nac Adap S12	59:00.00	,				
Rec Nac Adap S14	2:48.99	Sonia Castanheiro, RESENDE	POR	Loano (ITA)		11/06/2016
Rec Nac Adap S15	2:40.90	Eunice Evora, ALMEIDA	SCP	Povoa de Varzim		12/05/2018
Rec Nac Adap S16	3:35.36	Maria Joao, TABORDA	FCP	Povoa de Varzim		07/04/2019
Rec Nac Adap S21	3:25.18	Matilde Lucia, GASPAR	APCC	Coimbra		03/03/2024

S1-ESP 12 - 16 S1 50m: 12:34.83 - 25m: 12:34.83 / S1-SEN 17 + S1 50m: 11:06.03 - 25m: 11:06.03 / S2-ESP 12 - 16 S2 50m: 9:38.87 - 25m: 9:38.87 / S2-SEN 17 + S2 50m: 8:30.76 - 25m: 8:30.76 / S3-ESP 12 - 16 S3 50m: 8:42.50 - 25m: 8:42.50 / S3-SEN 17 + S3 50m: 7:41.03 - 25m: 7:41.03 / S4-ESP 12 - 16 S4 50m: 7:00.99 - 25m: 7:00.99 / S4-SEN 17 + S4 50m: 6:11.46 - 25m: 6:11.46 / S5-ESP 12 - 16 S5 50m: 6:00.21 - 25m: 10:29.65 / S5-SEN 17 + S5 50m: 5:17.84 - 25m: 9:15.57 / S14-ESP 12 - 16 S14 50m: 4:47.28 - 25m: 4:50.78 / S114-ESP 12 - 16 S114 50m: 4:47.28 - 25m: 4:50.78 / S14-SEN 17 + S14 50m: 4:13.48 - 25m: 4:16.57 / S114-SEN 17 + S114 50m: 4:13.48 - 25m: 4:16.57 / S15-ESP 12 - 16 S15 50m: 4:33.53 - 25m: 4:22.94 / S115-ESP 12 - 16 S115 50m: 4:33.53 - 25m: 4:22.94 / S15-SEN 17 + S15 50m: 4:01.35 - 25m: 3:52.01 / S115-SEN 17 + S115 50m: 4:01.35 - 25m: 3:52.01 / S16-ESP 12 - 16 S16 50m: 6:06.11 - 25m: 6:06.11 / S16-SEN 17 + S16 50m: 5:23.04 - 25m: 5:23.04 / S17-ESP 12 - 16 S17 50m: 5:17.36 - 25m: 5:31.82 / S17-SEN 17 + S17 50m: 4:40.02 - 25m: 4:52.79 / S21-ESP 12 - 16 S21 50m: 6:04.50 - 25m: 5:52.56 / S21-SEN 17 + S21 50m: 5:21.62 - 25m: 5:11.09

Pontos: KNZB NED WPS 2024

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m
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Classe S1-S14 - Absolutos

1. Susana Raquel, GOUVEIA	89	Assoc Desporto Adaptado	P3:50.38	153	53.14	58.69	1:01.41	57.14
2. Joana Candeias, REGO	04	Assoc Desporto Adaptado	P3:56.28	142	47.51	1:00.11	1:03.06	1:05.60
3. Claudia Filipa, PENETRO	00	Asc	8:05.82	39	2:01.85	2:02.23	2:06.02	1:55.72

FTL

Classe S17 - Absolutos

1. Lara Sofia, NUNES	11	Fcp	3:38.20		45.54	53.59	1:00.43	58.64
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Classe S21 - Absolutos

1. Adriana Godinho, REIS	95	Feira Viva	3:56.28		53.09	1:02.60	1:03.45	57.14
C., LOURENCO	94	APC Coimbra	4:08.42		56.00	1:04.16	1:06.19	1:02.07
Ana Alexandra, CASTRO	92	Fcp	4:37.27		1:06.59	1:11.70	1:11.98	1:07.00

Classe S5 - Seniores

1. Claudia Filipa, PENETRO	00	Asc	8:05.82	39	2:01.85	2:02.23	2:06.02	1:55.72
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Campeã Nacional, FTL

Classe S14 - Seniores

1. Susana Raquel, GOUVEIA	89	Assoc Desporto Adaptado	P3:50.38	153	53.14	58.69	1:01.41	57.14
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Campeã Nacional

Prova 3, Femin., 200m Livres, Classe S14 - Seniores

Lugar	Ano	Tempo final	Pts	50m	100m	150m	200m	
2. Joana Candeias, REGO	04	Assoc Desporto Adaptado P	3:56.28	142	47.51	1:00.11	1:03.06	1:05.60

Classe S17 - Esperanças

1. Lara Sofia, NUNES <i>Campeã Nacional</i>	11	Fcp	3:38.20		45.54	53.59	1:00.43	58.64
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Classe S21 - Seniores

1. Adriana Godinho, REIS <i>Campeã Nacional</i>	95	Feira Viva	3:56.28		53.09	1:02.60	1:03.45	57.14
2. C., LOURENCO	94	APC Coimbra	4:08.42		56.00	1:04.16	1:06.19	1:02.07
3. Ana Alexandra, CASTRO	92	Fcp	4:37.27		1:06.59	1:11.70	1:11.98	1:07.00