

Prova 11 Femin., 200m Bruços 12 anos e mais velhos  
29/06/2024 - 17:25 Resultados

Rec Nac Adap SB8	59:00.00	,					
Rec Nac Adap SB14	3:32.83	Sonia Castanheiro, RESENDE	POR	Loano (ITA)			13/06/2016
Rec Nac Adap SB15	3:18.70	Susana Maria, LOURENCO	SCP	Vila Franca de Xira			05/03/2016
Rec Nac Adap SB17	59:00.00	start,					

S14-ESP 12 - 16 S14 50m: 6:01.81 - 25m: 5:56.66 / S114-ESP 12 - 16 S114 50m: 6:01.81 - 25m: 5:56.66 / S14-SEN 17 + S14 50m: 5:19.24 - 25m: 5:14.70 / S114-SEN 17 + S114 50m: 5:19.24 - 25m: 5:14.70 / S15-ESP 12 - 16 S15 50m: 5:37.79 - 25m: 5:42.09 / S115-ESP 12 - 16 S115 50m: 5:37.79 - 25m: 5:42.09 / S15-SEN 17 + S15 50m: 4:58.05 - 25m: 5:01.85 / S115-SEN 17 + S115 50m: 4:58.05 - 25m: 5:01.85 / S17-ESP 12 - 16 S17 50m: 4:43.46 - 25m: 5:56.66 / S17-SEN 17 + S17 50m: 4:10.11 - 25m: 5:14.70 / S21-ESP 12 - 16 S21 50m: 7:37.39 - 25m: 6:38.96 / S21-SEN 17 + S21 50m: 6:43.58 - 25m: 5:52.02

Pontos: KNZB NED WPS 2024

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
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Classe SB14 - Absolutos

1. Joana Filipa, PINHO	02	Sporting Clube de Aveiro	<b>4:30.09</b>	225	1:00.89	1:08.52	1:10.92	1:09.76
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Classe SB21 - Absolutos

1. Matilde Lucia, GASPAR	06	APC Coimbra	<b>3:54.71</b>		52.69	59.67	1:01.34	1:01.01
Barbara Ines, GOMES	91	APC Coimbra	<b>4:47.68</b>		1:09.07	1:11.31	1:14.73	1:12.57

Classe SB14 - Seniores

1. Joana Filipa, PINHO	02	Sporting Clube de Aveiro	<b>4:30.09</b>	225	1:00.89	1:08.52	1:10.92	1:09.76
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*Campeã Nacional*

Classe SB21 - Seniores

1. Matilde Lucia, GASPAR	06	APC Coimbra	<b>3:54.71</b>		52.69	59.67	1:01.34	1:01.01
2. Barbara Ines, GOMES	91	APC Coimbra	<b>4:47.68</b>		1:09.07	1:11.31	1:14.73	1:12.57