

Quatrième Régionale Sept-Îles  
Sept-Îles, 1-6-2024

Event 22  
2024-06-01 - 14:53

400m Freestyle

Open  
Results

Points: FINA 2023

Rank				Age					Time	Pts		
<b>12 - 14 years, Girls</b>												
1.	TURBIDE, Florence			14	C.Natation. Sept-Iles				<b>5:04.88</b>	436		
	50m:	34.24	34.24	150m:	1:49.58	250m:	3:08.73	40.35	350m:	4:10.41	22.07	
	100m:			200m:	2:28.38	38.80	300m:	3:48.34	39.61	400m:	5:04.88	54.47
2.	CARON, Emmanuelle			14	C.Natation. Sept-Iles				<b>5:29.13</b>	347		
	50m:			150m:		250m:	3:23.35	42.82	350m:	4:48.88	42.50	
	100m:	1:15.71		200m:	2:40.53		300m:	4:06.38	43.03	400m:	5:29.13	40.25
3.	TREMBLAY, Rosalie			12	Cpc				<b>6:21.51</b>	222		
	50m:	23.28	23.28	150m:	2:25.67	50.96	250m:	4:04.34	49.07	350m:	5:38.34	46.83
	100m:	1:34.71	1:11.43	200m:	3:15.27	49.60	300m:	4:51.51	47.17	400m:	6:21.51	43.17
<b>13 - 15 years, Boys</b>												
1.	BEAUCHEMIN, Felix			14	C.Natation. Sept-Iles				<b>5:14.75</b>	306		
	50m:	35.00	35.00	150m:	1:56.32	41.23	250m:	3:17.38	40.25	350m:	4:38.21	40.14
	100m:	1:15.09	40.09	200m:	2:37.13	40.81	300m:	3:58.07	40.69	400m:	5:14.75	36.54
<b>15 - 16 years, Girls</b>												
1.	BAZINET, Amelie			15	C.Natation. Sept-Iles				<b>5:22.20</b>	369		
	50m:	37.78	37.78	150m:	1:58.89	40.63	250m:	3:21.74	41.41	350m:	4:44.50	41.04
	100m:	1:18.26	40.48	200m:	2:40.33	41.44	300m:	4:03.46	41.72	400m:	5:22.20	37.70
<b>17 years and older, Women</b>												
1.	ST-PIERRE, Marie-Helene			42	mbc				<b>6:21.74</b>	222		
	50m:	42.65	42.65	150m:	2:19.13	48.77	250m:	3:57.47	48.91	350m:	5:35.80	
	100m:	1:30.36	47.71	200m:	3:08.56	49.43	300m:			400m:	6:21.74	45.94
<b>18 years and older, Men</b>												
1.	GRANT, Phillip			27	C.Natation. Sept-Iles				<b>6:10.53</b>	187		
	50m:	39.71	39.71	150m:	2:09.63	46.10	250m:	3:45.40	48.02	350m:	5:22.79	49.03
	100m:	1:23.53	43.82	200m:	2:57.38	47.75	300m:	4:33.76	48.36	400m:	6:10.53	47.74