

TORREGRI III TORNEIO TÉCNICAS COMBINADAS
LAGOS, 15 - 16/6/2024

Prova 2
15/06/2024 - 16:05

Masc., 400m Livres

Cadetes A
Resultados

Pontos: FINA 2023

Lugar	Nome		Ano	Local		Tempo final				Pts
1.	Filipp Getmanskiy, LOPES		12	Natacao de Faro		5:52.24				218
	50m: 40.05	40.05	150m: 2:10.90	46.34	250m: 3:42.17	45.94	350m: 5:12.89	45.02		
	100m: 1:24.56	44.51	200m: 2:56.23	45.33	300m: 4:27.87	45.70	400m: 5:52.24	39.35		
2.	Francisco Miguel, SILVA		12	Portinado		5:52.34				218
	50m: 37.53	37.53	150m: 2:07.69	46.42	250m: 3:39.75	45.50	350m: 5:10.36	44.71		
	100m: 1:21.27	43.74	200m: 2:54.25	46.56	300m: 4:25.65	45.90	400m: 5:52.34	41.98		
3.	Jose Tiago, MENDES		12	Natacao de Faro		5:52.79				217
	50m: 39.42	39.42	150m: 2:08.80	45.62	250m: 3:40.15	45.86	350m: 5:10.58	44.79		
	100m: 1:23.18	43.76	200m: 2:54.29	45.49	300m: 4:25.79	45.64	400m: 5:52.79	42.21		
4.	Alessandro, BRITO		12	Natacao de Faro		6:04.22				197
	50m: 40.49	40.49	150m: 2:12.05	45.90	250m: 3:45.61	46.99	350m: 5:20.25	47.13		
	100m: 1:26.15	45.66	200m: 2:58.62	46.57	300m: 4:33.12	47.51	400m: 6:04.22	43.97		
5.	Lucas Gabriel, MALLET		12	Louletano / Loule Concelho		6:05.62				195
	50m: 40.76	40.76	150m: 2:11.86	46.00	250m: 3:47.27	47.57	350m: 5:21.26	47.09		
	100m: 1:25.86	45.10	200m: 2:59.70	47.84	300m: 4:34.17	46.90	400m: 6:05.62	44.36		
6.	Francisco Miguel, MARTELO		12	Louletano / Loule Concelho		6:06.28				194
	50m: 40.71	40.71	150m: 2:12.65	46.63	250m: 3:48.48	47.76	350m: 5:22.51	46.28		
	100m: 1:26.02	45.31	200m: 3:00.72	48.07	300m: 4:36.23	47.75	400m: 6:06.28	43.77		
7.	Tomas Soares, TAVARES		12	Portinado		6:07.09				193
	50m: 41.25	41.25	150m: 2:12.98	46.68	250m: 3:49.84	48.73	350m: 5:23.58	46.11		
	100m: 1:26.30	45.05	200m: 3:01.11	48.13	300m: 4:37.47	47.63	400m: 6:07.09	43.51		
8.	Nanuk Jose, CARVALHO		12	Nautico do Guadiana		6:12.20				185
	50m: 40.36	40.36	150m: 2:14.58	48.14	250m: 3:51.46	48.44	350m: 5:28.75	48.30		
	100m: 1:26.44	46.08	200m: 3:03.02	48.44	300m: 4:40.45	48.99	400m: 6:12.20	43.45		
9.	Tiago Joaquim, FERNANDES		12	Naval de Faro		6:18.13				176
	50m: 43.41	43.41	150m: 2:20.13	48.17	250m: 3:57.36	48.34	350m: 5:35.42	48.56		
	100m: 1:31.96	48.55	200m: 3:09.02	48.89	300m: 4:46.86	49.50	400m: 6:18.13	42.71		
10.	Hugo Rijo, ARVELA		12	FC Ferreiras/AlgarExperience		6:26.94				165
	50m: 44.29	44.29	150m: 2:22.46	49.75	250m: 4:03.30	50.60	350m: 5:41.41	48.31		
	100m: 1:32.71	48.42	200m: 3:12.70	50.24	300m: 4:53.10	49.80	400m: 6:26.94	45.53		
11.	Lourenco Miguel, LUCAS		12	FC Ferreiras/AlgarExperience		6:37.80				151
	50m: 46.55	46.55	150m: 2:27.91	50.60	250m: 4:08.28	49.77	350m: 5:46.85	49.07		
	100m: 1:37.31	50.76	200m: 3:18.51	50.60	300m: 4:57.78	49.50	400m: 6:37.80	50.95		
12.	Tomas Goncalves, GUERREIRO		12	Nautico do Guadiana		6:47.06				141
	50m: 44.49	44.49	150m: 2:25.21	50.66	250m: 4:08.61	51.40	350m: 5:46.35	49.76		
	100m: 1:34.55	50.06	200m: 3:17.21	52.00	300m: 4:56.59	47.98	400m: 6:47.06	1:00.71		
13.	Diogo Rodrigues, PAIVA		12	Naval de Faro		6:57.62				131
	50m: 47.42	47.42	150m: 2:35.59	53.44	250m: 4:22.25	54.22	350m: 6:09.48	52.36		
	100m: 1:42.15	54.73	200m: 3:28.03	52.44	300m: 5:17.12	54.87	400m: 6:57.62	48.14		
14.	Francisco Pinto, BARROCA		12	Lagoa AC		7:01.11				128
	50m: 42.96	42.96	150m: 2:27.12	52.97	250m: 4:16.64	54.93	350m: 6:06.24	55.48		
	100m: 1:34.15	51.19	200m: 3:21.71	54.59	300m: 5:10.76	54.12	400m: 7:01.11	54.87		
15.	David, BEZERKO		12	Portinado		7:07.50				122
	50m: 44.01	44.01	150m: 2:36.11	57.26	250m: 4:28.29	56.20	350m: 6:21.29	57.39		
	100m: 1:38.85	54.84	200m: 3:32.09	55.98	300m: 5:23.90	55.61	400m: 7:07.50	46.21		
16.	David, HUMENYUK		12	Portinado		7:09.21				120
	50m: 45.49	45.49	150m: 2:34.10	55.75	250m: 4:25.29	56.03	350m: 6:18.39	56.87		
	100m: 1:38.35	52.86	200m: 3:29.26	55.16	300m: 5:21.52	56.23	400m: 7:09.21	50.82		

Prova 2, Masc., 400m Livres, Cadetes A

Lugar			Ano					Tempo final	Pts
17.	Raul Filipe, CARMO		12	Natação de Lagos				7:13.24	117
	50m:	49.44 49.44	150m:	2:38.00	54.41	250m:	4:27.33 54.36	350m:	6:19.18 55.85
	100m:	1:43.59 54.15	200m:	3:32.97	54.97	300m:	5:23.33 56.00	400m:	7:13.24 54.06
18.	Rodrigo Filipe, NOBRE		12	Portinado				7:19.77	112
	50m:	45.91 45.91	150m:	2:37.72	57.48	250m:	4:31.00 56.54	350m:	6:22.57 55.42
	100m:	1:40.24 54.33	200m:	3:34.46	56.74	300m:	5:27.15 56.15	400m:	7:19.77 57.20
19.	Dalun, ZHAO		12	Natação de Lagos				7:44.83	95
	50m:	43.78 43.78	150m:	2:33.86	57.63	250m:	4:40.11 1:04.30	350m:	6:48.64 1:04.29
	100m:	1:36.23 52.45	200m:	3:35.81	1:01.95	300m:	5:44.35 1:04.24	400m:	7:44.83 56.19