

Prova 1 Femin., 800m Livres Master Startlist
04/07/2024 - 15:00

Rec Nac Masters 50m M	59:00.00	,						
Rec Nac Masters 50m L	59:00.00	,						
Rec Nac Masters 50m K	15:54.26	BASTO, Luisa Bessone	SAD	Póvoa de Varzim			23/02/2019	
Rec Nac Masters 50m J	13:30.31	FERREIRA, Ana Maria	SAD	Póvoa de Varzim			22/02/2020	
Rec Nac Masters 50m I	13:05.16	FERREIRA, Ana Maria	SAD	London (GBR)			25/05/2016	
Rec Nac Masters 50m H	12:46.28	FERREIRA, Ana Maria	SAD	Riccione (ITA)			10/06/2012	
Rec Nac Masters 50m G	11:34.11	FERREIRA, Isabel Baptista	ADRCIMM	Coimbra			25/02/2024	
Rec Nac Masters 50m F	11:12.29	ROTHES, Ines Maria	CFP	S. Joao da Madeira			07/07/2023	
Rec Nac Masters 50m E	11:01.22	COUTINHO, Gisela Barbosa	CFP	Coimbra			25/02/2024	
Rec Nac Masters 50m D	10:27.37	GRILO, Ana Paula	INDALEN	Oeiras			01/07/2011	
Rec Nac Masters 50m C	9:30.91	GRILO, Ana Paula	UDCA	Stanford (USA)			04/08/2006	
Rec Nac Masters 50m B	9:37.05	GRILO, Ana Paula	UDCA	Millau (FRA)			26/08/2003	
Rec Nac Masters 50m A	10:12.96	LEITE, Ana Filipa	AAC	Oeiras			01/07/2011	

Pista	Nome	NFed	Idade	Cat	Clube	Tp inscrição		
Série 1 de 8								
3	SILVA, Maria Luisa	222132	65	I	Fluvial Portuense	21:00.00	_____	_____
4	REBOCHO, Mariana Sarmento	103405	40	D	Fluvial Portuense	20:00.00	_____	_____
5	SILVA, Marilia Laura	131783	72	J	Fluvial Portuense	21:00.00	_____	_____
Série 2 de 8								
2	MESQUITA, Isabel Maria	222704	49	E	Natacao de Valongo	18:00.00	_____	_____
3	LEITE, Joana Isabel	130666	44	D	Fluvial Portuense	17:38.20	_____	_____
4	WERNICKE, Maria Giraldo	210543	64	H	Fluvial Portuense	16:06.26	_____	_____
5	SANTOS, Maria Paula	215339	53	F	Natacao de Valongo	16:11.77	_____	_____
6	PEREIRA, Manuela Ribeiro	211409	53	F	Ba-Leiria	17:45.82	_____	_____
7	MARTINS, Delfina Maria	117387	58	G	Ginasio Sto. Tirso	18:25.85	_____	_____
Série 3 de 8								
1	MARTINS, Ana Maria	123246	45	E	Sporting Clube de Aveiro	15:55.13	_____	_____
2	NETO, Maria Manuela	102090	62	H	Natacao da Maia	15:54.52	_____	_____
3	LEMOES, Caroline Macaira	221977	35	C	Sporting Clube de Aveiro	15:30.00	_____	_____
4	PINTO, Rita Loureiro	131353	39	C	Ginasio Clube Portugues	15:00.00	_____	_____
5	OLIVEIRA, Maria Teresa	10538	67	I	Academica de Coimbra	15:04.52	_____	_____
6	CANINAS, Maria Madalena	108658	61	H	Natacao Masters de Almada	15:44.65	_____	_____
7	PASCOAL, Rita Fernandes	213206	36	C	CNLeiria	15:54.59	_____	_____
8	AUGUSTO, Isabel Reis	222298	54	F	Naval de Ponta Delgada	16:06.09	_____	_____
Série 4 de 8								
1	SANTINHA, Fernanda Maria	100478	52	F	Natacao Masters de Almada	14:47.79	_____	_____
2	REIS, Filipa Isabel	153141	37	C	Leixoes Sport Club	14:14.46	_____	_____
3	SEQUEIRA, Ana Paula	124853	56	G	Gafanha da Encarnacao	14:03.53	_____	_____
4	NEVES, Isabel Carolina	202850	44	D	Fluvial Portuense	14:00.37	_____	_____
5	BLANCO, Catarina Araujo	124701	53	F	Fluvial Portuense	14:02.81	_____	_____
DNS6	GONCALVES, Francisca Isabel	218666	26	A	Fluvial Portuense	14:10.00	_____	_____
7	REIS, Margarida Bleck	210540	56	G	Fluvial Portuense	14:39.48	_____	_____
8	SALVADO, Catarina Pereira	217757	31	B	Ba-Leiria	14:53.30	_____	_____

Prova 1, Femin., 800m Livres

Série 5 de 8

1	FERREIRA, Maria Manuela	130114	54	F	Vitoria Sport Clube	13:57.66	_:._.
2	ERVILHA, Joana Antunes	13980	43	D	CNLeiria	13:43.52	_:._.
3	PALHARES, Daniela Maria	209005	53	F	Fluvial Portuense	13:36.40	_:._.
4	PIRES, Rafaela Barreiros	13418	35	C	Braga	13:22.27	_:._.
5	CAVALEIRO, Joana Margarida	209719	46	E	Ginasio Clube Figueirense	13:23.87	_:._.
6	OSORIO, Maria Claudia	219153	60	H	Fluvial Portuense	13:42.69	_:._.
7	BARBARA, Sandra Santa	104504	49	E	Ginasio Sto. Tirso	13:44.49	_:._.
8	BOGDANSKI, Fatima Auler	222488	64	H	Sport Alges e Dafundo	14:00.00	_:._.

Série 6 de 8

1	FERNANDES, Alexia Alves	201754	28	A	Natacao de Valongo	13:16.45	_:._.
2	CAMPBELL, Margaret Catherine	221383	47	E	Naval de Ponta Delgada	13:00.00	_:._.
3	OLIVEIRA, Ana Alexandra	104491	25	A	Natacao de Valongo	12:30.00	_:._.
4	RODRIGUES, Sara Daniela	12281	37	C	Galitos / Bresimar	12:23.84	_:._.
5	OLIVEIRA, Ana Mafalda	23193	43	D	Natacao da Maia	12:26.23	_:._.
6	JORDAO, Marta Isabel	15630	33	B	Famalicao	12:56.04	_:._.
7	ARENAS, Lina Orrego	211228	40	D	Porto	13:15.03	_:._.
8	COSTA, Marta Sofia	206938	53	F	Universitario do Porto	13:16.71	_:._.

Série 7 de 8

DNS1	SILVA, Ana Sofia	206942	46	E	Fluvial Portuense	12:17.53	_:._.
2	BRANDAO, Maria Teresa	108037	55	G	Fluvial Portuense	12:00.70	_:._.
3	RODRIGUES, Ines Florencio	107522	27	A	Viana Natacao	12:00.00	_:._.
4	SANTOS, Raquel Fernandes	111454	26	A	Natacao Masters de Almada	11:37.25	_:._.
5	ALVES, Joana Isabel	130453	36	C	Universitario do Porto	11:47.36	_:._.
6	PEREIRA, Solange Ramalho	101900	34	B	Ba-Leiria	12:00.46	_:._.
7	LEITE, Teresa Sofia	13596	32	B	Sporting Clube Sao Joao Ver	12:02.31	_:._.
8	PARAMIO, Maria Luz	206727	48	E	Naval de Ponta Delgada	12:18.17	_:._.

Série 8 de 8

1	BERNARDINO, Catarina Alexandra	25420	30	B	Fluvial Portuense	11:20.00	_:._.
2	COUTINHO, Gisela Barbosa	211764	49	E	Fluvial Portuense	11:08.60	_:._.
3	RODRIGUES, Ana Margarida	103868	28	A	Galitos / Bresimar	10:44.42	_:._.
4	NEVES, Vania Soares	12380	34	B	Viana Natacao	10:12.69	_:._.
DNS5	ALVES, Ana Sofia	25757	29	A	Vitoria Sport Clube	10:32.37	_:._.
6	LOUSA, Irina Filipa	102467	29	A	Porto	10:59.70	_:._.
7	ROTHES, Ines Maria	124731	51	F	Fluvial Portuense	11:12.29	_:._.
8	FERREIRA, Isabel Baptista	119605	57	G	Adrcimm	11:34.11	_:._.