

Prova 6 Masc., 200m Bruços Master Resultados  
05/07/2024 - 11:20

Rec Nac Masters 50m M	6:18.23	COSTA, Virgilio Zacarias	AAC	Reguengos de Monsaraz	19/07/2019
Rec Nac Masters 50m L	4:25.28	GOMES, Leonel Sousa	AAC	Reguengos de Monsaraz	04/07/2010
Rec Nac Masters 50m K	4:06.23	BASTO, Antonio Bessone	SAD	S. Joao da Madeira	07/07/2023
Rec Nac Masters 50m J	3:33.87	BASTO, Antonio Bessone	SAD	Loulé	05/07/2015
Rec Nac Masters 50m I	3:21.61	SILVA, Carlos Roberto	SAD	S. Joao da Madeira	07/07/2023
Rec Nac Masters 50m H	3:06.55	BARROSO, Jose Miguel	CFP	Reguengos de Monsaraz	08/07/2022
Rec Nac Masters 50m G	3:07.15	SOARES, Ralf Pinto	ANE	Reguengos de Monsaraz	19/07/2019
Rec Nac Masters 50m F	2:47.07	DUARTE, Jose Samuel	SCP	Famalicão	09/07/2017
Rec Nac Masters 50m E	2:44.19	DUARTE, Jose Samuel	SCP	Reguengos de Monsaraz	30/06/2012
Rec Nac Masters 50m D	2:34.20	ROSARIO, Vasco Jorge	SAD	Loulé	10/07/2016
Rec Nac Masters 50m C	2:36.30	DUARTE, Jaime Marques	CWP	Reguengos de Monsaraz	08/07/2022
Rec Nac Masters 50m B	2:27.06	PINOTES, Pedro Miguel	SCP	Reguengos de Monsaraz	19/07/2019
Rec Nac Masters 50m A	2:27.30	SILVA, Pedro Miguel	ADRCIMM	Reguengos de Monsaraz	19/07/2019

Pontos: DSV Masters 22

Lugar	Idade		Tempo final	Pts	50m	100m	150m	200m
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Master A

1.	COSTA, Andre Manuel	27	Natacao da Maia	<b>2:48.35</b>	634	36.31	42.40	44.00	45.64
2.	SOUZA, Frederico Renato	29	Natacao de Valongo	<b>2:49.41</b>	622	39.81	43.90	43.91	41.79
3.	JORGE, Joao Bernardo	27	Ba-Leiria	<b>2:52.13</b>	593	36.42	42.92	45.69	47.10
4.	LEITE, Vitor Lelis	25	Braga	<b>3:01.30</b>	508	40.67	46.25	46.08	48.30
5.	BORGES, Joao Rafael	25	Penafiel	<b>3:16.13</b>	401	44.50	48.61	51.13	51.89
6.	TORRE, Carlos Alberto	28	Braga	<b>3:18.59</b>	386	44.11	49.61	52.69	52.18
7.	BERNARDES, Jose Pedro	29	UD Oliveirense/FERSILVA	<b>3:35.90</b>	300	45.99	53.32	56.38	1:00.21
8.	PINTO, Duarte Magalhaes	28	Ginasio Sto. Tirso	<b>3:36.72</b>	297	49.03	53.98	56.92	56.79

Master B

1.	DOMINGUES, D.	30	Natacao da Maia	<b>2:45.47</b>	651	36.07	41.04	43.22	45.14
2.	LOPES, Pedro Fragoso	34	Porto	<b>2:50.27</b>	598	37.90	43.03	45.60	43.74
3.	CARVALHO, Joao Carlos	34	Lisboa PoolSharks	<b>2:50.38</b>	597	38.06	43.40	44.43	44.49
4.	SOARES, G.	31	Clube Desportivo Feirense	<b>2:54.61</b>	554	37.60	43.72	45.25	48.04
5.	MADUREIRA, Fabio Andre	34	Penafiel	<b>2:59.31</b>	512	41.22	45.83	45.21	47.05
6.	PEREIRA, Diogo Filipe	32	Leixoes Sport Club	<b>3:00.86</b>	499	38.03	44.37	47.02	51.44
7.	MENESES, G.	32	Braga	<b>3:02.74</b>	484	41.60	47.84	47.49	45.81
8.	PINTO, Andre Santos	34	Clube Desportivo Feirense	<b>3:05.50</b>	462	40.34	46.06	48.91	50.19
9.	MOREIRA, Jose Luis	31	Natacao da Maia	<b>3:14.54</b>	401	43.76	48.83	51.59	50.36
10.	COELHO, Antonio Manuel	33	Natacao de Valongo	<b>3:20.14</b>	368	47.31	51.68	52.44	48.71
11.	LEAL, Orlando Miguel	33	CPCD Povia Sta Iria	<b>3:30.14</b>	318	47.88	51.98	55.64	54.64

Master C

1.	GONCALVES, F.	37	Lisboa PoolSharks	<b>2:44.89</b>	773	37.40	42.30	42.94	42.25
2.	NOLASCO, Nuno Maria	37	Ginasio Clube Portugues	<b>2:48.50</b>	724	36.65	42.20	44.25	45.40
3.	HENRIQUES, M.	36	CNLeiria	<b>2:49.96</b>	706	37.61	43.04	44.62	44.69
4.	ROSA, Jorge Luis	37	Clube Nacional de Natacao	<b>3:08.45</b>	518	44.30	47.94	48.85	47.36
5.	FERNANDES, A.	36	Lisboa PoolSharks	<b>3:14.49</b>	471	46.08	47.24	49.33	51.84
6.	GOMES, Pedro Emanuel	36	Natacao de Valongo	<b>3:25.32</b>	400	48.60	53.01	54.06	49.65

Prova 6, Masc., 200m Bruços

Master D

1. SHER, David Julio	40	Ginasio Clube Portugues	<b>2:53.76</b>	654	37.38	44.31	45.83	46.24
2. COSTA, Antonio Sergio	40	Famalicao	<b>2:57.64</b>	612	37.85	42.49	45.12	52.18
3. RODRIGUES, M.	42	Natacao de Valongo	<b>3:04.87</b>	543	43.55	48.29	47.44	45.59
4. BATISTA, Nelson Duarte	44	CPCD Povoá Sta Iria	<b>3:07.02</b>	524	41.74	47.17	48.82	49.29
5. FANGUEIRO, Rui Neves	42	Vilacondense	<b>3:15.66</b>	458	43.70	49.71	51.47	50.78
6. LEITAO, Ruben Miguel	40	CPCD Povoá Sta Iria	<b>3:19.24</b>	434	44.59	50.42	52.05	52.18
7. COURAS, Ivan Mauricio	43	Fluval Portuense	<b>3:21.24</b>	421	43.66	54.24	52.30	51.04
8. CRUZ, Jose Antonio	40	Adrcimm	<b>3:28.36</b>	379	46.92	53.25	55.30	52.89
9. COELHO, Ruben Filipe	42	Gesloures	<b>3:41.38</b>	316	46.83	56.48	1:00.45	57.62
10. DIAS, Hugo Alexandre	44	Ba-Leiria	<b>3:57.50</b>	256	53.90	1:01.01	1:02.26	1:00.33
11. NEVES, Sergio Manuel	42	Fluval Portuense	<b>4:19.76</b>	195	1:00.49	1:08.73	1:09.52	1:01.02

Master E

1. COSTA, Rodrigo Marques	48	Litoral Alentejano	<b>2:49.43</b>	747	37.59	42.54	44.03	45.27
2. PACHECO, Luis Daniel	48	Alcobaca	<b>2:51.05</b>	726	38.69	44.24	44.85	43.27
3. SANTOS, A.	49	Fluval Portuense	<b>2:57.08</b>	654	39.83	45.04	46.89	45.32
4. ANTUNES, Nuno Ricardo	46	CNLeiria	<b>2:57.78</b>	646	39.78	45.06	46.93	46.01
5. SA, Filipe Teixeira	46	Porto	<b>3:14.13</b>	496	43.86	50.24	51.23	48.80
6. SANTOS, Nuno Rogerio	48	Gesloures	<b>3:16.70</b>	477	43.08	49.39	51.62	52.61
7. NOVAIS, Jose Orlando	46	Vitoria Sport Clube	<b>3:31.98</b>	381	45.65	53.73	56.50	56.10
8. REIS, Marcio Leandro	49	Fluval Portuense	<b>3:43.46</b>	325	49.44	55.71	59.65	58.66
9. SANTOS, Paulo Viana	49	Lagoa Academico Clube	<b>3:45.13</b>	318	48.16	57.18	1:00.86	58.93
DSQ ANDRADE, Tiago Branco	48	Porto						

404 - Falsa partida - SW 4.4

Master F

1. NUNES, Rodolfo Pereira	51	Individual ANNP	<b>2:59.85</b>	644	41.08	45.99	45.78	47.00
2. SILVA, Pedro Nuno	51	Academica de Coimbra	<b>3:04.85</b>	593	43.60	47.64	47.41	46.20
3. TEJO, Paulo Jorge	53	Academica de Coimbra	<b>3:17.05</b>	490	47.55	51.20	50.34	47.96
4. AITA, Aleksandro	50	UD Oliveirense/FERSILVA	<b>3:20.16</b>	467	46.15	51.04	52.28	50.69
5. NUNES, Miguel Angelo	51	Estarreja/PROZINCO	<b>3:31.90</b>	394	48.08	53.76	54.87	55.19
6. SOARES, Joao Tiago	54	Porto	<b>3:35.28</b>	375	48.07	54.95	56.99	55.27
7. FRANCA, Nuno Avila	52	Academica de Coimbra	<b>3:40.14</b>	351	46.86	55.92	58.79	58.57
8. CARDOSO, Jose Luis	53	Natacao Masters de Almad	<b>3:44.60</b>	331	50.91	58.42	1:00.48	54.79
9. CARDOSO, Vitor Manuel	52	Natacao de Valongo	<b>3:46.24</b>	323	48.35	58.44	1:01.42	58.03
10. MOTA, Carlos Alberto	50	Lagoa Academico Clube	<b>3:46.65</b>	322	51.38	59.11	1:00.60	55.56
11. GUEDES, Jorge Miguel	51	Fluval Portuense	<b>3:50.60</b>	305	50.63	59.38	1:00.88	59.71
12. GONCALVES, C.	50	UD Oliveirense/FERSILVA	<b>3:59.64</b>	272	50.14	1:00.37	1:05.14	1:03.99
DSQ OLIVEIRA, Joao Pedro	50	Natacao de Valongo						

404 - Falsa partida - SW 4.4

Master G

1. LIMA, Jorge Sequeira	57	Electrico	<b>3:11.04</b>	626	42.48	50.35	49.76	48.45
2. TEJO, Rui Miguel	55	Academica de Coimbra	<b>3:12.79</b>	609	44.70	49.79	50.94	47.36
3. BASTO, Gustavo Ferreira	57	Galitos / Bresimar	<b>3:14.21</b>	596	41.88	48.81	51.67	51.85
4. SOUSA, Antonio Fernandc	59	Porto	<b>3:15.57</b>	583	44.21	51.11	50.42	49.83
5. DIAS, Francisco Jose	55	Lagoa Academico Clube	<b>3:31.09</b>	464	47.06	54.15	55.32	54.56
6. AMARAL, Joao Gunther	55	Fluval Portuense	<b>3:37.89</b>	422	46.86	53.18	57.64	1:00.21
7. MAGRO, Joaquim Matos	58	Estarreja/PROZINCO	<b>3:37.99</b>	421	49.68	55.84	57.38	55.09
8. SANTINHA, A.	55	Natacao Masters de Almad	<b>3:46.68</b>	375	53.34	58.34	59.68	55.32
9. CAMPOS, Joao Paulo	59	Natacao da Maia	<b>3:55.01</b>	336	51.44	58.91	1:03.95	1:00.71

Prova 6, Masc., 200m Bruços, Master G

Lugar	Idade		Tempo final	Pts	50m	100m	150m	200m	
10.	TRIGO, Daniel Castro	59	Sporting Clube de Aveiro	<b>3:58.14</b>	323	54.99	1:01.00	1:03.89	58.26
11.	BAPTISTA, Jose Manuel	55	Leixoes Sport Club	<b>4:00.61</b>	313	54.59	1:01.45	1:01.88	1:02.69
12.	LOUREIRO, Luis Miguel	56	Fluvial Portuense	<b>4:18.78</b>	252	58.29	1:04.12	1:07.11	1:09.26
DSQ	COSTA, Andre Vilhena	56	Vilacondense						
	<i>404 - Falsa partida - SW 4.4</i>								

Master H

1.	BARROSO, Jose Miguel	62	Fluvial Portuense	<b>3:16.85</b>	652	44.72	50.37	51.28	50.48
2.	SOARES, Ralf Pinto	60	Associacao Nadadores Est	<b>3:16.93</b>	652	42.52	50.94	52.45	51.02
3.	BERNARDO, Luis Miguel	63	Fluvial Portuense	<b>3:21.83</b>	605	44.87	50.31	53.04	53.61
4.	PINHO, Manuel Alberto	63	Natacao da Maia	<b>3:47.95</b>	420	51.60	56.93	1:00.13	59.29
5.	FLORIANO, Fabio	61	Sporting de Espinho	<b>4:08.42</b>	324	52.84	1:02.37	1:04.97	1:08.24
6.	DIAS, Paulo Abreu	60	Fluvial Portuense	<b>4:08.78</b>	323	54.38	1:03.09	1:05.42	1:05.89
7.	PINTO, Fernando Manuel	63	Fluvial Portuense	<b>4:53.74</b>	196	1:09.42	1:16.06	1:16.67	1:11.59
8.	SOUSA, Antonio Albano	60	Fluvial Portuense	<b>5:13.02</b>	162	1:13.77	1:25.05	1:24.87	1:09.33
9.	MOURAO, Luis Joao	62	Natacao de Valongo	<b>5:22.21</b>	148	1:13.85	1:23.59	1:24.64	1:20.13
10.	MARTINS, Helder Manuel	64	Lagoa Academico Clube	<b>5:31.89</b>	136	1:15.13	1:24.95	1:29.85	1:21.96
DSQ	DANTAS, Paulo Marcos	61	Sport Alges e Dafundo						
	<i>701 - Mais de uma pernada de golfinho durante a braçada submarina - SW 7.1</i>								
DSQ	ALVES, Joao Cesar	61	Fluvial Portuense						
	<i>404 - Falsa partida - SW 4.4</i>								

Master I

1.	FONSECA, Luis Miguel	65	Porto	<b>3:43.07</b>	594	51.21	57.95	59.96	53.95
2.	LETTRARI, Enrico Palmirc	68	Associacao Nadadores Est	<b>3:44.34</b>	584	48.80	56.68	58.83	1:00.03
3.	FABIAO, Fernando Paulo	66	Porto	<b>3:47.37</b>	561	51.00	57.14	1:00.39	58.84
4.	LUZ, Paulo Filipe	65	Gesloures	<b>4:04.38</b>	451	54.16	1:03.71	1:03.32	1:03.19
5.	GONCALVES, Oscar Filipe	66	Fluvial Portuense	<b>4:07.84</b>	433	56.01	1:03.49	1:05.47	1:02.87
6.	GONCALVES, Jose Manu	68	Natacao Masters de Almad	<b>5:03.02</b>	237	59.70	1:28.71	1:21.82	1:12.79

Master J

1.	SILVA, Carlos Roberto	70	Sport Alges e Dafundo	<b>3:23.56</b>	847	45.76	53.10	52.33	52.37
	<i>Rec Nacional</i>								
2.	CECILIO, Antonio Alves	70	Fluvial Portuense	<b>4:02.15</b>	503	52.68	1:01.70	1:03.06	1:04.71
3.	CANELAS, A.	74	Sporting de Espinho	<b>4:20.10</b>	406	59.96	1:09.26	1:07.53	1:03.35
4.	BAIRRADA, Mario Gomes	72	Sport Alges e Dafundo	<b>4:20.88</b>	402	57.99	1:05.63	1:08.92	1:08.34
5.	MAGALHAES, A.	71	Porto	<b>5:02.77</b>	257	1:06.87	1:19.69	1:19.34	1:16.87
6.	PEREIRA, Americo Rocha	71	Porto	<b>5:28.39</b>	201	1:18.74	1:26.35	1:23.52	1:19.78

Master K

1.	GASPAR, A.	79	Sport Alges e Dafundo	<b>4:42.18</b>	378	1:02.25	1:12.57	1:14.18	1:13.18
2.	FREITAS, Joaquim Fidalg	77	Academica de Coimbra	<b>4:46.26</b>	362	1:01.02	1:12.72	1:16.44	1:16.08
3.	VIEGAS, Luis Silveira	77	Sport Alges e Dafundo	<b>4:51.80</b>	342	1:07.58	1:15.68	1:16.22	1:12.32
DSQ	COUTEIRO, Carlos Albert	79	Viana Natacao						
	<i>722 - Tocou com uma mão na parede na viragem aos 100 metros - SW 7.6</i>								

Prova 6, Masc., 200m Bruços

Master L

1. SOUSA, Antero Silva	81	Fluvial Portuense	<b>5:10.99</b>	353	1:11.88	1:19.88	1:21.44	1:17.79
2. TENREIRO, M.	84	Academica de Coimbra	<b>6:22.04</b>	190	1:31.39	1:40.47	1:39.19	1:30.99

Master M

1. TEIXEIRA, Joao Rodrigue	87	Academica de Coimbra	<b>7:56.57</b>	125	1:57.91	2:00.67	2:03.72	1:54.27
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