

Torneio Inter-Regional Especialista
Rio Maior, 15 - 16/6/2024

Prova 6
15/06/2024 - 10:30

Masc., 400m Estilos

Infantil
Resultados

Inf B: 7:39.50; Inf A: 7:29.50

Pontos: FINA 2024

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Martim Marino Brilha	10	Individual ANL	5:39.17	365	
	50m: 33.53 150m: 2:01.30 250m: 3:32.42 350m: 5:02.28					
	100m: 1:14.83 200m: 2:44.60 300m: 4:22.22 400m: 5:39.17					
2.	Daniel Filipe Jorge	10	Rio Maior	5:51.12	329	
	50m: 34.28 150m: 2:03.22 250m: 3:41.29 350m: 5:13.23					
	100m: 1:16.79 200m: 2:48.76 300m: 4:34.19 400m: 5:51.12					
3.	Afonso Rodrigues Ferreira	10	Desportivo de Odemira	6:00.90	303	
	50m: 39.37 100m: 1:27.65 200m: 3:02.14 300m: 4:43.19 400m: 6:00.90					
4.	Guilherme Martins Conceicao	10	Viver Santarem	6:07.36	287	
	50m: 39.81 150m: 2:14.14 250m: 3:53.90 350m: 5:26.44					
	100m: 1:24.97 200m: 3:02.98 300m: 4:45.69 400m: 6:07.36					
5.	Tiago Frazao Barra	10	Rio Maior	6:08.44	285	
	50m: 37.77 100m: 1:24.12 400m: 6:08.44					
6.	Joao Rafael Mendes	10	Benfica	6:10.66	280	
	50m: 41.45 100m: 1:32.83 200m: 3:03.08 400m: 6:10.66					
7.	Afonso Neves Fernandes	11	Vikings	6:17.09	265	
	50m: 37.08 150m: 2:11.68 250m: 3:57.72 350m: 5:36.72					
	100m: 1:22.42 200m: 3:00.56 300m: 4:55.85 400m: 6:17.09					
8.	Guilherme Gomes Nunes	10	Nautico Salvaterra Magos	6:19.13	261	
	50m: 41.13 150m: 2:20.25 250m: 3:59.74 350m: 5:37.10					
	100m: 1:32.43 200m: 3:08.03 300m: 4:53.78 400m: 6:19.13					
9.	Duarte Lopo Pereira	11	AONDA-Azeitao	6:21.70	256	
	50m: 38.33 100m: 1:25.67 200m: 3:00.70 300m: 4:57.84 400m: 6:21.70					
10.	Tiago Guedes Caldas	11	Benfica	6:25.82	248	
	50m: 41.98 150m: 2:24.45 250m: 4:05.62 350m: 5:42.97					
	100m: 1:37.42 200m: 3:11.02 300m: 5:00.27 400m: 6:25.82					
11.	Tiago Goncalves Vieira	10	Gualdim Pais	6:28.37	243	
	50m: 39.92 150m: 2:24.41 250m: 4:06.96 350m: 5:45.37					
	100m: 1:32.68 200m: 3:15.45 300m: 4:59.51 400m: 6:28.37					
12.	Fábio Martim Couraceiro	11	AONDA-Azeitao	6:33.12	234	
	50m: 43.29 150m: 2:27.96 250m: 4:10.31 350m: 5:51.09					
	100m: 1:37.93 200m: 3:15.84 300m: 5:07.17 400m: 6:33.12					
13.	Martim Miguel Santos	11	Rio Maior	6:33.20	234	
	50m: 42.54 100m: 1:34.40 200m: 3:11.25 300m: 5:09.18 400m: 6:33.20					
14.	Antonio Santos Mota	11	Benfica	6:35.19	231	
	50m: 44.98 150m: 2:27.91 250m: 4:15.18 350m: 5:54.26					
	100m: 1:41.27 200m: 3:17.48 300m: 5:13.30 400m: 6:35.19					
15.	Andre Guilherme Anastacio	10	Nautico Abrantes	6:35.22	231	
	50m: 41.59 100m: 1:35.01 200m: 3:11.58 400m: 6:35.22					
16.	Heliodoro Joao Sombreiro	11	BUZIOS - Coruche	6:36.62	228	
	50m: 42.16 100m: 1:30.90 200m: 3:10.67 400m: 6:36.62					
17.	Eduardo Domingos Rosa	11	BUZIOS - Coruche	6:37.78	226	
	100m: 1:35.64 200m: 3:11.71 400m: 6:37.78					
18.	Diogo Chambel Santos	11	Nautico Abrantes	6:37.91	226	
	50m: 45.93 100m: 1:43.19 200m: 3:21.25 400m: 6:37.91					
19.	Rodrigo Santiago Almeida	11	CPCD-Povoa St Iria	6:40.68	221	
	50m: 42.24 150m: 2:28.23 250m: 4:12.38 350m: 5:56.57					
	100m: 1:39.04 200m: 3:16.76 300m: 5:08.85 400m: 6:40.68					

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Prova 6, Masc., 400m Estilos, Infantil

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
20.	Maximo Mota Nobre	11	Individual ANL	6:42.88	218	
	100m: 1:32.30 200m: 3:15.56 300m: 5:12.46 400m: 6:42.88					
DSQ	Tomas Ferreira Batista	11	CPCD-Povoa St Iria			
	<i>SW 4.4 - Falsa partida</i>					
DSQ	Andrey Ponomarov	10	CPCD-Povoa St Iria			
	<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso, de mariposa</i>					
DNS	Guilherme Bernardo Martinho	10	Natacao do Fundao/GIRASSOL			
DNS	Jose Miguel Pais	10	Natacao do Fundao/GIRASSOL			

Prova 6 Masc., 400m Estilos Juvenil
15/06/2024 - 10:30 Resultados

Juv B: 7:05.00; Juv A: 6:43.00

Pontos: FINA 2024

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Rafael Lin Moniz	09	Naval Setubalense	5:06.53	495	
	50m: 31.27 150m: 1:49.09 250m: 3:14.45 350m: 4:35.60 100m: 1:08.08 200m: 2:28.26 300m: 4:01.01 400m: 5:06.53					
2.	Dinis Maria Garcia	09	Nautico Abrantes	5:29.10	400	
	50m: 35.25 150m: 2:00.56 250m: 3:27.03 350m: 4:51.89 100m: 1:16.97 200m: 2:43.10 300m: 4:12.60 400m: 5:29.10					
3.	Afonso Santos Carromeu	09	Naval Setubalense	5:38.54	367	
	50m: 37.05 150m: 2:04.13 250m: 3:36.77 350m: 5:03.31 100m: 1:19.73 200m: 2:47.51 300m: 4:25.76 400m: 5:38.54					
4.	David Emanuel Tome	09	GesLoures	5:39.77	363	
	50m: 32.95 150m: 2:01.76 250m: 3:34.24 350m: 5:02.63 100m: 1:16.15 200m: 2:43.99 300m: 4:24.36 400m: 5:39.77					
5.	Miguel Filipe Medronheira	09	Palmela	5:40.39	361	
	50m: 34.34 150m: 1:58.95 250m: 3:33.50 350m: 5:04.77 100m: 1:14.79 200m: 2:42.16 300m: 4:26.42 400m: 5:40.39					
6.	Rodrigo Capitaõ Chora	08	Naval Setubalense	5:40.82	360	
	50m: 35.12 150m: 2:03.19 250m: 3:34.45 350m: 5:02.73 100m: 1:19.69 200m: 2:46.13 300m: 4:23.87 400m: 5:40.82					
7.	Gabriel Sa Chambel	09	CLAC-Entroncamento	6:15.65	269	
	50m: 38.01 100m: 1:25.12 200m: 2:58.73 400m: 6:15.65					

Prova 6 Masc., 400m Estilos Junior
15/06/2024 - 10:30 Resultados

: 6:26.50

Pontos: FINA 2024

Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
1.	Jose Guilherme Lopes	07	CPCD-Povoa St Iria	5:31.96	389	
	50m: 30.94 150m: 1:51.87 250m: 3:24.30 350m: 4:54.57 100m: 1:08.83 200m: 2:34.53 300m: 4:15.65 400m: 5:31.96					
2.	Daniel Santos Carapeto	07	Nautico Abrantes	5:36.42	374	
	50m: 32.99 150m: 1:59.76 250m: 3:29.83 350m: 4:56.70 100m: 1:14.26 200m: 2:44.72 300m: 4:15.83 400m: 5:36.42					
3.	Simao Rocha Silva	07	Gualdim Pais	5:36.83	373	
	100m: 1:16.77 200m: 2:46.41 300m: 4:19.67 400m: 5:36.83					
4.	Bernardo Marques Fernandes	07	CLAC-Entroncamento	6:11.31	278	
	50m: 38.87 150m: 2:14.86 250m: 3:52.78 350m: 5:28.98 100m: 1:26.15 200m: 3:01.48 300m: 4:45.77 400m: 6:11.31					

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Lugar	Nome	Ano	Clube	Tempo Final	Pts	Pontos
DSQ	Bernardo Miguel Evaristo	06	Gualdim Pais			
	<i>SW 5.3 - O (a) atleta não rompeu superfície da água com a cabeça antes dos 15 metros depois da partida</i>					