

ESPECIALISTA MARIPOSA FEM

Femin., Infantil

1. Benedita Maria Lagarinhos	11	Viver Santarem	1148	3
100 Mar 1:13.66 427	50 Mar 33.45 389	200 Mar 2:55.85 332		
2. Laura Krempel Varela	12	Pimpoes/Cimai	948	3
50 Mar 34.86 344	100 Mar 1:20.24 330	200 Mar 3:07.50 274		
3. Francisca Meneses Gonçalves	11	Benfica	946	3
50 Mar 34.59 352	100 Mar 1:19.28 342	200 Mar 3:12.72 252		
4. Ines Freitas Abrantes	11	Colegio Monte Maior	941	3
100 Mar 1:19.60 338	50 Mar 35.72 319	200 Mar 3:05.28 284		
5. Laura Flores Serra	12	Vikings	918	3
50 Mar 35.21 334	100 Mar 1:21.23 318	200 Mar 3:09.36 266		
6. Francisca Cunha Monteiro	11	Benfica	898	3
100 Mar 1:20.59 326	50 Mar 35.84 316	200 Mar 3:11.73 256		
7. Maria Ines Monjardino	12	Colegio Monte Maior	869	3
50 Mar 35.84 316	100 Mar 1:22.90 299	200 Mar 3:12.15 254		
8. Inês Alexandra Mariano	12	Vikings	791	3
100 Mar 1:25.61 272	200 Mar 3:08.71 268	50 Mar 38.70 251		
9. Rita Maria Rosa	12	BUZIOS - Coruche	747	3
50 Mar 36.03 311	100 Mar 1:31.43 223	200 Mar 3:23.82 213		
10. Matilde Pires Guerra	12	Colegio Monte Maior	677	3
50 Mar 39.33 239	100 Mar 1:30.70 228	200 Mar 3:24.92 210		
11. Marta Almeida Lopes	12	Benfica	670	3
50 Mar 39.36 239	100 Mar 1:30.28 232	200 Mar 3:28.58 199		

Femin., Juvenil

1. Luisa Anjos Frischknecht	10	Naval Setubalense	1274	3
100 Mar 1:11.89 459	50 Mar 32.60 420	200 Mar 2:45.95 395		
2. Eduarda Galvao Raposo	09	Natacao do Fundao/GIRASSOL	1121	3
50 Mar 32.58 421	100 Mar 1:16.42 382	200 Mar 2:58.45 318		
3. Catarina Isabel Galvao	09	BUZIOS - Coruche	851	3
100 Mar 1:22.78 301	50 Mar 36.80 292	200 Mar 3:11.13 258		

Femin., Junior

1. Ines Azevedo Baraona	07	Palmela	1009	3
50 Mar 34.31 361	100 Mar 1:18.37 354	200 Mar 3:03.02 294		

Torneio Inter-Regional Especialista
Rio Maior, 15 - 16/6/2024

Femin., Senior

1. Leonor Roque Mendes				06	Colegio Monte Maior				1240	3
200 Mar 2:40.24 439	100 Mar 1:13.34	432	50 Mar 34.05	369						