

ESPECIALISTA COSTAS MASCULINO

Masc., Infantil

1. Guilherme Bernardo Martinho	10	Natacao do Fundao/GIRASSOL	1256	3
100 Cos 1:08.68 424	200 Cos 2:29.14 422	50 Cos 31.69 410		
2. Tomas Rodrigues Oliveira	10	Fisica Torres Vedras	1079	3
200 Cos 2:35.10 375	100 Cos 1:11.91 369	50 Cos 33.90 335		
3. Tiago Pinheiro Carranca	11	Colegio Monte Maior	1018	3
100 Cos 1:13.33 348	200 Cos 2:40.50 339	50 Cos 34.03 331		
4. André Santos Braga	11	Colegio Vasco da Gama	978	3
100 Cos 1:13.76 342	200 Cos 2:43.75 319	50 Cos 34.53 317		
5. Neil Elian Merad	10	Benfica	969	3
100 Cos 1:14.72 329	50 Cos 34.39 321	200 Cos 2:43.64 319		
6. Guilherme Valente Pereira	10	Colegio Monte Maior	951	3
200 Cos 2:40.65 338	100 Cos 1:15.24 322	50 Cos 35.50 291		
7. Manuel Maria Santos	10	Colegio Monte Maior	889	3
200 Cos 2:47.07 300	100 Cos 1:17.26 297	50 Cos 35.49 292		
8. Jose Miguel Pais	10	Natacao do Fundao/GIRASSOL	866	3
100 Cos 1:17.21 298	50 Cos 35.74 286	200 Cos 2:50.67 282		
9. Francisco Maria Dias	11	Viver Santarem	814	3
200 Cos 2:49.33 288	100 Cos 1:19.98 268	50 Cos 36.95 258		
10. Luca Cristian Irimia	11	Uniao Samorense	800	3
200 Cos 2:50.26 284	100 Cos 1:19.23 276	50 Cos 37.89 240		
11. Tomas Rodrigues Morais	11	Colegio Monte Maior	691	3
50 Cos 36.42 270	100 Cos 1:25.05 223	200 Cos 3:11.84 198		
12. Manuel Maria Moniz	11	20Km de Almeirim	623	3
100 Cos 1:25.92 216	50 Cos 39.72 208	200 Cos 3:11.66 199		
13. Afonso Jose Alves	11	CCDSerta	616	3
50 Cos 38.80 223	100 Cos 1:27.85 202	200 Cos 3:14.10 191		
14. Diogo Goncalves Pires	10	Vikings	603	3
200 Cos 3:09.88 204	50 Cos 40.16 201	100 Cos 1:28.43 198		
15. Francisco Pimentel Coelho	11	Benfica	587	3
200 Cos 3:09.03 207	100 Cos 1:28.88 195	50 Cos 41.27 185		
16. Duarte Jose Matos	10	CCDSerta	552	3
200 Cos 3:11.81 198	50 Cos 40.58 195	100 Cos 1:35.10 159		
17. Antonio Melo Pereira	11	Benfica	420	3
200 Cos 3:30.52 150	100 Cos 1:38.79 142	50 Cos 46.70 128		

Torneio Inter-Regional Especialista
Rio Maior, 15 - 16/6/2024

Masc., Juvenil

1. Tomas Mamede Cegonho	08	Beja	1413	3
100 Cos 1:05.44 490	50 Cos 30.06 480	200 Cos 2:26.80 443		
2. Daniel Ducatti Pires	09	Naval Setubalense	1408	3
100 Cos 1:05.16 496	200 Cos 2:24.39 465	50 Cos 30.78 447		
3. Tiago Trindade Manuel	09	Palmela	1402	3
100 Cos 1:05.59 486	200 Cos 2:24.28 466	50 Cos 30.72 450		
4. Afonso Bernardo Evaristo	08	Gualdim Pais	1299	3
100 Cos 1:07.43 448	200 Cos 2:28.60 427	50 Cos 31.34 424		
5. Xavier Jesus Valente	09	Colegio Vasco da Gama	1277	3
100 Cos 1:07.90 438	200 Cos 2:28.24 430	50 Cos 31.72 409		
6. Afonso Carvalho Fonseca	09	GesLoures	1103	3
100 Cos 1:10.73 388	200 Cos 2:34.95 376	50 Cos 33.76 339		
7. Ivan Kruchinin	08	Naval Setubalense	1079	3
100 Cos 1:11.55 375	200 Cos 2:35.96 369	50 Cos 33.88 335		
8. Miguel Silva Lima	09	Nautico Abrantes	1060	3
100 Cos 1:10.78 387	50 Cos 32.76 371	200 Cos 2:46.72 302		
9. Miguel Ferreira Cruz	08	CLAC-Entroncamento	1037	3
100 Cos 1:12.50 360	50 Cos 33.77 339	200 Cos 2:40.56 338		
10. Luis Pedro Pinto	09	Beja	1003	3
200 Cos 2:36.82 363	100 Cos 1:13.13 351	50 Cos 35.60 289		
11. Rodrigo Arga Paiva	09	GesLoures	909	3
200 Cos 2:44.51 314	50 Cos 35.03 303	100 Cos 1:17.76 292		
12. Gabriel Antunes Ramos	09	Rio Maior	773	3
100 Cos 1:20.54 262	50 Cos 36.98 258	200 Cos 2:56.86 253		

Masc., Junior

1. Gabriel Martins Tusan	07	CPCD-Povoa St Iria	1501	3
200 Cos 2:20.70 503	100 Cos 1:04.96 501	50 Cos 29.73 497		
2. Rafael Duarte Beato	06	GesLoures	1215	3
50 Cos 31.54 416	100 Cos 1:09.09 416	200 Cos 2:34.02 383		
3. Tomas Santos Braga	07	Colegio Vasco da Gama	1190	3
100 Cos 1:09.09 416	50 Cos 31.67 411	200 Cos 2:36.87 363		
4. Rafael Piedade Quaresma	07	Palmela	998	3
100 Cos 1:13.23 349	200 Cos 2:39.22 347	50 Cos 35.08 302		
5. Tomas Alexandre Santos	07	BUZIOS - Coruche	964	3
200 Cos 2:40.59 338	100 Cos 1:15.79 315	50 Cos 34.74 311		

Torneio Inter-Regional Especialista
Rio Maior, 15 - 16/6/2024

Masc., Senior

1. Bernardo Jorge Simoes	04	Colegio Vasco da Gama	1477	3
200 Cos 2:20.08 510	100 Cos 1:05.23 495	50 Cos 30.24 472		
2. Diogo Correia Neves	94	Colegio Vasco da Gama	950	3
50 Cos 34.02 331	100 Cos 1:16.09 311	200 Cos 2:45.57 308		

Masc., Absoluto

1. Gabriel Martins Tusan	07	CPCD-Povoa St Iria	1501	3
200 Cos 2:20.70 503	100 Cos 1:04.96 501	50 Cos 29.73 497		
2. Bernardo Jorge Simoes	04	Colegio Vasco da Gama	1477	3
200 Cos 2:20.08 510	100 Cos 1:05.23 495	50 Cos 30.24 472		
3. Tomas Mamede Cegonho	08	Beja	1413	3
100 Cos 1:05.44 490	50 Cos 30.06 480	200 Cos 2:26.80 443		
4. Daniel Ducatti Pires	09	Naval Setubalense	1408	3
100 Cos 1:05.16 496	200 Cos 2:24.39 465	50 Cos 30.78 447		
5. Tiago Trindade Manuel	09	Palmela	1402	3
100 Cos 1:05.59 486	200 Cos 2:24.28 466	50 Cos 30.72 450		
6. Afonso Bernardo Evaristo	08	Gualdim Pais	1299	3
100 Cos 1:07.43 448	200 Cos 2:28.60 427	50 Cos 31.34 424		
7. Xavier Jesus Valente	09	Colegio Vasco da Gama	1277	3
100 Cos 1:07.90 438	200 Cos 2:28.24 430	50 Cos 31.72 409		
8. Rafael Duarte Beato	06	GesLoures	1215	3
50 Cos 31.54 416	100 Cos 1:09.09 416	200 Cos 2:34.02 383		
9. Tomas Santos Braga	07	Colegio Vasco da Gama	1190	3
100 Cos 1:09.09 416	50 Cos 31.67 411	200 Cos 2:36.87 363		
10. Afonso Carvalho Fonseca	09	GesLoures	1103	3
100 Cos 1:10.73 388	200 Cos 2:34.95 376	50 Cos 33.76 339		
11. Ivan Kruchinin	08	Naval Setubalense	1079	3
100 Cos 1:11.55 375	200 Cos 2:35.96 369	50 Cos 33.88 335		
12. Miguel Silva Lima	09	Nautico Abrantes	1060	3
100 Cos 1:10.78 387	50 Cos 32.76 371	200 Cos 2:46.72 302		
13. Miguel Ferreira Cruz	08	CLAC-Entroncamento	1037	3
100 Cos 1:12.50 360	50 Cos 33.77 339	200 Cos 2:40.56 338		
14. Luis Pedro Pinto	09	Beja	1003	3
200 Cos 2:36.82 363	100 Cos 1:13.13 351	50 Cos 35.60 289		
15. Rafael Piedade Quaresma	07	Palmela	998	3
100 Cos 1:13.23 349	200 Cos 2:39.22 347	50 Cos 35.08 302		
16. Tomas Alexandre Santos	07	BUZIOS - Coruche	964	3
200 Cos 2:40.59 338	100 Cos 1:15.79 315	50 Cos 34.74 311		
17. Diogo Correia Neves	94	Colegio Vasco da Gama	950	3
50 Cos 34.02 331	100 Cos 1:16.09 311	200 Cos 2:45.57 308		
18. Rodrigo Arga Paiva	09	GesLoures	909	3
200 Cos 2:44.51 314	50 Cos 35.03 303	100 Cos 1:17.76 292		
19. Gabriel Antunes Ramos	09	Rio Maior	773	3
100 Cos 1:20.54 262	50 Cos 36.98 258	200 Cos 2:56.86 253		