

Prova de Preparação PL
Loulé, 1 - 2/6/2024

Prova 9 Masc., 400m Estilos Absolutos
01/06/2024 - 17:42 Resultados

Recordes Regionais (PL) Open	4:32.19	Nuno Goncalo, QUINTANILHA	LDC	Mairena Del Aljarafe (ESP)	30/05/2010
Recordes Regionais (PL) Sen.	4:32.19	Nuno Goncalo, QUINTANILHA	LDC	Mairena Del Aljarafe (ESP)	30/05/2010
Recordes Regionais (PL) Jun. 2	4:39.22	Hugo Cascais, RODRIGUES	LDC	Aveiro	27/07/2007
Recordes Regionais (PL) Jun. 1	4:37.10	Hugo Cascais, RODRIGUES	LDC	Coimbra	28/07/2006
Recordes Regionais (PL) Juv. A	4:39.46	Tiago Miguel, VILHENA	CNFA	Coimbra	31/03/2017
Recordes Regionais (PL) Juv. B	4:43.66	Tiago Miguel, VILHENA	CNFA	Oeiras	22/07/2016
Recordes Regionais (PL) Inf. A	4:49.60	Tiago Miguel, VILHENA	CNFA	Oeiras	17/07/2015
Recordes Regionais (PL) Inf. B	5:23.67	Bernardo Antonio, ALVES	LDC	Rio Maior	20/07/2012

Pontos: FINA 2024

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
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Infantis A

1. Albert, LUCA	10	Aquatico Silves	5:55.34	317	1:15.53	1:31.84	1:42.39	1:25.58
50m:		150m:	250m:		350m:			
100m: 1:15.53		200m: 2:47.37	300m: 4:29.76		400m: 5:55.34			
2. Jose Pedro, MINHALMA	10	Individual ANALG	6:22.12	255	1:24.15	1:44.25	1:51.17	1:22.55
50m:		150m:	250m:		350m:			
100m: 1:24.15		200m: 3:08.40	300m: 4:59.57		400m: 6:22.12			
DSQ L., FERNANDES	10	Aquatico Silves						
<i>SW.9.4 - O (a) atleta perdeu a posição dorsal na viragem aos 200 metros</i>								

Juvenis B

1. Tiago Afonso, COSTA	09	Louletano / Loule Concelhc	5:31.98	389	1:13.24	1:23.74	1:39.22	1:15.78
50m:		150m:	250m:		350m:			
100m: 1:13.24		200m: 2:36.98	300m: 4:16.20		400m: 5:31.98			

Juvenis B

1. Tiago Afonso, COSTA	09	Louletano / Loule Concelhc	5:31.98	389	1:13.24	1:23.74	1:39.22	1:15.78
50m:		150m:	250m:		350m:			
100m: 1:13.24		200m: 2:36.98	300m: 4:16.20		400m: 5:31.98			

Seniores

1. G., BARBARA	00	Lagoa AC	5:10.18	477	1:09.15	1:23.68	1:25.64	1:11.71
50m:		150m:	250m:		350m:			
100m: 1:09.15		200m: 2:32.83	300m: 3:58.47		400m: 5:10.18			