

Prova de Preparação PL
Loulé, 1 - 2/6/2024

Prova 17 800m Livres 12 anos e mais velhos
02/06/2024 - 9:30 Resultados

Recordes Regionais (PL) Open	8:40.49	Rui Miguel, LOPES	CNOL	Oeiras	29/07/2012
Recordes Regionais (PL) Sen.	8:46.63	Rui Miguel, LOPES	CNOL	Coimbra	30/03/2013
Recordes Regionais (PL) Jun. 2	8:40.49	Rui Miguel, LOPES	CNOL	Oeiras	29/07/2012
Recordes Regionais (PL) Jun. 1	8:48.49	Rui Miguel, LOPES	CNOL	Rio Maior	03/04/2011
Recordes Regionais (PL) Juv. A	8:54.71	Joao Duarte, SANTOS	CNOL	Povoa de Varzim	04/08/2011
Recordes Regionais (PL) Juv. B	8:57.59	Joao Duarte, SANTOS	CNOL	Coimbra	29/07/2010
Recordes Regionais (PL) Inf. A	9:15.74	Tiago Miguel, VILHENA	CNFA	Oeiras	19/07/2015
Recordes Regionais (PL) Inf. B	9:43.52	Tiago Miguel, VILHENA	CNFA	Loule	20/07/2014
Recordes Regionais (PL) Open	9:22.04	Miriam Filipe, MARCOS	CNOL	Funchal	01/07/2017
Recordes Regionais (PL) Sen	9:33.10	Catia Raquel, MARTINHEIRA	LDC	Faro	22/06/2013
Recordes Regionais (PL) Jun. 2	9:52.99	Laura Fabiana, ESTEVENS	GCNF	Loule	16/07/2022
Recordes Regionais (PL) Jun. 1	9:22.04	Miriam Filipe, MARCOS	CNOL	Loule	01/07/2017
Recordes Regionais (PL) Juv A	9:46.54	Margarida Maria, LUIZ	LAC	Coimbra	24/06/2023
Recordes Regionais (PL) Juv B	9:42.68	Catia Raquel, MARTINHEIRA	LDC	Povoa de Varzim	14/03/2009
Recordes Regionais (PL) Inf. A	9:42.91	Catia Raquel, MARTINHEIRA	LDC	Famalicao	19/07/2008
Recordes Regionais (PL) Inf. B	10:27.98	Fabiana Cruz, GOMES	LDC	Loule	01/07/2017
RN Adaptada 50m S6	12:23.11	Daniel Carlos, VIDEIRA	GESL	Povoa de Varzim	08/12/2019
RN Adaptada 50m S8	9:54.26	Diogo Luis, CANCELA	ALN	Coimbra	15/07/2023
RN Adaptada 50m S9	9:37.37	David Realista, GRACHAT	GESL	Povoa de Varzim	08/12/2019
RN Adaptada 50m S14	10:07.29	Samuel Lima, DUARTE	POR	Vichy (FRA)	08/06/2023
RN Adaptada 50m S15	9:17.95	Miguel Duarte, CRUZ	CFB	Coimbra	28/03/2021
RN Adaptada 50m S17	10:52.77	Joaquim Eduardo, CARVALHO	CNF	Funchal	30/06/2023
RN Adaptada 50m S21	12:19.42	Francisco Pessanha, MONTES	POR	Antalya (TUR)	21/03/2024
RN Adaptada 50m S6	59:00.00	,			
RN Adaptada 50m S8	59:00.00	,			
RN Adaptada 50m S9	59:00.00	,			
RN Adaptada 50m S14	14:03.09	Diana Vieira, SIMOES	SCA	Póvoa de Varzim	04/12/2022
RN Adaptada 50m S15	13:10.81	Susana Maria, LOURENCO	SFP	Loulé	28/06/2013
RN Adaptada 50m S17	59:00.00	start,			
RN Adaptada 50m S21	14:35.36	Matilde Lucia, GASPAR	APCC	Porto	16/03/2024

Pontos: FINA 2024

Lugar Ano Tempo final Pts

Infantis A, Femin.

1. Marta Gak, GUERREIRO	11	Louletano / Loule Concelho	11:20.47	361
100m: 1:17.93 1:17.93	300m: 4:10.56 1:27.00	500m: 7:04.41 1:27.24	700m: 9:57.17 1:25.92	
200m: 2:43.56 1:25.63	400m: 5:37.17 1:26.61	600m: 8:31.25 1:26.84	800m: 11:20.47 1:23.30	

Infantis A, Masc.

1. Goncalo Alexandre, RETRE	10	Naval de Faro	10:19.72	388
100m: 1:14.13 1:14.13	300m: 3:53.12 1:19.62	500m: 6:31.27 1:19.41	700m: 9:06.17 1:17.12	
200m: 2:33.50 1:19.37	400m: 5:11.86 1:18.74	600m: 7:49.05 1:17.78	800m: 10:19.72 1:13.55	

Juniores, Masc.

1. Cristiano, FISTICAN	07	Aquatico Silves	10:53.96	330
100m: 1:12.68 1:12.68	300m: 3:59.75 1:24.03	500m: 6:50.06 1:25.34	700m: 9:35.13 1:21.35	
200m: 2:35.72 1:23.04	400m: 5:24.72 1:24.97	600m: 8:13.78 1:23.72	800m: 10:53.96 1:18.83	

Seniores, Femin.

1. Joana Lopes, SALGUEIRO	04	RIA Aqua Tavira	10:55.25	404
100m: 1:17.70 1:17.70	300m: 4:04.38 1:23.35	500m: 6:49.65 1:22.22	700m: 9:35.83 1:23.73	
200m: 2:41.03 1:23.33	400m: 5:27.43 1:23.05	600m: 8:12.10 1:22.45	800m: 10:55.25 1:19.42	