

XV TROFEU NATACIÓ MÀSTER DE GIRONA  
GIRONA, 18/5/2024

Prova 14  
18/5/2024

400m Estils

Open  
Resultats

CIR	4:57.43	CABANILLAS QUINTANILLA, Rafea	ESP	L'HOSPITALET LLOBREGAT	22/4/2017
CIR	5:31.94	DIAGO MIRAVET, Anna	ESP	GIRONA	13/5/2023
CR	5:13.09	TALAVERA GUADAYOL, JORDI	P0725	GIRONA	14/5/2016
CR	5:31.94	DIAGO MIRAVET, Anna	ESP	GIRONA	13/5/2023

Classificació

ANY

Temps CAT

Open, Masc.

1. GONZALEZ LAMPURDANES, Ismael 78 C.N. Tarraco **6:08.12** 458,00 458,00  
100m: 1:25.20 1:25.20 200m: 3:02.64 1:37.44 300m: 4:45.52 1:42.88 400m: 6:08.12 1:22.60
2. MANZANO LOPEZ, Jose Luis 76 Club Nagi **6:23.78** 404,00 404,00  
100m: 1:23.32 1:23.32 200m: 3:14.70 1:51.38 300m: 5:00.29 1:45.59 400m: 6:23.78 1:23.49

45+, Masc.

1. GONZALEZ LAMPURDANES, Ismael 78 C.N. Tarraco **6:08.12** 458,00 458,00  
100m: 1:25.20 1:25.20 200m: 3:02.64 1:37.44 300m: 4:45.52 1:42.88 400m: 6:08.12 1:22.60
2. MANZANO LOPEZ, Jose Luis 76 Club Nagi **6:23.78** 404,00 404,00  
100m: 1:23.32 1:23.32 200m: 3:14.70 1:51.38 300m: 5:00.29 1:45.59 400m: 6:23.78 1:23.49

Class Punts T. Catalana Màster, Masc.

1. GONZALEZ LAMPURDANES, Ismael 78 C.N. Tarraco **6:08.12** 458,00 458,00  
100m: 1:25.20 1:25.20 200m: 3:02.64 1:37.44 300m: 4:45.52 1:42.88 400m: 6:08.12 1:22.60
2. MANZANO LOPEZ, Jose Luis 76 Club Nagi **6:23.78** 404,00 404,00  
100m: 1:23.32 1:23.32 200m: 3:14.70 1:51.38 300m: 5:00.29 1:45.59 400m: 6:23.78 1:23.49

Open, Fem.

1. VILA FORTUNY, Marta 72 GEIEG **6:37.56** 524,00 524,00  
100m: 1:35.93 1:35.93 200m: 3:17.06 1:41.13 300m: 5:09.26 1:52.20 400m: 6:37.56 1:28.30

50+, Fem.

1. VILA FORTUNY, Marta 72 GEIEG **6:37.56** 524,00 524,00  
100m: 1:35.93 1:35.93 200m: 3:17.06 1:41.13 300m: 5:09.26 1:52.20 400m: 6:37.56 1:28.30

Class Punts T. Catalana Màster, Fem.

1. VILA FORTUNY, Marta 72 GEIEG **6:37.56** 524,00 524,00  
100m: 1:35.93 1:35.93 200m: 3:17.06 1:41.13 300m: 5:09.26 1:52.20 400m: 6:37.56 1:28.30