

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 6
28.09.2024 - 17:23

ženy, 800m vo ný spôsob

11 ro . a st.
Výsledky

bodovanie: FINA 2023

por.			Ro .			as	body	
17 - 18 ro .								
1.	Gruha áková Laura		06	PK Martin			9:24.22	605
	50m:	33.06 33.06	250m:	2:53.94 35.53	450m:	5:17.66 36.00	650m:	7:39.69 35.35
	100m:	1:07.91 34.85	300m:	3:29.78 35.84	500m:	5:53.47 35.81	700m:	8:15.03 35.34
	150m:	1:43.13 35.22	350m:	4:05.69 35.91	550m:	6:29.03 35.56	750m:	8:50.25 35.22
	200m:	2:18.41 35.28	400m:	4:41.66 35.97	600m:	7:04.34 35.31	800m:	9:24.22 33.97
2.	Timkani ová Lucia		07	Nereus Žilina			10:43.66	408
	50m:	35.34 35.34	250m:	3:17.75 41.59	450m:	6:02.38 41.13	650m:	8:44.66 40.91
	100m:	1:14.94 39.60	300m:	3:58.41 40.66	500m:	6:43.00 40.62	700m:	9:25.56 40.90
	150m:	1:55.69 40.75	350m:	4:39.66 41.25	550m:	7:23.38 40.38	750m:	10:06.47 40.91
	200m:	2:36.16 40.47	400m:	5:21.25 41.59	600m:	8:03.75 40.37	800m:	10:43.66 37.19
3.	Ková iková Lenka		07	PK Banská Bystrica			11:10.22	361
	50m:	37.47 37.47	250m:	3:25.28 42.28	450m:	6:16.65 42.93	650m:	9:06.97 42.72
	100m:	1:18.97 41.50	300m:	4:08.00 42.72	500m:	6:59.00 42.35	700m:	9:49.11 42.14
	150m:	2:00.53 41.56	350m:	4:50.93 42.93	550m:	7:41.58 42.58	750m:	10:30.61 41.50
	200m:	2:43.00 42.47	400m:	5:33.72 42.79	600m:	8:24.25 42.67	800m:	11:10.22 39.61
4.	Moská ová Margaréta		07	MPK Dolný Kubín			11:11.02	360
	50m:	35.20 35.20	250m:	3:17.76 43.00	450m:	6:11.02 43.50	650m:	9:05.10 43.24
	100m:	1:14.06 38.86	300m:	4:00.99 43.23	500m:	6:54.85 43.83	700m:	9:47.32 42.22
	150m:	1:53.82 39.76	350m:	4:44.37 43.38	550m:	7:38.56 43.71	750m:	10:29.98 42.66
	200m:	2:34.76 40.94	400m:	5:27.52 43.15	600m:	8:21.86 43.30	800m:	11:11.02 41.04
5.	Majdiaková Lívia		07	UMB Banská Bystrica			14:21.96	169
	50m:	45.07 45.07	250m:	4:19.07 55.47	450m:	8:02.24 55.85	650m:	11:42.93 54.96
	100m:	1:36.04 50.97	300m:	5:14.19 55.12	500m:	8:57.14 54.90	700m:	12:38.40 55.47
	150m:	2:28.82 52.78	350m:	6:10.07 55.88	550m:	9:52.31 55.17	750m:	13:33.44 55.04
	200m:	3:23.60 54.78	400m:	7:06.39 56.32	600m:	10:47.97 55.66	800m:	14:21.96 48.52
15 - 16 ro .								
1.	Gomolová Nela		09	PK Martin			10:06.28	488
	50m:	34.13 34.13	250m:	3:03.73 38.07	450m:	5:37.09 37.96	650m:	8:10.98 38.45
	100m:	1:10.23 36.10	300m:	3:42.13 38.40	500m:	6:14.63 37.54	700m:	8:49.78 38.80
	150m:	1:47.63 37.40	350m:	4:20.88 38.75	550m:	6:53.41 38.78	750m:	9:28.66 38.88
	200m:	2:25.66 38.03	400m:	4:59.13 38.25	600m:	7:32.53 39.12	800m:	10:06.28 37.62
2.	Horváthová Andrea		09	PK Martin			10:25.93	443
	50m:	34.78 34.78	250m:	3:11.96 39.75	450m:	5:52.43 39.90	650m:	8:30.43 39.18
	100m:	1:12.78 38.00	300m:	3:51.96 40.00	500m:	6:32.56 40.13	700m:	9:09.25 38.82
	150m:	1:51.78 39.00	350m:	4:32.03 40.07	550m:	7:12.96 40.40	750m:	9:49.89 40.64
	200m:	2:32.21 40.43	400m:	5:12.53 40.50	600m:	7:51.25 38.29	800m:	10:25.93 36.04
3.	Urbanová Linda		08	MPK Dolný Kubín			10:33.43	428
	50m:	35.61 35.61	250m:	3:15.43 40.46	450m:	5:56.68 40.18	650m:	8:36.82 39.89
	100m:	1:14.57 38.96	300m:	3:55.86 40.43	500m:	6:36.78 40.10	700m:	9:16.15 39.33
	150m:	1:54.61 40.04	350m:	4:36.40 40.54	550m:	7:16.90 40.12	750m:	9:55.40 39.25
	200m:	2:34.97 40.36	400m:	5:16.50 40.10	600m:	7:56.93 40.03	800m:	10:33.43 38.03
4.	Dirbáková Viktória		08	MPK Prievidza			10:33.75	427
	50m:	36.79 36.79	250m:	3:16.72 40.07	450m:	5:57.32 40.03	650m:	8:38.18 39.81
	100m:	1:16.82 40.03	300m:	3:56.72 40.00	500m:	6:38.37 41.05	700m:	9:17.32 39.14
	150m:	1:56.47 39.65	350m:	4:36.68 39.96	550m:	7:18.75 40.38	750m:	9:58.79 41.47
	200m:	2:36.65 40.18	400m:	5:17.29 40.61	600m:	7:58.37 39.62	800m:	10:33.75 34.96
5.	Hlivjáková Markéta Marta		09	Nereus Žilina			10:43.17	409
	50m:	36.06 36.06	250m:	3:15.92 40.89	450m:	5:57.67 40.72	650m:	8:43.95 41.14
	100m:	1:14.49 38.43	300m:	3:55.67 39.75	500m:	6:38.85 41.18	700m:	9:24.60 40.65
	150m:	1:54.56 40.07	350m:	4:36.42 40.75	550m:	7:21.52 42.67	750m:	10:05.10 40.50
	200m:	2:35.03 40.47	400m:	5:16.95 40.53	600m:	8:02.81 41.29	800m:	10:43.17 38.07

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 6, žia ky, 800m vo ný spôsob, 15 - 16 ro .

por.			Ro .			as	body					
6.	Krkošová Nela		09	Nereus Žilina		11:01.13	376					
	50m:	35.29	35.29	250m:	3:20.80	41.30	450m:	6:10.01	42.29	650m:	8:59.29	41.99
	100m:	1:15.43	40.14	300m:	4:03.53	42.73	500m:	6:52.65	42.64	700m:	9:41.31	42.02
	150m:	1:57.56	42.13	350m:	4:45.86	42.33	550m:	7:35.20	42.55	750m:	10:22.52	41.21
	200m:	2:39.50	41.94	400m:	5:27.72	41.86	600m:	8:17.30	42.10	800m:	11:01.13	38.61
7.	Konôpková Danka		08	PK Banská Bystrica		11:10.16	361					
	50m:	37.94	37.94	250m:	3:25.97	42.84	450m:	6:18.19	43.13	650m:	9:08.44	42.28
	100m:	1:19.03	41.09	300m:	4:08.97	43.00	500m:	7:00.88	42.69	700m:	9:50.81	42.37
	150m:	2:01.03	42.00	350m:	4:52.13	43.16	550m:	7:43.72	42.84	750m:	10:33.03	42.22
	200m:	2:43.13	42.10	400m:	5:35.06	42.93	600m:	8:26.16	42.44	800m:	11:10.16	37.13
8.	Hudecová Lucia		09	Nereus Žilina		11:13.19	356					
	50m:	37.00	37.00	250m:	3:22.69	39.78	450m:	6:16.09	43.03	650m:	9:06.44	43.19
	100m:	1:18.16	41.16	300m:	4:08.03	45.34	500m:	6:59.25	43.16	700m:	9:49.53	43.09
	150m:	2:00.88	42.72	350m:	4:50.59	42.56	550m:	7:40.97	41.72	750m:	10:31.25	41.72
	200m:	2:42.91	42.03	400m:	5:33.06	42.47	600m:	8:23.25	42.28	800m:	11:13.19	41.94
9.	Garajová Katarína		08	MPK Dolný Kubín		11:41.01	315					
	50m:	38.48	38.48	250m:	3:36.70	45.54	450m:	6:35.09	43.73	650m:	9:31.83	43.97
	100m:	1:21.73	43.25	300m:	4:21.13	44.43	500m:	7:19.39	44.30	700m:	10:15.98	44.15
	150m:	2:06.06	44.33	350m:	5:06.09	44.96	550m:	8:03.51	44.12	750m:	10:59.95	43.97
	200m:	2:51.16	45.10	400m:	5:51.36	45.27	600m:	8:47.86	44.35	800m:	11:41.01	41.06
10.	Legemzová Sofia		08	MPK Dolný Kubín		11:50.84	302					
	50m:	38.13	38.13	250m:	3:35.34	45.90	450m:	6:37.56	46.15	650m:	9:41.76	47.00
	100m:	1:20.63	42.50	300m:	4:20.41	45.07	500m:	7:22.76	45.20	700m:	10:26.98	45.22
	150m:	2:04.51	43.88	350m:	5:05.84	45.43	550m:	8:08.51	45.75	750m:	11:11.16	44.18
	200m:	2:49.44	44.93	400m:	5:51.41	45.57	600m:	8:54.76	46.25	800m:	11:50.84	39.68
11.	Jankovi ová Liliana		09	UMB Banská Bystrica		12:05.16	285					
	50m:	39.63	39.63	250m:	3:41.81	46.83	450m:	6:45.59	45.93	650m:	9:51.84	45.90
	100m:	1:24.06	44.43	300m:	4:27.59	45.78	500m:	7:33.26	47.67	700m:	10:37.66	45.82
	150m:	2:09.41	45.35	350m:	5:13.84	46.25	550m:	8:19.76	46.50	750m:	11:22.09	44.43
	200m:	2:54.98	45.57	400m:	5:59.66	45.82	600m:	9:05.94	46.18	800m:	12:05.16	43.07
12.	Juríková Radka		08	MPK Prievidza		12:13.09	276					
	50m:	38.79	38.79	250m:	3:38.41	46.24	450m:	6:46.85	47.50	650m:	9:56.58	47.10
	100m:	1:21.51	42.72	300m:	4:25.00	46.59	500m:	7:34.14	47.29	700m:	10:43.81	47.23
	150m:	2:06.52	45.01	350m:	5:11.80	46.80	550m:	8:21.79	47.65	750m:	11:30.36	46.55
	200m:	2:52.17	45.65	400m:	5:59.35	47.55	600m:	9:09.48	47.69	800m:	12:13.09	42.73
13.	Stebilová Klára		09	UMB Banská Bystrica		12:27.31	260					
	50m:	40.27	40.27	250m:	3:45.18	46.81	450m:	6:54.24	47.85	650m:	10:07.79	48.75
	100m:	1:25.93	45.66	300m:	4:32.29	47.11	500m:	7:42.60	48.36	700m:	10:55.72	47.93
	150m:	2:11.81	45.88	350m:	5:19.36	47.07	550m:	8:30.70	48.10	750m:	11:44.17	48.45
	200m:	2:58.37	46.56	400m:	6:06.39	47.03	600m:	9:19.04	48.34	800m:	12:27.31	43.14
14.	Zajacová Slávka		08	MPK Prievidza		12:29.33	258					
	50m:	40.08	40.08	250m:	3:47.62	47.25	450m:	6:58.89	47.58	650m:	10:11.73	48.38
	100m:	1:25.83	45.75	300m:	4:35.78	48.16	500m:	7:46.93	48.04	700m:	10:59.45	47.72
	150m:	2:13.14	47.31	350m:	5:23.06	47.28	550m:	8:34.99	48.06	750m:	11:46.58	47.13
	200m:	3:00.37	47.23	400m:	6:11.31	48.25	600m:	9:23.35	48.36	800m:	12:29.33	42.75
15.	Šaušová Emma		09	UMB Banská Bystrica		14:31.54	164					
	50m:	45.64	45.64	250m:	4:23.09	53.93	450m:	8:06.29	55.16	650m:	11:49.36	56.04
	100m:	1:39.32	53.68	300m:	5:19.16	56.07	500m:	9:02.45	56.16	700m:	12:45.61	56.25
	150m:	2:33.45	54.13	350m:	6:14.61	55.45	550m:	9:58.58	56.13	750m:	13:40.98	55.37
	200m:	3:29.16	55.71	400m:	7:11.13	56.52	600m:	10:53.32	54.74	800m:	14:31.54	50.56
14 ro .												
1.	Šmidová Karolína		10	PK Martin		11:01.03	376					
	50m:	37.21	37.21	250m:	3:21.23	41.83	450m:	6:08.92	41.43	650m:	8:58.00	42.25
	100m:	1:17.07	39.86	300m:	4:03.30	42.07	500m:	6:51.11	42.19	700m:	9:40.30	42.30
	150m:	1:57.89	40.82	350m:	4:45.24	41.94	550m:	7:33.06	41.95	750m:	10:21.97	41.67
	200m:	2:39.40	41.51	400m:	5:27.49	42.25	600m:	8:15.75	42.69	800m:	11:01.03	39.06

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 6, žia ky, 800m vo ný spôsob, 14 ro .

por.			Ro .			as	body					
2.	Brisudová Alica		10	PK Nanti		11:17.87	349					
	50m:	36.56	36.56	250m:	3:25.77	42.93	450m:	6:18.59	43.25	650m:	9:12.20	43.58
	100m:	1:18.02	41.46	300m:	4:08.62	42.85	500m:	7:01.84	43.25	700m:	9:55.52	43.32
	150m:	2:00.12	42.10	350m:	4:51.99	43.37	550m:	7:45.24	43.40	750m:	10:37.95	42.43
	200m:	2:42.84	42.72	400m:	5:35.34	43.35	600m:	8:28.62	43.38	800m:	11:17.87	39.92
3.	Giertlová Žofia		10	ŠKP Brezno		11:20.63	345					
	50m:	37.97	37.97	250m:	3:25.84	42.44	450m:	6:19.15	43.55	650m:	9:13.71	43.78
	100m:	1:19.03	41.06	300m:	4:09.10	43.26	500m:	7:02.07	42.92	700m:	9:56.98	43.27
	150m:	2:01.08	42.05	350m:	4:52.59	43.49	550m:	7:45.62	43.55	750m:	10:40.75	43.77
	200m:	2:43.40	42.32	400m:	5:35.60	43.01	600m:	8:29.93	44.31	800m:	11:20.63	39.88
4.	Viludová Nela		10	PK Martin		11:41.83	314					
	50m:	38.71	38.71	250m:	3:36.96	44.97	450m:	6:36.17	44.71	650m:	9:33.27	44.64
	100m:	1:22.74	44.03	300m:	4:21.98	45.02	500m:	7:20.90	44.73	700m:	10:18.04	44.77
	150m:	2:07.34	44.60	350m:	5:06.97	44.99	550m:	8:04.60	43.70	750m:	11:01.50	43.46
	200m:	2:51.99	44.65	400m:	5:51.46	44.49	600m:	8:48.63	44.03	800m:	11:41.83	40.33
5.	Šáľková Lucia		10	PK Nanti		12:01.44	289					
	50m:	38.66	38.66	250m:	3:39.59	46.50	450m:	6:45.56	46.90	650m:	9:49.59	45.93
	100m:	1:22.41	43.75	300m:	4:25.81	46.22	500m:	7:31.09	45.53	700m:	10:35.84	46.25
	150m:	2:07.38	44.97	350m:	5:11.94	46.13	550m:	8:17.91	46.82	750m:	11:19.94	44.10
	200m:	2:53.09	45.71	400m:	5:58.66	46.72	600m:	9:03.66	45.75	800m:	12:01.44	41.50
6.	Iždinská Sabina		10	PK Rimavská Sobota		12:06.85	283					
	50m:	40.29	40.29	250m:	3:41.10	45.79	450m:	6:47.26	46.52	650m:	9:52.35	47.26
	100m:	1:24.74	44.45	300m:	4:27.02	45.92	500m:	7:33.31	46.05	700m:	10:37.75	45.40
	150m:	2:09.96	45.22	350m:	5:14.01	46.99	550m:	8:19.28	45.97	750m:	11:23.32	45.57
	200m:	2:55.31	45.35	400m:	6:00.74	46.73	600m:	9:05.09	45.81	800m:	12:06.85	43.53
7.	Maceková Viktória		10	MPK Dolný Kubín		13:38.63	198					
	50m:	41.13	41.13	250m:	4:03.41	51.50	450m:	7:31.63	52.54	650m:	11:06.80	54.07
	100m:	1:28.16	47.03	300m:	4:54.63	51.22	500m:	8:24.73	53.10	700m:	11:59.66	52.86
	150m:	2:20.66	52.50	350m:	5:45.73	51.10	550m:	9:18.73	54.00	750m:	12:51.63	51.97
	200m:	3:11.91	51.25	400m:	6:39.09	53.36	600m:	10:12.73	54.00	800m:	13:38.63	47.00
8.	Adam íková Ema		10	MPK Prievidza		14:32.81	163					
	50m:	44.82	44.82	250m:	4:25.34	55.79	450m:	8:09.33	56.25	650m:	11:51.85	55.17
	100m:	1:39.05	54.23	300m:	5:20.91	55.57	500m:	9:05.21	55.88	700m:	12:48.13	56.28
	150m:	2:34.39	55.34	350m:	6:16.54	55.63	550m:	10:01.18	55.97	750m:	13:42.50	54.37
	200m:	3:29.55	55.16	400m:	7:13.08	56.54	600m:	10:56.68	55.50	800m:	14:32.81	50.31
DSQ	Kerná ová Hana		10	PK Banská Štiavnica								
	<i>SW 10.2 - Pretekár nepreplával celú vzdialenos . (as: 16:04)</i>											

13 ro .

1.	Vytyka ová Stela		11	PK Martin		9:40.31	556					
	50m:	32.75	32.75	250m:	2:56.59	36.56	450m:	5:23.28	36.72	650m:	7:51.25	36.81
	100m:	1:08.00	35.25	300m:	3:33.19	36.60	500m:	6:00.63	37.35	700m:	8:28.00	36.75
	150m:	1:43.81	35.81	350m:	4:10.22	37.03	550m:	6:37.19	36.56	750m:	9:05.41	37.41
	200m:	2:20.03	36.22	400m:	4:46.56	36.34	600m:	7:14.44	37.25	800m:	9:40.31	34.90
2.	Novinská Kristína		11	PK Martin		9:49.97	529					
	50m:	33.13	33.13	250m:	2:58.06	36.96	450m:	5:27.78	37.39	650m:	7:58.40	37.68
	100m:	1:08.59	35.46	300m:	3:35.43	37.37	500m:	6:05.29	37.51	700m:	8:36.78	38.38
	150m:	1:44.26	35.67	350m:	4:12.65	37.22	550m:	6:43.04	37.75	750m:	9:13.96	37.18
	200m:	2:21.10	36.84	400m:	4:50.39	37.74	600m:	7:20.72	37.68	800m:	9:49.97	36.01
3.	Valachová Ela		11	PK Rimavská Sobota		10:19.34	458					
	50m:	33.69	33.69	250m:	3:06.88	38.82	450m:	5:45.22	39.78	650m:	8:23.69	39.56
	100m:	1:09.97	36.28	300m:	3:46.25	39.37	500m:	6:25.00	39.78	700m:	9:03.50	39.81
	150m:	1:48.66	38.69	350m:	4:25.94	39.69	550m:	7:04.78	39.78	750m:	9:42.59	39.09
	200m:	2:28.06	39.40	400m:	5:05.44	39.50	600m:	7:44.13	39.35	800m:	10:19.34	36.75
4.	Benková Sára		11	Nereus Žilina		11:06.50	367					
	50m:	36.59	36.59	250m:	3:26.36	43.11	450m:	6:17.50	42.35	650m:	9:04.90	41.90
	100m:	1:17.50	40.91	300m:	4:09.72	43.36	500m:	6:59.32	41.82	700m:	9:46.25	41.35
	150m:	2:00.25	42.75	350m:	4:52.25	42.53	550m:	7:41.43	42.11	750m:	10:27.00	40.75
	200m:	2:43.25	43.00	400m:	5:35.15	42.90	600m:	8:23.00	41.57	800m:	11:06.50	39.50

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 6, žia ky, 800m vo ný spôsob, 13 ro .

por.			Ro .			as			body
5.	Poloncová Zuzana		11	PK Martin			11:30.97		329
	50m:	38.72	38.72	250m:	3:34.37	44.29	450m:	6:30.87	44.12
	100m:	1:21.72	43.00	300m:	4:18.87	44.50	500m:	7:15.33	44.46
	150m:	2:05.75	44.03	350m:	5:02.62	43.75	550m:	7:59.22	43.89
	200m:	2:50.08	44.33	400m:	5:46.75	44.13	600m:	8:42.66	43.44
							650m:	9:26.44	43.78
							700m:	10:09.72	43.28
							750m:	10:51.83	42.11
							800m:	11:30.97	39.14
6.	Romanová Nina		11	PK Martin			11:31.75		328
	50m:	38.31	38.31	250m:	3:34.06	44.22	450m:	6:30.81	44.09
	100m:	1:21.66	43.35	300m:	4:18.63	44.57	500m:	7:14.72	43.91
	150m:	2:05.75	44.09	350m:	5:02.66	44.03	550m:	7:58.84	44.12
	200m:	2:49.84	44.09	400m:	5:46.72	44.06	600m:	8:42.84	44.00
							650m:	9:26.69	43.85
							700m:	10:09.84	43.15
							750m:	10:52.22	42.38
							800m:	11:31.75	39.53
7.	Látková Sofia		11	PK Rimavská Sobota			11:56.35		296
	50m:	38.03	38.03	250m:	3:34.22	45.96	450m:	6:39.17	46.34
	100m:	1:19.50	41.47	300m:	4:19.86	45.64	500m:	7:25.11	45.94
	150m:	2:03.24	43.74	350m:	5:06.63	46.77	550m:	8:11.14	46.03
	200m:	2:48.26	45.02	400m:	5:52.83	46.20	600m:	8:57.26	46.12
							650m:	9:43.60	46.34
							700m:	10:29.75	46.15
							750m:	11:13.11	43.36
							800m:	11:56.35	43.24
8.	Ivaníková Nina		11	Nereus Žilina			11:57.00		295
	50m:	40.28	40.28	250m:	3:41.62	46.05	450m:	6:45.59	45.40
	100m:	1:24.69	44.41	300m:	4:27.24	45.62	500m:	7:30.55	44.96
	150m:	2:09.94	45.25	350m:	5:13.52	46.28	550m:	8:16.23	45.68
	200m:	2:55.57	45.63	400m:	6:00.19	46.67	600m:	9:02.28	46.05
							650m:	9:48.20	45.92
							700m:	10:33.69	45.49
							750m:	11:18.46	44.77
							800m:	11:57.00	38.54

12 ro .

1.	Hlavajová Tea		12	PK Martin			10:10.42		478
	50m:	34.47	34.47	250m:	3:05.39	38.33	450m:	5:40.67	38.34
	100m:	1:11.01	36.54	300m:	3:43.75	38.36	500m:	6:19.56	38.89
	150m:	1:49.10	38.09	350m:	4:22.94	39.19	550m:	6:58.30	38.74
	200m:	2:27.06	37.96	400m:	5:02.33	39.39	600m:	7:37.03	38.73
							650m:	8:16.50	39.47
							700m:	8:56.16	39.66
							750m:	9:34.75	38.59
							800m:	10:10.42	35.67
2.	Tarbajová Radka		12	PK Nanti			11:28.56		333
	50m:	37.06	37.06	250m:	3:30.75	43.66	450m:	6:27.53	44.62
	100m:	1:18.69	41.63	300m:	4:14.34	43.59	500m:	7:12.53	45.00
	150m:	2:02.50	43.81	350m:	4:58.66	44.32	550m:	7:56.59	44.06
	200m:	2:47.09	44.59	400m:	5:42.91	44.25	600m:	8:41.06	44.47
							650m:	9:24.44	43.38
							700m:	10:07.16	42.72
							750m:	10:49.38	42.22
							800m:	11:28.56	39.18
3.	Fekete Tamara		12	MPK Prievidza			12:13.19		276
	50m:	41.97	41.97	250m:	3:41.38	39.35	450m:	6:55.09	46.62
	100m:	1:28.03	46.06	300m:	4:38.16	56.78	500m:	7:41.84	46.75
	150m:	2:14.75	46.72	350m:	5:22.16	44.00	550m:	8:28.16	46.32
	200m:	3:02.03	47.28	400m:	6:08.47	46.31	600m:	9:14.09	45.93
							650m:	9:59.50	45.41
							700m:	10:44.63	45.13
							750m:	11:28.72	44.09
							800m:	12:13.19	44.47
4.	Grossmannová Anna		12	PK Nanti			12:13.20		276
	50m:	40.09	40.09	250m:	3:42.34	46.28	450m:	6:49.06	46.65
	100m:	1:24.79	44.70	300m:	4:29.50	47.16	500m:	7:36.09	47.03
	150m:	2:10.06	45.27	350m:	5:16.03	46.53	550m:	8:23.13	47.04
	200m:	2:56.06	46.00	400m:	6:02.41	46.38	600m:	9:09.34	46.21
							650m:	9:55.56	46.22
							700m:	10:41.84	46.28
							750m:	11:28.63	46.79
							800m:	12:13.20	44.57
5.	Šrobová Simona		12	MPK Tvrdošín			12:14.09		275
	50m:	41.65	41.65	250m:	3:49.34	46.90	450m:	6:58.02	46.55
	100m:	1:28.59	46.94	300m:	4:36.47	47.13	500m:	7:44.97	46.95
	150m:	2:15.16	46.57	350m:	5:23.44	46.97	550m:	8:30.87	45.90
	200m:	3:02.44	47.28	400m:	6:11.47	48.03	600m:	9:16.51	45.64
							650m:	10:02.44	45.93
							700m:	10:47.44	45.00
							750m:	11:32.41	44.97
							800m:	12:14.09	41.68
6.	Gilianová Tereza		12	PK Martin			12:15.25		273
	50m:	40.41	40.41	250m:	3:41.75	41.80	450m:	6:47.27	46.50
	100m:	1:25.09	44.68	300m:	4:27.58	45.83	500m:	7:34.06	46.79
	150m:	2:09.86	44.77	350m:	5:16.16	48.58	550m:	8:21.18	47.12
	200m:	2:59.95	50.09	400m:	6:00.77	44.61	600m:	9:08.40	47.22
							650m:	9:55.89	47.49
							700m:	10:44.44	48.55
							750m:	11:31.03	46.59
							800m:	12:15.25	44.22
7.	Súkeniková Ella		12	Nereus Žilina			12:24.45		263
	50m:	41.98	41.98	250m:	3:48.31	46.93	450m:	6:58.48	47.39
	100m:	1:28.38	46.40	300m:	4:35.48	47.17	500m:	7:45.09	46.61
	150m:	2:15.09	46.71	350m:	5:23.28	47.80	550m:	8:33.48	48.39
	200m:	3:01.38	46.29	400m:	6:11.09	47.81	600m:	9:21.38	47.90
							650m:	10:09.80	48.42
							700m:	10:57.59	47.79
							750m:	11:45.28	47.69
							800m:	12:24.45	39.17

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 6, žia ky, 800m vo ný spôsob, 12 ro .

por.			Ro .			as			body			
8.	Šuttyová Gréta		12	PK Nanti		12:34.36			253			
	50m:	41.75	41.75	250m:	3:52.75	48.04	450m:	7:05.31	48.06	650m:	10:17.46	47.65
	100m:	1:29.03	47.28	300m:	4:41.31	48.56	500m:	7:53.68	48.37	700m:	11:04.64	47.18
	150m:	2:16.93	47.90	350m:	5:28.89	47.58	550m:	8:41.50	47.82	750m:	11:51.25	46.61
	200m:	3:04.71	47.78	400m:	6:17.25	48.36	600m:	9:29.81	48.31	800m:	12:34.36	43.11
9.	Brózová Laura		12	Nereus Žilina		12:35.85			251			
	50m:	42.27	42.27	250m:	3:52.63	48.00	450m:	7:07.85	48.25	650m:	10:21.60	48.00
	100m:	1:28.92	46.65	300m:	4:41.25	48.62	500m:	7:56.81	48.96	700m:	11:09.13	47.53
	150m:	2:16.77	47.85	350m:	5:31.03	49.78	550m:	8:45.13	48.32	750m:	11:54.99	45.86
	200m:	3:04.63	47.86	400m:	6:19.60	48.57	600m:	9:33.60	48.47	800m:	12:35.85	40.86
10.	Adam íková Sofia		12	MPK Prievidza		12:44.16			243			
	50m:	41.60	41.60	250m:	3:54.39	48.17	450m:	7:10.39	48.39	650m:	10:25.02	48.77
	100m:	1:29.40	47.80	300m:	4:42.92	48.53	500m:	7:59.57	49.18	700m:	11:13.54	48.52
	150m:	2:18.02	48.62	350m:	5:32.56	49.64	550m:	8:47.99	48.42	750m:	12:00.97	47.43
	200m:	3:06.22	48.20	400m:	6:22.00	49.44	600m:	9:36.25	48.26	800m:	12:44.16	43.19
11.	Gyéňová Natalia		12	PK Martin		12:46.33			241			
	50m:	41.35	41.35	250m:	3:53.63	48.38	450m:	7:05.52	47.49	650m:	10:19.63	48.36
	100m:	1:28.38	47.03	300m:	4:41.06	47.43	500m:	7:54.25	48.73	700m:	11:08.45	48.82
	150m:	2:17.20	48.82	350m:	5:29.85	48.79	550m:	8:42.92	48.67	750m:	11:55.77	47.32
	200m:	3:05.25	48.05	400m:	6:18.03	48.18	600m:	9:31.27	48.35	800m:	12:46.33	50.56
12.	Mi ková Silvia		12	PK Martin		13:13.06			218			
	50m:	41.35	41.35	250m:	4:00.13	50.50	450m:	7:24.81	51.54	650m:	10:49.13	51.10
	100m:	1:29.63	48.28	300m:	4:50.35	50.22	500m:	8:15.63	50.82	700m:	11:39.87	50.74
	150m:	2:18.95	49.32	350m:	5:42.10	51.75	550m:	9:06.70	51.07	750m:	12:28.31	48.44
	200m:	3:09.63	50.68	400m:	6:33.27	51.17	600m:	9:58.03	51.33	800m:	13:13.06	44.75
13.	Fabianová Kristínka		12	MPK Prievidza		13:54.97			186			
	50m:	45.09	45.09	250m:	4:13.97	52.09	450m:	7:46.25	52.50	650m:	11:21.94	52.38
	100m:	1:36.53	51.44	300m:	5:07.59	53.62	500m:	8:40.25	54.00	700m:	12:12.44	50.50
	150m:	2:29.22	52.69	350m:	6:00.44	52.85	550m:	9:34.63	54.38	750m:	13:03.44	51.00
	200m:	3:21.88	52.66	400m:	6:53.75	53.31	600m:	10:29.56	54.93	800m:	13:54.97	51.53
14.	Minichová Linda		12	MPK Prievidza		14:01.69			182			
	50m:	45.81	45.81	250m:	4:15.22	52.59	450m:	7:50.06	54.28	650m:	11:26.25	54.75
	100m:	1:38.50	52.69	300m:	5:08.56	53.34	500m:	8:44.34	54.28	700m:	12:18.94	52.69
	150m:	2:30.25	51.75	350m:	6:02.31	53.75	550m:	9:37.72	53.38	750m:	13:12.13	53.19
	200m:	3:22.63	52.38	400m:	6:55.78	53.47	600m:	10:31.50	53.78	800m:	14:01.69	49.56
15.	Brezianska Paulina		12	PK Martin		14:17.00			172			
	50m:	45.79	45.79	250m:	4:21.95	54.44	450m:	7:59.59	54.34	650m:	11:40.85	54.15
	100m:	1:39.54	53.75	300m:	5:16.42	54.47	500m:	8:55.45	55.86	700m:	12:35.34	54.49
	150m:	2:32.95	53.41	350m:	6:11.10	54.68	550m:	9:51.67	56.22	750m:	13:28.56	53.22
	200m:	3:27.51	54.56	400m:	7:05.25	54.15	600m:	10:46.70	55.03	800m:	14:17.00	48.44
16.	Janovská Natália		12	PK Martin		14:41.28			158			
	50m:	47.39	47.39	250m:	4:26.07	55.68	450m:	8:11.78	57.64	650m:	11:59.64	56.11
	100m:	1:40.57	53.18	300m:	5:21.67	55.60	500m:	9:08.07	56.29	700m:	12:58.17	58.53
	150m:	2:35.34	54.77	350m:	6:17.24	55.57	550m:	10:05.21	57.14	750m:	13:53.09	54.92
	200m:	3:30.39	55.05	400m:	7:14.14	56.90	600m:	11:03.53	58.32	800m:	14:41.28	48.19

11 ro .

1.	Kubin áková Dominika		13	MPK Tvrdošín		11:06.91			366			
	50m:	36.59	36.59	250m:	3:22.50	42.06	450m:	6:12.31	41.97	650m:	9:04.25	42.44
	100m:	1:17.16	40.57	300m:	4:04.94	42.44	500m:	6:55.47	43.16	700m:	9:46.55	42.30
	150m:	1:58.75	41.59	350m:	4:47.59	42.65	550m:	7:38.78	43.31	750m:	10:27.84	41.29
	200m:	2:40.44	41.69	400m:	5:30.34	42.75	600m:	8:21.81	43.03	800m:	11:06.91	39.07
2.	Ma ošková Barbora		13	MPK Tvrdošín		11:36.81			321			
	50m:	38.25	38.25	250m:	3:33.59	44.25	450m:	6:30.75	44.06	650m:	9:26.91	43.63
	100m:	1:21.16	42.91	300m:	4:18.44	44.85	500m:	7:15.28	44.53	700m:	10:10.91	44.00
	150m:	2:04.97	43.81	350m:	5:02.28	43.84	550m:	7:59.50	44.22	750m:	10:55.03	44.12
	200m:	2:49.34	44.37	400m:	5:46.69	44.41	600m:	8:43.28	43.78	800m:	11:36.81	41.78

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 6, žia ky, 800m vo ný spôsob, 11 ro .

por.			Ro .			as	body	
3.	Krivdová Michaela		13	MPK Tvrdošín		11:54.63	298	
	50m:	40.35 40.35	250m:	3:40.10 45.43	450m:	6:41.77 45.32	650m:	9:42.27 44.40
	100m:	1:25.60 45.25	300m:	4:25.92 45.82	500m:	7:27.42 45.65	700m:	10:27.10 44.83
	150m:	2:10.25 44.65	350m:	5:11.06 45.14	550m:	8:12.85 45.43	750m:	11:11.85 44.75
	200m:	2:54.67 44.42	400m:	5:56.45 45.39	600m:	8:57.87 45.02	800m:	11:54.63 42.78
4.	Lešovská Miriama		13	MPK Dolný Kubín		11:55.16	297	
	50m:	38.42 38.42	250m:	3:36.86 44.66	450m:	6:36.42 44.81	650m:	9:40.11 46.79
	100m:	1:22.30 43.88	300m:	4:21.82 44.96	500m:	7:21.45 45.03	700m:	10:26.80 46.69
	150m:	2:07.45 45.15	350m:	5:06.61 44.79	550m:	8:07.48 46.03	750m:	11:12.67 45.87
	200m:	2:52.20 44.75	400m:	5:51.61 45.00	600m:	8:53.32 45.84	800m:	11:55.16 42.49
5.	Poláková Zára		13	MPK Tvrdošín		11:56.43	295	
	50m:	40.18 40.18	250m:	3:40.68 45.93	450m:	6:41.89 45.39	650m:	9:44.18 46.04
	100m:	1:24.78 44.60	300m:	4:26.28 45.60	500m:	7:27.68 45.79	700m:	10:29.39 45.21
	150m:	2:10.53 45.75	350m:	5:10.96 44.68	550m:	8:13.06 45.38	750m:	11:14.75 45.36
	200m:	2:54.75 44.22	400m:	5:56.50 45.54	600m:	8:58.14 45.08	800m:	11:56.43 41.68
6.	Capandová Romana		13	Nereus Žilina		12:06.31	284	
	50m:	41.14 41.14	250m:	3:44.58 45.76	450m:	6:49.66 46.35	650m:	9:53.00 45.87
	100m:	1:27.02 45.88	300m:	4:31.35 46.77	500m:	7:35.34 45.68	700m:	10:39.02 46.02
	150m:	2:12.19 45.17	350m:	5:17.82 46.47	550m:	8:20.99 45.65	750m:	11:24.79 45.77
	200m:	2:58.82 46.63	400m:	6:03.31 45.49	600m:	9:07.13 46.14	800m:	12:06.31 41.52
7.	Dubovská Nikola		13	MPK Dolný Kubín		12:06.78	283	
	50m:	40.56 40.56	250m:	3:47.09 46.78	450m:	6:53.47 46.38	650m:	9:56.59 44.75
	100m:	1:26.19 45.63	300m:	4:33.84 46.75	500m:	7:39.78 46.31	700m:	10:42.84 46.25
	150m:	2:13.28 47.09	350m:	5:20.63 46.79	550m:	8:25.88 46.10	750m:	11:27.19 44.35
	200m:	3:00.31 47.03	400m:	6:07.09 46.46	600m:	9:11.84 45.96	800m:	12:06.78 39.59
8.	Belová Darina		13	PK Martin		12:09.88	279	
	50m:	36.97 36.97	250m:	3:28.97 45.66	450m:	6:35.75 46.84	650m:	9:47.97 49.72
	100m:	1:17.70 40.73	300m:	4:16.00 47.03	500m:	7:23.47 47.72	700m:	10:37.41 49.44
	150m:	2:00.41 42.71	350m:	5:02.06 46.06	550m:	8:10.19 46.72	750m:	11:25.22 47.81
	200m:	2:43.31 42.90	400m:	5:48.91 46.85	600m:	8:58.25 48.06	800m:	12:09.88 44.66
9.	Laukova Alexis		13	PK Martin		12:34.22	253	
	50m:	41.47 41.47	250m:	3:52.72 48.03	450m:	7:05.33 47.99	650m:	10:18.00 47.94
	100m:	1:28.09 46.62	300m:	4:41.16 48.44	500m:	7:53.78 48.45	700m:	11:04.91 46.91
	150m:	2:16.38 48.29	350m:	5:29.19 48.03	550m:	8:41.84 48.06	750m:	11:51.44 46.53
	200m:	3:04.69 48.31	400m:	6:17.34 48.15	600m:	9:30.06 48.22	800m:	12:34.22 42.78
10.	Lejová Dorota		13	PK Martin		12:54.74	234	
	50m:	43.14 43.14	250m:	3:56.24 48.42	450m:	7:15.24 49.82	650m:	10:31.64 48.87
	100m:	1:30.60 47.46	300m:	4:46.32 50.08	500m:	8:04.71 49.47	700m:	11:21.49 49.85
	150m:	2:18.27 47.67	350m:	5:36.07 49.75	550m:	8:53.57 48.86	750m:	12:09.85 48.36
	200m:	3:07.82 49.55	400m:	6:25.42 49.35	600m:	9:42.77 49.20	800m:	12:54.74 44.89
11.	Žuffová Nela		13	MPK Tvrdošín		13:48.38	191	
	50m:	46.28 46.28	250m:	4:13.94 52.13	450m:	7:44.41 53.28	650m:	11:18.66 53.47
	100m:	1:38.28 52.00	300m:	5:06.86 52.92	500m:	8:37.03 52.62	700m:	12:11.34 52.68
	150m:	2:28.69 50.41	350m:	5:58.53 51.67	550m:	9:29.84 52.81	750m:	13:03.81 52.47
	200m:	3:21.81 53.12	400m:	6:51.13 52.60	600m:	10:25.19 55.35	800m:	13:48.38 44.57
12.	Kubáová Rebeka		13	MPK Dolný Kubín		13:48.82	191	
	50m:	45.17 45.17	250m:	4:09.34 51.37	450m:	7:39.19 52.22	650m:	11:12.71 53.15
	100m:	1:35.64 50.47	300m:	5:01.48 52.14	500m:	8:32.85 53.66	700m:	12:06.49 53.78
	150m:	2:26.91 51.27	350m:	5:54.31 52.83	550m:	9:26.07 53.22	750m:	12:59.56 53.07
	200m:	3:17.97 51.06	400m:	6:46.97 52.66	600m:	10:19.56 53.49	800m:	13:48.82 49.26
13.	Slosaríková Natália		13	MPK Dolný Kubín		13:55.53	186	
	50m:	45.81 45.81	250m:	4:15.31 52.70	450m:	7:49.78 54.22	650m:	11:26.21 55.17
	100m:	1:37.53 51.72	300m:	5:08.43 53.12	500m:	8:44.18 54.40	700m:	12:19.86 53.65
	150m:	2:30.03 52.50	350m:	6:02.11 53.68	550m:	9:37.50 53.32	750m:	13:11.31 51.45
	200m:	3:22.61 52.58	400m:	6:55.56 53.45	600m:	10:31.04 53.54	800m:	13:55.53 44.22