

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 5
28.09.2024 - 15:25

muži, 800m vo ný spôsob

11 ro . a st.
Výsledky

bodovanie: FINA 2023

por.			Ro .			as	body					
19 ro . a st.												
1.	Š evlík Jakub		05	TRIAN Banská Bystrica			9:35.39	457				
	50m:	32.14	32.14	250m:	2:55.04	36.00	450m:	5:20.93	36.25	650m:	7:48.53	36.67
	100m:	1:07.53	35.39	300m:	3:31.61	36.57	500m:	5:58.68	37.75	700m:	8:24.64	36.11
	150m:	1:43.31	35.78	350m:	4:08.11	36.50	550m:	6:35.25	36.57	750m:	9:00.25	35.61
	200m:	2:19.04	35.73	400m:	4:44.68	36.57	600m:	7:11.86	36.61	800m:	9:35.39	35.14
2.	amaj Ján		78	PK Banská Štiavnica			11:24.03	272				
	50m:	35.89	35.89	250m:	3:24.93	43.69	450m:	6:21.90	44.38	650m:	9:17.76	43.96
	100m:	1:16.04	40.15	300m:	4:08.73	43.80	500m:	7:06.04	44.14	700m:	10:01.07	43.31
	150m:	1:58.31	42.27	350m:	4:53.17	44.44	550m:	7:50.24	44.20	750m:	10:43.28	42.21
	200m:	2:41.24	42.93	400m:	5:37.52	44.35	600m:	8:33.80	43.56	800m:	11:24.03	40.75
17 - 18 ro .												
1.	Cigánik Marián		07	Nereus Žilina			9:17.59	502				
	50m:	30.22	30.22	250m:	2:46.28	34.90	450m:	5:08.03	35.75	650m:	7:31.53	35.69
	100m:	1:02.69	32.47	300m:	3:21.59	35.31	500m:	5:43.75	35.72	700m:	8:06.94	35.41
	150m:	1:36.72	34.03	350m:	3:57.00	35.41	550m:	6:20.00	36.25	750m:	8:42.47	35.53
	200m:	2:11.38	34.66	400m:	4:32.28	35.28	600m:	6:55.84	35.84	800m:	9:17.59	35.12
2.	ernák Adam		07	PK Martin			9:55.38	413				
	50m:	30.41	30.41	250m:	2:54.19	37.16	450m:	5:25.91	38.38	650m:	8:00.63	39.16
	100m:	1:04.66	34.25	300m:	3:31.38	37.19	500m:	6:04.44	38.53	700m:	8:39.13	38.50
	150m:	1:40.53	35.87	350m:	4:09.34	37.96	550m:	6:42.91	38.47	750m:	9:17.97	38.84
	200m:	2:17.03	36.50	400m:	4:47.53	38.19	600m:	7:21.47	38.56	800m:	9:55.38	37.41
3.	Neuwirth Jakub		07	MPK Prievidza			11:18.16	279				
	50m:	36.95	36.95	250m:	3:25.73	43.93	450m:	6:21.95	44.07	650m:	9:13.95	42.25
	100m:	1:17.53	40.58	300m:	4:09.39	43.66	500m:	7:06.63	44.68	700m:	9:57.31	43.36
	150m:	1:59.13	41.60	350m:	4:53.73	44.34	550m:	7:49.66	43.03	750m:	10:39.48	42.17
	200m:	2:41.80	42.67	400m:	5:37.88	44.15	600m:	8:31.70	42.04	800m:	11:18.16	38.68
15 - 16 ro .												
1.	Liptai Matej		08	PK Martin			9:00.29	552				
	50m:	29.79	29.79	250m:	2:44.95	34.37	450m:	5:03.15	34.29	650m:	7:21.04	34.57
	100m:	1:03.02	33.23	300m:	3:19.40	34.45	500m:	5:37.79	34.64	700m:	7:55.55	34.51
	150m:	1:36.57	33.55	350m:	3:54.13	34.73	550m:	6:12.02	34.23	750m:	8:28.98	33.43
	200m:	2:10.58	34.01	400m:	4:28.86	34.73	600m:	6:46.47	34.45	800m:	9:00.29	31.31
2.	Go altovský Daniel		09	PK Martin			9:27.00	478				
	50m:	31.36	31.36	250m:	2:52.15	35.50	450m:	5:15.40	36.12	650m:	7:40.18	36.10
	100m:	1:05.47	34.11	300m:	3:27.36	35.21	500m:	5:51.75	36.35	700m:	8:16.11	35.93
	150m:	1:40.75	35.28	350m:	4:03.43	36.07	550m:	6:27.75	36.00	750m:	8:52.28	36.17
	200m:	2:16.65	35.90	400m:	4:39.28	35.85	600m:	7:04.08	36.33	800m:	9:27.00	34.72
3.	Machov ák Marek		09	PK Martin			9:43.25	439				
	50m:	30.56	30.56	250m:	2:52.50	36.50	450m:	5:21.53	37.72	650m:	7:53.00	37.94
	100m:	1:04.03	33.47	300m:	3:29.28	36.78	500m:	5:59.25	37.72	700m:	8:30.22	37.22
	150m:	1:39.47	35.44	350m:	4:06.50	37.22	550m:	6:37.31	38.06	750m:	9:06.88	36.66
	200m:	2:16.00	36.53	400m:	4:43.81	37.31	600m:	7:15.06	37.75	800m:	9:43.25	36.37
4.	Rovnianek Tomáš		09	PK Martin			10:01.51	400				
	50m:	33.41	33.41	250m:	3:04.61	38.35	450m:	5:37.39	38.03	650m:	8:10.08	39.10
	100m:	1:10.01	36.60	300m:	3:42.06	37.45	500m:	6:15.01	37.62	700m:	8:49.07	38.99
	150m:	1:47.95	37.94	350m:	4:20.29	38.23	550m:	6:53.54	38.53	750m:	9:26.74	37.67
	200m:	2:26.26	38.31	400m:	4:59.36	39.07	600m:	7:30.98	37.44	800m:	10:01.51	34.77
5.	Lehocký Jakub		08	Nereus Žilina			10:18.81	367				
	50m:	33.79	33.79	250m:	3:07.67	38.80	450m:	5:46.70	39.67	650m:	8:25.79	39.35
	100m:	1:11.41	37.62	300m:	3:47.26	39.59	500m:	6:26.63	39.93	700m:	9:04.41	38.62
	150m:	1:50.10	38.69	350m:	4:27.19	39.93	550m:	7:06.47	39.84	750m:	9:42.06	37.65
	200m:	2:28.87	38.77	400m:	5:07.03	39.84	600m:	7:46.44	39.97	800m:	10:18.81	36.75

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 5, žiaci, 800m vo ný spôsob, 15 - 16 ro .

por.			Ro .					as	body			
6.	Hryshchenko Hlieb		09	PK Banská Bystrica				10:28.70	350			
	50m:	33.89	33.89	250m:	3:10.92	40.28	450m:	5:53.45	41.04	650m:	8:33.48	39.97
	100m:	1:11.01	37.12	300m:	3:50.89	39.97	500m:	6:33.01	39.56	700m:	9:13.20	39.72
	150m:	1:50.36	39.35	350m:	4:31.54	40.65	550m:	7:12.73	39.72	750m:	9:52.61	39.41
	200m:	2:30.64	40.28	400m:	5:12.41	40.87	600m:	7:53.51	40.78	800m:	10:28.70	36.09
7.	Za ko Tomáš		08	Nereus Žilina				10:29.40	349			
	50m:	34.72	34.72	250m:	3:07.82	38.07	450m:	5:48.90	40.62	650m:	8:32.57	41.67
	100m:	1:12.03	37.31	300m:	3:47.07	39.25	500m:	6:29.57	40.67	700m:	9:12.08	39.51
	150m:	1:50.75	38.72	350m:	4:27.47	40.40	550m:	7:10.36	40.79	750m:	9:52.25	40.17
	200m:	2:29.75	39.00	400m:	5:08.28	40.81	600m:	7:50.90	40.54	800m:	10:29.40	37.15
8.	Jurík Filip		08	MPK Prievidza				11:04.34	297			
	50m:	35.16	35.16	250m:	3:13.80	41.00	450m:	6:03.45	43.07	650m:	8:57.28	44.05
	100m:	1:13.31	38.15	300m:	3:55.45	41.65	500m:	6:46.63	43.18	700m:	9:40.70	43.42
	150m:	1:52.70	39.39	350m:	4:37.95	42.50	550m:	7:29.91	43.28	750m:	10:23.16	42.46
	200m:	2:32.80	40.10	400m:	5:20.38	42.43	600m:	8:13.23	43.32	800m:	11:04.34	41.18
9.	Hlavni ka Juraj		08	Delfín Žiar nad Hronom				11:19.16	278			
	50m:	35.37	35.37	250m:	3:20.22	42.43	450m:	6:13.30	43.11	650m:	9:09.37	43.61
	100m:	1:14.76	39.39	300m:	4:03.94	43.72	500m:	6:57.26	43.96	700m:	9:54.44	45.07
	150m:	1:56.02	41.26	350m:	4:46.87	42.93	550m:	7:41.87	44.61	750m:	10:38.59	44.15
	200m:	2:37.79	41.77	400m:	5:30.19	43.32	600m:	8:25.76	43.89	800m:	11:19.16	40.57
10.	ížík Adam		09	MPK Prievidza				12:06.20	227			
	50m:	38.23	38.23	250m:	3:34.91	46.35	450m:	6:42.13	46.79	650m:	9:50.23	46.85
	100m:	1:21.45	43.22	300m:	4:20.48	45.57	500m:	7:29.16	47.03	700m:	10:38.13	47.90
	150m:	2:04.70	43.25	350m:	5:07.41	46.93	550m:	8:15.95	46.79	750m:	11:24.34	46.21
	200m:	2:48.56	43.86	400m:	5:55.34	47.93	600m:	9:03.38	47.43	800m:	12:06.20	41.86
11.	Šurka Peter		09	Delfín Žiar nad Hronom				12:09.21	224			
	50m:	36.64	36.64	250m:	3:39.42	47.61	450m:	6:48.74	46.96	650m:	9:55.81	46.10
	100m:	1:21.39	44.75	300m:	4:26.59	47.17	500m:	7:36.46	47.72	700m:	10:42.64	46.83
	150m:	2:06.71	45.32	350m:	5:14.53	47.94	550m:	8:23.42	46.96	750m:	11:28.57	45.93
	200m:	2:51.81	45.10	400m:	6:01.78	47.25	600m:	9:09.71	46.29	800m:	12:09.21	40.64
14 ro .												
1.	amaj Ján		10	PK Banská Štiavnica				9:23.16	488			
	50m:	31.23	31.23	250m:	2:52.23	35.67	450m:	5:15.09	35.71	650m:	7:38.91	36.25
	100m:	1:05.73	34.50	300m:	3:27.66	35.43	500m:	5:51.16	36.07	700m:	8:14.80	35.89
	150m:	1:41.13	35.40	350m:	4:03.53	35.87	550m:	6:26.88	35.72	750m:	8:49.63	34.83
	200m:	2:16.56	35.43	400m:	4:39.38	35.85	600m:	7:02.66	35.78	800m:	9:23.16	33.53
2.	Malachovský Daniel		10	PK Banská Bystrica				9:29.91	471			
	50m:	33.03	33.03	250m:	2:56.35	36.07	450m:	5:21.65	36.59	650m:	7:45.41	35.91
	100m:	1:08.53	35.50	300m:	3:32.44	36.09	500m:	5:57.88	36.23	700m:	8:20.72	35.31
	150m:	1:44.19	35.66	350m:	4:08.56	36.12	550m:	6:33.81	35.93	750m:	8:55.66	34.94
	200m:	2:20.28	36.09	400m:	4:45.06	36.50	600m:	7:09.50	35.69	800m:	9:29.91	34.25
3.	Be o Jakub		10	PK Banská Štiavnica				9:45.89	433			
	50m:	31.31	31.31	250m:	2:57.64	38.00	450m:	5:27.78	37.82	650m:	7:57.28	36.78
	100m:	1:06.28	34.97	300m:	3:33.96	36.32	500m:	6:05.71	37.93	700m:	8:34.71	37.43
	150m:	1:43.03	36.75	350m:	4:11.39	37.43	550m:	6:43.00	37.29	750m:	9:10.96	36.25
	200m:	2:19.64	36.61	400m:	4:49.96	38.57	600m:	7:20.50	37.50	800m:	9:45.89	34.93
4.	erný Matúš		10	Nereus Žilina				10:23.54	359			
	50m:	33.56	33.56	250m:	3:06.61	39.59	450m:	5:47.63	40.58	650m:	8:29.47	40.42
	100m:	1:09.95	36.39	300m:	3:45.97	39.36	500m:	6:28.75	41.12	700m:	9:09.56	40.09
	150m:	1:48.20	38.25	350m:	4:26.66	40.69	550m:	7:09.32	40.57	750m:	9:48.94	39.38
	200m:	2:27.02	38.82	400m:	5:07.05	40.39	600m:	7:49.05	39.73	800m:	10:23.54	34.60
5.	Lichner Alex		10	Nereus Žilina				10:32.78	344			
	50m:	36.36	36.36	250m:	3:16.06	39.70	450m:	5:55.53	39.60	650m:	8:36.71	40.03
	100m:	1:16.28	39.92	300m:	3:54.78	38.72	500m:	6:35.75	40.22	700m:	9:16.75	40.04
	150m:	1:56.28	40.00	350m:	4:35.28	40.50	550m:	7:16.31	40.56	750m:	9:56.31	39.56
	200m:	2:36.36	40.08	400m:	5:15.93	40.65	600m:	7:56.68	40.37	800m:	10:32.78	36.47

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 5, žiaci, 800m vo ný spôsob, 14 ro .

por.			Ro .							as	body	
6.	Béreš Samuel		10	Nereus Žilina						10:33.41	343	
	50m:	35.87	35.87	250m:	3:14.76	40.10	450m:	5:56.69	40.06	650m:	8:37.84	39.93
	100m:	1:15.09	39.22	300m:	3:54.76	40.00	500m:	6:37.09	40.40	700m:	9:17.66	39.82
	150m:	1:54.51	39.42	350m:	4:35.76	41.00	550m:	7:17.59	40.50	750m:	9:57.44	39.78
	200m:	2:34.66	40.15	400m:	5:16.63	40.87	600m:	7:57.91	40.32	800m:	10:33.41	35.97
7.	Šušal Juraj Tobias		10	MPK Prievidza						10:51.85	314	
	50m:	34.89	34.89	250m:	3:14.06	41.32	450m:	6:02.58	42.19	650m:	8:50.76	42.43
	100m:	1:13.23	38.34	300m:	3:55.71	41.65	500m:	6:44.54	41.96	700m:	9:32.81	42.05
	150m:	1:52.60	39.37	350m:	4:38.49	42.78	550m:	7:26.56	42.02	750m:	10:13.97	41.16
	200m:	2:32.74	40.14	400m:	5:20.39	41.90	600m:	8:08.33	41.77	800m:	10:51.85	37.88
8.	Minek Filip		10	PK Martin						10:57.40	306	
	50m:	34.79	34.79	250m:	3:22.47	43.11	450m:	6:12.09	42.44	650m:	8:58.94	40.82
	100m:	1:14.83	40.04	300m:	4:04.69	42.22	500m:	6:54.44	42.35	700m:	9:39.79	40.85
	150m:	1:56.59	41.76	350m:	4:47.29	42.60	550m:	7:36.36	41.92	750m:	10:20.19	40.40
	200m:	2:39.36	42.77	400m:	5:29.65	42.36	600m:	8:18.12	41.76	800m:	10:57.40	37.21
9.	Calík Šimon		10	Nereus Žilina						11:20.08	277	
	50m:	37.53	37.53	250m:	3:28.40	42.97	450m:	6:19.65	43.50	650m:	9:13.53	43.35
	100m:	1:19.43	41.90	300m:	4:10.25	41.85	500m:	7:02.78	43.13	700m:	9:57.03	43.50
	150m:	2:02.58	43.15	350m:	4:53.83	43.58	550m:	7:46.53	43.75	750m:	10:39.00	41.97
	200m:	2:45.43	42.85	400m:	5:36.15	42.32	600m:	8:30.18	43.65	800m:	11:20.08	41.08
10.	Mašor Benjamín		10	PK Nanti						11:26.50	269	
	50m:	39.38	39.38	250m:	3:25.25	33.66	450m:	6:29.50	43.66	650m:	9:22.84	42.28
	100m:	1:23.22	43.84	300m:	4:18.81	53.56	500m:	7:13.69	44.19	700m:	10:05.78	42.94
	150m:	2:07.38	44.16	350m:	5:02.69	43.88	550m:	7:57.13	43.44	750m:	10:47.41	41.63
	200m:	2:51.59	44.21	400m:	5:45.84	43.15	600m:	8:40.56	43.43	800m:	11:26.50	39.09
11.	Naštický Peter		10	Nereus Žilina						12:08.92	225	
	50m:	38.24	38.24	250m:	3:39.20	45.70	450m:	6:46.82	46.89	650m:	9:52.73	46.07
	100m:	1:22.55	44.31	300m:	4:25.56	46.36	500m:	7:33.09	46.27	700m:	10:39.31	46.58
	150m:	2:08.01	45.46	350m:	5:12.80	47.24	550m:	8:19.57	46.48	750m:	11:25.25	45.94
	200m:	2:53.50	45.49	400m:	5:59.93	47.13	600m:	9:06.66	47.09	800m:	12:08.92	43.67
12.	Hošala Michal Maximilián		10	PK Martin						12:25.03	210	
	50m:	39.20	39.20	250m:	3:40.87	47.10	450m:	6:49.85	46.58	650m:	10:02.20	48.89
	100m:	1:22.63	43.43	300m:	4:27.85	46.98	500m:	7:37.74	47.89	700m:	10:50.13	47.93
	150m:	2:07.85	45.22	350m:	5:16.38	48.53	550m:	8:25.67	47.93	750m:	11:37.60	47.47
	200m:	2:53.77	45.92	400m:	6:03.27	46.89	600m:	9:13.31	47.64	800m:	12:25.03	47.43
13 ro .												
1.	Bela Ivan		11	PK Martin						10:24.22	358	
	50m:	34.90	34.90	250m:	3:11.78	39.70	450m:	5:49.25	39.25	650m:	8:28.90	39.57
	100m:	1:12.83	37.93	300m:	3:50.72	38.94	500m:	6:29.11	39.86	700m:	9:08.11	39.21
	150m:	1:52.22	39.39	350m:	4:30.50	39.78	550m:	7:09.47	40.36	750m:	9:47.22	39.11
	200m:	2:32.08	39.86	400m:	5:10.00	39.50	600m:	7:49.33	39.86	800m:	10:24.22	37.00
2.	Schmidt Oliver		11	Nereus Žilina						11:26.53	269	
	50m:	39.44	39.44	250m:	3:35.37	44.15	450m:	6:29.55	44.10	650m:	9:22.86	42.84
	100m:	1:23.22	43.78	300m:	4:18.86	43.49	500m:	7:13.40	43.85	700m:	10:05.74	42.88
	150m:	2:06.86	43.64	350m:	5:02.47	43.61	550m:	7:57.08	43.68	750m:	10:48.06	42.32
	200m:	2:51.22	44.36	400m:	5:45.45	42.98	600m:	8:40.02	42.94	800m:	11:26.53	38.47
3.	Yurlov Daniel		11	Nereus Žilina						12:04.81	228	
	50m:	40.16	40.16	250m:	3:40.84	45.43	450m:	6:47.06	46.65	650m:	9:52.38	46.72
	100m:	1:25.66	45.50	300m:	4:26.87	46.03	500m:	7:33.84	46.78	700m:	10:39.13	46.75
	150m:	2:10.26	44.60	350m:	5:13.91	47.04	550m:	8:19.41	45.57	750m:	11:22.51	43.38
	200m:	2:55.41	45.15	400m:	6:00.41	46.50	600m:	9:05.66	46.25	800m:	12:04.81	42.30
4.	Leja Jakub		11	PK Martin						12:32.77	204	
	50m:	42.80	42.80	250m:	3:48.15	47.91	450m:	7:03.08	49.34	650m:	10:18.44	47.59
	100m:	1:26.35	43.55	300m:	4:36.21	48.06	500m:	7:52.93	49.85	700m:	11:05.05	46.61
	150m:	2:12.91	46.56	350m:	5:25.07	48.86	550m:	8:42.42	49.49	750m:	11:50.22	45.17
	200m:	3:00.24	47.33	400m:	6:13.74	48.67	600m:	9:30.85	48.43	800m:	12:32.77	42.55

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 5, žiaci, 800m vo ný spôsob, 13 ro .

por.			Ro .			as			body
5.	Ertl Samuel		11	MPK Prievidza			12:33.60		203
	50m:	38.56	38.56	250m:	3:38.85	47.00	450m:	6:51.85	49.00
	100m:	1:22.13	43.57	300m:	4:26.49	47.64	500m:	7:40.25	48.40
	150m:	2:06.70	44.57	350m:	5:14.13	47.64	550m:	8:29.74	49.49
	200m:	2:51.85	45.15	400m:	6:02.85	48.72	600m:	9:18.99	49.25
							650m:	10:08.27	49.28
							700m:	10:57.85	49.58
							750m:	11:46.77	48.92
							800m:	12:33.60	46.83
6.	Urban Michal		11	MPK Prievidza			12:39.70		198
	50m:	38.40	38.40	250m:	3:42.77	48.47	450m:	6:59.88	48.83
	100m:	1:21.31	42.91	300m:	4:32.56	49.79	500m:	7:48.59	48.71
	150m:	2:07.05	45.74	350m:	5:21.83	49.27	550m:	8:38.15	49.56
	200m:	2:54.30	47.25	400m:	6:11.05	49.22	600m:	9:27.06	48.91
							650m:	10:16.58	49.52
							700m:	11:05.96	49.38
							750m:	11:54.31	48.35
							800m:	12:39.70	45.39
7.	Debnár Jakub Alexander		11	PK Banská Štiavnica			12:52.33		189
	50m:	41.97	41.97	250m:	3:53.69	48.94	450m:	7:11.40	49.90
	100m:	1:28.68	46.71	300m:	4:43.00	49.31	500m:	7:59.83	48.43
	150m:	2:16.36	47.68	350m:	5:32.18	49.18	550m:	8:50.11	50.28
	200m:	3:04.75	48.39	400m:	6:21.50	49.32	600m:	9:40.33	50.22
							650m:	10:30.93	50.60
							700m:	11:15.93	45.00
							750m:	12:05.11	49.18
							800m:	12:52.33	47.22
8.	Janza Simon		11	Nereus Žilina			13:00.31		183
	50m:	40.84	40.84	250m:	3:55.39	49.72	450m:	7:16.80	51.38
	100m:	1:28.05	47.21	300m:	4:44.76	49.37	500m:	8:06.33	49.53
	150m:	2:16.76	48.71	350m:	5:34.49	49.73	550m:	8:56.29	49.96
	200m:	3:05.67	48.91	400m:	6:25.42	50.93	600m:	9:47.10	50.81
							650m:	10:36.65	49.55
							700m:	11:24.95	48.30
							750m:	12:13.73	48.78
							800m:	13:00.31	46.58

12 ro .

1.	Mí o Tomáš		12	PK Martin			9:59.22		405
	50m:	34.34	34.34	250m:	3:04.94	37.66	450m:	5:37.41	37.41
	100m:	1:11.66	37.32	300m:	3:43.06	38.12	500m:	6:15.28	37.87
	150m:	1:49.47	37.81	350m:	4:21.41	38.35	550m:	6:53.25	37.97
	200m:	2:27.28	37.81	400m:	5:00.00	38.59	600m:	7:30.81	37.56
							650m:	8:08.81	38.00
							700m:	8:46.56	37.75
							750m:	9:24.03	37.47
							800m:	9:59.22	35.19
2.	Vrobel Michael		12	MPK Tvrdošín			10:58.72		305
	50m:	36.41	36.41	250m:	3:24.03	42.53	450m:	6:12.88	42.10
	100m:	1:17.56	41.15	300m:	4:06.03	42.00	500m:	6:54.84	41.96
	150m:	1:59.25	41.69	350m:	4:48.63	42.60	550m:	7:36.56	41.72
	200m:	2:41.50	42.25	400m:	5:30.78	42.15	600m:	8:18.34	41.78
							650m:	8:59.44	41.10
							700m:	9:39.97	40.53
							750m:	10:20.91	40.94
							800m:	10:58.72	37.81
3.	Tichý Peter		12	ŠKP Brezno			11:06.25		294
	50m:	37.91	37.91	250m:	3:37.25	51.03	450m:	6:23.53	42.90
	100m:	1:20.28	42.37	300m:	4:13.00	35.75	500m:	7:06.13	42.60
	150m:	2:02.69	42.41	350m:	4:56.84	43.84	550m:	7:48.53	42.40
	200m:	2:46.22	43.53	400m:	5:40.63	43.79	600m:	8:29.22	40.69
							650m:	9:08.84	39.62
							700m:	9:48.31	39.47
							750m:	10:24.16	35.85
							800m:	11:06.25	42.09
4.	Fabian Matej		12	PK Martin			11:42.91		251
	50m:	38.03	38.03	250m:	3:32.25	44.44	450m:	6:30.81	44.81
	100m:	1:20.00	41.97	300m:	4:17.06	44.81	500m:	7:15.66	44.85
	150m:	2:03.53	43.53	350m:	5:01.28	44.22	550m:	8:00.81	45.15
	200m:	2:47.81	44.28	400m:	5:46.00	44.72	600m:	8:46.88	46.07
							650m:	9:32.09	45.21
							700m:	10:16.53	44.44
							750m:	11:01.34	44.81
							800m:	11:42.91	41.57
5.	Gut Matej		12	Nereus Žilina			11:56.14		237
	50m:	39.14	39.14	250m:	3:35.66	45.14	450m:	6:38.30	45.95
	100m:	1:22.08	42.94	300m:	4:21.19	45.53	500m:	7:23.40	45.10
	150m:	2:06.16	44.08	350m:	5:06.79	45.60	550m:	8:08.71	45.31
	200m:	2:50.52	44.36	400m:	5:52.35	45.56	600m:	8:55.55	46.84
							650m:	9:41.22	45.67
							700m:	10:27.54	46.32
							750m:	11:13.41	45.87
							800m:	11:56.14	42.73
6.	Šmajda Marián		12	PK Martin			13:45.66		154
	50m:	45.06	45.06	250m:	4:12.22	52.56	450m:	7:41.78	50.03
	100m:	1:35.41	50.35	300m:	5:05.81	53.59	500m:	8:35.03	53.25
	150m:	2:26.88	51.47	350m:	5:58.31	52.50	550m:	9:27.06	52.03
	200m:	3:19.66	52.78	400m:	6:51.75	53.44	600m:	10:20.53	53.47
							650m:	11:14.19	53.66
							700m:	12:07.03	52.84
							750m:	12:57.78	50.75
							800m:	13:45.66	47.88
7.	Dubovec Ivan		12	MPK Dolný Kubín			13:52.85		150
	50m:	43.88	43.88	250m:	4:17.82	52.80	450m:	7:50.08	54.30
	100m:	1:35.96	52.08	300m:	5:09.74	51.92	500m:	8:42.97	52.89
	150m:	2:30.68	54.72	350m:	6:02.85	53.11	550m:	9:34.50	51.53
	200m:	3:25.02	54.34	400m:	6:55.78	52.93	600m:	10:25.83	51.33
							650m:	11:17.15	51.32
							700m:	12:11.57	54.42
							750m:	13:08.22	56.65
							800m:	13:52.85	44.63

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 5, žiaci, 800m vo ný spôsob, 12 ro .

por.											Ro .	as	body	
8.	Kuník Filip										12	PK Nanti	14:14.47	139
	50m:	44.28	44.28	250m:	4:17.69	54.03	450m:	8:01.38	56.60	650m:	11:42.69	55.72		
	100m:	1:36.75	52.47	300m:	5:13.03	55.34	500m:	8:57.88	56.50	700m:	12:35.75	53.06		
	150m:	2:31.34	54.59	350m:	6:08.81	55.78	550m:	9:52.28	54.40	750m:	13:27.09	51.34		
	200m:	3:23.66	52.32	400m:	7:04.78	55.97	600m:	10:46.97	54.69	800m:	14:14.47	47.38		

11 ro .

1.	Gavula Stanislav										13	MPK Tvrdošín	11:29.25	266
	50m:	39.43	39.43	250m:	3:34.07	44.25	450m:	6:28.75	44.47	650m:	9:24.03	43.56		
	100m:	1:22.65	43.22	300m:	4:16.82	42.75	500m:	7:12.82	44.07	700m:	10:07.11	43.08		
	150m:	2:06.18	43.53	350m:	5:00.40	43.58	550m:	7:56.50	43.68	750m:	10:49.53	42.42		
	200m:	2:49.82	43.64	400m:	5:44.28	43.88	600m:	8:40.47	43.97	800m:	11:29.25	39.72		
2.	Svitek Artur										13	PK Martin	11:37.56	256
	50m:	37.98	37.98	250m:	3:29.50	44.79	450m:	6:30.13	45.31	650m:	9:32.35	46.06		
	100m:	1:18.56	40.58	300m:	4:13.71	44.21	500m:	7:15.53	45.40	700m:	10:14.37	42.02		
	150m:	2:01.35	42.79	350m:	4:59.95	46.24	550m:	8:00.87	45.34	750m:	10:57.48	43.11		
	200m:	2:44.71	43.36	400m:	5:44.82	44.87	600m:	8:46.29	45.42	800m:	11:37.56	40.08		
3.	Amrich Andrej										13	MPK Tvrdošín	11:41.78	252
	50m:	40.16	40.16	250m:	3:38.06	44.06	450m:	6:36.34	44.34	650m:	9:35.22	44.66		
	100m:	1:24.53	44.37	300m:	4:23.19	45.13	500m:	7:21.03	44.69	700m:	10:19.09	43.87		
	150m:	2:08.88	44.35	350m:	5:07.47	44.28	550m:	8:05.84	44.81	750m:	11:02.28	43.19		
	200m:	2:54.00	45.12	400m:	5:52.00	44.53	600m:	8:50.56	44.72	800m:	11:41.78	39.50		
4.	Gabarík Peter										13	MPK Tvrdošín	11:55.32	238
	50m:	40.01	40.01	250m:	3:29.70	36.69	450m:	6:38.54	46.18	650m:	9:39.70	44.94		
	100m:	1:23.48	43.47	300m:	4:22.82	53.12	500m:	7:23.92	45.38	700m:	10:24.76	45.06		
	150m:	2:08.23	44.75	350m:	5:07.73	44.91	550m:	8:09.41	45.49	750m:	11:08.70	43.94		
	200m:	2:53.01	44.78	400m:	5:52.36	44.63	600m:	8:54.76	45.35	800m:	11:55.32	46.62		
5.	Urban Adam										13	PK Martin	12:07.09	226
	50m:	38.81	38.81	250m:	3:40.25	46.28	450m:	6:47.06	47.62	650m:	9:51.69	45.10		
	100m:	1:21.59	42.78	300m:	4:26.22	45.97	500m:	7:32.56	45.50	700m:	10:38.16	46.47		
	150m:	2:07.66	46.07	350m:	5:13.41	47.19	550m:	8:18.88	46.32	750m:	11:24.78	46.62		
	200m:	2:53.97	46.31	400m:	5:59.44	46.03	600m:	9:06.59	47.71	800m:	12:07.09	42.31		
6.	Dziura Alex										13	PK Martin	12:54.91	187
	50m:	42.19	42.19	250m:	3:56.63	49.44	450m:	7:13.91	48.93	650m:	10:31.94	49.88		
	100m:	1:29.02	46.83	300m:	4:45.59	48.96	500m:	8:02.44	48.53	700m:	11:20.63	48.69		
	150m:	2:16.66	47.64	350m:	5:35.11	49.52	550m:	8:52.38	49.94	750m:	12:09.59	48.96		
	200m:	3:07.19	50.53	400m:	6:24.98	49.87	600m:	9:42.06	49.68	800m:	12:54.91	45.32		
7.	Kerná Jakub										13	PK Banská Štiavnica	13:17.01	172
	50m:	43.39	43.39	250m:	4:02.89	51.09	450m:	7:24.97	50.36	650m:	10:47.16	50.46		
	100m:	1:32.67	49.28	300m:	4:52.89	50.00	500m:	8:16.09	51.12	700m:	11:37.70	50.54		
	150m:	2:23.13	50.46	350m:	5:43.64	50.75	550m:	9:05.98	49.89	750m:	12:28.48	50.78		
	200m:	3:11.80	48.67	400m:	6:34.61	50.97	600m:	9:56.70	50.72	800m:	13:17.01	48.53		
8.	Plešinský Miroslav										13	MPK Dolný Kubín	14:46.53	125
	50m:	49.13	49.13	250m:	4:33.63	56.47	450m:	8:20.75	57.37	650m:	12:05.09	54.75		
	100m:	1:44.44	55.31	300m:	5:30.16	56.53	500m:	9:17.53	56.78	700m:	12:59.28	54.19		
	150m:	2:41.03	56.59	350m:	6:27.63	57.47	550m:	10:14.28	56.75	750m:	13:53.13	53.85		
	200m:	3:37.16	56.13	400m:	7:23.38	55.75	600m:	11:10.34	56.06	800m:	14:46.53	53.40		