

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 4
28.09.2024 - 13:07

ženy, 1500m vo vlnitý spôsob

13 ro . a st.
Výsledky

bodovanie: FINA 2023

por.			Ro .			as	body	
17 - 18 ro .								
1.	Gruha áková Laura		06	PK Martin			18:26.03	553
	50m:	34.72 34.72	450m:	5:29.84 36.87	850m:	10:27.88 37.41	1250m:	15:24.22 36.78
	100m:	1:11.25 36.53	500m:	6:06.97 37.13	900m:	11:05.19 37.31	1300m:	16:01.28 37.06
	150m:	1:47.97 36.72	550m:	6:44.00 37.03	950m:	11:42.63 37.44	1350m:	16:38.13 36.85
	200m:	2:24.69 36.72	600m:	7:21.19 37.19	1000m:	12:20.00 37.37	1400m:	17:15.31 37.18
	250m:	3:01.69 37.00	650m:	7:58.22 37.03	1050m:	12:56.81 36.81	1450m:	17:51.31 36.00
	300m:	3:38.81 37.12	700m:	8:35.63 37.41	1100m:	13:33.34 36.53	1500m:	18:26.03 34.72
	350m:	4:15.88 37.07	750m:	9:13.00 37.37	1150m:	14:10.56 37.22		
	400m:	4:52.97 37.09	800m:	9:50.47 37.47	1200m:	14:47.44 36.88		
2.	Timkani ová Lucia		07	Nereus Žilina			20:48.65	384
	50m:	39.70 39.70	450m:	6:02.60 41.50	850m:	11:42.43 41.76	1250m:	17:20.68 42.66
	100m:	1:14.80 35.10	500m:	6:45.06 42.46	900m:	12:24.62 42.19	1300m:	18:02.31 41.63
	150m:	1:54.76 39.96	550m:	7:27.34 42.28	950m:	13:06.50 41.88	1350m:	18:44.62 42.31
	200m:	2:35.48 40.72	600m:	8:09.97 42.63	1000m:	13:48.10 41.60	1400m:	19:26.69 42.07
	250m:	3:16.75 41.27	650m:	8:52.06 42.09	1050m:	14:30.70 42.60	1450m:	20:07.50 40.81
	300m:	3:58.00 41.25	700m:	9:35.03 42.97	1100m:	15:13.48 42.78	1500m:	20:48.65 41.15
	350m:	4:39.41 41.41	750m:	10:17.86 42.83	1150m:	15:55.48 42.00		
	400m:	5:21.10 41.69	800m:	11:00.67 42.81	1200m:	16:38.02 42.54		
15 - 16 ro .								
1.	Horváthová Andrea		09	PK Martin			18:24.83	555
	50m:	33.77 33.77	450m:	5:29.59 37.35	850m:	10:27.81 37.39	1250m:	15:24.64 36.55
	100m:	1:09.72 35.95	500m:	6:06.93 37.34	900m:	11:05.25 37.44	1300m:	16:00.95 36.31
	150m:	1:46.59 36.87	550m:	6:43.97 37.04	950m:	11:42.41 37.16	1350m:	16:37.58 36.63
	200m:	2:23.34 36.75	600m:	7:21.35 37.38	1000m:	12:19.98 37.57	1400m:	17:14.70 37.12
	250m:	3:00.34 37.00	650m:	7:58.24 36.89	1050m:	12:57.11 37.13	1450m:	17:51.19 36.49
	300m:	3:38.01 37.67	700m:	8:35.61 37.37	1100m:	13:33.96 36.85	1500m:	18:24.83 33.64
	350m:	4:14.94 36.93	750m:	9:12.93 37.32	1150m:	14:10.94 36.98		
	400m:	4:52.24 37.30	800m:	9:50.42 37.49	1200m:	14:48.09 37.15		
2.	Gomolová Nela		09	PK Martin			19:13.06	488
	50m:	34.56 34.56	450m:	5:38.06 38.93	850m:	10:46.59 38.29	1250m:	15:59.72 39.94
	100m:	1:11.28 36.72	500m:	6:16.47 38.41	900m:	11:25.38 38.79	1300m:	16:38.59 38.87
	150m:	1:48.72 37.44	550m:	6:54.69 38.22	950m:	12:04.44 39.06	1350m:	17:17.09 38.50
	200m:	2:26.25 37.53	600m:	7:33.56 38.87	1000m:	12:42.81 38.37	1400m:	17:56.47 39.38
	250m:	3:04.34 38.09	650m:	8:12.38 38.82	1050m:	13:21.63 38.82	1450m:	18:35.25 38.78
	300m:	3:42.69 38.35	700m:	8:51.16 38.78	1100m:	14:00.81 39.18	1500m:	19:13.06 37.81
	350m:	4:21.03 38.34	750m:	9:29.65 38.49	1150m:	14:40.16 39.35		
	400m:	4:59.13 38.10	800m:	10:08.30 38.65	1200m:	15:19.78 39.62		
3.	Hlivjáčová Markéta Marta		09	Nereus Žilina			20:41.79	391
	50m:	36.15 36.15	450m:	6:06.00 42.03	850m:	11:44.97 41.64	1250m:	17:18.72 41.17
	100m:	1:16.47 40.32	500m:	6:48.08 42.08	900m:	12:27.12 42.15	1300m:	18:00.44 41.72
	150m:	1:57.12 40.65	550m:	7:30.97 42.89	950m:	13:09.12 42.00	1350m:	18:41.72 41.28
	200m:	2:37.97 40.85	600m:	8:13.56 42.59	1000m:	13:51.19 42.07	1400m:	19:22.47 40.75
	250m:	3:19.05 41.08	650m:	8:55.65 42.09	1050m:	14:32.94 41.75	1450m:	20:03.69 41.22
	300m:	4:00.33 41.28	700m:	9:38.22 42.57	1100m:	15:14.72 41.78	1500m:	20:41.79 38.10
	350m:	4:41.94 41.61	750m:	10:21.22 43.00	1150m:	15:55.94 41.22		
	400m:	5:23.97 42.03	800m:	11:03.33 42.11	1200m:	16:37.55 41.61		
4.	Li ková Nina		09	PK Martin			21:35.84	344
	50m:	37.56 37.56	450m:	6:16.84 43.00	850m:	12:07.91 44.07	1250m:	18:00.50 44.41
	100m:	1:19.91 42.35	500m:	6:59.97 43.13	900m:	12:51.56 43.65	1300m:	18:43.06 42.56
	150m:	2:01.28 41.37	550m:	7:43.88 43.91	950m:	13:35.13 43.57	1350m:	19:26.81 43.75
	200m:	2:43.09 41.81	600m:	8:27.47 43.59	1000m:	14:19.09 43.96	1400m:	20:10.41 43.60
	250m:	3:25.19 42.10	650m:	9:11.09 43.62	1050m:	15:03.22 44.13	1450m:	20:53.25 42.84
	300m:	4:08.31 43.12	700m:	9:54.59 43.50	1100m:	15:47.50 44.28	1500m:	21:35.84 42.59
	350m:	4:50.47 42.16	750m:	10:38.94 44.35	1150m:	16:31.81 44.31		
	400m:	5:33.84 43.37	800m:	11:23.84 44.90	1200m:	17:16.09 44.28		

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 4, žia ky, 1500m vo ný spôsob, 15 - 16 ro .

por.			Ro .					as	body			
5.	Garajová Katarína		08	MPK Dolný Kubín				21:50.44	332			
	50m:	39.13	39.13	450m:	6:27.31	44.06	850m:	12:21.75	43.84	1250m:	18:13.75	44.41
	100m:	1:20.91	41.78	500m:	7:12.03	44.72	900m:	13:06.38	44.63	1300m:	18:58.63	44.88
	150m:	2:04.28	43.37	550m:	7:56.63	44.60	950m:	13:49.78	43.40	1350m:	19:43.16	44.53
	200m:	2:48.22	43.94	600m:	8:41.28	44.65	1000m:	14:33.19	43.41	1400m:	20:26.94	43.78
	250m:	3:31.41	43.19	650m:	9:25.63	44.35	1050m:	15:16.56	43.37	1450m:	21:10.53	43.59
	300m:	4:14.75	43.34	700m:	10:09.88	44.25	1100m:	16:00.81	44.25	1500m:	21:50.44	39.91
	350m:	4:59.03	44.28	750m:	10:54.28	44.40	1150m:	16:44.69	43.88			
	400m:	5:43.25	44.22	800m:	11:37.91	43.63	1200m:	17:29.34	44.65			

14 ro .

1.	Brisudová Alica		10	PK Nanti				22:27.13	306			
	50m:	38.13	38.13	450m:	6:34.63	45.29	850m:	12:38.91	46.13	1250m:	18:49.38	46.07
	100m:	1:21.23	43.10	500m:	7:20.16	45.53	900m:	13:24.88	45.97	1300m:	19:35.63	46.25
	150m:	2:06.13	44.90	550m:	8:06.48	46.32	950m:	14:11.45	46.57	1350m:	20:20.88	45.25
	200m:	2:50.70	44.57	600m:	8:51.28	44.80	1000m:	14:57.78	46.33	1400m:	21:06.16	45.28
	250m:	3:35.13	44.43	650m:	9:36.66	45.38	1050m:	15:44.13	46.35	1450m:	21:48.20	42.04
	300m:	4:19.63	44.50	700m:	10:22.13	45.47	1100m:	16:30.88	46.75	1500m:	22:27.13	38.93
	350m:	5:04.70	45.07	750m:	11:07.41	45.28	1150m:	17:17.38	46.50			
	400m:	5:49.34	44.64	800m:	11:52.78	45.37	1200m:	18:03.31	45.93			
2.	Šáľková Lucia		10	PK Nanti				22:51.81	290			
	50m:	38.94	38.94	450m:	6:37.16	46.53	850m:	12:47.48	46.92	1250m:	19:05.34	47.18
	100m:	1:22.19	43.25	500m:	7:23.41	46.25	900m:	13:34.59	47.11	1300m:	19:51.87	46.53
	150m:	2:06.66	44.47	550m:	8:09.31	45.90	950m:	14:22.19	47.60	1350m:	20:38.73	46.86
	200m:	2:50.66	44.00	600m:	8:55.02	45.71	1000m:	15:08.87	46.68	1400m:	21:23.44	44.71
	250m:	3:35.91	45.25	650m:	9:40.76	45.74	1050m:	15:56.06	47.19	1450m:	22:06.91	43.47
	300m:	4:20.73	44.82	700m:	10:27.41	46.65	1100m:	16:43.63	47.57	1500m:	22:51.81	44.90
	350m:	5:05.51	44.78	750m:	11:13.63	46.22	1150m:	17:30.84	47.21			
	400m:	5:50.63	45.12	800m:	12:00.56	46.93	1200m:	18:18.16	47.32			

13 ro .

1.	Vytyka ová Stela		11	PK Martin				18:57.47	509			
	50m:	34.22	34.22	450m:	5:31.81	37.93	850m:	10:40.28	38.44	1250m:	15:47.72	38.78
	100m:	1:10.72	36.50	500m:	6:10.00	38.19	900m:	11:18.75	38.47	1300m:	16:26.19	38.47
	150m:	1:47.28	36.56	550m:	6:48.50	38.50	950m:	11:57.19	38.44	1350m:	17:04.78	38.59
	200m:	2:24.28	37.00	600m:	7:26.69	38.19	1000m:	12:35.56	38.37	1400m:	17:43.38	38.60
	250m:	3:01.22	36.94	650m:	8:05.47	38.78	1050m:	13:14.06	38.50	1450m:	18:21.31	37.93
	300m:	3:38.66	37.44	700m:	8:44.19	38.72	1100m:	13:52.81	38.75	1500m:	18:57.47	36.16
	350m:	4:16.41	37.75	750m:	9:23.50	39.31	1150m:	14:30.84	38.03			
	400m:	4:53.88	37.47	800m:	10:01.84	38.34	1200m:	15:08.94	38.10			
2.	Novinská Kristína		11	PK Martin				19:27.63	470			
	50m:	34.91	34.91	450m:	5:39.38	38.57	850m:	10:52.38	39.25	1250m:	16:12.44	40.21
	100m:	1:12.23	37.32	500m:	6:18.16	38.78	900m:	11:32.19	39.81	1300m:	16:51.41	38.97
	150m:	1:49.59	37.36	550m:	6:57.09	38.93	950m:	12:12.66	40.47	1350m:	17:31.02	39.61
	200m:	2:27.16	37.57	600m:	7:35.81	38.72	1000m:	12:52.02	39.36	1400m:	18:10.59	39.57
	250m:	3:05.31	38.15	650m:	8:14.59	38.78	1050m:	13:32.38	40.36	1450m:	18:50.16	39.57
	300m:	3:43.41	38.10	700m:	8:53.56	38.97	1100m:	14:11.84	39.46	1500m:	19:27.63	37.47
	350m:	4:22.13	38.72	750m:	9:33.06	39.50	1150m:	14:51.69	39.85			
	400m:	5:00.81	38.68	800m:	10:13.13	40.07	1200m:	15:32.23	40.54			
3.	Romanová Nina		11	PK Martin				21:55.03	329			
	50m:	38.28	38.28	450m:	6:27.56	44.09	850m:	12:22.41	44.10	1250m:	18:17.34	44.43
	100m:	1:20.28	42.00	500m:	7:12.22	44.66	900m:	13:06.53	44.12	1300m:	19:01.22	43.88
	150m:	2:02.81	42.53	550m:	7:56.63	44.41	950m:	13:50.47	43.94	1350m:	19:45.38	44.16
	200m:	2:45.84	43.03	600m:	8:41.41	44.78	1000m:	14:34.69	44.22	1400m:	20:29.44	44.06
	250m:	3:30.19	44.35	650m:	9:25.59	44.18	1050m:	15:19.09	44.40	1450m:	21:13.16	43.72
	300m:	4:14.75	44.56	700m:	10:10.06	44.47	1100m:	16:03.88	44.79	1500m:	21:55.03	41.87
	350m:	4:59.09	44.34	750m:	10:54.69	44.63	1150m:	16:48.28	44.40			
	400m:	5:43.47	44.38	800m:	11:38.31	43.62	1200m:	17:32.91	44.63			

Jesenné M-SSO - dlhé trate
Žiar nad Hronom, 28.9.2024

disciplína 4, žia ky, 1500m vo ný spôsob, 13 ro .

por.	Ro .										as	body
4.	Be ušková Michaela										25:05.39	219
	50m:	42.50	42.50	450m:	7:29.10	51.69	850m:	14:16.96	51.62	1250m:	20:59.15	50.00
	100m:	1:32.42	49.92	500m:	8:20.11	51.01	900m:	15:07.34	50.38	1300m:	21:48.33	49.18
	150m:	2:22.73	50.31	550m:	9:10.44	50.33	950m:	15:57.84	50.50	1350m:	22:37.53	49.20
	200m:	3:13.69	50.96	600m:	10:00.84	50.40	1000m:	16:47.88	50.04	1400m:	23:27.54	50.01
	250m:	4:05.05	51.36	650m:	10:52.13	51.29	1050m:	17:37.49	49.61	1450m:	24:17.13	49.59
	300m:	4:55.94	50.89	700m:	11:43.40	51.27	1100m:	18:28.61	51.12	1500m:	25:05.39	48.26
	350m:	5:46.25	50.31	750m:	12:34.51	51.11	1150m:	19:19.24	50.63			
	400m:	6:37.41	51.16	800m:	13:25.34	50.83	1200m:	20:09.15	49.91			