

Jesenné M-SSO - dlhé trate  
Žiar nad Hronom, 28.9.2024

disciplína 1  
28.09.2024 - 9:00

muži, 400m vo vlny spôsob

11 ro . a st.  
Výsledky

bodovanie: FINA 2023

por.			Ro .			as			body
19 ro . a st.									
1.	Ševčík Jakub		05	TRIAN Banská Bystrica			<b>4:32.75</b>		471
	50m:	29.22	29.22	150m:	1:36.16	34.38	250m:	2:47.69	36.00
	100m:	1:01.78	32.56	200m:	2:11.69	35.53	300m:	3:23.59	35.90
							350m:	3:59.63	36.04
							400m:	4:32.75	33.12
2.	Chladný Matej		03	TRIAN Banská Bystrica			<b>4:36.44</b>		452
	50m:	31.56	31.56	150m:	1:39.31	34.22	250m:	2:48.66	35.07
	100m:	1:05.09	33.53	200m:	2:13.59	34.28	300m:	3:24.41	35.75
							350m:	4:01.34	36.93
							400m:	4:36.44	35.10
3.	amaj Ján		78	PK Banská Štiavnica			<b>5:22.59</b>		284
	50m:	34.67	34.67	150m:	1:53.67	40.90	250m:	3:17.09	41.82
	100m:	1:12.77	38.10	200m:	2:35.27	41.60	300m:	3:59.59	42.50
							350m:	4:42.02	42.43
							400m:	5:22.59	40.57
17 - 18 ro .									
1.	ernák Adam		07	PK Martin			<b>4:22.74</b>		527
	50m:	28.09	28.09	150m:	1:31.63	33.00	250m:	2:39.81	34.47
	100m:	58.63	30.54	200m:	2:05.34	33.71	300m:	3:14.06	34.25
							350m:	3:48.91	34.85
							400m:	4:22.74	33.83
2.	Búry Dominik		06	ŠKP Brezno			<b>5:27.04</b>		273
	50m:	34.06	34.06	150m:	1:56.11	42.83	250m:	3:22.64	43.78
	100m:	1:13.28	39.22	200m:	2:38.86	42.75	300m:	4:07.04	44.40
							350m:	4:51.86	44.82
							400m:	5:27.04	35.18
3.	Fondati Bruno		06	Nereus Žilina			<b>5:28.19</b>		270
	50m:	35.13	35.13	150m:	1:53.94	41.53	250m:	3:18.63	42.94
	100m:	1:12.41	37.28	200m:	2:35.69	41.75	300m:	4:01.97	43.34
							350m:	4:45.84	43.87
							400m:	5:28.19	42.35
15 - 16 ro .									
1.	Liptai Matej		08	PK Martin			<b>4:20.63</b>		540
	50m:	28.53	28.53	150m:	1:31.78	32.25	250m:	2:38.66	33.60
	100m:	59.53	31.00	200m:	2:05.06	33.28	300m:	3:12.88	34.22
							350m:	3:47.28	34.40
							400m:	4:20.63	33.35
2.	ižmárik Tomáš		08	Nereus Žilina			<b>4:23.68</b>		521
	50m:	29.31	29.31	150m:	1:35.00	33.75	250m:	2:43.39	34.08
	100m:	1:01.25	31.94	200m:	2:09.31	34.31	300m:	3:17.89	34.50
							350m:	3:51.68	33.79
							400m:	4:23.68	32.00
3.	Machov ák Marek		09	PK Martin			<b>4:37.03</b>		449
	50m:	31.44	31.44	150m:	1:39.75	34.53	250m:	2:48.66	34.94
	100m:	1:05.22	33.78	200m:	2:13.72	33.97	300m:	3:24.59	35.93
							350m:	4:01.03	36.44
							400m:	4:37.03	36.00
4.	Go altovský Daniel		09	PK Martin			<b>4:38.98</b>		440
	50m:	31.79	31.79	150m:	1:40.78	34.90	250m:	2:51.97	35.47
	100m:	1:05.88	34.09	200m:	2:16.50	35.72	300m:	3:28.19	36.22
							350m:	4:04.31	36.12
							400m:	4:38.98	34.67
5.	Rovnianek Tomáš		09	PK Martin			<b>4:57.90</b>		361
	50m:	34.05	34.05	150m:	1:48.80	37.79	250m:	3:06.83	39.34
	100m:	1:11.01	36.96	200m:	2:27.49	38.69	300m:	3:45.22	38.39
							350m:	4:22.86	37.64
							400m:	4:57.90	35.04
6.	Hryshchenko Hlieb		09	PK Banská Bystrica			<b>5:09.16</b>		323
	50m:	35.16	35.16	150m:	1:50.73	38.28	250m:	3:09.64	39.70
	100m:	1:12.45	37.29	200m:	2:29.94	39.21	300m:	3:49.89	40.25
							350m:	4:29.64	39.75
							400m:	5:09.16	39.52
7.	Hlavni ka Juraj		08	Delfín Žiar nad Hronom			<b>5:20.28</b>		291
	50m:	32.38	32.38	150m:	1:48.63	39.50	250m:	3:12.03	41.75
	100m:	1:09.13	36.75	200m:	2:30.28	41.65	300m:	3:56.03	44.00
							350m:	4:39.88	43.85
							400m:	5:20.28	40.40
8.	iampor Michal		09	PK Banská Bystrica			<b>5:25.89</b>		276
	50m:	34.42	34.42	150m:	1:54.07	40.08	250m:	3:19.21	42.12
	100m:	1:13.99	39.57	200m:	2:37.09	43.02	300m:	4:01.96	42.75
							350m:	4:43.03	41.07
							400m:	5:25.89	42.86
9.	Cyprich Vladimír		09	Swim Warriors			<b>5:50.44</b>		222
	50m:	37.16	37.16	150m:	2:03.53	43.90	250m:	3:34.41	46.10
	100m:	1:19.63	42.47	200m:	2:48.31	44.78	300m:	4:19.16	44.75
							350m:	5:06.22	47.06
							400m:	5:50.44	44.22

Jesenné M-SSO - dlhé trate  
Žiar nad Hronom, 28.9.2024

disciplína 1, žiaci, 400m vo vlny spôsob, 15 - 16 ro .

por.	Ro .				as				body			
10.	Šurka Peter				09	Delfín Žiar nad Hronom				<b>5:52.69</b>	217	
	50m:	35.34	35.34	150m:	2:01.23	44.21	250m:	3:32.71	46.26	350m:	5:07.78	47.49
	100m:	1:17.02	41.68	200m:	2:46.45	45.22	300m:	4:20.29	47.58	400m:	5:52.69	44.91
11.	Vrba Michal				09	Swim Warriors				<b>6:06.91</b>	193	
	50m:	36.36	36.36	150m:	2:03.94	45.26	250m:	3:39.76	48.17	350m:	5:18.66	48.90
	100m:	1:18.68	42.32	200m:	2:51.59	47.65	300m:	4:29.76	50.00	400m:	6:06.91	48.25
14 ro .												
1.	Malachovský Daniel				10	PK Banská Bystrica				<b>4:33.00</b>	469	
	50m:	31.17	31.17	150m:	1:36.10	31.94	250m:	2:48.72	35.00	350m:	3:59.33	35.50
	100m:	1:04.16	32.99	200m:	2:13.72	37.62	300m:	3:23.83	35.11	400m:	4:33.00	33.67
2.	amaj Ján				10	PK Banská Štiavnica				<b>4:33.13</b>	469	
	50m:	31.05	31.05	150m:	1:40.40	35.11	250m:	2:50.50	34.77	350m:	4:00.83	35.23
	100m:	1:05.29	34.24	200m:	2:15.73	35.33	300m:	3:25.60	35.10	400m:	4:33.13	32.30
3.	Be o Jakub				10	PK Banská Štiavnica				<b>4:50.20</b>	391	
	50m:	33.08	33.08	150m:	1:43.24	35.74	250m:	2:58.11	37.36	350m:	4:14.40	37.82
	100m:	1:07.50	34.42	200m:	2:20.75	37.51	300m:	3:36.58	38.47	400m:	4:50.20	35.80
4.	Lichner Alex				10	Nereus Žilina				<b>5:05.48</b>	335	
	50m:	33.82	33.82	150m:	1:50.45	38.81	250m:	3:08.16	39.05	350m:	4:27.70	40.25
	100m:	1:11.64	37.82	200m:	2:29.11	38.66	300m:	3:47.45	39.29	400m:	5:05.48	37.78
5.	Béreš Samuel				10	Nereus Žilina				<b>5:12.81</b>	312	
	50m:	34.53	34.53	150m:	1:52.47	39.91	250m:	3:13.28	40.65	350m:	4:33.41	40.07
	100m:	1:12.56	38.03	200m:	2:32.63	40.16	300m:	3:53.34	40.06	400m:	5:12.81	39.40
6.	Calík Šimon				10	Nereus Žilina				<b>5:29.78</b>	266	
	50m:	35.00	35.00	150m:	1:55.65	41.65	250m:	3:22.18	43.65	350m:	4:47.00	42.43
	100m:	1:14.00	39.00	200m:	2:38.53	42.88	300m:	4:04.57	42.39	400m:	5:29.78	42.78
7.	Ma or Benjamín				10	PK Nanti				<b>5:46.47</b>	229	
	50m:	38.00	38.00	150m:	2:04.31	43.72	250m:	3:33.66	44.86	350m:	5:03.59	44.09
	100m:	1:20.59	42.59	200m:	2:48.80	44.49	300m:	4:19.50	45.84	400m:	5:46.47	42.88
8.	Hošala Michal Maximilián				10	PK Martin				<b>5:55.84</b>	212	
	50m:	36.84	36.84	150m:	2:05.41	45.93	250m:	3:37.41	46.50	350m:	5:12.38	48.00
	100m:	1:19.48	42.64	200m:	2:50.91	45.50	300m:	4:24.38	46.97	400m:	5:55.84	43.46
9.	Naštický Peter				10	Nereus Žilina				<b>5:59.69</b>	205	
	50m:	38.50	38.50	150m:	2:08.63	46.29	250m:	3:42.22	46.84	350m:	5:14.97	45.66
	100m:	1:22.34	43.84	200m:	2:55.38	46.75	300m:	4:29.31	47.09	400m:	5:59.69	44.72
13 ro .												
1.	Schmidt Oliver				11	Nereus Žilina				<b>5:32.27</b>	260	
	50m:	36.13	36.13	150m:	1:57.99	41.86	250m:	3:24.35	43.22	350m:	4:51.17	43.50
	100m:	1:16.13	40.00	200m:	2:41.13	43.14	300m:	4:07.67	43.32	400m:	5:32.27	41.10
2.	Yurlov Daniel				11	Nereus Žilina				<b>5:48.72</b>	225	
	50m:	36.99	36.99	150m:	2:04.10	44.96	250m:	3:34.92	45.35	350m:	5:07.44	45.78
	100m:	1:19.14	42.15	200m:	2:49.57	45.47	300m:	4:21.66	46.74	400m:	5:48.72	41.28
3.	Leja Jakub				11	PK Martin				<b>5:55.69</b>	212	
	50m:	40.22	40.22	150m:	2:09.69	45.53	250m:	3:41.62	46.57	350m:	5:13.71	46.02
	100m:	1:24.16	43.94	200m:	2:55.05	45.36	300m:	4:27.69	46.07	400m:	5:55.69	41.98
4.	Debnár Jakub Alexander				11	PK Banská Štiavnica				<b>6:07.65</b>	192	
	50m:	38.79	38.79	150m:	2:10.00	46.81	250m:	3:44.94	47.72	350m:	5:21.62	48.04
	100m:	1:23.19	44.40	200m:	2:57.22	47.22	300m:	4:33.58	48.64	400m:	6:07.65	46.03
5.	Janza Simon				11	Nereus Žilina				<b>6:19.07</b>	175	
	50m:	39.00	39.00	150m:	2:12.97	48.69	250m:	3:50.86	49.68	350m:	5:31.00	50.50
	100m:	1:24.28	45.28	200m:	3:01.18	48.21	300m:	4:40.50	49.64	400m:	6:19.07	48.07

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disciplína 1, žiaci, 400m vo vlny spôsob, 13 ro .

por.	Ro .								as	body		
6.	Ivanov Elisei								11	Nereus Žilina	<b>6:53.13</b>	135
	50m:	44.65	44.65	150m:	2:29.90	53.23	250m:	4:15.46	52.54	350m:	6:02.20	53.82
	100m:	1:36.67	52.02	200m:	3:22.92	53.02	300m:	5:08.38	52.92	400m:	6:53.13	50.93
12 ro .												
1.	Mi o Tomáš								12	PK Martin	<b>4:56.74</b>	365
	50m:	34.01	34.01	150m:	1:47.26	36.83	250m:	3:02.54	38.03	350m:	4:19.59	38.33
	100m:	1:10.43	36.42	200m:	2:24.51	37.25	300m:	3:41.26	38.72	400m:	4:56.74	37.15
2.	Tichý Peter								12	ŠKP Brezno	<b>5:22.30</b>	285
	50m:	37.12	37.12	150m:	2:00.24	42.07	250m:	3:23.70	41.37	350m:	4:45.25	40.60
	100m:	1:18.17	41.05	200m:	2:42.33	42.09	300m:	4:04.65	40.95	400m:	5:22.30	37.05
3.	Vrobel Michael								12	MPK Tvrdošín	<b>5:22.61</b>	284
	50m:	34.90	34.90	150m:	1:55.90	41.04	250m:	3:19.93	42.18	350m:	4:43.33	41.47
	100m:	1:14.86	39.96	200m:	2:37.75	41.85	300m:	4:01.86	41.93	400m:	5:22.61	39.28
4.	Fabian Matej								12	PK Martin	<b>5:49.55</b>	223
	50m:	39.82	39.82	150m:	2:04.14	43.72	250m:	3:34.96	45.40	350m:	5:06.68	45.92
	100m:	1:20.42	40.60	200m:	2:49.56	45.42	300m:	4:20.76	45.80	400m:	5:49.55	42.87
5.	Gut Matej								12	Nereus Žilina	<b>5:51.75</b>	219
	50m:	36.28	36.28	150m:	2:04.53	45.59	250m:	3:35.31	45.37	350m:	5:06.44	44.91
	100m:	1:18.94	42.66	200m:	2:49.94	45.41	300m:	4:21.53	46.22	400m:	5:51.75	45.31
6.	Lubellan Damian								12	PK Banská Bystrica	<b>6:15.18</b>	181
	50m:	38.78	38.78	150m:	2:10.11	47.47	250m:	3:47.25	49.14	350m:	5:27.11	50.68
	100m:	1:22.64	43.86	200m:	2:58.11	48.00	300m:	4:36.43	49.18	400m:	6:15.18	48.07
7.	Dubovec Ivan								12	MPK Dolný Kubín	<b>6:34.75</b>	155
	50m:	43.42	43.42	150m:	2:23.50	50.58	250m:	4:03.64	51.61	350m:	5:44.71	50.04
	100m:	1:32.92	49.50	200m:	3:12.03	48.53	300m:	4:54.67	51.03	400m:	6:34.75	50.04
8.	Kuník Filip								12	PK Nanti	<b>6:43.85</b>	145
	50m:	44.06	44.06	150m:	2:26.81	52.46	250m:	4:12.27	53.07	350m:	5:55.67	51.82
	100m:	1:34.35	50.29	200m:	3:19.20	52.39	300m:	5:03.85	51.58	400m:	6:43.85	48.18
9.	Hric Juraj								12	Swim Warriors	<b>6:44.61</b>	144
	50m:	44.06	44.06	150m:	2:27.96	52.78	250m:	4:16.03	54.57	350m:	5:59.04	49.40
	100m:	1:35.18	51.12	200m:	3:21.46	53.50	300m:	5:09.64	53.61	400m:	6:44.61	45.57
10.	Šmajda Marián								12	PK Martin	<b>6:51.73</b>	136
	50m:	43.82	43.82	150m:	2:25.20	50.62	250m:	4:12.06	53.95	350m:	5:58.82	53.90
	100m:	1:34.58	50.76	200m:	3:18.11	52.91	300m:	5:04.92	52.86	400m:	6:51.73	52.91
11 ro .												
1.	urian ík Lukáš								13	PK Banská Bystrica	<b>5:25.13</b>	278
	50m:	36.21	36.21	150m:	1:58.85	41.67	250m:	3:22.55	42.32	350m:	4:46.84	41.54
	100m:	1:17.18	40.97	200m:	2:40.23	41.38	300m:	4:05.30	42.75	400m:	5:25.13	38.29
2.	Gavula Stanislav								13	MPK Tvrdošín	<b>5:33.32</b>	258
	50m:	38.38	38.38	150m:	2:02.99	42.35	250m:	3:28.62	42.82	350m:	4:53.32	42.00
	100m:	1:20.64	42.26	200m:	2:45.80	42.81	300m:	4:11.32	42.70	400m:	5:33.32	40.00
3.	Svitek Artur								13	PK Martin	<b>5:34.09</b>	256
	50m:	35.03	35.03	150m:	1:56.48	41.89	250m:	3:24.88	44.54	350m:	4:54.09	44.86
	100m:	1:14.59	39.56	200m:	2:40.34	43.86	300m:	4:09.23	44.35	400m:	5:34.09	40.00
4.	Amrich Andrej								13	MPK Tvrdošín	<b>5:43.11</b>	236
	50m:	38.70	38.70	150m:	2:06.54	44.15	250m:	3:33.92	43.94	350m:	5:01.39	42.94
	100m:	1:22.39	43.69	200m:	2:49.98	43.44	300m:	4:18.45	44.53	400m:	5:43.11	41.72
5.	Pa uv Krištof								13	PK Banská Bystrica	<b>5:45.05</b>	232
	50m:	36.70	36.70	150m:	2:00.75	42.64	250m:	3:30.66	45.61	350m:	5:02.01	45.31
	100m:	1:18.11	41.41	200m:	2:45.05	44.30	300m:	4:16.70	46.04	400m:	5:45.05	43.04

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Žiar nad Hronom, 28.9.2024

disciplína 1, žiaci, 400m vo ný spôsob, 11 ro .

por.	Ro .						as	body				
6.	Urban Adam						13	PK Martin	<b>5:57.75</b>	208		
	50m:	35.94	35.94	150m:	2:03.75	45.44	250m:	3:37.34	46.50	350m:	5:12.09	47.71
	100m:	1:18.31	42.37	200m:	2:50.84	47.09	300m:	4:24.38	47.04	400m:	5:57.75	45.66
7.	Gabarič Peter						13	MPK Tvrdošín	<b>5:58.25</b>	207		
	50m:	40.77	40.77	150m:	2:10.25	45.26	250m:	3:41.42	45.57	350m:	5:14.92	46.86
	100m:	1:24.99	44.22	200m:	2:55.85	45.60	300m:	4:28.06	46.64	400m:	5:58.25	43.33
8.	Dziura Alex						13	PK Martin	<b>6:20.94</b>	172		
	50m:	40.97	40.97	150m:	2:15.62	48.11	250m:	3:56.19	50.00	350m:	5:33.05	48.36
	100m:	1:27.51	46.54	200m:	3:06.19	50.57	300m:	4:44.69	48.50	400m:	6:20.94	47.89
9.	Kerná Jakub						13	PK Banská Štiavnica	<b>6:31.68</b>	159		
	50m:	43.16	43.16	150m:	2:23.35	51.19	250m:	4:04.34	51.25	350m:	5:44.34	49.94
	100m:	1:32.16	49.00	200m:	3:13.09	49.74	300m:	4:54.40	50.06	400m:	6:31.68	47.34
10.	Plešinský Miroslav						13	MPK Dolný Kubín	<b>6:58.47</b>	130		
	50m:	47.22	47.22	150m:	2:34.91	54.22	250m:	4:23.38	53.16	350m:	6:10.72	52.94
	100m:	1:40.69	53.47	200m:	3:30.22	55.31	300m:	5:17.78	54.40	400m:	6:58.47	47.75