

XV TROFEU LLORET - "Memorial Sensei Fusano"
Lloret de Mar · 18/5/2024

Prova 31
18/5/2024 - 18:15

Masc., 400m Estils

Open
Resultats

Record Circuit GIROSONA

4:35.91 , POL MORA

LLORET

20/5/2023

Punts: FINA 2023

Classificació	Nom	Any	Club	Temps	Punts
1.	POU FERNANDEZ, Marc	01	C.N. Mataró	4:20.93	728
	50m: 27.64 27.64	150m: 1:34.11	34.01	250m: 2:44.09	36.45
	100m: 1:00.10 32.46	200m: 2:07.64	33.53	300m: 3:21.07	36.98
				350m: 3:51.48	30.41
				400m: 4:20.93	29.45
2.	MORALES CEBEY, Hector	02	C.N. Granollers	4:29.31	662
	50m: 28.66 28.66	150m: 1:36.89	35.93	250m: 2:49.21	37.34
	100m: 1:00.96 32.30	200m: 2:11.87	34.98	300m: 3:27.05	37.84
				350m: 3:58.95	31.90
				400m: 4:29.31	30.36
3.	MORA LOPEZ, Pol	06	Torelló C.A.N.	4:36.34	613
	50m: 28.84 28.84	150m: 1:37.55	35.64	250m: 2:53.52	41.07
	100m: 1:01.91 33.07	200m: 2:12.45	34.90	300m: 3:35.55	42.03
				350m: 4:06.74	31.19
				400m: 4:36.34	29.60
4.	CASALS MAS, Èric	06	C.N. VIC-Etb	4:37.46	606
	50m: 29.50 29.50	150m: 1:41.90	37.99	250m: 2:58.74	39.35
	100m: 1:03.91 34.41	200m: 2:19.39	37.49	300m: 3:39.00	40.26
				350m: 4:08.62	29.62
				400m: 4:37.46	28.84
5.	ROCH VACCARO, Oliver	08	C.N. Sitges	4:40.81	584
	50m: 29.04 29.04	150m: 1:37.59	34.81	250m: 2:54.70	42.21
	100m: 1:02.78 33.74	200m: 2:12.49	34.90	300m: 3:37.41	42.71
				350m: 4:09.80	32.39
				400m: 4:40.81	31.01
6.	ARREDONDO RODRIGUEZ, Joel	08	C.N. Lloret De Mar	4:43.98	565
	50m: 29.45 29.45	150m: 1:39.83	36.77	250m: 2:58.53	42.32
	100m: 1:03.06 33.61	200m: 2:16.21	36.38	300m: 3:40.71	42.18
				350m: 4:13.44	32.73
				400m: 4:43.98	30.54
7.	DIEZ ROSET, Jan	09	C.N. VIC-Etb	4:55.02	504
	50m: 31.14 31.14	150m: 1:43.91	36.62	250m: 3:04.42	44.20
	100m: 1:07.29 36.15	200m: 2:20.22	36.31	300m: 3:49.28	44.86
				350m: 4:22.75	33.47
				400m: 4:55.02	32.27
8.	GHIA ROIG, Ferran	08	C.N. Mataró	4:59.98	479
	50m: 29.68 29.68	150m: 1:44.27	38.94	250m: 3:07.52	44.64
	100m: 1:05.33 35.65	200m: 2:22.88	38.61	300m: 3:52.77	45.25
				350m: 4:26.65	33.88
				400m: 4:59.98	33.33
9.	GONZALEZ SOLTERO, Abel	07	C.N. Caldes	5:03.74	462
	50m: 30.62 30.62	150m: 1:47.85	42.23	250m: 3:11.13	43.63
	100m: 1:05.62 35.00	200m: 2:27.50	39.65	300m: 3:54.50	43.37
				350m: 4:30.26	35.76
				400m: 5:03.74	33.48
10.	TRIBULIETX SANCHEZ, Pol	08	C.N. Premià	5:07.35	445
	50m: 31.76 31.76	150m: 1:49.79	41.13	250m: 3:13.15	44.10
	100m: 1:08.66 36.90	200m: 2:29.05	39.26	300m: 3:57.29	44.14
				350m: 4:33.00	35.71
				400m: 5:07.35	34.35
11.	OLIVEIRA LARA, Aran	09	C.N. Sabadell	5:11.13	429
	50m: 33.51 33.51	150m: 1:50.67	39.83	250m: 3:16.36	47.26
	100m: 1:10.84 37.33	200m: 2:29.10	38.43	300m: 4:02.27	45.91
				350m: 4:37.40	35.13
				400m: 5:11.13	33.73
12.	COLL GÜELL, Arnau	10	C.N. Banyoles	5:22.22	386
	50m: 34.60 34.60	150m: 1:56.71	42.36	250m: 3:23.25	45.73
	100m: 1:14.35 39.75	200m: 2:37.52	40.81	300m: 4:08.56	45.31
				350m: 4:47.18	38.62
				400m: 5:22.22	35.04
13.	EL OUAHHABY LALLOUCH, Rayan	09	C.N. Mataró	5:23.03	384
	50m: 33.72 33.72	150m: 1:57.17	43.12	250m: 3:24.11	47.04
	100m: 1:14.05 40.33	200m: 2:37.07	39.90	300m: 4:11.94	47.83
				350m: 4:48.47	36.53
				400m: 5:23.03	34.56