

XV TROFEU LLORET · "Memorial Sensei Fusano"
Lloret de Mar · 18/5/2024

Prova 19
18/5/2024 - 16:00

Masc., 400m Lliure

Open
Resultats

Record Circuit GIROSONA

3:59.64 , JAMES L. REED

LLORET

14/5/2022

Punts: FINA 2023

Classificació	Nom	Any	Club	Temps	Punts
1.	MORALES CEBEY, Hector	02	C.N. Granollers	3:55.99	727
	50m: 26.80 26.80 150m: 1:26.67 30.06 250m: 2:25.99 29.41 350m: 3:26.07 30.19				
	100m: 56.61 29.81 200m: 1:56.58 29.91 300m: 2:55.88 29.89 400m: 3:55.99 29.92				
2.	MARTIN SOLE, Biel	08	C.N. Banyoles	4:01.09	682
	50m: 27.21 27.21 150m: 1:27.37 30.48 250m: 2:28.84 30.86 350m: 3:31.12 31.05				
	100m: 56.89 29.68 200m: 1:57.98 30.61 300m: 3:00.07 31.23 400m: 4:01.09 29.97				
3.	FERNANDEZ SIMO, Eric	05	C.N. Granollers	4:03.28	664
	50m: 28.32 28.32 150m: 1:29.57 31.15 250m: 2:31.75 30.45 350m: 3:33.23 30.62				
	100m: 58.42 30.10 200m: 2:01.30 31.73 300m: 3:02.61 30.86 400m: 4:03.28 30.05				
4.	FIORI PORTA, Marc	05	C.N. Mataró	4:05.97	642
	50m: 27.49 27.49 150m: 1:29.04 31.05 250m: 2:31.55 31.23 350m: 3:34.81 31.64				
	100m: 57.99 30.50 200m: 2:00.32 31.28 300m: 3:03.17 31.62 400m: 4:05.97 31.16				
5.	RIERA GARCIA, Pablo	04	C.E.N. Cabrera De Mar	4:06.89	635
	50m: 28.03 28.03 150m: 1:30.34 31.47 250m: 2:33.48 31.32 350m: 3:36.77 31.63				
	100m: 58.87 30.84 200m: 2:02.16 31.82 300m: 3:05.14 31.66 400m: 4:06.89 30.12				
6.	GÜELL PARRAMON, Oriol	07	C.N. Banyoles	4:06.91	635
	50m: 28.37 28.37 150m: 1:31.13 31.15 250m: 2:33.99 31.32 350m: 3:36.79 31.34				
	100m: 59.98 31.61 200m: 2:02.67 31.54 300m: 3:05.45 31.46 400m: 4:06.91 30.12				
7.	CASAS FERRER, Lluç	08	C.N. VIC-Etb	4:09.27	617
	50m: 28.68 28.68 150m: 1:32.05 31.87 250m: 2:35.57 31.40 350m: 3:37.61 31.39				
	100m: 1:00.18 31.50 200m: 2:04.17 32.12 300m: 3:06.22 30.65 400m: 4:09.27 31.66				
8.	SERRA RIBAS, Biel	07	C.N. Banyoles	4:11.60	600
	50m: 27.71 27.71 150m: 1:30.25 31.59 250m: 2:34.61 32.29 350m: 3:39.97 32.67				
	100m: 58.66 30.95 200m: 2:02.32 32.07 300m: 3:07.30 32.69 400m: 4:11.60 31.63				
9.	RUBIEJO MORENO, Kilian	07	Torelló C.A.N.	4:11.73	599
	50m: 27.84 27.84 150m: 1:30.08 31.63 250m: 2:34.74 32.42 350m: 3:39.61 32.76				
	100m: 58.45 30.61 200m: 2:02.32 32.24 300m: 3:06.85 32.11 400m: 4:11.73 32.12				
10.	JUAREZ LIANAS, Siro	09	C.N. Sabadell	4:12.25	595
	50m: 28.78 28.78 150m: 1:32.19 32.04 250m: 2:37.00 32.30 350m: 3:41.66 32.24				
	100m: 1:00.15 31.37 200m: 2:04.70 32.51 300m: 3:09.42 32.42 400m: 4:12.25 30.59				
11.	MONTIA GARCIA, Roger	08	Torelló C.A.N.	4:13.49	587
	50m: 28.41 28.41 150m: 1:31.56 31.82 250m: 2:35.76 32.09 350m: 3:41.59 33.10				
	100m: 59.74 31.33 200m: 2:03.67 32.11 300m: 3:08.49 32.73 400m: 4:13.49 31.90				
12.	AYADA AMGAR, Ismael	09	C.N. VIC-Etb	4:16.68	565
	50m: 28.96 28.96 150m: 1:32.33 31.52 250m: 2:37.50 33.18 350m: 3:43.73 33.41				
	100m: 1:00.81 31.85 200m: 2:04.32 31.99 300m: 3:10.32 32.82 400m: 4:16.68 32.95				
13.	ALVAREZ GARCIA, Joel	06	C.N. Premià	4:19.37	548
	50m: 29.42 29.42 150m: 1:33.42 32.45 250m: 2:39.05 32.94 350m: 3:46.17 33.87				
	100m: 1:00.97 31.55 200m: 2:06.11 32.69 300m: 3:12.30 33.25 400m: 4:19.37 33.20				
14.	CAMPRUBI CROSAS, Joan	09	Torelló C.A.N.	4:22.20	530
	50m: 29.45 29.45 150m: 1:35.41 33.27 250m: 2:42.99 33.84 350m: 3:50.17 33.42				
	100m: 1:02.14 32.69 200m: 2:09.15 33.74 300m: 3:16.75 33.76 400m: 4:22.20 32.03				
15.	VELAR IBAÑEZ, Arnau	06	C.E.N. Cabrera De Mar	4:22.71	527
	50m: 29.55 29.55 150m: 1:35.75 33.49 250m: 2:43.14 33.61 350m: 3:50.74 33.72				
	100m: 1:02.26 32.71 200m: 2:09.53 33.78 300m: 3:17.02 33.88 400m: 4:22.71 31.97				
16.	GARCIA NARES, Joan Manel	10	C.N. Caldes	4:24.30	517
	50m: 29.18 29.18 150m: 1:34.74 33.28 250m: 2:42.68 34.45 350m: 3:50.89 34.12				
	100m: 1:01.46 32.28 200m: 2:08.23 33.49 300m: 3:16.77 34.09 400m: 4:24.30 33.41				

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Classificació	Nom	Any	Club	Temps				Punts
17.	HUGUET PINO, Daniel	09	C.N. Premià	4:25.82				509
	50m: 30.38 30.38	150m: 1:36.82	33.64	250m: 2:44.95	33.94	350m: 3:53.39	33.94	
	100m: 1:03.18 32.80	200m: 2:11.01	34.19	300m: 3:19.45	34.50	400m: 4:25.82	32.43	
18.	MUÑOYERRO GUEVARA, Joan	09	C.E.N. Cabrera De Mar	4:27.03				502
	50m: 30.24 30.24	150m: 1:36.89	33.81	250m: 2:45.69	34.28	350m: 3:54.08	33.95	
	100m: 1:03.08 32.84	200m: 2:11.41	34.52	300m: 3:20.13	34.44	400m: 4:27.03	32.95	
19.	HUGUET HOSPEDALES, David	07	C.N. Mataró	4:31.10				479
	50m: 31.60 31.60	150m: 1:39.95	34.25	250m: 2:48.94	34.39	350m: 3:57.57	34.33	
	100m: 1:05.70 34.10	200m: 2:14.55	34.60	300m: 3:23.24	34.30	400m: 4:31.10	33.53	
20.	GOMBAU CARRASCO, Pau	08	C.N. Sabadell	4:31.27				479
	50m: 30.54 30.54	200m: 2:14.39	35.07	300m: 3:24.04	34.61	400m: 4:31.27	32.94	
	100m: 1:39.32 1:08.78	250m: 2:49.43	35.04	350m: 3:58.33	34.29			