

Prova 31 Femin., 400m Estilos 11 anos e mais velhos
5/26/2024 - 15:29 Resultados

Recordes CPNLC - 50m Sen	7:11.68	Barros Erica Cecilia	CNIL	Luanda	5/21/2023
Recordes CPNLC - 50m Jun	6:10.44	Zhukov Aleksandra Larissa	CD1A	Luanda	5/21/2023
Recordes CPNLC - 50m Juv	5:54.13	Santo Rhanya Espirito	CNIL	Luanda	5/21/2023
Recordes CPNLC - 50m Inf	6:11.50	Parimbelli Maria Teresa	CNIL	Luanda	5/21/2023
Recordes Nac Angola - 50m Open	5:18.56	Lima Lia Ana	ANG	Luanda	5/3/2024
Recordes Nac Angola - 50m Sen	5:18.56	Lima Lia Ana	ANG	Luanda	5/3/2024
Recordes Nac Angola - 50m Jun	5:31.89	Tremoço Raquel	CD1A	Cairo (EGY)	3/31/2017
Recordes Nac Angola - 50m Juv	5:52.93	Santo Rhanya Espirito	CNIL	Luanda	7/9/2023
Recordes Nac Angola - 50m Inf	5:58.03	Albuquerque Alda Lara	ANG	(POR)	

SEN Sen: 9:59.70 / JUV Juv: 7:30.00 / INF Inf: 8:18.94 / JUN Jun: 7:30.20

Pontos: FINA 2024

Lugar	Idade	Tempo final	Pts	100m	200m	300m	400m
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