

Prova 22

Masc., 400m Estilos

11 anos e mais velhos

5/26/2024 - 8:52

Resultados

Recordes CPNLC - 50m Sen	5:20.37	Costa Luyane Danilo	CD1A	Luanda	5/21/2023
Recordes CPNLC - 50m Jun	5:59.39	Chiocola Emanuel Florentino	CD1A	Luanda	5/21/2023
Recordes CPNLC - 50m Juv	5:27.00	Padre David Alberto	CNIL	Luanda	5/21/2023
Recordes CPNLC - 50m Inf	9:03.34	Miguel Emanuel Massanga	CNL	Luanda	5/21/2023
Recordes Nac Angola - 50m Open	4:23.12	Pinotes Pedro Miguel	ANG	Brazzaville (CGO)	9/7/2015
Recordes Nac Angola - 50m Sen	4:23.12	Pinotes Pedro Miguel	ANG	Brazzaville (CGO)	9/7/2015
Recordes Nac Angola - 50m Jun	4:49.48	Pinotes Pedro Miguel	ANG	Aveiro (POR)	7/27/2007
Recordes Nac Angola - 50m Juv	4:55.71	Matias Joao Luis	ANG	Cairo (EGY)	8/13/2002
Recordes Nac Angola - 50m Inf	5:25.61	Gordo Salvador Vieira	CD1A	Plymouth (GBR)	5/15/2016

SEN Sen: 6:30.00 / JUV Juv: 7:25.25 / INF Inf: 7:48.18 / JUN Jun: 6:00.25

Pontos: FINA 2024

Lugar	Idade	Tempo final	Pts	100m	200m	300m	400m
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Juvenis

1. Guimarães S.	13	Clube Náutico da Ilha de Luanda	5:45.37	346	1:18.25	1:30.09	1:39.57	1:17.46
50m:		150m:	250m:		350m:			
100m: 1:18.25		200m: 2:48.34	300m: 4:27.91		400m: 5:45.37			

Juniores

1. Melo Mario Antonio	16	CD1A	5:58.92	308	1:26.68	1:31.29	1:40.92	1:20.03
50m:		150m:	250m:		350m:			
100m: 1:26.68		200m: 2:57.97	300m: 4:38.89		400m: 5:58.92			

Seniores

1. Costa Luyane Danilo	23	CD1A	5:34.19	382	1:10.10	1:26.53	1:41.68	1:15.88
50m:		150m:	250m:		350m:			
100m: 1:10.10		200m: 2:36.63	300m: 4:18.31		400m: 5:34.19			
2. Vika Sebastião José	22	Clube Barracudas de Luanda	5:35.20	378	1:11.02	1:30.36	1:36.86	1:16.96
50m:		150m:	250m:		350m:			
100m: 1:11.02		200m: 2:41.38	300m: 4:18.24		400m: 5:35.20			
3. Silva Geovani Francisco	18	CD1A	6:36.42	228	1:25.36	1:50.36	1:46.35	1:34.35
50m:		150m:	250m:		350m:			
100m: 1:25.36		200m: 3:15.72	300m: 5:02.07		400m: 6:36.42			
4. Afonso Wando Abilio	19	CNIL	6:42.54	218	1:29.43	1:48.49	1:51.15	1:33.47
50m:		150m:	250m:		350m:			
100m: 1:29.43		200m: 3:17.92	300m: 5:09.07		400m: 6:42.54			