

ROS Meisterschaft  
Romanshorn, 8. - 9.6.2024

Wettkampf 26  
09.06.2024 - 9:55

Damen, 400m Freistil

allg. Kategorie  
Rangliste

ROS Meisterschaft im Schwimmen : 6:20.00

Punkte: FINA 2024

Rang	Jg.	Zeit	Pkt.	100m	200m	300m	400m		
1.	SCHERB, Lena	08	Schwimmclub Frauenfeld	<b>4:49.75</b>	536	1:07.83	1:13.37	1:14.06	1:14.49
	<i>Regionaler Meister für das Jahr 2023/2024 über 400m Freistil</i>								
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:07.83		2:21.20		3:35.26		4:49.75	
2.	MONTANES, Paola	10	Schwimmclub Frauenfeld	<b>4:51.57</b>	526	1:08.81	1:14.98	1:15.01	1:12.77
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:08.81		2:23.79		3:38.80		4:51.57	
3.	SCHIESS, Naomie	08	Schwimmclub Kreuzlingen	<b>4:52.02</b>	523	1:09.14	1:15.32	1:14.56	1:13.00
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:09.14		2:24.46		3:39.02		4:52.02	
4.	BERIE, Aline	09	Scsh	<b>4:54.78</b>	509	1:10.57	1:15.86	1:15.24	1:13.11
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:10.57		2:26.43		3:41.67		4:54.78	
5.	HIRSCH, Frida	11	Schwimmclub Kreuzlingen	<b>4:55.10</b>	507	1:09.76	1:16.40	1:15.72	1:13.22
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:09.76		2:26.16		3:41.88		4:55.10	
6.	CRISTEA, Mara Zoica	10	SC Chur	<b>4:56.37</b>	500	1:10.39	1:16.23	1:16.29	1:13.46
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:10.39		2:26.62		3:42.91		4:56.37	
7.	WOHLGENSINGER, Florir	10	Rhy Swimming	<b>4:57.45</b>	495	1:10.93	1:15.55	1:16.81	1:14.16
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:10.93		2:26.48		3:43.29		4:57.45	
8.	KURIGER, Liana	10	SRV Linth	<b>5:00.55</b>	480	1:09.32	1:16.29	1:18.22	1:16.72
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:09.32		2:25.61		3:43.83		5:00.55	
9.	SOMAINI, Carolina	09	SC Chur	<b>5:01.02</b>	478	1:10.44	1:17.46	1:17.83	1:15.29
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:10.44		2:27.90		3:45.73		5:01.02	
10.	DIEZ, Natalia	07	Flos	<b>5:01.90</b>	473	1:13.45	1:18.40	1:16.40	1:13.65
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:13.45		2:31.85		3:48.25		5:01.90	
11.	BAUMGARTNER, V.	11	Schwimmverein St.Gallen-V5	<b>5:02.24</b>	472	1:11.39	1:18.44	1:17.98	1:14.43
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:11.39		2:29.83		3:47.81		5:02.24	
12.	FRANO, Lorena	06	Scsh	<b>5:02.74</b>	470	1:10.79	1:17.23	1:18.11	1:16.61
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:10.79		2:28.02		3:46.13		5:02.74	
13.	MÖSLE, Jana	10	Schwimmverein St.Gallen-V5	<b>5:04.31</b>	462	1:11.00	1:16.61	1:19.44	1:17.26
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:11.00		2:27.61		3:47.05		5:04.31	
14.	BÄTTIG, Juliana	07	Schwimmclub Frauenfeld	<b>5:06.93</b>	451	1:11.05	1:18.02	1:19.22	1:18.64
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:11.05		2:29.07		3:48.29		5:06.93	
15.	JANOUT, Paula	06	Schwimmclub Romanshorn	<b>5:07.99</b>	446	1:13.90	1:19.16	1:18.92	1:16.01
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:13.90		2:33.06		3:51.98		5:07.99	
16.	LIM, Kezia	12	Schwimmclub Romanshorn	<b>5:10.60</b>	435	1:12.96	1:19.41	1:20.07	1:18.16
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:12.96		2:32.37		3:52.44		5:10.60	
17.	CASSIDY, Elaine	11	Schwimmverein St.Gallen-V5	<b>5:10.65</b>	435	1:14.70	1:19.71	1:19.63	1:16.61
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:14.70		2:34.41		3:54.04		5:10.65	
18.	DEL BELLO, Paula	12	Schwimmverein St.Gallen-V5	<b>5:19.05</b>	401	1:15.25	1:23.65	1:21.92	1:18.23
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:15.25		2:38.90		4:00.82		5:19.05	
19.	NAGY, Arnika	11	Schwimmclub Kreuzlingen	<b>5:19.25</b>	400	1:13.94	1:23.76	1:23.62	1:17.93
	50m:	100m:	150m:	200m:	250m:	300m:	350m:	400m:	
		1:13.94		2:37.70		4:01.32		5:19.25	

ROS Meisterschaft  
Romanshorn, 8. - 9.6.2024

Wettkampf 26, Damen, 400m Freistil, allg. Kategorie

Rang	Jg.	Zeit	Pkt.	100m	200m	300m	400m		
20.	ALLEGRINI, Gianna	12	Schwimmverein St.Gallen-V5: <b>5:20.59</b>	395	1:16.21	1:23.79	1:21.72	1:18.87	
	50m:		150m:	250m:	350m:				
	100m: 1:16.21		200m: 2:40.00	300m: 4:01.72	400m: 5:20.59				
21.	HODZIC, Dalila	10	Flos	<b>5:22.13</b>	390	1:18.20	1:22.82	1:21.10	1:20.01
	50m:		150m:	250m:	350m:				
	100m: 1:18.20		200m: 2:41.02	300m: 4:02.12	400m: 5:22.13				
22.	GROSSWILER, Andrina	12	Schwimmclub Romanshorn	<b>5:29.06</b>	366	1:16.66	1:24.95	1:25.32	1:22.13
	50m:		150m:	250m:	350m:				
	100m: 1:16.66		200m: 2:41.61	300m: 4:06.93	400m: 5:29.06				
23.	KRULL, Klara	10	Her	<b>5:32.25</b>	355	1:18.82	1:26.06	1:25.86	1:21.51
	50m:		150m:	250m:	350m:				
	100m: 1:18.82		200m: 2:44.88	300m: 4:10.74	400m: 5:32.25				
24.	SPAHN, Leonie	11	Schwimmclub Frauenfeld	<b>5:34.05</b>	349	1:14.97	1:25.00	1:27.06	1:27.02
	50m:		150m:	250m:	350m:				
	100m: 1:14.97		200m: 2:39.97	300m: 4:07.03	400m: 5:34.05				
25.	GUT, Nora	12	Schwimmclub Frauenfeld	<b>5:36.81</b>	341	1:18.76	1:26.93	1:27.86	1:23.26
	50m:		150m:	250m:	350m:				
	100m: 1:18.76		200m: 2:45.69	300m: 4:13.55	400m: 5:36.81				
26.	FITZL, Lea	14	Scfg	<b>5:38.04</b>	337	1:22.87	1:27.19	1:25.58	1:22.40
	50m:		150m:	250m:	350m:				
	100m: 1:22.87		200m: 2:50.06	300m: 4:15.64	400m: 5:38.04				
27.	MÜLLER, Davina	13	Schwimmclub Romanshorn	<b>5:40.80</b>	329	1:19.27	1:28.00	1:27.77	1:25.76
	50m:		150m:	250m:	350m:				
	100m: 1:19.27		200m: 2:47.27	300m: 4:15.04	400m: 5:40.80				
28.	SCHMID, Nea	13	Scfg	<b>5:41.18</b>	328	1:22.50	1:28.19	1:26.83	1:23.66
	50m:		150m:	250m:	350m:				
	100m: 1:22.50		200m: 2:50.69	300m: 4:17.52	400m: 5:41.18				
29.	HOLM, Milla	11	Flos	<b>5:43.90</b>	320	1:21.83	1:29.80	1:28.14	1:24.13
	50m:		150m:	250m:	350m:				
	100m: 1:21.83		200m: 2:51.63	300m: 4:19.77	400m: 5:43.90				
30.	FRÖHLICH, Tamara	12	Schwimmclub Kreuzlingen	<b>5:46.58</b>	313	1:20.28	1:29.19	1:28.53	1:28.58
	50m:		150m:	250m:	350m:				
	100m: 1:20.28		200m: 2:49.47	300m: 4:18.00	400m: 5:46.58				
31.	SCHULER, Sveja Maria	12	Flos	<b>5:50.14</b>	303	1:22.33	1:29.80	1:30.70	1:27.31
	50m:		150m:	250m:	350m:				
	100m: 1:22.33		200m: 2:52.13	300m: 4:22.83	400m: 5:50.14				
32.	SCHENKER, Jael	13	Schwimmverein St.Gallen-V5	<b>5:50.68</b>	302	1:22.98	1:30.62	1:30.16	1:26.92
	50m:		150m:	250m:	350m:				
	100m: 1:22.98		200m: 2:53.60	300m: 4:23.76	400m: 5:50.68				
33.	IVANOVIC, Noemi	10	Flos	<b>5:51.35</b>	300	1:22.81	1:30.74	1:30.26	1:27.54
	50m:		150m:	250m:	350m:				
	100m: 1:22.81		200m: 2:53.55	300m: 4:23.81	400m: 5:51.35				
34.	HONSELL, Seraina	10	Schwimmclub Kreuzlingen	<b>5:53.40</b>	295	1:21.80	1:31.04	1:32.12	1:28.44
	50m:		150m:	250m:	350m:				
	100m: 1:21.80		200m: 2:52.84	300m: 4:24.96	400m: 5:53.40				
35.	REIFLER, Nina	11	Her	<b>5:58.18</b>	283	1:24.09	1:32.01	1:33.88	1:28.20
	50m:		150m:	250m:	350m:				
	100m: 1:24.09		200m: 2:56.10	300m: 4:29.98	400m: 5:58.18				
36.	SCHMIED, Tamara	12	Scsh	<b>6:12.31</b>	252	1:27.11	1:36.35	1:36.67	1:32.18
	50m:		150m:	250m:	350m:				
	100m: 1:27.11		200m: 3:03.46	300m: 4:40.13	400m: 6:12.31				
37.	LONIC, Hana	13	Scsh	<b>6:17.04</b>	243	1:29.63	1:37.33	1:37.68	1:32.40
	50m:		150m:	250m:	350m:				
	100m: 1:29.63		200m: 3:06.96	300m: 4:44.64	400m: 6:17.04				
disq.	WALDBURGER, Myla	11	Schwimmverein St.Gallen-Witten						
	<i>101 - Unsportliches Verhalten</i>								
krank	BONKE, Elisabeth	12	Schwimmverein St.Gallen-Witten						