

Latvian Short Course Championship (25m)
Valmiera, 20. - 22.6.2024

Event 25 Women, 400m Medley Open
21.06.2024 - 18:06 Results

Latvijas rekords	4:47.99	MALUKA Ieva	LAT	Glasgow (GBR)	04.12.2019
Sacens bu rekords	4:53.25	BAIKOVA Arina	LAT	Valmiera	18.06.2022

SKSM : 4:35.53 / SM : 5:00.47 / SMK : 5:17.98 / I : 5:40.44 / II : 6:14.70 / III : 7:02.62 / IV : 8:31.15

Points: FINA 2023

Vieta	Uzv rds, v rds	Dz.g.	Komanda	Rezult ts	Punkti	RL	SK	KP
1.	SIRJAJEVA Arina	06	RBJSS Ridzene-DSN	5:22.34	518	+0.81	I	
	50m: 34.50	34.50	150m: 1:57.52	42.97	250m: 3:25.86	46.33	350m: 4:49.45	34.93
	100m: 1:14.55	40.05	200m: 2:39.53	42.01	300m: 4:14.52	48.66	400m: 5:22.34	32.89
2.	LOCANE Alise	05	RBJSS Ridzene	5:23.63	512	+0.69	I	
	50m: 33.05	33.05	150m: 1:53.83	40.98	250m: 3:21.86	46.96	350m: 4:47.92	38.29
	100m: 1:12.85	39.80	200m: 2:34.90	41.07	300m: 4:09.63	47.77	400m: 5:23.63	35.71
3.	SIRMA Dzenifera	08	RBJSS Ridzene	5:38.48	447		I	
	50m: 35.95	35.95	150m: 2:04.03	44.51	250m: 3:33.66	47.41	350m: 5:01.21	39.42
	100m: 1:19.52	43.57	200m: 2:46.25	42.22	300m: 4:21.79	48.13	400m: 5:38.48	37.27
4.	SAULITE Sindija	08	RBJSS Ridzene-DSN	5:57.55	379	+0.46	II	
	50m: 36.24	36.24	150m: 2:07.96	45.35	250m: 3:42.62	49.56	350m: 5:15.66	41.94
	100m: 1:22.61	46.37	200m: 2:53.06	45.10	300m: 4:33.72	51.10	400m: 5:57.55	41.89