

Latvian Short Course Championship (25m)  
Valmiera, 20. - 22.6.2024

Event 10 Men, 400m Freestyle Open Results  
20.06.2024 - 18:23

Latvijas rekords 3:51.52 MILOSLAVSKIS Romans LAT Shanghai (CHN) 07.04.2006  
Sacens bu rekords 3:52.96 MIKELSONS Kristaps LAT Valmiera 16.06.2023

SKSM : 3:46.76 / SM : 4:06.29 / SMK : 4:20.64 / I : 4:39.05 / II : 5:07.14 / III : 5:46.42 / IV : 6:58.98

Points: FINA 2023

Vieta	Uzv rds, v rds	Dz.g.	Komanda	Rezult ts	Punkti	RL	SK	KP
1.	MIHAILOVS Olegs	05	Rezeknes BJSS	<b>4:03.00</b>	666	+0.75	SM	
	50m: 25.46 25.46	150m: 1:24.47 30.06	250m: 2:27.12 31.51	350m: 3:31.50 32.28				
	100m: 54.41 28.95	200m: 1:55.61 31.14	300m: 2:59.22 32.10	400m: 4:03.00 31.50				
2.	PETRIKINS Danila	06	RBJSS Ridzene-DSN	<b>4:10.05</b>	611	+0.57	SMK	
	50m: 27.08 27.08	150m: 1:28.00 31.04	250m: 2:32.28 32.32	350m: 3:38.12 33.21				
	100m: 56.96 29.88	200m: 1:59.96 31.96	300m: 3:04.91 32.63	400m: 4:10.05 31.93				
3.	LESSING Gerd Johan	09	Ujumise Spordiklubi	<b>4:13.15</b>	589	+0.63	SMK	
	50m: 26.72 26.72	150m: 1:28.10 31.68	250m: 2:34.08 33.31	350m: 3:41.41 33.72				
	100m: 56.42 29.70	200m: 2:00.77 32.67	300m: 3:07.69 33.61	400m: 4:13.15 31.74				
4.	VITOLS Reinis	07	RBJSS Ridzene-DSN	<b>4:17.00</b>	563	+0.76	SMK	
	50m: 27.23 27.23	150m: 1:31.10 33.11	250m: 2:38.40 33.80	350m: 3:45.18 33.50				
	100m: 57.99 30.76	200m: 2:04.60 33.50	300m: 3:11.68 33.28	400m: 4:17.00 31.82				
5.	KIRGIZOVS Timurs	08	Rezeknes BJSS	<b>4:17.04</b>	563	+0.69	SMK	
	50m: 27.40 27.40	150m: 1:30.58 32.53	250m: 2:37.39 33.62	350m: 3:44.67 33.50				
	100m: 58.05 30.65	200m: 2:03.77 33.19	300m: 3:11.17 33.78	400m: 4:17.04 32.37				
6.	PETRIKINS Iija	08	RBJSS Ridzene-DSN	<b>4:18.15</b>	555	+0.72	SMK	
	50m: 28.52 28.52	150m: 1:33.16 32.67	250m: 2:39.31 32.88	350m: 3:46.15 33.49				
	100m: 1:00.49 31.97	200m: 2:06.43 33.27	300m: 3:12.66 33.35	400m: 4:18.15 32.00				
7.	VAZDIKIS Artis	00	Rigas Kipsalas PK	<b>4:23.20</b>	524	+0.76	I	
	50m: 28.28 28.28	150m: 1:32.42 32.89	250m: 2:40.43 34.30	350m: 3:49.60 34.58				
	100m: 59.53 31.25	200m: 2:06.13 33.71	300m: 3:15.02 34.59	400m: 4:23.20 33.60				
8.	ZIGARKOVS Sebastians	07	Daugavpils SS	<b>4:26.03</b>	507	+0.61	I	
	50m: 30.05 30.05	150m: 1:37.06 33.95	250m: 2:45.40 34.23	350m: 3:53.47 34.13				
	100m: 1:03.11 33.06	200m: 2:11.17 34.11	300m: 3:19.34 33.94	400m: 4:26.03 32.56				
9.	VASILJEVS Romans	06	RBJSS Ridzene-DSN	<b>4:27.62</b>	498		I	
	50m: 27.73 27.73	150m: 1:32.79 33.27	250m: 2:42.66 35.23	350m: 3:53.90 35.82				
	100m: 59.52 31.79	200m: 2:07.43 34.64	300m: 3:18.08 35.42	400m: 4:27.62 33.72				
10.	MEIJERS Miks	07	RBJSS Ridzene-DSN	<b>4:30.28</b>	484	+0.44	I	
	50m: 29.03 29.03	150m: 1:35.05 33.83	250m: 2:43.84 34.67	350m: 3:55.16 35.69				
	100m: 1:01.22 32.19	200m: 2:09.17 34.12	300m: 3:19.47 35.63	400m: 4:30.28 35.12				
11.	VILIMS Mihails	09	SK Delfins	<b>4:33.32</b>	468		I	
	50m: 29.33 29.33	150m: 1:36.71 34.21	250m: 2:46.49 35.39	350m: 3:58.36 35.80				
	100m: 1:02.50 33.17	200m: 2:11.10 34.39	300m: 3:22.56 36.07	400m: 4:33.32 34.96				
12.	SPRICIS Markuss	04	Valmieras SS	<b>4:34.49</b>	462	+0.75	I	
	50m: 30.43 30.43	150m: 1:37.54 33.98	250m: 2:47.97 35.34	350m: 3:59.97 36.03				
	100m: 1:03.56 33.13	200m: 2:12.63 35.09	300m: 3:23.94 35.97	400m: 4:34.49 34.52				
13.	VARDS Romans Evings	10	Jurmalas SS	<b>4:36.99</b>	449	+0.72	I	
	50m: 29.21 29.21	150m: 1:38.53 36.12	250m: 2:51.75 36.99	350m: 4:04.00 35.75				
	100m: 1:02.41 33.20	200m: 2:14.76 36.23	300m: 3:28.25 36.50	400m: 4:36.99 32.99				
14.	UCKURONIS Kristians	09	Kekavas NSS	<b>4:37.93</b>	445	+0.67	I	
	50m: 28.37 28.37	150m: 1:34.38 33.89	250m: 2:44.75 35.99	350m: 4:00.46 38.56				
	100m: 1:00.49 32.12	200m: 2:08.76 34.38	300m: 3:21.90 37.15	400m: 4:37.93 37.47				

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Vieta	Uzv rds, v rds	Dz.g. Komanda			Rezult ts	Punkti	RL	SK	KP
15.	SILINS Mikus	07 Valmieras SS			<b>4:51.59</b>	385	+0.70	II	
	50m: 31.62 31.62	150m: 1:44.43	36.93	250m: 3:00.56	38.47	350m: 4:16.07	37.28		
	100m: 1:07.50 35.88	200m: 2:22.09	37.66	300m: 3:38.79	38.23	400m: 4:51.59	35.52		
16.	GASCENKO Timurs	09 SK Delfins			<b>4:52.35</b>	382		II	
	50m: 32.33 32.33	150m: 1:45.14	37.63	250m: 3:01.81	38.38	350m: 4:16.87	36.98		
	100m: 1:07.51 35.18	200m: 2:23.43	38.29	300m: 3:39.89	38.08	400m: 4:52.35	35.48		
17.	KSENDZOVŠ Maksimilians	10 PK Ogre			<b>4:57.94</b>	361		II	
	50m: 32.99 32.99	150m: 1:47.60	37.42	250m: 3:05.79	38.86	350m: 4:22.71	37.50		
	100m: 1:10.18 37.19	200m: 2:26.93	39.33	300m: 3:45.21	39.42	400m: 4:57.94	35.23		
18.	NECIPORENKO Dmitrijs	10 RBJSS Ridzene-ZOL			<b>5:06.39</b>	332	+0.83	II	
	50m: 34.37 34.37	150m: 1:51.46	38.54	250m: 3:10.54	38.31	350m: 4:30.58	39.93		
	100m: 1:12.92 38.55	200m: 2:32.23	40.77	300m: 3:50.65	40.11	400m: 5:06.39	35.81		
19.	GRIDNEVS Grigorijš	09 RBJSS Ridzene-ZOL			<b>5:09.65</b>	322	+0.73		
	<i>*neatbilstošs I menis saska ar nolikuma 4.1.1. p</i>								
	50m: 33.45 33.45	150m: 1:48.06	38.04	250m: 3:08.06	40.69	350m: 4:31.30	41.29		
	100m: 1:10.02 36.57	200m: 2:27.37	39.31	300m: 3:50.01	41.95	400m: 5:09.65	38.35		