

SMÍ - Sumarmeistaramót Íslands 2024  
Hafnarfjörður, 15. - 16.6.2024

Sundgrein 17  
15.6.2024 - 17:03

kvenna, 400m fjórsund

14 ára og eldri  
Úrslitalistar

Íslandsmet	4:46.70	Hrafnhildur Luthersdóttir	SH	Reykjavík	5.6.2015
Unglingamet	4:55.17	Eygló Ósk Gústafsdóttir	AEGIR	Luxembourg (LUX)	31.5.2013
Aldursflokkamet	5:04.17	Eygló Ósk Gústafsdóttir	AEGIR	Reykjanesbaer	29.5.2010

Stig: FINA 2024

Sæti			F.ár						Tími	Stig		
1.	Sunneva Bergmann Ásbjornsdóttir		07	ÍRB						<b>5:16.05</b>	595	
	50m:	32.74	32.74	150m:	1:55.20	42.39	250m:	3:19.15	43.83	350m:	4:41.52	37.60
	100m:	1:12.81	40.07	200m:	2:35.32	40.12	300m:	4:03.92	44.77	400m:	5:16.05	34.53
2.	Kristín Ásta Sigtryggisdóttir		09	Ægir						<b>5:48.13</b>	445	
	50m:	34.05	34.05	150m:	2:03.56	46.13	250m:	3:38.23	48.59	350m:	5:09.86	40.86
	100m:	1:17.43	43.38	200m:	2:49.64	46.08	300m:	4:29.00	50.77	400m:	5:48.13	38.27