

Prova 3 Junior  
19/05/2024 - 9:15 Resultados

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
WDR	Bernardo Miguel Evaristo	06	Gualdim Pais				

Prova 3 Juvenil A  
19/05/2024 - 9:15 Resultados

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Joao Pedro Monteiro	08	BUZIOS - Coruche	<b>5:01.55</b>		472	
	50m: 30.84 30.84	200m: 2:27.41 1:20.65	400m: 5:01.55 1:07.11				
	100m: 1:06.76 35.92	300m: 3:54.44 1:27.03					
2.	Francisco Guilherme Freixieir08	Rio Maior		<b>5:23.93</b>		380	
	50m: 34.65 34.65	200m: 2:39.68 1:24.57	400m: 5:23.93 1:07.68				
	100m: 1:15.11 40.46	300m: 4:16.25 1:36.57					
3.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	<b>5:27.33</b>		369	
	50m: 33.08 33.08	200m: 2:36.10 1:23.02	400m: 5:27.33 1:14.96				
	100m: 1:13.08 40.00	300m: 4:12.37 1:36.27					
4.	Manuel Adriaio Cerca	08	Natacao da Guarda	<b>5:44.10</b>		317	
	50m: 32.75 32.75	200m: 2:42.16 1:27.88	400m: 5:44.10 1:15.94				
	100m: 1:14.28 41.53	300m: 4:28.16 1:46.00					
5.	Martim Silva Oliveira	08	Torres Novas	<b>6:07.55</b>		260	
	50m: 39.99 39.99	200m: 3:04.11 1:32.51	400m: 6:07.55 1:19.47				
	100m: 1:31.60 51.61	300m: 4:48.08 1:43.97					
6.	Joao Francisco Gaspar	08	BUZIOS - Coruche	<b>6:15.26</b>		244	
	50m: 34.62 34.62	200m: 2:55.09 1:36.54	400m: 6:15.26 1:20.67				
	100m: 1:18.55 43.93	300m: 4:54.59 1:59.50					
DNS	Afonso Bernardo Evaristo	08	Gualdim Pais				

Prova 3 Juvenil B  
19/05/2024 - 9:15 Resultados

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Dinis Maria Garcia	09	Nautico Abrantes	<b>5:12.47</b>		424	
	50m: 33.68 33.68	200m: 2:32.97 1:20.00	400m: 5:12.47 1:13.54				
	100m: 1:12.97 39.29	300m: 3:58.93 1:25.96					
2.	Afonso Maria Bento	09	Albicastrense	<b>5:24.38</b>		379	
	50m: 33.44 33.44	200m: 2:34.98 1:22.72	400m: 5:24.38 1:13.29				
	100m: 1:12.26 38.82	300m: 4:11.09 1:36.11					
3.	Miguel Silva Lima	09	Nautico Abrantes	<b>5:26.93</b>		370	
	50m: 32.03 32.03	200m: 2:34.68 1:24.47	400m: 5:26.93 1:16.90				
	100m: 1:10.21 38.18	300m: 4:10.03 1:35.35					
4.	Tomas Verissimo Silva	09	Penta da Covilha	<b>5:44.47</b>		316	
	50m: 32.50 32.50	200m: 2:41.63 1:29.25	400m: 5:44.47 1:16.22				
	100m: 1:12.38 39.88	300m: 4:28.25 1:46.62					
5.	Guilherme Filipe Rato	09	Albicastrense	<b>6:01.54</b>		273	
	50m: 39.10 39.10	200m: 3:02.04 1:37.53	400m: 6:01.54 1:19.87				
	100m: 1:24.51 45.41	300m: 4:41.67 1:39.63					
6.	Gabriel Sa Chambel	09	CLAC-Entroncamento	<b>6:03.66</b>		269	
	50m: 36.81 36.81	200m: 2:54.34 1:30.83	400m: 6:03.66 1:22.00				
	100m: 1:23.51 46.70	300m: 4:41.66 1:47.32					

Prova 3, Masc., 400m Estilos, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
7.	Rodrigo Nuno Caetano	09	Natacao da Guarda	<b>6:26.94</b>		223	
	50m: 37.98 37.98	200m: 3:11.23 1:45.42	400m: 6:26.94 1:23.25				
	100m: 1:25.81 47.83	300m: 5:03.69 1:52.46					
8.	Tomas Manuel Lourenco	09	CCDSerta	<b>6:27.25</b>		222	
	50m: 42.13 42.13	200m: 3:10.38 1:37.26	400m: 6:27.25 1:28.19				
	100m: 1:33.12 50.99	300m: 4:59.06 1:48.68					
9.	Rodrigo Duque Dias	09	CLAC-Entroncamento	<b>6:33.29</b>		212	
	50m: 41.88 41.88	200m: 3:06.60 1:34.76	400m: 6:33.29 1:33.23				
	100m: 1:31.84 49.96	300m: 5:00.06 1:53.46					
10.	Jose Tomas Martins	09	BUZIOS - Coruche	<b>7:19.30</b>		152	
	50m: 49.14 49.14	200m: 3:31.55 1:42.43	400m: 7:19.30 1:34.56				
	100m: 1:49.12 59.98	300m: 5:44.74 2:13.19					
DNS	Bernardo Amaral Pires	09	CCDSerta				

Prova 3

Masc., 400m Estilos

Infantil A  
Resultados

19/05/2024 - 9:15

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	David Filipe Pacheco	10	BUZIOS - Coruche	<b>5:03.64</b>		462	
	50m: 30.48 30.48	200m: 2:25.13 1:18.71	400m: 5:03.64 1:07.00				
	100m: 1:06.42 35.94	300m: 3:56.64 1:31.51					
2.	Guilherme Bernardo Martinho	10	Natacao do Fundao/GIRASSOL	<b>5:11.61</b>		427	
	50m: 31.98 31.98	200m: 2:26.65 1:16.34	400m: 5:11.61 1:14.90				
	100m: 1:10.31 38.33	300m: 3:56.71 1:30.06					
3.	Daniel Filipe Jorge	10	Rio Maior	<b>5:37.16</b>		337	
	50m: 33.48 33.48	200m: 2:39.76 1:25.81	400m: 5:37.16 1:15.77				
	100m: 1:13.95 40.47	300m: 4:21.39 1:41.63					
4.	Guilherme Martins Conceicao	10	Viver Santarem	<b>5:51.10</b>		299	
	50m: 37.97 37.97	200m: 2:56.17 1:33.66	400m: 5:51.10 1:18.28				
	100m: 1:22.51 44.54	300m: 4:32.82 1:36.65					
5.	Jose Miguel Pais	10	Natacao do Fundao/GIRASSOL	<b>5:56.12</b>		286	
	50m: 38.19 38.19	200m: 2:50.94 1:25.78	400m: 5:56.12 1:16.28				
	100m: 1:25.16 46.97	300m: 4:39.84 1:48.90					
6.	Tiago Frazao Barra	10	Rio Maior	<b>5:59.60</b>		278	
	50m: 37.73 37.73	200m: 2:56.54 1:33.41	400m: 5:59.60 1:19.37				
	100m: 1:23.13 45.40	300m: 4:40.23 1:43.69					
7.	Pedro Figueiredo Ferreira	10	20Km de Almeirim	<b>6:04.06</b>		268	
	50m: 36.47 36.47	200m: 2:56.09 1:34.93	400m: 6:04.06 1:24.34				
	100m: 1:21.16 44.69	300m: 4:39.72 1:43.63					
8.	Rui Ferreirinho Diogo	10	Albicastrense	<b>6:06.00</b>		264	
	50m: 36.25 36.25	200m: 2:54.81 1:31.81	400m: 6:06.00 1:22.85				
	100m: 1:23.00 46.75	300m: 4:43.15 1:48.34					
9.	Rodrigo Joao Abreu	10	Natacao da Guarda	<b>6:06.32</b>		263	
	50m: 39.51 39.51	200m: 3:02.02 1:33.45	400m: 6:06.32 1:16.59				
	100m: 1:28.57 49.06	300m: 4:49.73 1:47.71					
10.	Lourenco Vicente Geada	10	Torres Novas	<b>6:08.32</b>		259	
	50m: 39.57 39.57	200m: 2:58.48 1:31.24	400m: 6:08.32 1:23.26				
	100m: 1:27.24 47.67	300m: 4:45.06 1:46.58					
11.	Tiago Goncalves Vieira	10	Gualdim Pais	<b>6:11.78</b>		251	
	50m: 39.81 39.81	200m: 3:04.59 1:35.63	400m: 6:11.78 1:24.19				
	100m: 1:28.96 49.15	300m: 4:47.59 1:43.00					

Prova 3, Masc., 400m Estilos, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
12.	Afonso Goncalves Leite	10	CLAC-Entroncamento	<b>6:19.48</b>		236	
	50m: 40.28 40.28	200m: 3:05.31 1:37.68	400m: 6:19.48 1:26.14				
	100m: 1:27.63 47.35	300m: 4:53.34 1:48.03					
13.	Tomas Rafael Gaspar	10	CCDSerta	<b>6:27.49</b>		222	
	50m: 40.31 40.31	200m: 3:09.96 1:38.89	400m: 6:27.49 1:26.25				
	100m: 1:31.07 50.76	300m: 5:01.24 1:51.28					
14.	Lourenco Manuel Palmeiro	10	BUZIOS - Coruche	<b>6:44.98</b>		194	
	50m: 44.51 44.51	200m: 3:22.57 1:43.09	400m: 6:44.98 1:24.16				
	100m: 1:39.48 54.97	300m: 5:20.82 1:58.25					
15.	Duarte Jose Matos	10	CCDSerta	<b>7:06.55</b>		166	
	50m: 44.13 44.13	200m: 3:24.45 1:46.61	400m: 7:06.55 1:34.92				
	100m: 1:37.84 53.71	300m: 5:31.63 2:07.18					
16.	Afonso Ferreira Filipe	10	CCDSerta	<b>7:08.23</b>		164	
	50m: 50.56 50.56	200m: 3:40.09 1:49.93	400m: 7:08.23 1:30.63				
	100m: 1:50.16 59.60	300m: 5:37.60 1:57.51					
17.	Duarte Rafael Lopes	10	Electrico Clube/ FGil.pt	<b>7:14.43</b>		157	
	50m: 48.56 48.56	200m: 3:37.77 1:49.19	400m: 7:14.43 1:41.01				
	100m: 1:48.58 1:00.02	300m: 5:33.42 1:55.65					
DSQ	Lucas Granado Vences	10	Albicastrense				
	<i>SW 8.3 - Movimento alternado de pernas durante o percurso - SW 8.3, de mariposa</i>						
DSQ	Vicente Jose Carrilho	10	BUZIOS - Coruche				
	<i>SW 7.3 - O (a) atleta levou as mãos para além da linha da anca durante o percurso - SW 7.3</i>						
WDR	Francisco Manuel Cadete	10	Nautico Abrantes				

Prova 3

Masc., 400m Estilos

Infantil B  
Resultados

19/05/2024 - 9:15

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Duarte Moura Mendes	11	Torres Novas	<b>5:55.97</b>		287	
	50m: 36.09 36.09	200m: 2:54.64 1:33.40	400m: 5:55.97 1:23.73				
	100m: 1:21.24 45.15	300m: 4:32.24 1:37.60					
2.	Francisco Maria Dias	11	Viver Santarem	<b>6:02.68</b>		271	
	50m: 37.67 37.67	200m: 2:53.15 1:27.90	400m: 6:02.68 1:17.40				
	100m: 1:25.25 47.58	300m: 4:45.28 1:52.13					
3.	Diogo Chambel Santos	11	Nautico Abrantes	<b>6:06.97</b>		261	
	50m: 44.31 44.31	200m: 3:05.83 1:28.16	400m: 6:06.97 1:21.85				
	100m: 1:37.67 53.36	300m: 4:45.12 1:39.29					
4.	Heliodoro Joao Sombreiro	11	BUZIOS - Coruche	<b>6:10.93</b>		253	
	50m: 37.37 37.37	200m: 2:56.11 1:33.40	400m: 6:10.93 1:19.97				
	100m: 1:22.71 45.34	300m: 4:50.96 1:54.85					
5.	Manuel Maria Moniz	11	20Km de Almeirim	<b>6:13.80</b>		247	
	50m: 41.80 41.80	200m: 3:09.14 1:37.64	400m: 6:13.80 1:19.39				
	100m: 1:31.50 49.70	300m: 4:54.41 1:45.27					
6.	Eduardo Domingos Rosa	11	BUZIOS - Coruche	<b>6:23.73</b>		229	
	50m: 43.16 43.16	200m: 3:06.38 1:32.97	400m: 6:23.73 1:20.39				
	100m: 1:33.41 50.25	300m: 5:03.34 1:56.96					
7.	Martim Miguel Santos	11	Rio Maior	<b>6:24.88</b>		227	
	50m: 41.36 41.36	200m: 3:06.20 1:35.07	400m: 6:24.88 1:24.11				
	100m: 1:31.13 49.77	300m: 5:00.77 1:54.57					
8.	Dinis Oliveira Nunes	11	BUZIOS - Coruche	<b>6:28.37</b>		221	
	50m: 45.21 45.21	200m: 3:16.55 1:37.11	400m: 6:28.37 1:23.01				
	100m: 1:39.44 54.23	300m: 5:05.36 1:48.81					

Prova 3, Masc., 400m Estilos, Infantil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
9.	Luca Cristian Irimia	11	Uniao Samorense	<b>6:32.25</b>		214	
	50m: 41.79 41.79	200m: 3:05.90 1:32.43	400m: 6:32.25 1:25.03				
	100m: 1:33.47 51.68	300m: 5:07.22 2:01.32					
10.	Afonso Jose Alves	11	CCDSerta	<b>6:35.78</b>		208	
	50m: 40.53 40.53	200m: 3:09.47 1:36.86	400m: 6:35.78 1:30.96				
	100m: 1:32.61 52.08	300m: 5:04.82 1:55.35					
11.	Artur Alexandre Silva	11	20Km de Almeirim	<b>6:36.56</b>		207	
	50m: 41.37 41.37	200m: 3:22.19 1:50.96	400m: 6:36.56 1:24.08				
	100m: 1:31.23 49.86	300m: 5:12.48 1:50.29					
12.	Dinis Lourenco Pereira	11	Albicastrense	<b>6:55.57</b>		180	
	50m: 45.05 45.05	200m: 3:21.11 1:42.11	400m: 6:55.57 1:35.37				
	100m: 1:39.00 53.95	300m: 5:20.20 1:59.09					
13.	Tiago Daniel Santos	11	BUZIOS - Coruche	<b>7:05.15</b>		168	
	50m: 46.44 46.44	200m: 3:27.65 1:43.75	400m: 7:05.15 1:32.65				
	100m: 1:43.90 57.46	300m: 5:32.50 2:04.85					
DSQ	Tomas Miguel Pedro	11	BUZIOS - Coruche				
	<i>SW 10.2 - O(a) atleta não completou o percurso - SW 10.2</i>						