

Torneio de Fundo Infantis e Juvenis
Ponte de Sor, 20 e 21 de Maio 2023

Prova 1
18/05/2024 - 15:00

Femin., 400m Estilos

Juvenil A
Resultados

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Laura Brites Costa	09	Rio Maior	5:34.91		462	
	50m: 34.63 34.63		200m: 2:43.16 1:27.55	400m: 5:34.91 1:17.99			
	100m: 1:15.61 40.98		300m: 4:16.92 1:33.76				
2.	Rita Lobo Pires	09	Natacao do Fundao/GIRASSOL	5:35.53		459	
	50m: 36.39 36.39		200m: 2:49.21 1:29.94	400m: 5:35.53 1:18.42			
	100m: 1:19.27 42.88		300m: 4:17.11 1:27.90				
3.	Eduarda Galvao Raposo	09	Natacao do Fundao/GIRASSOL	5:37.31		452	
	50m: 35.66 35.66		200m: 2:40.66 1:23.90	400m: 5:37.31 1:15.08			
	100m: 1:16.76 41.10		300m: 4:22.23 1:41.57				
4.	Laura Prates Morais	09	BUZIOS - Coruche	5:55.22		387	
	50m: 36.78 36.78		200m: 2:46.25 1:24.50	400m: 5:55.22 1:14.86			
	100m: 1:21.75 44.97		300m: 4:40.36 1:54.11				
5.	Leonor Margarida Mateus	09	BUZIOS - Coruche	6:17.03		323	
	50m: 39.78 39.78		200m: 3:01.46 1:32.21	400m: 6:17.03 1:21.28			
	100m: 1:29.25 49.47		300m: 4:55.75 1:54.29				
6.	Catarina Isabel Galvao	09	BUZIOS - Coruche	6:34.56		282	
	50m: 41.53 41.53		200m: 3:11.24 1:40.88	400m: 6:34.56 1:27.56			
	100m: 1:30.36 48.83		300m: 5:07.00 1:55.76				
7.	Vitoria Morao Almeida	09	Albicastrense	6:34.75		282	
	50m: 45.13 45.13		200m: 3:16.75 1:35.06	400m: 6:34.75 1:26.63			
	100m: 1:41.69 56.56		300m: 5:08.12 1:51.37				
8.	Simone Pais Marques	09	Albicastrense	6:36.12		279	
	50m: 44.06 44.06		200m: 3:13.49 1:37.99	400m: 6:36.12 1:30.64			
	100m: 1:35.50 51.44		300m: 5:05.48 1:51.99				
9.	Maria Ines Teixeira	09	Penta da Covilha	6:52.06		248	
	50m: 44.31 44.31		200m: 3:21.88 1:43.44	400m: 6:52.06 1:33.56			
	100m: 1:38.44 54.13		300m: 5:18.50 1:56.62				
10.	Vera Almeida Rosa	09	Nautico Abrantes	6:56.44		240	
	50m: 44.72 44.72		200m: 3:20.69 1:42.07	400m: 6:56.44 1:38.42			
	100m: 1:38.62 53.90		300m: 5:18.02 1:57.33				
11.	Clara Sofia Marcal	09	CCDSerta	6:58.52		236	
	50m: 46.37 46.37		200m: 3:29.45 1:46.50	400m: 6:58.52 1:29.85			
	100m: 1:42.95 56.58		300m: 5:28.67 1:59.22				
12.	Maria Ines Campos	09	Nautico Abrantes	7:20.65		202	
	50m: 49.16 49.16		200m: 3:38.03 1:50.18	400m: 7:20.65 1:46.78			
	100m: 1:47.85 58.69		300m: 5:33.87 1:55.84				
WDR	Carolina Cupertino Marchante	09	CLAC-Entroncamento				
WDR	Ana Sofia Baptista	09	CCDSerta				

Prova 1
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Juvenil B
Resultados

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Leonor Sombreiro Martins	10	BUZIOS - Coruche	5:27.09		496	
	50m: 33.72 33.72		200m: 2:36.19 1:22.17	400m: 5:27.09 1:12.54			
	100m: 1:14.02 40.30		300m: 4:14.55 1:38.36				
2.	Lara Paixao Silva	10	Rio Maior	6:00.55		370	
	50m: 37.92 37.92		200m: 2:57.60 1:33.19	400m: 6:00.55 1:16.73			
	100m: 1:24.41 46.49		300m: 4:43.82 1:46.22				

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Prova 1, Femin., 400m Estilos, Juvenil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
3.	Flor Fortunata Ferreira	10	Gualdim Pais	6:11.96		337	
	50m: 37.52 37.52	200m: 3:01.75 1:38.35	400m: 6:11.96 1:21.97				
	100m: 1:23.40 45.88	300m: 4:49.99 1:48.24					
4.	Maria Carmo Rodrigues	10	BUZIOS - Coruche	6:35.60		280	
	50m: 44.42 44.42	200m: 3:18.33 1:41.40	400m: 6:35.60 1:26.43				
	100m: 1:36.93 52.51	300m: 5:09.17 1:50.84					
5.	Carolina Neves Sousa	10	Electrico Clube/ FGil.pt	6:45.08		261	
	50m: 41.67 41.67	200m: 3:18.08 1:40.41	400m: 6:45.08 1:32.91				
	100m: 1:37.67 56.00	300m: 5:12.17 1:54.09					
6.	Madalena Pires Tavares	10	Albicastrense	7:15.29		210	
	50m: 56.10 56.10	200m: 3:44.73 1:43.53	400m: 7:15.29 1:29.59				
	100m: 2:01.20 1:05.10	300m: 5:45.70 2:00.97					
DSQ	Carolina Pinto Banhudo	10	Albicastrense				
	<i>SW 6.4 - O(a) atleta não efectuou a viragem aos 150 metros, logo após terminar o movimento continuo de braços - SW 6.4</i>						

Prova 1
18/05/2024 - 15:00

Femin., 400m Estilos

Infantil A
Resultados

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Sofia Barroca Pereira	11	BUZIOS - Coruche	6:00.30		371	
	50m: 42.56 42.56	200m: 3:05.39 1:32.39	400m: 6:00.30 1:13.97				
	100m: 1:33.00 50.44	300m: 4:46.33 1:40.94					
2.	Benedita Maria Lagarinhos	11	Viver Santarem	6:04.41		358	
	50m: 35.99 35.99	200m: 2:52.74 1:34.47	400m: 6:04.41 1:19.83				
	100m: 1:18.27 42.28	300m: 4:44.58 1:51.84					
3.	Margarida Pinho Formigo	11	Torres Novas	6:17.04		323	
	50m: 41.17 41.17	200m: 3:11.53 1:40.39	400m: 6:17.04 1:22.39				
	100m: 1:31.14 49.97	300m: 4:54.65 1:43.12					
4.	Rita Lino Ferreira	11	BUZIOS - Coruche	6:26.80		300	
	50m: 43.95 43.95	200m: 3:15.91 1:41.60	400m: 6:26.80 1:24.07				
	100m: 1:34.31 50.36	300m: 5:02.73 1:46.82					
5.	Ines Martins Farinha	11	CCDSerta	6:32.35		287	
	50m: 44.26 44.26	200m: 3:16.06 1:38.44	400m: 6:32.35 1:26.87				
	100m: 1:37.62 53.36	300m: 5:05.48 1:49.42					
6.	Beatriz Agostinho Duque	11	20Km de Almeirim	6:33.66		284	
	50m: 50.48 50.48	200m: 3:19.91 1:34.97	400m: 6:33.66 1:22.60				
	100m: 1:44.94 54.46	300m: 5:11.06 1:51.15					
7.	Matilde Nogueira Lourenco	11	CCDSerta	6:43.00		265	
	50m: 45.85 45.85	200m: 3:25.82 1:45.28	400m: 6:43.00 1:26.15				
	100m: 1:40.54 54.69	300m: 5:16.85 1:51.03					
8.	Maria Ines Ferreira	11	Torres Novas	6:52.29		247	
	50m: 48.50 48.50	200m: 3:26.22 1:41.82	400m: 6:52.29 1:32.53				
	100m: 1:44.40 55.90	300m: 5:19.76 1:53.54					
9.	Maria Francisca Constantino	11	Electrico Clube/ FGil.pt	7:11.47		216	
	50m: 45.72 45.72	200m: 3:29.47 1:48.97	400m: 7:11.47 1:42.47				
	100m: 1:40.50 54.78	300m: 5:29.00 1:59.53					
10.	Beatriz Isabel Moura	11	Nautico Abrantes	7:31.04		189	
	50m: 49.09 49.09	200m: 3:44.29 1:56.05	400m: 7:31.04 1:35.35				
	100m: 1:48.24 59.15	300m: 5:55.69 2:11.40					

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Prova 1, Femin., 400m Estilos, Infantil A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
11.	Madalena Santos Rolo	11	CCDSerta	7:59.18		157	
	50m: 56.19 56.19	200m: 3:54.85 1:50.11	400m: 7:59.18 1:39.16				
	100m: 2:04.74 1:08.55	300m: 6:20.02 2:25.17					
12.	Catarina Leonor Pereira	11	CLAC-Entroncamento	8:03.92		153	
	50m: 53.87 53.87	200m: 4:02.09 2:04.00	400m: 8:03.92 1:44.75				
	100m: 1:58.09 1:04.22	300m: 6:19.17 2:17.08					
DSQ	Daniela Matias Ribeiro	11	CCDSerta				
	<i>SW 6.4 - O(a) atleta não efectuou a viragem aos 150 metros, logo após terminar o movimento contínuo de braços - SW 6.4, (deslize)</i>						
DNS	Ines Sendas Marco	11	Albicastrense				
WDR	Mariana Freitas Mota	11	Torres Novas				

 Prova 1 Femin., 400m Estilos Infantil B
 18/05/2024 - 15:00 Resultados

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
1.	Matilde Casimiro Bibi	12	BUZIOS - Coruche	5:47.94		412	
	50m: 35.94 35.94	200m: 2:46.44 1:27.47	400m: 5:47.94 1:20.68				
	100m: 1:18.97 43.03	300m: 4:27.26 1:40.82					
2.	Rita Gomes Valentim	12	Torres Novas	6:06.10		353	
	50m: 38.27 38.27	200m: 2:53.66 1:29.13	400m: 6:06.10 1:23.38				
	100m: 1:24.53 46.26	300m: 4:42.72 1:49.06					
3.	Rita Maria Rosa	12	BUZIOS - Coruche	6:28.64		295	
	50m: 41.18 41.18	200m: 3:12.13 1:40.81	400m: 6:28.64 1:22.38				
	100m: 1:31.32 50.14	300m: 5:06.26 1:54.13					
4.	Maria Beatriz Mestre	12	Electrico Clube/ FGil.pt	6:32.50		287	
	50m: 43.82 43.82	200m: 3:14.82 1:38.64	400m: 6:32.50 1:23.00				
	100m: 1:36.18 52.36	300m: 5:09.50 1:54.68					
5.	Marta Costa Soares	12	Uniao Samorense	6:38.13		275	
	50m: 43.59 43.59	200m: 3:15.53 1:37.47	400m: 6:38.13 1:25.35				
	100m: 1:38.06 54.47	300m: 5:12.78 1:57.25					
6.	Alicia Lopes Deep	12	BUZIOS - Coruche	6:49.84		252	
	50m: 46.65 46.65	200m: 3:27.09 1:43.33	400m: 6:49.84 1:30.17				
	100m: 1:43.76 57.11	300m: 5:19.67 1:52.58					
7.	Rita Balsa Alves	12	BUZIOS - Coruche	7:02.33		230	
	50m: 48.62 48.62	200m: 3:28.33 1:43.42	400m: 7:02.33 1:31.21				
	100m: 1:44.91 56.29	300m: 5:31.12 2:02.79					
8.	Margarida Madeira Pires	12	Rio Maior	7:03.34		228	
	50m: 53.31 53.31	200m: 3:37.46 1:41.65	400m: 7:03.34 1:28.88				
	100m: 1:55.81 1:02.50	300m: 5:34.46 1:57.00					
9.	Juliana Antunes Monteiro	12	Gualdim Pais	7:13.02		213	
	50m: 49.60 49.60	200m: 3:43.20 1:53.07	400m: 7:13.02 1:32.35				
	100m: 1:50.13 1:00.53	300m: 5:40.67 1:57.47					
10.	Laura Rosinha Maia	12	Gualdim Pais	7:13.97		212	
	50m: 44.33 44.33	200m: 3:26.62 1:48.79	400m: 7:13.97 1:40.75				
	100m: 1:37.83 53.50	300m: 5:33.22 2:06.60					
11.	Diana Sofia Pereira	12	Natacao do Fundao/GIRASSOL	7:20.88		202	
	50m: 53.09 53.09	200m: 3:45.52 1:45.78	400m: 7:20.88 1:38.36				
	100m: 1:59.74 1:06.65	300m: 5:42.52 1:57.00					
12.	Ines Munhos Silva	12	Albicastrense	7:21.00		202	
	50m: 47.48 47.48	200m: 3:33.01 1:44.73	400m: 7:21.00 1:49.76				
	100m: 1:48.28 1:00.80	300m: 5:31.24 1:58.23					

Torneio de Fundo Infantis e Juvenis
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Prova 1, Femin., 400m Estilos, Infantil B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	Pontos
13.	Ana Marisa Simples	12	Uniao Samorense	7:31.76		188	
	50m: 48.45 48.45	200m: 3:33.76 1:46.40	400m: 7:31.76 1:44.40				
	100m: 1:47.36 58.91	300m: 5:47.36 2:13.60					
14.	Maria Benedita Ribeiro	12	CCDSerta	7:48.59		168	
	50m: 56.36 56.36	200m: 3:58.48 1:52.59	400m: 7:48.59 1:48.14				
	100m: 2:05.89 1:09.53	300m: 6:00.45 2:01.97					
15.	Joana Verissimo Tavares	12	CLAC-Entroncamento	7:56.87		160	
	50m: 53.92 53.92	200m: 3:56.29 1:58.85	400m: 7:56.87 1:44.81				
	100m: 1:57.44 1:03.52	300m: 6:12.06 2:15.77					
16.	Leonor Cardoso Tavares	12	CCDSerta	7:59.03		157	
	50m: 57.29 57.29	200m: 4:13.47 2:05.15	400m: 7:59.03 1:43.05				
	100m: 2:08.32 1:11.03	300m: 6:15.98 2:02.51					
17.	Matilde Nunes Simoes	12	CCDSerta	7:59.81		157	
	50m: 55.28 55.28	200m: 3:56.03 1:56.50	400m: 7:59.81 1:42.17				
	100m: 1:59.53 1:04.25	300m: 6:17.64 2:21.61					
18.	Margarida Amaral Mesquita	12	Electrico Clube/ FGil.pt	8:07.46		149	
	50m: 53.14 53.14	200m: 3:53.75 1:57.94	400m: 8:07.46 1:46.68				
	100m: 1:55.81 1:02.67	300m: 6:20.78 2:27.03					
19.	Ines Santos Pina	12	CLAC-Entroncamento	8:25.05		134	
	50m: 57.22 57.22	200m: 4:18.90 2:13.03	400m: 8:25.05 1:50.65				
	100m: 2:05.87 1:08.65	300m: 6:34.40 2:15.50					
DSQ	Maria Pais Santos	12	BUZIOS - Coruche				
	<i>SW 7.4 - O (a) atleta realizou movimento alternado de pernas durante o percurso - SW 7.4, Após viragem dos 75m</i>						
DSQ	Margarida Lourenco Antunes	12	CCDSerta				
	<i>SW 6.4 - O(a) atleta não efectuou a viragem aos 150 metros, logo após terminar o movimento continuo de braços - SW 6.4, (deslize)</i>						
DNS	Margarida Serejo Cane	12	Electrico Clube/ FGil.pt				
WDR	Ines Barata Henrique	12	Albicastrense				
WDR	Matilde Abelho Vaz	12	CLAC-Entroncamento				
WDR	Maria Vitoria Martinho	12	Gualdim Pais				
EXH	Carolina Reis Lopes	11	Torres Novas	7:04.74		226	
	50m: 53.51 53.51	200m: 3:40.26 1:46.05	400m: 7:04.74 1:33.05				
	100m: 1:54.21 1:00.70	300m: 5:31.69 1:51.43					
EXH	Beatriz Rodrigues Fontinho	12	CLAC-Entroncamento	7:44.81		172	
	50m: 56.67 56.67	200m: 4:03.07 2:00.61	400m: 7:44.81 1:45.24				
	100m: 2:02.46 1:05.79	300m: 5:59.57 1:56.50					