

Torneio Regional de Fundo e Nadador Completo
Grândola, 18/5/2024

Prova 8 Masc., 1500m Livres 13 - 16 anos
18/05/2024 - 11:20 Resultados

Recordes Regionais Piscina Curta Open	16:43.65	Filipe Ricardo AZEVEDO	AMINATA Sines	08/12/2012
Recordes Regionais Piscina Curta 16	17:11.36	Miguel Martins BALTAZAR	AMINATA Evora	02/02/2014
Recordes Regionais Piscina Curta 15	17:27.48	Nelson Pereira MALHEIROS	CNLA Ponte de sor	16/03/2014
Recordes Regionais Piscina Curta 14	17:35.04	Miguel Martins BALTAZAR	AMINATA Evora	29/01/2012
Recordes Regionais Piscina Curta 13	18:05.29	Gustavo Manuel SANTA	Ind ANALENLeiria	02/04/2006

Pontos: FINA 2023

Lugar Nome Idade Clube Tempo final Pts

13 anos

1.	Guilherme Martins CANDEIAS	13	Aminata	21:34.40 280
	100m: 1:21.79 1:21.79	500m:	900m:	1300m:
	200m: 2:46.19 1:24.40	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m: 21:34.40
	400m: 5:38.72	800m: 11:32.47	1200m:	
2.	Gustavo Cardoso SANTOS	13	Ndco	24:02.94 202
	100m: 1:30.05 1:30.05	500m:	900m:	1300m:
	200m: 3:04.97 1:34.92	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m: 24:02.94
	400m: 6:15.08	800m: 12:40.40	1200m:	
3.	Bernardo Jose LOUCAO	13	Litoral Alentejano	24:26.22 192
	100m: 1:37.27 1:37.27	500m:	900m:	1300m:
	200m: 3:17.65 1:40.38	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m: 24:26.22
	400m: 6:30.12	800m: 13:06.22	1200m:	

14 anos

1.	Afonso Rodrigues FERREIRA	14	Ndco	20:03.09 348
	100m: 1:13.93 1:13.93	500m:	900m:	1300m:
	200m: 2:32.79 1:18.86	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m: 20:03.09
	400m: 5:10.71	800m: 10:34.51	1200m:	
2.	Tiago Romaneiro JANEIRINHO	14	Aminata	20:04.06 347
	100m: 1:17.87 1:17.87	500m:	900m:	1300m:
	200m: 2:38.66 1:20.79	600m:	1000m:	1400m:
	300m: 3:57.91 1:19.25	700m:	1100m:	1500m: 20:04.06
	400m: 5:18.94 1:21.03	800m: 10:43.63	1200m:	
3.	Diogo Miguel CARAVELINHA	14	Aminata	20:43.22 316
	100m: 1:19.97 1:19.97	500m:	900m:	1300m:
	200m: 2:41.90 1:21.93	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m: 20:43.22
	400m: 5:27.50	800m: 11:00.15	1200m:	
4.	Rodrigo Santos SOUZA	14	Acmn	21:50.47 269
	100m: 1:17.83 1:17.83	500m:	900m:	1300m:
	200m: 2:40.00 1:22.17	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m: 21:50.47
	400m: 5:31.90	800m:	1200m:	
5.	Mateus HELENO	14	Seagull Rescue	22:43.13 239
	100m: 1:25.23 1:25.23	500m:	900m:	1300m:
	200m: 2:56.29 1:31.06	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m: 22:43.13
	400m: 6:00.60	800m: 12:10.39	1200m:	
6.	Rodrigo Alexandre RAPOSO	14	Acmn	23:52.23 206
	100m: 1:32.70 1:32.70	500m:	900m:	1300m:
	200m: 3:09.91 1:37.21	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m: 23:52.23
	400m: 6:18.13	800m: 12:41.63	1200m:	

Torneio Regional de Fundo e Nadador Completo
Grândola, 18/5/2024

Prova 8, Masc., 1500m Livres, 14 anos

Lugar	Nome	Idade	Clube	Tempo final	Pts
7.	Luis Carlos VAZ	14	Litoral Alentejano	24:27.84	192
	100m: 1:34.63	1:34.63	500m:	900m:	1300m:
	200m: 3:12.50	1:37.87	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m:	24:27.84
	400m: 6:34.37	800m: 13:09.23	1200m:		

15 anos

1.	Dinis Alexandre CAEIRO	15	Grupo Desportivo Mora	21:11.73	295
	100m: 1:17.04	1:17.04	500m:	900m:	1300m:
	200m: 2:41.92	1:24.88	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m:	21:11.73
	400m: 5:33.84	800m: 11:15.37	1200m:		
2.	João PORTO	15	Seagull Rescue	23:44.57	210
	100m: 1:29.28	1:29.28	500m:	900m:	1300m:
	200m: 4:05.25	2:35.97	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m:	23:44.57
	400m: 6:20.00	800m: 12:47.75	1200m:		
3.	Salvador Pinto FALCAO	15	Acmn	24:46.46	184
	100m: 1:32.75	1:32.75	500m:	900m:	1300m:
	200m: 3:10.28	1:37.53	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m:	24:46.46
	400m: 6:26.28	800m: 13:11.14	1200m:		

16 anos

1.	Guilherme Oliveira MARQUES	16	Grupo Desportivo Mora	20:30.66	325
	100m: 1:33.89	1:33.89	500m:	900m:	1300m:
	200m: 2:31.10	57.21	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m:	20:30.66
	400m: 5:12.58	800m: 10:46.98	1200m:		
2.	Miguel Martins RATO	16	Estremoz / Estremozcarnes	21:26.55	285
	100m: 1:16.95	1:16.95	500m:	900m:	1300m:
	200m: 2:40.56	1:23.61	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m:	21:26.55
	400m: 5:31.46	800m: 11:20.83	1200m:		
3.	Miguel Salgueiro VITORINO	16	Grupo Desportivo Mora	21:46.48	272
	100m: 1:17.91	1:17.91	500m:	900m:	1300m:
	200m: 2:40.16	1:22.25	600m:	1000m:	1400m:
	300m:	700m:	1100m:	1500m:	21:46.48
	400m: 5:31.99	800m: 11:24.45	1200m:		