



Torregri III e Festival Aquático - Vinhais a Nadar  
Vinhais, 15 - 16/6/2024



Prova 29  
16/06/2024

Femin., 400m Livres

Cadetes A  
Resultados

Pontos: FINA 2022

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Ines Correia Duarte	216257	13	Colegio Efanor	<b>5:57.71</b>	279
	50m: 40.59 40.59	150m:		250m:	350m:	
	100m: 1:25.06 44.47	200m: 2:56.68		300m: 4:29.93	400m: 5:57.71	
2.	Sara Soares Azevedo	214761	13	Colegio Efanor	<b>6:18.55</b>	235
	50m: 42.88 42.88	150m:		250m:	350m:	
	100m: 1:30.23 47.35	200m: 3:07.63		300m: 4:43.98	400m: 6:18.55	
3.	Maria Francisca Silva	216980	13	Colegio Efanor	<b>6:52.84</b>	181
	50m: 46.34 46.34	150m:		250m:	350m:	
	100m: 1:39.81 53.47	200m: 3:25.64		300m: 5:12.74	400m: 6:52.84	
4.	Maria Carolina Ferreira	216985	13	Colegio Efanor	<b>7:05.96</b>	165
	50m: 46.65 46.65	150m:		250m:	350m:	
	100m: 1:40.40 53.75	200m: 3:29.31		300m: 5:19.46	400m: 7:05.96	
5.	Magda Jorge Nascimento	220734	13	Emnv/FC Vinhais	<b>7:32.60</b>	138
	50m: 47.95 47.95	150m:		250m:	350m:	
	100m: 1:39.74 51.79	200m: 3:35.13		300m: 5:35.49	400m: 7:32.60	
DSQ	Leonor Vaz Osorio	216142	13	CMN Peso da Régua		
	102 - Não completou a prova - SW 10.2					
DNS	Ana Luis Ferreira	214766	13	Colegio Efanor		
DNS	Maria Francisca Ferreira	216986	13	Colegio Efanor		
DNS	Ana Rita Teixeira	216143	13	CMN Peso da Régua		
DNS	Matilde Ribeiro Sales	220142	13	CMN Peso da Régua		
DNS	Leonor Almeida Pereira	216145	13	CMN Peso da Régua		
WDR	Laura Jorge Alves	216844	13	Gcvr		
WDR	Susana Pedro Carvalhinha	214488	13	Gcvr		
WDR	Mariana Lopes Carvalho	214486	13	Gcvr		
WDR	Carlota Teiga Cruz	217390	13	Gcvr		
WDR	Benedita Martins Fernandes	214551	13	Gcvr		
WDR	Maria Joao Gomes	216332	13	Gcvr		