

Prova 8
19.05.2024 - 11:46

Femin., 800m Livres

Juvenis
Resultados

Rec Regional Juv A	8:46.74	Ana Cláudia Correia Santos	POR	Cantanhede	2004
Rec Regional Juv B	9:06.60	Ana Cláudia Correia Santos	POR	Penafiel	2004
Rec Regional Absoluto	8:23.23	Diana Margarida Duraes	POR	Felgueiras	2018
Rec Nacional Juv A	8:46.74	Ana Cláudia Santos	POR	Cantanhede	2004
Rec Nacional Juv B	9:00.27	Alexandra Maria Silva	POR		1981
Rec Nacional Absoluto	8:23.23	Diana Margarida Duraes	POR	Felgueiras	2018

Mínimo Participação Juv B: 11:13.47; Juv A: 10:50.86

Pontos: FINA 2023

Pos.	Nadador	Ano	Clube	Tempo	Pts
Juvenis B					
1.	Ana Nabais Mendes	10	Laranjeiro	10:02.12	498
	50m: 35.76 35.76	250m: 3:05.28 37.97	450m: 5:38.97 37.67	650m: 8:11.10 37.90	
	100m: 1:12.26 36.50	300m: 3:44.22 38.94	500m: 6:17.23 38.26	700m: 8:48.92 37.82	
	150m: 1:49.36 37.10	350m: 4:22.56 38.34	550m: 6:55.43 38.20	750m: 9:26.38 37.46	
	200m: 2:27.31 37.95	400m: 5:01.30 38.74	600m: 7:33.20 37.77	800m: 10:02.12 35.74	
2.	Maria Madalena Fernandes	10	Alges	10:03.17	495
	50m: 36.28 36.28	250m: 3:06.34 37.64	450m: 5:38.02 38.19	650m: 8:11.04 38.13	
	100m: 1:13.37 37.09	300m: 3:43.94 37.60	500m: 6:16.21 38.19	700m: 8:49.15 38.11	
	150m: 1:51.01 37.64	350m: 4:21.86 37.92	550m: 6:54.62 38.41	750m: 9:26.79 37.64	
	200m: 2:28.70 37.69	400m: 4:59.83 37.97	600m: 7:32.91 38.29	800m: 10:03.17 36.38	
3.	Rita Braga Gomes	10	Sporting	10:04.55	492
	50m: 35.91 35.91	250m: 3:04.75 37.88	450m: 5:35.90 38.05	650m: 8:10.00 38.22	
	100m: 1:12.57 36.66	300m: 3:42.11 37.36	500m: 6:14.47 38.57	700m: 8:48.49 38.49	
	150m: 1:49.09 36.52	350m: 4:19.94 37.83	550m: 6:53.22 38.75	750m: 9:27.55 39.06	
	200m: 2:26.87 37.78	400m: 4:57.85 37.91	600m: 7:31.78 38.56	800m: 10:04.55 37.00	
4.	Carolina Escrevente Guerra	10	Alges	10:15.42	466
	50m: 36.16 36.16	250m: 3:08.03 38.35	450m: 5:43.28 38.58	650m: 8:18.57 39.75	
	100m: 1:13.68 37.52	300m: 3:46.83 38.80	500m: 6:21.71 38.43	700m: 8:57.87 39.30	
	150m: 1:51.59 37.91	350m: 4:25.76 38.93	550m: 6:59.95 38.24	750m: 9:37.41 39.54	
	200m: 2:29.68 38.09	400m: 5:04.70 38.94	600m: 7:38.82 38.87	800m: 10:15.42 38.01	
5.	Joana Alexandra Silva	10	CPCD - Póvoa Sta Iria	10:17.58	461
	50m: 36.62 36.62	250m: 3:11.04 39.75	450m: 5:47.74 38.87	650m: 8:23.98 39.32	
	100m: 1:14.52 37.90	300m: 3:50.15 39.11	500m: 6:26.27 38.53	700m: 9:02.67 38.69	
	150m: 1:52.41 37.89	350m: 4:29.12 38.97	550m: 7:05.23 38.96	750m: 9:40.76 38.09	
	200m: 2:31.29 38.88	400m: 5:08.87 39.75	600m: 7:44.66 39.43	800m: 10:17.58 36.82	
6.	Beatriz Costa Diniz	10	Sporting	10:18.02	460
	50m: 35.23 35.23	250m: 3:07.08 38.98	450m: 5:43.62 39.25	650m: 8:22.77 39.84	
	100m: 1:12.17 36.94	300m: 3:45.97 38.89	500m: 6:23.14 39.52	700m: 9:02.69 39.92	
	150m: 1:49.79 37.62	350m: 4:25.03 39.06	550m: 7:03.54 40.40	750m: 9:41.00 38.31	
	200m: 2:28.10 38.31	400m: 5:04.37 39.34	600m: 7:42.93 39.39	800m: 10:18.02 37.02	
7.	Maria Duarte Carvalho	10	Benfica	10:26.97	441
	50m: 36.79 36.79	250m: 3:12.81 39.32	450m: 5:51.25 39.63	650m: 8:30.63 40.00	
	100m: 1:14.94 38.15	300m: 3:52.45 39.64	500m: 6:30.72 39.47	700m: 9:09.87 39.24	
	150m: 1:53.92 38.98	350m: 4:31.87 39.42	550m: 7:10.66 39.94	750m: 9:49.28 39.41	
	200m: 2:33.49 39.57	400m: 5:11.62 39.75	600m: 7:50.63 39.97	800m: 10:26.97 37.69	
8.	Bruna Sofia Simoes	10	Sporting	10:30.87	433
	50m: 37.46 37.46	250m: 3:14.68 39.70	450m: 5:54.84 40.20	650m: 8:34.98 39.60	
	100m: 1:15.81 38.35	300m: 3:54.72 40.04	500m: 6:35.03 40.19	700m: 9:14.67 39.69	
	150m: 1:55.00 39.19	350m: 4:34.58 39.86	550m: 7:15.53 40.50	750m: 9:54.30 39.63	
	200m: 2:34.98 39.98	400m: 5:14.64 40.06	600m: 7:55.38 39.85	800m: 10:30.87 36.57	
9.	Maria Ines Fryxell	10	AONDA - Azeitão	10:31.11	432
	50m: 36.73 36.73	250m: 3:14.22 39.45	450m: 5:53.13 40.08	650m: 8:35.14 40.51	
	100m: 1:15.57 38.84	300m: 3:53.83 39.61	500m: 6:33.64 40.51	700m: 9:14.50 39.36	
	150m: 1:54.77 39.20	350m: 4:32.96 39.13	550m: 7:14.35 40.71	750m: 9:54.41 39.91	
	200m: 2:34.77 40.00	400m: 5:13.05 40.09	600m: 7:54.63 40.28	800m: 10:31.11 36.70	
10.	Jessica Bernardino Lopes	10	Fisica Torres Vedras	10:39.26	416
	50m: 36.05 36.05	250m: 3:12.95 39.95	450m: 5:55.75 41.12	650m: 8:40.09 41.19	
	100m: 1:14.18 38.13	300m: 3:53.16 40.21	500m: 6:36.64 40.89	700m: 9:21.08 40.99	
	150m: 1:53.48 39.30	350m: 4:33.78 40.62	550m: 7:17.67 41.03	750m: 10:01.43 40.35	
	200m: 2:33.00 39.52	400m: 5:14.63 40.85	600m: 7:58.90 41.23	800m: 10:39.26 37.83	
11.	Estela Couto Ribeiro	10	Sporting	10:43.88	407
	50m: 38.77 38.77	250m: 3:22.05 41.29	450m: 6:03.99 40.12	650m: 8:45.32 40.17	
	100m: 1:18.89 40.12	300m: 4:02.84 40.79	500m: 6:44.45 40.46	700m: 9:25.35 40.03	
	150m: 1:59.93 41.04	350m: 4:43.44 40.60	550m: 7:24.88 40.43	750m: 10:05.21 39.86	
	200m: 2:40.76 40.83	400m: 5:23.87 40.43	600m: 8:05.15 40.27	800m: 10:43.88 38.67	

Resultados online: anlisboa.info/live

Prova 8, Femin., 800m Livres, Juvenis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
12.	Giovanna Cunha Ferreira	10	Sporting	10:46.13	403
	50m: 38.35 38.35	250m: 3:20.41 40.96	450m: 6:03.61 40.48	650m: 8:45.61 40.61	
	100m: 1:18.44 40.09	300m: 4:01.11 40.70	500m: 6:43.58 39.97	700m: 9:26.68 41.07	
	150m: 1:58.93 40.49	350m: 4:42.15 41.04	550m: 7:24.47 40.89	750m: 10:07.09 40.41	
	200m: 2:39.45 40.52	400m: 5:23.13 40.98	600m: 8:05.00 40.53	800m: 10:46.13 39.04	
13.	Luisa Anjos Frischknecht	10	Naval Setubalense	10:49.83	396
	50m: 37.39 37.39	250m: 3:20.69 41.41	450m: 6:04.84 41.14	650m: 8:49.66 41.36	
	100m: 1:17.21 39.82	300m: 4:01.72 41.03	500m: 6:46.03 41.19	700m: 9:30.30 40.64	
	150m: 1:57.63 40.42	350m: 4:42.31 40.59	550m: 7:27.29 41.26	750m: 10:10.75 40.45	
	200m: 2:39.28 41.65	400m: 5:23.70 41.39	600m: 8:08.30 41.01	800m: 10:49.83 39.08	
14.	Alice Fernandes Rodrigues	10	Geslours	10:51.83	392
	50m: 38.51 38.51	250m: 3:19.08 40.91	450m: 6:01.96 40.80	650m: 8:48.68 42.01	
	100m: 1:17.88 39.37	300m: 3:59.45 40.37	500m: 6:43.38 41.42	700m: 9:31.50 42.82	
	150m: 1:57.86 39.98	350m: 4:40.20 40.75	550m: 7:24.73 41.35	750m: 10:12.48 40.98	
	200m: 2:38.17 40.31	400m: 5:21.16 40.96	600m: 8:06.67 41.94	800m: 10:51.83 39.35	
15.	Maria Rita Filipe	10	Geslours	10:56.21	385
	50m: 38.59 38.59	250m: 3:22.58 41.80	450m: 6:09.41 41.84	650m: 8:55.68 41.43	
	100m: 1:18.44 39.85	300m: 4:04.58 42.00	500m: 6:51.00 41.59	700m: 9:35.99 40.31	
	150m: 1:59.08 40.64	350m: 4:46.02 41.44	550m: 7:32.44 41.44	750m: 10:16.82 40.83	
	200m: 2:40.78 41.70	400m: 5:27.57 41.55	600m: 8:14.25 41.81	800m: 10:56.21 39.39	
DSQ	Rita Canas Brito	10	Naval Setubalense		
	<i>G27 - Não cumpriu a distância completa da prova. Desistiu aos 350 metros. (SW 10.2)</i>				

Juvenis A

1.	Sofia Monteiro Uva	09	Alges	9:54.03	519
	50m: 35.58 35.58	250m: 3:03.77 37.07	450m: 5:31.81 36.92	650m: 8:01.42 37.62	
	100m: 1:12.70 37.12	300m: 3:40.84 37.07	500m: 6:08.80 36.99	700m: 8:39.42 38.00	
	150m: 1:49.85 37.15	350m: 4:17.77 36.93	550m: 6:46.29 37.49	750m: 9:17.28 37.86	
	200m: 2:26.70 36.85	400m: 4:54.89 37.12	600m: 7:23.80 37.51	800m: 9:54.03 36.75	
2.	Beatriz Ferreira Batista	09	CPCD - Póvoa Sta Iria	10:01.76	499
	50m: 34.70 34.70	250m: 3:01.89 37.42	450m: 5:35.20 38.16	650m: 8:09.98 38.95	
	100m: 1:10.84 36.14	300m: 3:40.14 38.25	500m: 6:13.48 38.28	700m: 8:48.80 38.82	
	150m: 1:47.48 36.64	350m: 4:18.46 38.32	550m: 6:52.19 38.71	750m: 9:26.91 38.11	
	200m: 2:24.47 36.99	400m: 4:57.04 38.58	600m: 7:31.03 38.84	800m: 10:01.76 34.85	
3.	Madalena Azevedo Messias	09	Sporting	10:02.62	497
	50m: 35.64 35.64	250m: 3:05.72 38.01	450m: 5:37.84 38.51	650m: 8:09.92 38.94	
	100m: 1:12.86 37.22	300m: 3:43.55 37.83	500m: 6:15.39 37.55	700m: 8:48.56 38.64	
	150m: 1:50.37 37.51	350m: 4:21.70 38.15	550m: 6:54.57 39.18	750m: 9:26.35 37.79	
	200m: 2:27.71 37.34	400m: 4:59.33 37.63	600m: 7:30.98 36.41	800m: 10:02.62 36.27	
4.	Matilde Lopes Fialho	09	Palmela Desporto	10:05.15	491
	50m: 35.96 35.96	250m: 3:04.58 37.14	450m: 5:35.71 38.36	650m: 8:09.79 38.13	
	100m: 1:12.97 37.01	300m: 3:41.96 37.38	500m: 6:14.19 38.48	700m: 8:48.42 38.63	
	150m: 1:50.37 37.40	350m: 4:19.46 37.50	550m: 6:52.87 38.68	750m: 9:27.30 38.88	
	200m: 2:27.44 37.07	400m: 4:57.35 37.89	600m: 7:31.66 38.79	800m: 10:05.15 37.85	
5.	Constanca Lopes Cruz	09	Colegio Int Monte Maior	10:05.64	489
	50m: 35.95 35.95	250m: 3:04.86 36.92	450m: 5:37.14 38.82	650m: 8:11.49 38.16	
	100m: 1:13.25 37.30	300m: 3:42.51 37.65	500m: 6:16.30 39.16	700m: 8:50.20 38.71	
	150m: 1:50.83 37.58	350m: 4:20.19 37.68	550m: 6:54.74 38.44	750m: 9:29.01 38.81	
	200m: 2:27.94 37.11	400m: 4:58.32 38.13	600m: 7:33.33 38.59	800m: 10:05.64 36.63	
6.	Alice Lucas Pedro	09	Alges	10:06.42	487
	50m: 35.32 35.32	250m: 3:04.30 37.56	450m: 5:36.90 38.74	650m: 8:11.46 38.56	
	100m: 1:12.09 36.77	300m: 3:42.06 37.76	500m: 6:15.65 38.75	700m: 8:50.32 38.86	
	150m: 1:49.47 37.38	350m: 4:20.11 38.05	550m: 6:54.52 38.87	750m: 9:29.61 39.29	
	200m: 2:26.74 37.27	400m: 4:58.16 38.05	600m: 7:32.90 38.38	800m: 10:06.42 36.81	
7.	Maria Leonor Calcada	09	Sporting	10:09.27	481
	50m: 33.64 33.64	250m: 3:03.73 38.63	450m: 5:39.19 38.45	650m: 8:15.47 38.93	
	100m: 1:09.89 36.25	300m: 3:42.44 38.71	500m: 6:18.73 39.54	700m: 8:54.77 39.30	
	150m: 1:47.22 37.33	350m: 4:21.63 39.19	550m: 6:57.87 39.14	750m: 9:32.51 37.74	
	200m: 2:25.10 37.88	400m: 5:00.74 39.11	600m: 7:36.54 38.67	800m: 10:09.27 36.76	
8.	Maria Luisa Dinis	09	Alges	10:16.16	465
	50m: 35.64 35.64	250m: 3:09.67 38.67	450m: 5:45.61 39.05	650m: 8:23.67 39.97	
	100m: 1:13.60 37.96	300m: 3:48.64 38.97	500m: 6:25.61 40.00	700m: 9:01.93 38.26	
	150m: 1:52.60 39.00	350m: 4:27.55 38.91	550m: 7:04.22 38.61	750m: 9:39.82 37.89	
	200m: 2:31.00 38.40	400m: 5:06.56 39.01	600m: 7:43.70 39.48	800m: 10:16.16 36.34	

Resultados online: anlisboa.info/live

Prova 8, Femin., 800m Livres, Juvenis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
9.	Beatriz Silva Jordao	09	Individual ANL	10:22.27	451
	50m: 35.42 35.42	250m: 3:05.85 38.16	450m: 5:40.14 38.85	650m: 8:23.00 41.46	
	100m: 1:12.62 37.20	300m: 3:44.12 38.27	500m: 6:20.64 40.50	700m: 9:03.23 40.23	
	150m: 1:49.84 37.22	350m: 4:22.48 38.36	550m: 7:01.21 40.57	750m: 9:43.70 40.47	
	200m: 2:27.69 37.85	400m: 5:01.29 38.81	600m: 7:41.54 40.33	800m: 10:22.27 38.57	
10.	Beatriz Ribeiro Lima	09	Gesloures	10:26.19	443
	50m: 36.73 36.73	250m: 3:10.17 39.00	450m: 5:48.74 39.67	650m: 8:28.13 40.05	
	100m: 1:13.99 37.26	300m: 3:49.59 39.42	500m: 6:28.21 39.47	700m: 9:08.24 40.11	
	150m: 1:52.09 38.10	350m: 4:29.17 39.58	550m: 7:07.98 39.77	750m: 9:47.99 39.75	
	200m: 2:31.17 39.08	400m: 5:09.07 39.90	600m: 7:48.08 40.10	800m: 10:26.19 38.20	
11.	Daniela Pina Rodrigues	09	Gesloures	10:30.41	434
	50m: 36.73 36.73	250m: 3:13.06 39.76	450m: 5:53.07 40.31	650m: 8:33.96 40.07	
	100m: 1:15.61 38.88	300m: 3:52.43 39.37	500m: 6:32.83 39.76	700m: 9:14.30 40.34	
	150m: 1:53.97 38.36	350m: 4:32.61 40.18	550m: 7:13.51 40.68	750m: 9:53.85 39.55	
	200m: 2:33.30 39.33	400m: 5:12.76 40.15	600m: 7:53.89 40.38	800m: 10:30.41 36.56	
12.	Margarida Maia Lopes	09	Gesloures	10:41.00	413
	50m: 36.65 36.65	250m: 3:12.81 40.18	450m: 5:56.04 41.17	650m: 8:40.34 41.16	
	100m: 1:14.69 38.04	300m: 3:53.40 40.59	500m: 6:37.02 40.98	700m: 9:21.39 41.05	
	150m: 1:53.53 38.84	350m: 4:34.29 40.89	550m: 7:18.08 41.06	750m: 10:01.87 40.48	
	200m: 2:32.63 39.10	400m: 5:14.87 40.58	600m: 7:59.18 41.10	800m: 10:41.00 39.13	
13.	Rita Sequeira Barros <i>Fora Minimo Acesso</i>	09	Alges	10:51.43	393
	50m: 36.83 36.83	250m: 3:14.48 40.21	450m: 6:00.66 41.93	650m: 8:47.96 42.18	
	100m: 1:14.95 38.12	300m: 3:55.45 40.97	500m: 6:42.12 41.46	700m: 9:30.11 42.15	
	150m: 1:54.21 39.26	350m: 4:36.89 41.44	550m: 7:23.62 41.50	750m: 10:11.63 41.52	
	200m: 2:34.27 40.06	400m: 5:18.73 41.84	600m: 8:05.78 42.16	800m: 10:51.43 39.80	
14.	Ana Kostenko <i>Fora Minimo Acesso</i>	09	Naval Setubalense	11:23.22	341
	50m: 39.24 39.24	250m: 3:25.26 42.14	450m: 6:18.15 43.80	650m: 9:14.37 43.64	
	100m: 1:19.86 40.62	300m: 4:07.94 42.68	500m: 7:02.03 43.88	700m: 9:58.00 43.63	
	150m: 2:01.78 41.92	350m: 4:51.35 43.41	550m: 7:46.29 44.26	750m: 10:41.28 43.28	
	200m: 2:43.12 41.34	400m: 5:34.35 43.00	600m: 8:30.73 44.44	800m: 11:23.22 41.94	

Juvenis

1.	Sofia Monteiro Uva	09	Alges	9:54.03	519
	50m: 35.58 35.58	250m: 3:03.77 37.07	450m: 5:31.81 36.92	650m: 8:01.42 37.62	
	100m: 1:12.70 37.12	300m: 3:40.84 37.07	500m: 6:08.80 36.99	700m: 8:39.42 38.00	
	150m: 1:49.85 37.15	350m: 4:17.77 36.93	550m: 6:46.29 37.49	750m: 9:17.28 37.86	
	200m: 2:26.70 36.85	400m: 4:54.89 37.12	600m: 7:23.80 37.51	800m: 9:54.03 36.75	
2.	Beatriz Ferreira Batista	09	CPCD - Póvoa Sta Iria	10:01.76	499
	50m: 34.70 34.70	250m: 3:01.89 37.42	450m: 5:35.20 38.16	650m: 8:09.98 38.95	
	100m: 1:10.84 36.14	300m: 3:40.14 38.25	500m: 6:13.48 38.28	700m: 8:48.80 38.82	
	150m: 1:47.48 36.64	350m: 4:18.46 38.32	550m: 6:52.19 38.71	750m: 9:26.91 38.11	
	200m: 2:24.47 36.99	400m: 4:57.04 38.58	600m: 7:31.03 38.84	800m: 10:01.76 34.85	
3.	Ana Nabais Mendes	10	Laranjeiro	10:02.12	498
	50m: 35.76 35.76	250m: 3:05.28 37.97	450m: 5:38.97 37.67	650m: 8:11.10 37.90	
	100m: 1:12.26 36.50	300m: 3:44.22 38.94	500m: 6:17.23 38.26	700m: 8:48.92 37.82	
	150m: 1:49.36 37.10	350m: 4:22.56 38.34	550m: 6:55.43 38.20	750m: 9:26.38 37.46	
	200m: 2:27.31 37.95	400m: 5:01.30 38.74	600m: 7:33.20 37.77	800m: 10:02.12 35.74	
4.	Madalena Azevedo Messias	09	Sporting	10:02.62	497
	50m: 35.64 35.64	250m: 3:05.72 38.01	450m: 5:37.84 38.51	650m: 8:09.92 38.94	
	100m: 1:12.86 37.22	300m: 3:43.55 37.83	500m: 6:15.39 37.55	700m: 8:48.56 38.64	
	150m: 1:50.37 37.51	350m: 4:21.70 38.15	550m: 6:54.57 39.18	750m: 9:26.35 37.79	
	200m: 2:27.71 37.34	400m: 4:59.33 37.63	600m: 7:30.98 36.41	800m: 10:02.62 36.27	
5.	Maria Madalena Fernandes	10	Alges	10:03.17	495
	50m: 36.28 36.28	250m: 3:06.34 37.64	450m: 5:38.02 38.19	650m: 8:11.04 38.13	
	100m: 1:13.37 37.09	300m: 3:43.94 37.60	500m: 6:16.21 38.19	700m: 8:49.15 38.11	
	150m: 1:51.01 37.64	350m: 4:21.86 37.92	550m: 6:54.62 38.41	750m: 9:26.79 37.64	
	200m: 2:28.70 37.69	400m: 4:59.83 37.97	600m: 7:32.91 38.29	800m: 10:03.17 36.38	
6.	Rita Braga Gomes	10	Sporting	10:04.55	492
	50m: 35.91 35.91	250m: 3:04.75 37.88	450m: 5:35.90 38.05	650m: 8:10.00 38.22	
	100m: 1:12.57 36.66	300m: 3:42.11 37.36	500m: 6:14.47 38.57	700m: 8:48.49 38.49	
	150m: 1:49.09 36.52	350m: 4:19.94 37.83	550m: 6:53.22 38.75	750m: 9:27.55 39.06	
	200m: 2:26.87 37.78	400m: 4:57.85 37.91	600m: 7:31.78 38.56	800m: 10:04.55 37.00	

Resultados online: anlisboa.info/live

Prova 8, Femin., 800m Livres, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
7.	Matilde Lopes Fialho	09	Palmela Desporto	10:05.15	491
	50m: 35.96 35.96	250m: 3:04.58 37.14	450m: 5:35.71 38.36	650m: 8:09.79 38.13	
	100m: 1:12.97 37.01	300m: 3:41.96 37.38	500m: 6:14.19 38.48	700m: 8:48.42 38.63	
	150m: 1:50.37 37.40	350m: 4:19.46 37.50	550m: 6:52.87 38.68	750m: 9:27.30 38.88	
	200m: 2:27.44 37.07	400m: 4:57.35 37.89	600m: 7:31.66 38.79	800m: 10:05.15 37.85	
8.	Constanca Lopes Cruz	09	Colegio Int Monte Maior	10:05.64	489
	50m: 35.95 35.95	250m: 3:04.86 36.92	450m: 5:37.14 38.82	650m: 8:11.49 38.16	
	100m: 1:13.25 37.30	300m: 3:42.51 37.65	500m: 6:16.30 39.16	700m: 8:50.20 38.71	
	150m: 1:50.83 37.58	350m: 4:20.19 37.68	550m: 6:54.74 38.44	750m: 9:29.01 38.81	
	200m: 2:27.94 37.11	400m: 4:58.32 38.13	600m: 7:33.33 38.59	800m: 10:05.64 36.63	
9.	Alice Lucas Pedro	09	Alges	10:06.42	487
	50m: 35.32 35.32	250m: 3:04.30 37.56	450m: 5:36.90 38.74	650m: 8:11.46 38.56	
	100m: 1:12.09 36.77	300m: 3:42.06 37.76	500m: 6:15.65 38.75	700m: 8:50.32 38.86	
	150m: 1:49.47 37.38	350m: 4:20.11 38.05	550m: 6:54.52 38.87	750m: 9:29.61 39.29	
	200m: 2:26.74 37.27	400m: 4:58.16 38.05	600m: 7:32.90 38.38	800m: 10:06.42 36.81	
10.	Maria Leonor Calcada	09	Sporting	10:09.27	481
	50m: 33.64 33.64	250m: 3:03.73 38.63	450m: 5:39.19 38.45	650m: 8:15.47 38.93	
	100m: 1:09.89 36.25	300m: 3:42.44 38.71	500m: 6:18.73 39.54	700m: 8:54.77 39.30	
	150m: 1:47.22 37.33	350m: 4:21.63 39.19	550m: 6:57.87 39.14	750m: 9:32.51 37.74	
	200m: 2:25.10 37.88	400m: 5:00.74 39.11	600m: 7:36.54 38.67	800m: 10:09.27 36.76	
11.	Carolina Escrevente Guerra	10	Alges	10:15.42	466
	50m: 36.16 36.16	250m: 3:08.03 38.35	450m: 5:43.28 38.58	650m: 8:18.57 39.75	
	100m: 1:13.68 37.52	300m: 3:46.83 38.80	500m: 6:21.71 38.43	700m: 8:57.87 39.30	
	150m: 1:51.59 37.91	350m: 4:25.76 38.93	550m: 6:59.95 38.24	750m: 9:37.41 39.54	
	200m: 2:29.68 38.09	400m: 5:04.70 38.94	600m: 7:38.82 38.87	800m: 10:15.42 38.01	
12.	Maria Luisa Dinis	09	Alges	10:16.16	465
	50m: 35.64 35.64	250m: 3:09.67 38.67	450m: 5:45.61 39.05	650m: 8:23.67 39.97	
	100m: 1:13.60 37.96	300m: 3:48.64 38.97	500m: 6:25.61 40.00	700m: 9:01.93 38.26	
	150m: 1:52.60 39.00	350m: 4:27.55 38.91	550m: 7:04.22 38.61	750m: 9:39.82 37.89	
	200m: 2:31.00 38.40	400m: 5:06.56 39.01	600m: 7:43.70 39.48	800m: 10:16.16 36.34	
13.	Joana Alexandra Silva	10	CPCD - Póvoa Sta Iria	10:17.58	461
	50m: 36.62 36.62	250m: 3:11.04 39.75	450m: 5:47.74 38.87	650m: 8:23.98 39.32	
	100m: 1:14.52 37.90	300m: 3:50.15 39.11	500m: 6:26.27 38.53	700m: 9:02.67 38.69	
	150m: 1:52.41 37.89	350m: 4:29.12 38.97	550m: 7:05.23 38.96	750m: 9:40.76 38.09	
	200m: 2:31.29 38.88	400m: 5:08.87 39.75	600m: 7:44.66 39.43	800m: 10:17.58 36.82	
14.	Beatriz Costa Diniz	10	Sporting	10:18.02	460
	50m: 35.23 35.23	250m: 3:07.08 38.98	450m: 5:43.62 39.25	650m: 8:22.77 39.84	
	100m: 1:12.17 36.94	300m: 3:45.97 38.89	500m: 6:23.14 39.52	700m: 9:02.69 39.92	
	150m: 1:49.79 37.62	350m: 4:25.03 39.06	550m: 7:03.54 40.40	750m: 9:41.00 38.31	
	200m: 2:28.10 38.31	400m: 5:04.37 39.34	600m: 7:42.93 39.39	800m: 10:18.02 37.02	
15.	Beatriz Silva Jordao	09	Individual ANL	10:22.27	451
	50m: 35.42 35.42	250m: 3:05.85 38.16	450m: 5:40.14 38.85	650m: 8:23.00 41.46	
	100m: 1:12.62 37.20	300m: 3:44.12 38.27	500m: 6:20.64 40.50	700m: 9:03.23 40.23	
	150m: 1:49.84 37.22	350m: 4:22.48 38.36	550m: 7:01.21 40.57	750m: 9:43.70 40.47	
	200m: 2:27.69 37.85	400m: 5:01.29 38.81	600m: 7:41.54 40.33	800m: 10:22.27 38.57	
16.	Beatriz Ribeiro Lima	09	Geslours	10:26.19	443
	50m: 36.73 36.73	250m: 3:10.17 39.00	450m: 5:48.74 39.67	650m: 8:28.13 40.05	
	100m: 1:13.99 37.26	300m: 3:49.59 39.42	500m: 6:28.21 39.47	700m: 9:08.24 40.11	
	150m: 1:52.09 38.10	350m: 4:29.17 39.58	550m: 7:07.98 39.77	750m: 9:47.99 39.75	
	200m: 2:31.17 39.08	400m: 5:09.07 39.90	600m: 7:48.08 40.10	800m: 10:26.19 38.20	
17.	Maria Duarte Carvalho	10	Benfica	10:26.97	441
	50m: 36.79 36.79	250m: 3:12.81 39.32	450m: 5:51.25 39.63	650m: 8:30.63 40.00	
	100m: 1:14.94 38.15	300m: 3:52.45 39.64	500m: 6:30.72 39.47	700m: 9:09.87 39.24	
	150m: 1:53.92 38.98	350m: 4:31.87 39.42	550m: 7:10.66 39.94	750m: 9:49.28 39.41	
	200m: 2:33.49 39.57	400m: 5:11.62 39.75	600m: 7:50.63 39.97	800m: 10:26.97 37.69	
18.	Daniela Pina Rodrigues	09	Geslours	10:30.41	434
	50m: 36.73 36.73	250m: 3:13.06 39.76	450m: 5:53.07 40.31	650m: 8:33.96 40.07	
	100m: 1:15.61 38.88	300m: 3:52.43 39.37	500m: 6:32.83 39.76	700m: 9:14.30 40.34	
	150m: 1:53.97 38.36	350m: 4:32.61 40.18	550m: 7:13.51 40.68	750m: 9:53.85 39.55	
	200m: 2:33.30 39.33	400m: 5:12.76 40.15	600m: 7:53.89 40.38	800m: 10:30.41 36.56	
19.	Bruna Sofia Simoes	10	Sporting	10:30.87	433
	50m: 37.46 37.46	250m: 3:14.68 39.70	450m: 5:54.84 40.20	650m: 8:34.98 39.60	
	100m: 1:15.81 38.35	300m: 3:54.72 40.04	500m: 6:35.03 40.19	700m: 9:14.67 39.69	
	150m: 1:55.00 39.19	350m: 4:34.58 39.86	550m: 7:15.53 40.50	750m: 9:54.30 39.63	
	200m: 2:34.98 39.98	400m: 5:14.64 40.06	600m: 7:55.38 39.85	800m: 10:30.87 36.57	
20.	Maria Ines Fryxell	10	AONDA - Azeitão	10:31.11	432
	50m: 36.73 36.73	250m: 3:14.22 39.45	450m: 5:53.13 40.08	650m: 8:35.14 40.51	
	100m: 1:15.57 38.84	300m: 3:53.83 39.61	500m: 6:33.64 40.51	700m: 9:14.50 39.36	
	150m: 1:54.77 39.20	350m: 4:32.96 39.13	550m: 7:14.35 40.71	750m: 9:54.41 39.91	
	200m: 2:34.77 40.00	400m: 5:13.05 40.09	600m: 7:54.63 40.28	800m: 10:31.11 36.70	

Resultados online: anlisboa.info/live

Prova 8, Femin., 800m Livres, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
21.	Jessica Bernardino Lopes	10	Fisica Torres Vedras	10:39.26	416
	50m: 36.05 36.05	250m: 3:12.95 39.95	450m: 5:55.75 41.12	650m: 8:40.09 41.19	
	100m: 1:14.18 38.13	300m: 3:53.16 40.21	500m: 6:36.64 40.89	700m: 9:21.08 40.99	
	150m: 1:53.48 39.30	350m: 4:33.78 40.62	550m: 7:17.67 41.03	750m: 10:01.43 40.35	
	200m: 2:33.00 39.52	400m: 5:14.63 40.85	600m: 7:58.90 41.23	800m: 10:39.26 37.83	
22.	Margarida Maia Lopes	09	Geslours	10:41.00	413
	50m: 36.65 36.65	250m: 3:12.81 40.18	450m: 5:56.04 41.17	650m: 8:40.34 41.16	
	100m: 1:14.69 38.04	300m: 3:53.40 40.59	500m: 6:37.02 40.98	700m: 9:21.39 41.05	
	150m: 1:53.53 38.84	350m: 4:34.29 40.89	550m: 7:18.08 41.06	750m: 10:01.87 40.48	
	200m: 2:32.63 39.10	400m: 5:14.87 40.58	600m: 7:59.18 41.10	800m: 10:41.00 39.13	
23.	Estela Couto Ribeiro	10	Sporting	10:43.88	407
	50m: 38.77 38.77	250m: 3:22.05 41.29	450m: 6:03.99 40.12	650m: 8:45.32 40.17	
	100m: 1:18.89 40.12	300m: 4:02.84 40.79	500m: 6:44.45 40.46	700m: 9:25.35 40.03	
	150m: 1:59.93 41.04	350m: 4:43.44 40.60	550m: 7:24.88 40.43	750m: 10:05.21 39.86	
	200m: 2:40.76 40.83	400m: 5:23.87 40.43	600m: 8:05.15 40.27	800m: 10:43.88 38.67	
24.	Giovanna Cunha Ferreira	10	Sporting	10:46.13	403
	50m: 38.35 38.35	250m: 3:20.41 40.96	450m: 6:03.61 40.48	650m: 8:45.61 40.61	
	100m: 1:18.44 40.09	300m: 4:01.11 40.70	500m: 6:43.58 39.97	700m: 9:26.68 41.07	
	150m: 1:58.93 40.49	350m: 4:42.15 41.04	550m: 7:24.47 40.89	750m: 10:07.09 40.41	
	200m: 2:39.45 40.52	400m: 5:23.13 40.98	600m: 8:05.00 40.53	800m: 10:46.13 39.04	
25.	Luisa Anjos Frischknecht	10	Naval Setubalense	10:49.83	396
	50m: 37.39 37.39	250m: 3:20.69 41.41	450m: 6:04.84 41.14	650m: 8:49.66 41.36	
	100m: 1:17.21 39.82	300m: 4:01.72 41.03	500m: 6:46.03 41.19	700m: 9:30.30 40.64	
	150m: 1:57.63 40.42	350m: 4:42.31 40.59	550m: 7:27.29 41.26	750m: 10:10.75 40.45	
	200m: 2:39.28 41.65	400m: 5:23.70 41.39	600m: 8:08.30 41.01	800m: 10:49.83 39.08	
26.	Rita Sequeira Barros <i>Fora Mínimo Acesso</i>	09	Alges	10:51.43	393
	50m: 36.83 36.83	250m: 3:14.48 40.21	450m: 6:00.66 41.93	650m: 8:47.96 42.18	
	100m: 1:14.95 38.12	300m: 3:55.45 40.97	500m: 6:42.12 41.46	700m: 9:30.11 42.15	
	150m: 1:54.21 39.26	350m: 4:36.89 41.44	550m: 7:23.62 41.50	750m: 10:11.63 41.52	
	200m: 2:34.27 40.06	400m: 5:18.73 41.84	600m: 8:05.78 42.16	800m: 10:51.43 39.80	
27.	Alice Fernandes Rodrigues	10	Geslours	10:51.83	392
	50m: 38.51 38.51	250m: 3:19.08 40.91	450m: 6:01.96 40.80	650m: 8:48.68 42.01	
	100m: 1:17.88 39.37	300m: 3:59.45 40.37	500m: 6:43.38 41.42	700m: 9:31.50 42.82	
	150m: 1:57.86 39.98	350m: 4:40.20 40.75	550m: 7:24.73 41.35	750m: 10:12.48 40.98	
	200m: 2:38.17 40.31	400m: 5:21.16 40.96	600m: 8:06.67 41.94	800m: 10:51.83 39.35	
28.	Maria Rita Filipe	10	Geslours	10:56.21	385
	50m: 38.59 38.59	250m: 3:22.58 41.80	450m: 6:09.41 41.84	650m: 8:55.68 41.43	
	100m: 1:18.44 39.85	300m: 4:04.58 42.00	500m: 6:51.00 41.59	700m: 9:35.99 40.31	
	150m: 1:59.08 40.64	350m: 4:46.02 41.44	550m: 7:32.44 41.44	750m: 10:16.82 40.83	
	200m: 2:40.78 41.70	400m: 5:27.57 41.55	600m: 8:14.25 41.81	800m: 10:56.21 39.39	
29.	Ana Kostenko <i>Fora Mínimo Acesso</i>	09	Naval Setubalense	11:23.22	341
	50m: 39.24 39.24	250m: 3:25.26 42.14	450m: 6:18.15 43.80	650m: 9:14.37 43.64	
	100m: 1:19.86 40.62	300m: 4:07.94 42.68	500m: 7:02.03 43.88	700m: 9:58.00 43.63	
	150m: 2:01.78 41.92	350m: 4:51.35 43.41	550m: 7:46.29 44.26	750m: 10:41.28 43.28	
	200m: 2:43.12 41.34	400m: 5:34.35 43.00	600m: 8:30.73 44.44	800m: 11:23.22 41.94	
DSQ	Rita Canas Brito	10	Naval Setubalense		
	<i>G27 - Não cumpriu a distância completa da prova. Desistiu aos 350 metros. (SW 10.2)</i>				

Resultados online: anlisboa.info/live