

Championnats Suisse des Clubs - Ligue régionale C
Petit-Lancy, 19.5.2024

Epreuve 21
19.05.2024 - 10:40

Messieurs, 400m 4 nages

Cat. générale
Liste résultats

Points: FINA 2023

Rang					AN					Temps	Pts	
1.	DE SOUSA CARVALHO, Rafaël				08	Lancy Natation				4:52.67	516	
	50m:	29.04	29.04	150m:	1:43.84	39.53	250m:	3:04.61	42.34	350m:	4:21.95	33.92
	100m:	1:04.31	35.27	200m:	2:22.27	38.43	300m:	3:48.03	43.42	400m:	4:52.67	30.72
2.	ABDUL BAKI, Ali				10	CN Plan-les-Ouates				5:49.30	303	
	50m:	33.44	33.44	150m:	2:02.64	44.38	250m:	3:38.03	51.30	350m:	5:10.03	40.33
	100m:	1:18.26	44.82	200m:	2:46.73	44.09	300m:	4:29.70	51.67	400m:	5:49.30	39.27