

VIT-HIT leikarnir 2024
Akranes, 31.5. - 2.6.2024

Sundgrein 1
31.5.2024 - 16:30

karla, 400m skriðsund

11 ára og eldri
Úrslitalistar

Stig: FINA 2023

Sæti			F.ár			Tími	Stig	
11 - 13 ára								
1.	Dániel Andriysson		11	Sh		5:13.89		
	50m:	36.84 36.84	150m:	1:55.84 39.25	250m:	3:15.60 39.85	350m:	4:35.46 39.30
	100m:	1:16.59 39.75	200m:	2:35.75 39.91	300m:	3:56.16 40.56	400m:	5:13.89 38.43
2.	Hrafn Guðmundsson		11	Sunddeild KR		5:20.05		
	50m:	35.34 35.34	150m:	1:55.75 40.88	250m:	3:18.57 41.66	350m:	4:41.58 41.21
	100m:	1:14.87 39.53	200m:	2:36.91 41.16	300m:	4:00.37 41.80	400m:	5:20.05 38.47
3.	Svanberg Leó Jólsson		12	Sundfélagið Ægir		5:31.62		
	50m:	35.34 35.34	150m:	1:57.13 42.00	250m:	3:23.10 42.78	350m:	4:50.20 43.70
	100m:	1:15.13 39.79	200m:	2:40.32 43.19	300m:	4:06.50 43.40	400m:	5:31.62 41.42
4.	Guðlaugur Santiago Guðlaugsson		13	Sunddeild Breiðabliks		5:34.62		
	50m:	35.50 35.50	150m:	2:00.52 43.45	250m:	3:26.84 43.81	350m:	4:53.20 42.42
	100m:	1:17.07 41.57	200m:	2:43.03 42.51	300m:	4:10.78 43.94	400m:	5:34.62 41.42
5.	Benjamín Pétursson		12	Umf Afturelding		5:51.78		
	50m:	36.45 36.45	150m:	2:04.11 45.18	250m:	3:34.88 45.80	350m:	
	100m:	1:18.93 42.48	200m:	2:49.08 44.97	300m:	4:21.76 46.88	400m:	5:51.78
6.	Róbert Leó Eiríksson		13	Sunddeild Breiðabliks		6:29.00		
	50m:	40.61 40.61	150m:	2:19.12 50.27	250m:	4:01.20 50.61	350m:	5:43.23 50.58
	100m:	1:28.85 48.24	200m:	3:10.59 51.47	300m:	4:52.65 51.45	400m:	6:29.00 45.77
7.	Baldur Máni Hreiðarsson		12	Sundfélagið Óðinn		6:29.56		
	50m:	42.01 42.01	150m:	2:22.16 51.81	250m:	4:02.68 50.83	350m:	5:43.81 50.50
	100m:	1:30.35 48.34	200m:	3:11.85 49.69	300m:	4:53.31 50.63	400m:	6:29.56 45.75
14 - 15 ára								
1.	Magni Rafn Ragnarsson		10	Sundfélagið Óðinn		4:50.44		
	50m:	32.64 32.64	150m:	1:45.24 36.64	250m:	2:59.12 36.80	350m:	4:14.17 37.33
	100m:	1:08.60 35.96	200m:	2:22.32 37.08	300m:	3:36.84 37.72	400m:	4:50.44 36.27
2.	Þórður Karl Steinarsson		09	Sunddeild KR		4:56.91		
	50m:	33.45 33.45	150m:	1:49.57 38.85	250m:	3:05.28 37.05	350m:	4:19.81 37.43
	100m:	1:10.72 37.27	200m:	2:28.23 38.66	300m:	3:42.38 37.10	400m:	4:56.91 37.10
3.	Stefán Hagalín Árnason		10	Ármann		4:59.50		
	50m:	33.68 33.68	150m:	1:49.24 37.94	250m:	3:05.69 38.24	350m:	4:21.92 38.00
	100m:	1:11.30 37.62	200m:	2:27.45 38.21	300m:	3:43.92 38.23	400m:	4:59.50 37.58
4.	Alexander Reid McCormick		10	Sundfélagið Óðinn		5:12.01		
	50m:	35.07 35.07	150m:	1:51.55 38.60	250m:	3:11.86 40.54	350m:	4:33.40 41.08
	100m:	1:12.95 37.88	200m:	2:31.32 39.77	300m:	3:52.32 40.46	400m:	5:12.01 38.61

