

CNMMN triangulaire 28 avril 2024
Montréal Nord, 28-4-2024

Epreuve 8
2024-04-28 - 16:27

400m 4 nages

11 ans et plus
Liste résultats

Points: FINA 2024

Rang			Age							Temps	Pts	
13 - 14 ans, Garçons												
1.	NABAT, Ahmed		14		Mtl Nord Natation					6:28.22		
	50m:	42.64	42.64	150m:	2:26.94	52.67	250m:	4:14.14	56.54	350m:	5:51.06	40.72
	100m:	1:34.27	51.63	200m:	3:17.60	50.66	300m:	5:10.34	56.20	400m:	6:28.22	37.16
2.	LEBLOND, Alexis		13		Mtl Nord Natation					6:29.40		
	50m:	45.13	45.13	150m:	2:32.21	50.58	250m:	4:15.97	53.96	350m:	5:50.12	39.58
	100m:	1:41.63	56.50	200m:	3:22.01	49.80	300m:	5:10.54	54.57	400m:	6:29.40	39.28
15 ans et plus, Messieurs												
1.	SIMARD, Colin		18		Mtl Nord Natation					4:53.90		
	50m:	28.72	28.72	150m:	1:39.26	37.71	250m:	2:59.21	42.30	350m:	4:18.78	36.90
	100m:	1:01.55	32.83	200m:	2:16.91	37.65	300m:	3:41.88	42.67	400m:	4:53.90	35.12
2.	ROY, Maxim		19		Mtl Nord Natation					5:01.05		
	50m:	29.68	29.68	150m:	1:46.94	42.03	250m:	3:09.61	43.05	350m:	4:27.56	35.03
	100m:	1:04.91	35.23	200m:	2:26.56	39.62	300m:	3:52.53	42.92	400m:	5:01.05	33.49