

Coupe du Hainaut
Charleroi, 1/5/2024

Epreuve 18
01/05/2024

Dames, 400m Libre

11 ans et plus
Liste résultats

Points: FINA 2024

Rang			AN					Temps	Pts	
11 ans										
1.	ADAM, Emily		13	MHN				5:59.16	281	
	50m:	39.60 39.60	150m:	2:11.93	46.54	250m:	3:44.61	46.81	350m:	5:16.30 45.49
	100m:	1:25.39 45.79	200m:	2:57.80	45.87	300m:	4:30.81	46.20	400m:	5:59.16 42.86
2.	VAN DAMME, Eleonore		13	MS-Team				6:29.81	220	
	50m:	45.64 45.64	150m:	2:24.42	49.55	250m:	4:03.98	49.57	350m:	5:42.80 48.30
	100m:	1:34.87 49.23	200m:	3:14.41	49.99	300m:	4:54.50	50.52	400m:	6:29.81 47.01
3.	FLAMENT, Juliette		13	MHN				7:06.45	168	
	50m:	47.47 47.47	150m:	2:34.23	54.70	250m:	4:26.11	56.76	350m:	6:15.45 55.53
	100m:	1:39.53 52.06	200m:	3:29.35	55.12	300m:	5:19.92	53.81	400m:	7:06.45 51.00
4.	PES, Ivanna		13	CCM				7:13.86	159	
	50m:	46.65 46.65	150m:	2:38.60	56.52	250m:	4:34.15	57.87	350m:	6:26.64 56.17
	100m:	1:42.08 55.43	200m:	3:36.28	57.68	300m:	5:30.47	56.32	400m:	7:13.86 47.22
12 ans										
1.	ROUDOMETKINA, Ksenia		12	Helios				5:16.80	410	
	50m:	35.05 35.05	150m:	1:55.10	41.06	250m:	3:17.69	41.86	350m:	4:38.29 40.87
	100m:	1:14.04 38.99	200m:	2:35.83	40.73	300m:	3:57.42	39.73	400m:	5:16.80 38.51
2.	DELEPLANQUE, Erin		12	Helios				5:32.03	356	
	50m:	37.44 37.44	150m:	2:02.63	42.70	250m:	3:27.32	42.66	350m:	4:52.76 42.37
	100m:	1:19.93 42.49	200m:	2:44.66	42.03	300m:	4:10.39	43.07	400m:	5:32.03 39.27
3.	MAENE, Lea		12	MHN				5:38.92	334	
	50m:	36.83 36.83	150m:	2:01.95	43.95	250m:	3:30.08	45.03	350m:	4:58.12 43.98
	100m:	1:18.00 41.17	200m:	2:45.05	43.10	300m:	4:14.14	44.06	400m:	5:38.92 40.80
4.	MARTENS-LATTEUR, Tessa		12	CCM				6:23.59	231	
	50m:	42.86 42.86	150m:	2:20.90	50.54	250m:	4:00.90	50.59	350m:	5:39.84 48.93
	100m:	1:30.36 47.50	200m:	3:10.31	49.41	300m:	4:50.91	50.01	400m:	6:23.59 43.75
5.	AZMANI, Amelia		12	MS-Team				6:27.98	223	
	50m:	42.85 42.85	150m:	2:20.87	49.88	250m:	4:00.21	50.59	350m:	5:40.46 50.02
	100m:	1:30.99 48.14	200m:	3:09.62	48.75	300m:	4:50.44	50.23	400m:	6:27.98 47.52
13 ans										
1.	VANDAMME, Louna		11	DM				4:58.38	490	
	50m:	33.96 33.96	150m:	1:49.47	38.61	250m:	3:05.96	38.57	350m:	4:22.24 38.06
	100m:	1:10.86 36.90	200m:	2:27.39	37.92	300m:	3:44.18	38.22	400m:	4:58.38 36.14
2.	BONDUELLE, Loanne		11	EC				5:46.12	314	
	50m:	38.26 38.26	150m:	2:05.99	44.83	250m:	3:35.33	45.24	350m:	5:04.61 45.13
	100m:	1:21.16 42.90	200m:	2:50.09	44.10	300m:	4:19.48	44.15	400m:	5:46.12 41.51
3.	LECLERCQ, Elin		11	Helios				5:47.31	311	
	50m:	40.07 40.07	150m:	2:09.07	45.34	250m:	3:38.02	45.10	350m:	5:06.91 44.42
	100m:	1:23.73 43.66	200m:	2:52.92	43.85	300m:	4:22.49	44.47	400m:	5:47.31 40.40
14 ans										
1.	GIESSER, Elise		10	Helios				5:27.73	370	
	50m:	36.25 36.25	150m:	2:01.03	43.19	250m:	3:27.51	43.09	350m:	4:50.53 40.53
	100m:	1:17.84 41.59	200m:	2:44.42	43.39	300m:	4:10.00	42.49	400m:	5:27.73 37.20
2.	CORBISIER, Morgane		10	MHN				5:31.93	356	
	50m:	37.29 37.29	150m:	2:02.57	43.68	250m:	3:26.42	41.94	350m:	4:51.37 42.49
	100m:	1:18.89 41.60	200m:	2:44.48	41.91	300m:	4:08.88	42.46	400m:	5:31.93 40.56

Coupe du Hainaut
Charleroi, 1/5/2024

Epreuve 18, Filles, 400m Libre, 14 ans

Rang			AN					Temps	Pts		
3.	GIESSER, Camille		10	Helios				5:55.13	291		
	50m:	40.32 40.32	150m:	2:11.94	46.73	250m:	3:40.98	45.56	350m:	5:11.49	45.74
	100m:	1:25.21 44.89	200m:	2:55.42	43.48	300m:	4:25.75	44.77	400m:	5:55.13	43.64
4.	DOMBRET, Aloïse		10	Helios				6:00.38	278		
	50m:	40.53 40.53	150m:	2:11.57	46.16	250m:	3:44.58	46.78	350m:	5:16.90	46.08
	100m:	1:25.41 44.88	200m:	2:57.80	46.23	300m:	4:30.82	46.24	400m:	6:00.38	43.48
5.	PETIT, Louana		10	MHN				6:09.75	257		
	50m:	37.83 37.83	150m:	2:09.40	46.92	250m:	3:45.26	48.36	350m:	5:22.59	48.64
	100m:	1:22.48 44.65	200m:	2:56.90	47.50	300m:	4:33.95	48.69	400m:	6:09.75	47.16
6.	BUGHIN, Alice		10	CCM				6:48.96	190		
	50m:	44.52 44.52	150m:	2:23.62	51.30	250m:	4:10.62	55.00	350m:	5:58.95	54.85
	100m:	1:32.32 47.80	200m:	3:15.62	52.00	300m:	5:04.10	53.48	400m:	6:48.96	50.01

15 ans

1.	MAENE, Norah		09	MHN				5:41.78	326		
	50m:	36.95 36.95	150m:	2:02.57	44.09	250m:	3:31.03	44.55	350m:	4:58.79	42.85
	100m:	1:18.48 41.53	200m:	2:46.48	43.91	300m:	4:15.94	44.91	400m:	5:41.78	42.99
2.	DEROULEZ, Alix		09	MHN				6:35.67	210		
	50m:	44.31 44.31	150m:	2:25.26	51.14	250m:	4:09.73	52.46	350m:	5:50.67	49.29
	100m:	1:34.12 49.81	200m:	3:17.27	52.01	300m:	5:01.38	51.65	400m:	6:35.67	45.00

16 ans

1.	VOLLEBOUT, Aglaé		08	EC				5:14.68	418		
	50m:	35.19 35.19	150m:	1:54.90	40.11	250m:	3:15.90	40.58	350m:	4:35.95	39.61
	100m:	1:14.79 39.60	200m:	2:35.32	40.42	300m:	3:56.34	40.44	400m:	5:14.68	38.73
2.	BERTEE, Charlyne		08	MHN				5:37.15	340		
	50m:	35.10 35.10	150m:	1:58.60	42.97	250m:	3:26.20	44.58	350m:	4:54.15	44.41
	100m:	1:15.63 40.53	200m:	2:41.62	43.02	300m:	4:09.74	43.54	400m:	5:37.15	43.00
3.	SENTE, Gwendoline		08	Helios				6:10.10	257		
	50m:	39.21 39.21	150m:	2:11.86	48.05	250m:	3:48.50	49.16	350m:	5:25.98	49.21
	100m:	1:23.81 44.60	200m:	2:59.34	47.48	300m:	4:36.77	48.27	400m:	6:10.10	44.12