

Aldursflokkameistaramótið í sundi - AMÍ 2024
Reykjanesbær, 28. - 30.6.2024

Sundgrein 41

Stúlkur, 400m skriðsund

12 - 13 ára

29.06.2024 - 11:05

Úrslitalistar

AM 4:15.57 Eygló Ósk Gústafsdóttir AEGIR Hafnarfjoerdur 26.06.2010

Sæti			Aldur							Tími	Stig
1.	Guðrún Ísold Harðardóttir	13	Sunddeild Breiðabliks							4:50.46	10,00
	50m: 31.86 31.86	150m: 1:44.15	36.50	250m: 2:58.45	37.20	350m: 4:13.31	37.42	400m: 4:50.46	37.15		
	100m: 1:07.65 35.79	200m: 2:21.25	37.10	300m: 3:35.89	37.44						
2.	Þorgerður Freyja Helgadóttir	13	Sunddeild Breiðabliks							4:59.09	8,00
	50m: 33.37 33.37	150m: 1:49.64	38.34	250m: 3:06.30	38.14	350m: 4:22.40	37.70	400m: 4:59.09	36.69		
	100m: 1:11.30 37.93	200m: 2:28.16	38.52	300m: 3:44.70	38.40						
3.	Lilja Rakel Hannesdóttir Bridde	13	Sunddeild Breiðabliks							5:07.40	-
	50m: 33.89 33.89	150m: 1:50.43	38.94	250m: 3:09.45	39.71	350m: 4:28.96	39.89	400m: 5:07.40	38.44		
	100m: 1:11.49 37.60	200m: 2:29.74	39.31	300m: 3:49.07	39.62						
4.	Hanna Steinunn Guðnadóttir	13	Íþróttabandalag Reykjanesbæjar							5:07.47	6,00
	50m: 35.33 35.33	150m: 1:52.46	38.96	250m: 3:11.43	39.23	350m: 4:30.51	39.93	400m: 5:07.47	36.96		
	100m: 1:13.50 38.17	200m: 2:32.20	39.74	300m: 3:50.58	39.15						
5.	Sóley Helga Sigfríðardóttir	12	Reykjavík							5:14.19	5,00
	50m: 35.90 35.90	150m: 1:56.64	41.06	250m: 3:17.36	40.10	350m: 4:37.40	39.91	400m: 5:14.19	36.79		
	100m: 1:15.58 39.68	200m: 2:37.26	40.62	300m: 3:57.49	40.13						
6.	Alexandra Dís Gunnarsdóttir	13	Íþróttabandalag Reykjanesbæjar							5:28.01	4,00
	50m: 35.65 35.65	150m: 1:57.48	41.49	250m: 3:22.95	42.04	350m: 4:49.37	42.75	400m: 5:28.01	38.64		
	100m: 1:15.99 40.34	200m: 2:40.91	43.43	300m: 4:06.62	43.67						
7.	Emilía Anna Jóhannsdóttir	13	SH							5:29.03	3,00
	50m: 35.88 35.88	150m: 1:59.10	42.03	250m: 3:24.01	42.54	350m: 4:47.56	42.04	400m: 5:29.03	41.47		
	100m: 1:17.07 41.19	200m: 2:41.47	42.37	300m: 4:05.52	41.51						
8.	Tinna Salome Róbertsdóttir	13	Sunddeild Breiðabliks							5:32.63	-
	50m: 36.67 36.67	150m: 2:01.43	42.95	250m: 3:26.89	42.81	350m: 4:51.91	42.41	400m: 5:32.63	40.72		
	100m: 1:18.48 41.81	200m: 2:44.08	42.65	300m: 4:09.50	42.61						
9.	Eva Goda Pratusyte	12	SH							5:44.65	2,00
	50m: 37.92 37.92	150m: 2:04.31	43.27	250m: 3:32.59	44.10	350m: 5:00.81	43.61	400m: 5:44.65	43.84		
	100m: 1:21.04 43.12	200m: 2:48.49	44.18	300m: 4:17.20	44.61						
10.	Guðdís Malín Magnúsdóttir	13	Íþróttabandalag Reykjanesbæjar							5:51.20	-
	50m: 38.47 38.47	150m: 2:07.80	45.81	250m: 3:39.28	45.81	350m: 5:10.26	45.14	400m: 5:51.20	40.94		
	100m: 1:21.99 43.52	200m: 2:53.47	45.67	300m: 4:25.12	45.84						
11.	Eva Sóley Aronsdóttir	12	Sundfélagið Óðinn							5:57.16	1,00
	50m: 39.18 39.18	150m: 2:10.18	45.71	250m: 3:42.72	46.49	350m: 5:15.14	45.98	400m: 5:57.16	42.02		
	100m: 1:24.47 45.29	200m: 2:56.23	46.05	300m: 4:29.16	46.44						
12.	Ísabella Elínborg Cecchini	13	Reykjavík							5:57.81	-
	50m: 39.08 39.08	150m: 2:08.82	46.05	250m: 3:41.53	46.96	350m: 5:14.80	46.42	400m: 5:57.81	43.01		
	100m: 1:22.77 43.69	200m: 2:54.57	45.75	300m: 4:28.38	46.85						
13.	Arndís Margrét Magnúsdóttir	12	Sundfélagið Óðinn							6:03.07	-
	50m: 40.57 40.57	150m: 2:12.74	46.63	250m: 3:45.96	46.60	350m: 5:19.70	46.68	400m: 6:03.07	43.37		
	100m: 1:26.11 45.54	200m: 2:59.36	46.62	300m: 4:33.02	47.06						
14.	Ásgerður Einarsdóttir	13	Reykjavík							6:04.54	-
	50m: 39.99 39.99	150m: 2:13.39	47.41	250m: 3:48.83	47.70	350m: 5:21.28	45.88	400m: 6:04.54	43.26		
	100m: 1:25.98 45.99	200m: 3:01.13	47.74	300m: 4:35.40	46.57						
15.	Ayja Katrín Armstrong	13	Reykjavík							6:06.47	-
	50m: 40.81 40.81	150m: 2:14.00	46.88	250m: 3:47.72	46.95	350m: 5:20.08	45.80	400m: 6:06.47	46.39		
	100m: 1:27.12 46.31	200m: 3:00.77	46.77	300m: 4:34.28	46.56						
16.	Sóley Katrín Simonsd.Knight	12	Reykjavík							6:09.43	-
	50m: 41.22 41.22	150m: 2:14.58	46.71	250m: 3:49.51	47.36	350m: 5:25.58	48.30	400m: 6:09.43	43.85		
	100m: 1:27.87 46.65	200m: 3:02.15	47.57	300m: 4:37.28	47.77						