

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Sundgrein 24  
28.6.2024 - 17:33

Stúlkur, 400m fjórsund

14 - 15 ára  
Úrslitalistar

AM 4:53.67 Ólöf Edda Eðvarðsdóttir IRB Laugardalslaug 10.12.2011

Stig:

Sæti	Aldur				Tími				Stig
1.	Sólveig Freyja Hákonardóttir 15				Sunddeild Breiðabliks				<b>5:01.26</b>
	50m: 32.03	32.03	150m: 1:49.85	41.09	250m: 3:11.22	41.06	350m: 4:28.15	34.40	
	100m: 1:08.76	36.73	200m: 2:30.16	40.31	300m: 3:53.75	42.53	400m: 5:01.26	33.11	
2.	Elísabet Arnoddsdóttir 15				Íþróttabandalag Reykjanesbæjar				<b>5:24.71</b>
	50m: 31.07	31.07	150m: 1:50.57	41.76	250m: 3:21.07	48.41	350m: 4:48.12	38.40	
	100m: 1:08.81	37.74	200m: 2:32.66	42.09	300m: 4:09.72	48.65	400m: 5:24.71	36.59	
3.	Dagmar Arna Sigurðardóttir 15				SH				<b>5:27.37</b>
	50m: 35.63	35.63	150m: 1:57.52	39.33	250m: 3:26.08	49.70	350m: 4:52.84	36.30	
	100m: 1:18.19	42.56	200m: 2:36.38	38.86	300m: 4:16.54	50.46	400m: 5:27.37	34.53	
4.	Kristín Ásta Sigtryggsdóttir 15				Reykjavík				<b>5:29.84</b>
	50m: 34.14	34.14	150m: 1:57.82	42.89	250m: 3:24.82	45.12	350m: 4:51.12	39.37	
	100m: 1:14.93	40.79	200m: 2:39.70	41.88	300m: 4:11.75	46.93	400m: 5:29.84	38.72	
5.	Ema Austa Pratusyté 14				SH				<b>5:32.04</b>
	50m: 37.40	37.40	150m: 2:02.87	41.97	250m: 3:30.89	47.38	350m: 4:55.65	38.15	
	100m: 1:20.90	43.50	200m: 2:43.51	40.64	300m: 4:17.50	46.61	400m: 5:32.04	36.39	
6.	Austėja Savickaitė 15				Íþróttabandalag Reykjanesbæjar				<b>5:34.77</b>
	50m: 37.23	37.23	150m: 2:03.27	44.00	250m: 3:31.01	44.08	350m: 4:56.55	38.98	
	100m: 1:19.27	42.04	200m: 2:46.93	43.66	300m: 4:17.57	46.56	400m: 5:34.77	38.22	
7.	Natalía Eir Curtis 14				Reykjavík				<b>5:41.10</b>
	50m: 39.51	39.51	150m: 2:08.96	42.30	250m: 3:39.16	48.69	350m: 5:05.33	37.94	
	100m: 1:26.66	47.15	200m: 2:50.47	41.51	300m: 4:27.39	48.23	400m: 5:41.10	35.77	
8.	Rannveig Perla Pétursdóttir 14				Reykjavík				<b>5:49.84</b>
	50m: 38.96	38.96	150m: 2:06.91	41.81	250m: 3:41.56	52.31	350m: 5:13.07	38.51	
	100m: 1:25.10	46.14	200m: 2:49.25	42.34	300m: 4:34.56	53.00	400m: 5:49.84	36.77	
9.	Ísabella Jóhannsdóttir 14				Sundfélagið Óðinn				<b>5:50.77</b>
	50m: 37.84	37.84	150m: 2:12.78	48.38	250m: 3:45.52	46.16	350m: 5:13.78	40.58	
	100m: 1:24.40	46.56	200m: 2:59.36	46.58	300m: 4:33.20	47.68	400m: 5:50.77	36.99	
10.	Elsa Diljá Lunddal Rúnarsdóttir 14				SH				<b>5:51.02</b>
	50m: 37.79	37.79	150m: 2:06.14	42.69	250m: 3:40.51	52.46	350m: 5:12.90	39.84	
	100m: 1:23.45	45.66	200m: 2:48.05	41.91	300m: 4:33.06	52.55	400m: 5:51.02	38.12	
11.	Katrín Ísold Gunnsteinsdóttir 14				Reykjavík				<b>5:56.81</b>
	50m: 39.90	39.90	150m: 2:14.01	44.63	250m: 3:48.39	49.10	350m: 5:17.88	40.38	
	100m: 1:29.38	49.48	200m: 2:59.29	45.28	300m: 4:37.50	49.11	400m: 5:56.81	38.93	
12.	Gabriela Róza Bondarow 14				Reykjavík				<b>6:10.81</b>
	50m: 38.65	38.65	150m: 2:17.09	47.06	250m: 3:56.77	53.57	350m: 5:31.21	41.43	
	100m: 1:30.03	51.38	200m: 3:03.20	46.11	300m: 4:49.78	53.01	400m: 6:10.81	39.60	
13.	Birna Rún Jónsdóttir 15				Umf Afturelding				<b>6:43.61</b>
	50m: 44.92	44.92	150m:	250m: 4:21.91	57.79	350m: 6:02.63	41.89		
	100m: 1:45.16	1:00.24	200m: 3:24.12	300m: 5:20.74	58.83	400m: 6:43.61	40.98		
ÓG.	Friðrika Sif Ágústsdóttir 14				Sundfélagið Óðinn				<b>6:13.59</b>
	<i>Br1 - Fleiri en eitt flugsundsfótatak var notað í upphafi sunds eða eftir snúning (SW 7.1)</i>								
	50m: 37.62	37.62	150m: 2:10.47	48.00	250m: 3:53.54	54.95	350m: 5:32.30	42.96	
	100m: 1:22.47	44.85	200m: 2:58.59	48.12	300m: 4:49.34	55.80	400m: 6:13.59	41.29	