

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Sundgrein 23  
28.6.2024 - 17:19

Piltar, 400m fjórsund

14 - 15 ára  
Úrslitalistar

AM 4:27.16 Hólmar Grétarsson SH Tartu (EST) 3.12.2023

Stig:

Sæti				Aldur						Tími	Stig	
1.	Gísli Kristján Traustason			15	Íþróttabandalag Reykjanesbæjar					<b>5:06.35</b>		
	50m:	32.57	32.57	150m:	1:49.48	39.26	250m:	3:11.58	43.81	350m:	4:30.97	35.70
	100m:	1:10.22	37.65	200m:	2:27.77	38.29	300m:	3:55.27	43.69	400m:	5:06.35	35.38
2.	Vanja Djurovic			15	Sunddeild Breiðabliks					<b>5:14.12</b>		
	50m:	33.96	33.96	150m:	1:55.00	42.74	250m:	3:21.52	45.85	350m:	4:42.50	34.77
	100m:	1:12.26	38.30	200m:	2:35.67	40.67	300m:	4:07.73	46.21	400m:	5:14.12	31.62
3.	Andri Ólafsson			15	SH					<b>5:14.99</b>		
	50m:	33.28	33.28	150m:	1:55.49	42.52	250m:	3:21.74	45.46	350m:	4:42.32	35.07
	100m:	1:12.97	39.69	200m:	2:36.28	40.79	300m:	4:07.25	45.51	400m:	5:14.99	32.67
4.	Styrmir Snær Árnason			14	SH					<b>5:22.61</b>		
	50m:	31.03	31.03	150m:	1:53.63	45.42	250m:	3:21.78	46.44	350m:	4:46.81	37.45
	100m:	1:08.21	37.18	200m:	2:35.34	41.71	300m:	4:09.36	47.58	400m:	5:22.61	35.80
5.	Mikael Fannar Arnarson			15	Íþróttabandalag Reykjanesbæjar					<b>5:23.24</b>		
	50m:	34.79	34.79	150m:	1:59.12	40.62	250m:	3:23.24	44.43	350m:	4:47.07	38.35
	100m:	1:18.50	43.71	200m:	2:38.81	39.69	300m:	4:08.72	45.48	400m:	5:23.24	36.17
6.	Timotei Roland Randhawa			14	Reykjavík					<b>5:37.89</b>		
	50m:	36.03	36.03	150m:	2:00.32	42.00	250m:	3:31.92	50.66	350m:	5:01.84	37.55
	100m:	1:18.32	42.29	200m:	2:41.26	40.94	300m:	4:24.29	52.37	400m:	5:37.89	36.05
7.	Magni Rafn Ragnarsson			14	Sundfélagið Óðinn					<b>5:40.31</b>		
	50m:	37.51	37.51	150m:	2:08.02	45.39	250m:	3:38.41	46.08	350m:	5:03.50	38.23
	100m:	1:22.63	45.12	200m:	2:52.33	44.31	300m:	4:25.27	46.86	400m:	5:40.31	36.81
8.	Stefán Hagalín Árnason			14	Reykjavík					<b>5:49.82</b>		
	50m:	42.33	42.33	150m:	2:14.74	42.01	250m:	3:47.83	49.80	350m:	5:13.77	37.15
	100m:	1:32.73	50.40	200m:	2:58.03	43.29	300m:	4:36.62	48.79	400m:	5:49.82	36.05
9.	Alexander Reid McCormick			14	Sundfélagið Óðinn					<b>5:51.71</b>		
	50m:	41.67	41.67	150m:	2:14.89	46.64	250m:	3:48.64	47.50	350m:	5:15.92	37.69
	100m:	1:28.25	46.58	200m:	3:01.14	46.25	300m:	4:38.23	49.59	400m:	5:51.71	35.79
10.	Sævar Sindri Jóhannesson			14	SH					<b>5:57.00</b>		
	50m:	39.87	39.87	150m:	2:14.09	48.47	250m:	4:37.99	50.04	350m:	5:18.16	
	100m:	1:25.62	45.75	200m:	3:47.95	1:33.86	300m:			400m:	5:57.00	38.84
11.	Hilmar Birgir Lárusson			15	Umf Afturelding					<b>6:01.94</b>		
	50m:	41.35	41.35	150m:	2:19.91	49.97	250m:	3:53.07	46.89	350m:	5:24.11	41.95
	100m:	1:29.94	48.59	200m:	3:06.18	46.27	300m:	4:42.16	49.09	400m:	6:01.94	37.83