

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Progression of Athletes - Details

Allar sundgreinar

Event	Round	Place	Total time	Pts	Entry time	Date	%	PB
Camden Swiss Cottage Swimming Club								1
Þór Alexander Frost, 21.6.2013								1
100m skriðsund	Bein úrslit			-	1:24.68		-	
100m baksund	Bein úrslit	3.	<b>1:33.78</b>	136	1:36.74		106%	
50m bringusund	Bein úrslit			-	45.40		-	
50m flugsund	Bein úrslit	2.	36.75	207	36.24		97%	
100m fjörsund	Bein úrslit			-	1:30.00		-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

								113
<b>Reykjavík</b>								<b>1</b>
<b>Agathe Lian, 26.10.2009</b>								<b>1</b>
100m skriðsund	Bein úrslit	16.	1:09.56	376	1:07.44		94%	
200m bringusund	Bein úrslit	5.	<b>2:57.63</b>	434	2:59.19	28.10.2023	102%	
100m flugsund	Bein úrslit			-	1:22.39		-	
200m fjórsund	Bein úrslit			-	2:45.41		-	
<b>Aldís Ögmundsdóttir, 21.5.2009</b>								<b>3</b>
100m skriðsund	Bein úrslit	12.	<b>1:06.60</b>	429	1:09.20	14.4.2024	108%	
800m skriðsund	Bein úrslit	6.	<b>10:17.41</b>	467	10:41.64	13.4.2024	108%	
100m flugsund	Bein úrslit			-	1:14.92	31.5.2024	-	
200m flugsund	Bein úrslit	4.	<b>2:51.98</b>	336	2:55.90	12.5.2024	105%	
200m fjórsund	Bein úrslit			-	2:47.73	2.6.2024	-	
<b>Alexander Ari Andrason, 23.7.2010</b>								<b>-</b>
200m skriðsund	Bein úrslit			-	2:10.61		-	
100m bringusund	Bein úrslit	1.	1:10.27	486	1:10.06		99%	
200m bringusund	Bein úrslit	1.	2:35.48	461	2:34.80		99%	
100m flugsund	Bein úrslit			-	1:02.29		-	
200m fjórsund	Bein úrslit			-	2:20.66		-	
<b>Alexander Nóel Hjaltason, 27.8.2012</b>								<b>2</b>
100m skriðsund	Bein úrslit	18.	1:25.94	142	1:23.72	2.6.2024	95%	
200m bringusund	Bein úrslit	11.	<b>3:59.53</b>	126	3:59.58	28.4.2024	100%	
100m fjórsund	Bein úrslit			-	1:41.38	12.1.2024	-	
200m fjórsund	Bein úrslit	9.	<b>3:25.69</b>	151	3:36.82	27.4.2024	111%	
<b>Arna Ingólfssdóttir, 23.2.2010</b>								<b>1</b>
100m skriðsund	Bein úrslit	15.	<b>1:08.98</b>	386	1:10.71	12.5.2024	105%	
200m skriðsund	Bein úrslit			-	2:39.33	26.11.2023	-	
100m baksund	Bein úrslit			-	1:24.64	8.10.2023	-	
100m flugsund	Bein úrslit			-	1:29.29	7.10.2023	-	
<b>Ayja Katrín Armstrong, 5.7.2011</b>								<b>3</b>
100m skriðsund	Bein úrslit	17.	<b>1:15.51</b>	294	1:18.74	25.11.2023	109%	
400m skriðsund	Bein úrslit	15.	<b>6:06.47</b>	260	6:08.31	27.4.2024	101%	
100m baksund	Bein úrslit	20.	<b>1:29.56</b>	230	1:30.69	27.4.2024	103%	
100m flugsund	Bein úrslit			-	1:43.31	13.1.2024	-	
100m fjórsund	Bein úrslit			-	1:30.72	27.4.2024	-	
<b>Benjamín Þór Jónsson, 10.3.2012</b>								<b>2</b>
200m skriðsund	Bein úrslit			-	2:44.65	28.4.2024	-	
200m bringusund	Bein úrslit	9.	<b>3:32.64</b>	180	3:39.84	28.4.2024	107%	
100m flugsund	Bein úrslit			-	1:33.57	31.5.2024	-	
100m fjórsund	Bein úrslit			-	1:29.23	27.4.2024	-	
200m fjórsund	Bein úrslit	6.	<b>3:07.08</b>	201	3:10.15	27.4.2024	103%	
<b>Bjarnís Olga Hansen, 12.6.2010</b>								<b>-</b>
200m skriðsund	Bein úrslit	ÚRskr.		-	2:19.88	12.1.2024	-	
400m skriðsund	Bein úrslit	ÚRskr.		-	4:47.30	12.1.2024	-	
100m baksund	Bein úrslit	ÚRskr.		-	1:11.23	13.1.2024	-	
200m baksund	Bein úrslit	ÚRskr.		-	2:28.81	12.11.2023	-	
200m fjórsund	Bein úrslit	ÚRskr.		-	2:44.37	12.11.2023	-	
<b>Bryndís Rún Guðnadóttir, 13.8.2013</b>								<b>3</b>
50m skriðsund	Bein úrslit	3.	<b>34.36</b>	297	34.66	31.5.2024	102%	
100m skriðsund	Bein úrslit			-	1:18.36	12.5.2024	-	
100m bringusund	Bein úrslit	5.	<b>1:39.14</b>	248	1:39.69	11.5.2024	101%	
50m flugsund	Bein úrslit	2.	<b>39.99</b>	226	42.19	10.2.2024	111%	
100m fjórsund	Bein úrslit			-	1:27.87	12.5.2024	-	
<b>Búi Heinrich Mímir Þorsteinsson, 2.4.2010</b>								<b>-</b>
100m skriðsund	Bein úrslit	ÚRskr.		-	1:16.04	25.11.2023	-	
100m bringusund	Bein úrslit	ÚRskr.		-	1:32.16	2.6.2024	-	
200m bringusund	Bein úrslit	ÚRskr.		-	3:16.05	13.1.2024	-	
200m fjórsund	Bein úrslit	ÚRskr.		-	3:05.87	27.4.2024	-	
400m fjórsund	Bein úrslit	ÚRskr.		-	7:03.00	25.11.2023	-	
<b>Dagur Núi Helgason, 12.10.2013</b>								<b>2</b>
50m skriðsund	Bein úrslit	2.	<b>33.46</b>	218	35.54	28.4.2024	113%	
100m skriðsund	Bein úrslit			-	1:22.98	13.1.2024	-	
50m bringusund	Bein úrslit			-	49.79	12.1.2024	-	
100m bringusund	Bein úrslit	3.	<b>1:38.39</b>	177	1:50.49	28.4.2024	126%	
100m fjórsund	Bein úrslit			-	1:36.06	31.5.2024	-	
<b>Eldar Sverrisson, 24.6.2013</b>								<b>1</b>
100m skriðsund	Bein úrslit			-	1:34.82	27.4.2024	-	
50m baksund	Bein úrslit	13.	51.49	80	50.37	27.4.2024	96%	
100m baksund	Bein úrslit	9.	1:49.91	85	1:47.84	1.6.2024	96%	
50m flugsund	Bein úrslit	8.	<b>46.58</b>	101	47.81	12.5.2024	105%	
100m fjórsund	Bein úrslit			-	1:55.96	31.5.2024	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Emil Arthur Dreki Þorsteinsson, 26.9.2011								-
100m baksund	Bein úrslit	ÚRskr.	-	1:40.20	11.2.2024	-	-	
200m baksund	Bein úrslit	ÚRskr.	-	3:37.74	13.1.2024	-	-	
100m bringusund	Bein úrslit	ÚRskr.	-	1:48.28	26.11.2023	-	-	
200m bringusund	Bein úrslit	ÚRskr.	-	3:52.90	13.1.2024	-	-	
100m fjörsund	Bein úrslit	ÚRskr.	-	1:35.25	31.5.2024	-	-	
Erna Óðný Eypórsdóttir, 21.7.2014								1
50m skriðsund	Bein úrslit	12.	<b>39.36</b>	197	41.83	11.5.2024	113%	
100m skriðsund	Bein úrslit			-	1:33.48	12.5.2024	-	
50m baksund	Bein úrslit	12.	50.27	127	48.78	28.4.2024	94%	
100m baksund	Bein úrslit	8.	1:43.47	149	1:42.43	27.4.2024	98%	
100m fjörsund	Bein úrslit			-	1:46.24	12.5.2024	-	
Eyvör Ása Hólm, 20.12.2011								3
100m skriðsund	Bein úrslit	23.	<b>1:18.24</b>	264	1:23.09	12.5.2024	113%	
100m baksund	Bein úrslit	22.	<b>1:31.17</b>	218	1:39.10	11.5.2024	118%	
100m bringusund	Bein úrslit	20.	<b>1:41.76</b>	230	1:43.87	2.6.2024	104%	
100m flugsund	Bein úrslit			-	1:47.21	23.9.2023	-	
100m fjörsund	Bein úrslit			-	1:33.35	12.5.2024	-	
Freyja Dís Dagmarardóttir, 20.6.2013								3
50m skriðsund	Bein úrslit	2.	<b>34.26</b>	299	35.07	11.5.2024	105%	
100m skriðsund	Bein úrslit			-	1:16.50	25.11.2023	-	
50m baksund	Bein úrslit	1.	<b>39.33</b>	265	42.02	27.4.2024	114%	
100m baksund	Bein úrslit	1.	<b>1:22.28</b>	296	1:25.73	1.6.2024	109%	
100m fjörsund	Bein úrslit			-	1:31.22	31.5.2024	-	
Freyja Kjartansdóttir Narby, 4.5.2010								2
100m skriðsund	Bein úrslit	24.	<b>1:15.96</b>	289	1:18.08	27.4.2024	106%	
200m skriðsund	Bein úrslit			-	2:45.51	24.6.2023	-	
100m baksund	Bein úrslit			-	1:25.38	25.11.2023	-	
200m baksund	Bein úrslit	12.	<b>2:59.49</b>	290	3:05.26	26.11.2023	107%	
100m flugsund	Bein úrslit			-	1:39.44	28.4.2024	-	
Gabriela Róza Bondarow, 10.4.2010								1
800m skriðsund	Bein úrslit	9.	<b>10:58.19</b>	386	11:14.94	22.9.2023	105%	
100m flugsund	Bein úrslit			-	1:26.29	31.5.2024	-	
200m flugsund	Bein úrslit	10.	3:22.23	206	3:21.03	25.11.2023	99%	
200m fjörsund	Bein úrslit			-	3:02.73	27.4.2024	-	
400m fjörsund	Bein úrslit	12.	6:10.81	340	6:09.81	25.11.2023	99%	
Guðrún Árný Eypórsdóttir, 21.7.2014								3
50m skriðsund	Bein úrslit	11.	<b>39.08</b>	201	43.64	25.11.2023	125%	
100m skriðsund	Bein úrslit			-	1:34.26	2.6.2024	-	
50m baksund	Bein úrslit	10.	<b>49.67</b>	131	54.70	28.4.2024	121%	
100m baksund	Bein úrslit	9.	<b>1:47.41</b>	133	1:54.61	2.6.2024	114%	
100m fjörsund	Bein úrslit			-	1:53.42	1.6.2024	-	
Gísli Hrafn Ragnarsson, 20.12.2010								1
100m skriðsund	Bein úrslit	17.	<b>1:16.63</b>	200	1:16.73	12.5.2024	100%	
200m skriðsund	Bein úrslit			-	2:41.96	10.5.2024	-	
100m baksund	Bein úrslit			-	1:36.30	22.9.2023	-	
Herdís Daðadóttir, 8.7.2012								2
100m skriðsund	Bein úrslit	19.	<b>1:16.15</b>	287	1:21.04	28.4.2024	113%	
200m skriðsund	Bein úrslit			-	2:34.68	8.10.2023	-	
200m bringusund	Bein úrslit	12.	<b>3:21.97</b>	295	3:33.99	12.5.2024	112%	
100m fjörsund	Bein úrslit			-	1:31.90	31.5.2024	-	
Hrafn Guðmundsson, 29.3.2011								1
100m skriðsund	Bein úrslit	3.	<b>1:06.93</b>	300	1:10.98	12.5.2024	112%	
200m skriðsund	Bein úrslit			-	2:31.26	1.6.2024	-	
400m skriðsund	Bein úrslit	4.	5:22.20	285	5:20.05	31.5.2024	99%	
100m fjörsund	Bein úrslit			-	1:19.39	31.5.2024	-	
200m fjörsund	Bein úrslit	2.	2:47.04	282	2:46.95	2.6.2024	100%	
Iðunn Emma Ásgeirsdóttir, 16.8.2012								2
100m skriðsund	Bein úrslit	29.	<b>1:21.84</b>	231	1:28.24	11.5.2024	116%	
200m skriðsund	Bein úrslit			-	3:02.29	11.5.2024	-	
100m bringusund	Bein úrslit	15.	<b>1:38.40</b>	254	1:41.06	27.4.2024	105%	
100m fjörsund	Bein úrslit			-	1:38.96	31.5.2024	-	
Jóhannes Gabríel Friðjónsson, 3.2.2011								1
100m skriðsund	Bein úrslit	11.	<b>1:15.87</b>	206	1:16.23	12.5.2024	101%	
200m skriðsund	Bein úrslit			-	2:52.64	1.6.2024	-	
100m flugsund	Bein úrslit			-	1:31.39	31.5.2024	-	
100m fjörsund	Bein úrslit			-	1:35.31	27.4.2024	-	
Karen Sif Helgadóttir, 13.3.2010								2
200m skriðsund	Bein úrslit			-	2:20.35	1.6.2024	-	
800m skriðsund	Bein úrslit	5.	<b>10:06.01</b>	494	10:28.14	24.6.2023	107%	
100m baksund	Bein úrslit			-	1:16.02	8.10.2023	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

200m baksund	Bein úrslit	5.	2:38.10	425	2:37.94	31.5.2024	100%	
200m flugsund	Bein úrslit	5.	<b>2:53.41</b>	328	3:16.48	25.11.2023	128%	
<b>Karitas Kristjánsdóttir, 23.8.2010</b>								
100m baksund	Bein úrslit			-	1:21.90	13.1.2024	-	-
200m baksund	Bein úrslit	11.	2:55.56	310	2:51.00	22.10.2023	95%	
100m flugsund	Bein úrslit			-	1:32.88	24.6.2023	-	
200m flugsund	Bein úrslit	12.	3:29.93	184	3:27.12	25.11.2023	97%	
200m fjörsund	Bein úrslit			-	3:08.26	22.9.2023	-	
<b>Katrín Ísold Gunnsteinsdóttir, 20.11.2010</b>								
100m bringusund	Bein úrslit	9.	<b>1:29.25</b>	341	1:29.72	2.6.2024	101%	3
200m bringusund	Bein úrslit	8.	<b>3:11.53</b>	346	3:16.89	21.10.2023	106%	
100m flugsund	Bein úrslit			-	1:22.01	31.5.2024	-	
200m fjörsund	Bein úrslit			-	2:47.65	2.6.2024	-	
400m fjörsund	Bein úrslit	11.	<b>5:56.81</b>	382	6:03.45	21.10.2023	104%	
<b>Kristín Rebekka Gunnarsdóttir, 30.10.2009</b>								
100m skriðsund	Bein úrslit	2.	<b>1:01.20</b>	553	1:02.33	12.11.2023	104%	2
200m skriðsund	Bein úrslit			-	2:17.99	11.11.2023	-	
400m skriðsund	Bein úrslit	3.	<b>4:49.59</b>	527	4:53.12	21.10.2023	102%	
100m baksund	Bein úrslit			-	1:11.11	21.10.2023	-	
200m fjörsund	Bein úrslit			-	2:49.04	11.5.2024	-	
<b>Kristín Ásta Sigtryggisdóttir, 27.3.2009</b>								
200m skriðsund	Bein úrslit			-	2:19.50	11.11.2023	-	1
100m flugsund	Bein úrslit			-	1:09.70	12.11.2023	-	
200m fjörsund	Bein úrslit			-	2:36.42	12.11.2023	-	
400m fjörsund	Bein úrslit	4.	<b>5:29.84</b>	483	5:35.39	16.12.2023	103%	
<b>Natalía Eir Curtis, 22.7.2010</b>								
200m skriðsund	Bein úrslit			-	2:19.59	1.6.2024	-	2
400m skriðsund	Bein úrslit	5.	4:55.24	497	4:52.27	31.5.2024	98%	
800m skriðsund	Bein úrslit	4.	<b>10:05.52</b>	496	10:16.75	11.11.2023	104%	
100m baksund	Bein úrslit			-	1:15.39	1.6.2024	-	
400m fjörsund	Bein úrslit	7.	<b>5:41.10</b>	437	5:44.62	23.6.2023	102%	
<b>Niklas Auffenberg, 28.12.2012</b>								
200m skriðsund	Bein úrslit			-	2:51.39	10.5.2024	-	3
100m bringusund	Bein úrslit	5.	<b>1:38.80</b>	175	1:40.88	12.5.2024	104%	
200m bringusund	Bein úrslit	8.	<b>3:32.32</b>	181	3:39.50	13.1.2024	107%	
100m fjörsund	Bein úrslit			-	1:29.50	31.5.2024	-	
200m fjörsund	Bein úrslit	8.	<b>3:12.74</b>	184	3:22.56	2.6.2024	110%	
<b>Patryk Matysko, 7.1.2011</b>								
100m skriðsund	Bein úrslit	9.	<b>1:15.03</b>	213	1:15.36	12.5.2024	101%	1
200m skriðsund	Bein úrslit			-	2:53.74	28.4.2024	-	
400m skriðsund	Bein úrslit	8.	6:08.24	191	6:04.07	27.4.2024	98%	
100m flugsund	Bein úrslit			-	1:29.36	28.4.2024	-	
<b>Páll Ragnar Smith, 22.1.2012</b>								
100m skriðsund	Bein úrslit	13.	<b>1:19.93</b>	176	1:22.83	2.6.2024	107%	1
200m skriðsund	Bein úrslit			-	2:57.89	28.4.2024	-	
100m baksund	Bein úrslit	7.	1:35.11	131	1:31.97	27.4.2024	94%	
200m baksund	Bein úrslit			-	3:32.34	11.2.2024	-	
<b>Rannveig Perla Pétursdóttir, 30.3.2010</b>								
200m baksund	Bein úrslit	7.	<b>2:46.82</b>	362	2:54.81	31.5.2024	110%	3
100m flugsund	Bein úrslit			-	1:25.47	28.4.2024	-	
200m flugsund	Bein úrslit	7.	<b>2:57.74</b>	304	3:09.61	25.11.2023	114%	
200m fjörsund	Bein úrslit			-	3:03.61	22.9.2023	-	
400m fjörsund	Bein úrslit	8.	<b>5:49.84</b>	405	6:15.15	25.11.2023	115%	
<b>Sigurborg Ásta Leifsdóttir Kaldal, 15.11.2013</b>								
50m skriðsund	Bein úrslit	12.	<b>39.36</b>	197	42.39	28.4.2024	116%	2
100m skriðsund	Bein úrslit			-	1:34.87	28.4.2024	-	
50m baksund	Bein úrslit	15.	<b>53.18</b>	107	54.20	27.4.2024	104%	
50m bringusund	Bein úrslit			-	1:03.38	1.6.2024	-	
100m fjörsund	Bein úrslit			-	1:54.91	27.4.2024	-	
<b>Silja Karen Kristjánsdóttir, 22.7.2010</b>								
200m skriðsund	Bein úrslit			-	2:38.07	28.4.2024	-	3
800m skriðsund	Bein úrslit	13.	<b>11:25.51</b>	341	11:52.31	27.4.2024	108%	
100m bringusund	Bein úrslit	12.	<b>1:33.79</b>	293	1:36.15	13.1.2024	105%	
200m bringusund	Bein úrslit	11.	<b>3:24.47</b>	285	3:26.24	13.1.2024	102%	
200m fjörsund	Bein úrslit			-	3:11.65	27.4.2024	-	
<b>Snædís Anna Hjartardóttir Dungal, 3.2.2013</b>								
50m skriðsund	Bein úrslit	9.	<b>38.82</b>	206	41.32	11.5.2024	113%	2
100m skriðsund	Bein úrslit			-	1:32.74	12.5.2024	-	
50m bringusund	Bein úrslit			-	1:01.08	12.5.2024	-	
50m flugsund	Bein úrslit	6.	<b>46.87</b>	140	47.78	2.6.2024	104%	
100m fjörsund	Bein úrslit			-	1:46.04	1.6.2024	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Sofia Cogalniceanu, 3.1.2012									2
100m baksund	Bein úrslit	19.	1:27.40	247	1:24.94	1.6.2024	94%		
200m bringusund	Bein úrslit	11.	<b>3:21.51</b>	297	3:25.56	1.6.2024	104%		
100m flugsund	Bein úrslit			-	1:32.96	28.4.2024	-		
100m fjørsund	Bein úrslit			-	1:28.07	27.4.2024	-		
200m fjørsund	Bein úrslit	16.	<b>3:04.86</b>	286	3:05.94	27.4.2024	101%		
Stefán Hagalín Árnason, 29.6.2010									3
100m skriðsund	Bein úrslit	8.	1:07.60	291	1:06.87	13.1.2024	98%		
200m skriðsund	Bein úrslit			-	2:22.45	28.4.2024	-		
400m skriðsund	Bein úrslit	4.	<b>4:53.27</b>	379	4:59.50	31.5.2024	104%		
800m skriðsund	Bein úrslit	9.	<b>10:00.81</b>	402	10:14.08	27.4.2024	104%		
400m fjørsund	Bein úrslit	8.	<b>5:49.82</b>	302	5:57.57	13.1.2024	104%		
Svanberg Leó Jóelsson, 18.10.2012									2
100m skriðsund	Bein úrslit	6.	<b>1:10.34</b>	259	1:11.78	12.5.2024	104%		
200m skriðsund	Bein úrslit			-	2:33.64	28.4.2024	-		
400m skriðsund	Bein úrslit	5.	<b>5:28.18</b>	270	5:31.62	31.5.2024	102%		
200m baksund	Bein úrslit			-	3:12.40	11.5.2024	-		
100m fjørsund	Bein úrslit			-	1:25.76	12.5.2024	-		
Sóley Helga Sigríðardóttir, 29.8.2012									3
100m skriðsund	Bein úrslit	7.	<b>1:11.11</b>	352	1:15.65	13.1.2024	113%		
200m skriðsund	Bein úrslit			-	2:39.25	13.1.2024	-		
400m skriðsund	Bein úrslit	5.	<b>5:14.19</b>	412	5:20.31	27.4.2024	104%		
100m baksund	Bein úrslit	15.	<b>1:24.79</b>	271	1:25.55	27.4.2024	102%		
200m baksund	Bein úrslit			-	3:04.38	31.5.2024	-		
Sóley Katrín Simonsd.Knight, 21.6.2012									2
100m skriðsund	Bein úrslit	31.	<b>1:23.11</b>	221	1:23.50	13.1.2024	101%		
200m skriðsund	Bein úrslit			-	2:54.47	1.6.2024	-		
400m skriðsund	Bein úrslit	16.	<b>6:09.43</b>	253	6:19.62	31.5.2024	106%		
200m baksund	Bein úrslit			-	3:17.88	13.1.2024	-		
Thea Sif Hjaltadóttir, 16.2.2011									4
100m baksund	Bein úrslit	3.	<b>1:15.43</b>	385	1:19.37	13.1.2024	111%		
100m bringusund	Bein úrslit	5.	<b>1:25.26</b>	391	1:26.18	22.9.2023	102%		
200m bringusund	Bein úrslit	5.	<b>3:03.35</b>	395	3:07.07	23.6.2023	104%		
100m fjørsund	Bein úrslit			-	1:16.01	31.5.2024	-		
200m fjørsund	Bein úrslit	6.	<b>2:44.18</b>	408	2:46.02	2.6.2024	102%		
Timotei Roland Randhawa, 28.5.2010									3
200m skriðsund	Bein úrslit			-	2:18.96	1.6.2024	-		
400m skriðsund	Bein úrslit	5.	<b>4:55.15</b>	371	5:16.52	27.4.2024	115%		
100m baksund	Bein úrslit			-	1:12.30	1.6.2024	-		
200m baksund	Bein úrslit	5.	<b>2:29.30</b>	354	2:30.42	31.5.2024	102%		
400m fjørsund	Bein úrslit	6.	<b>5:37.89</b>	335	5:52.95	28.4.2024	109%		
Tómas Ingi Þórðarson, 2.2.2011									2
100m skriðsund	Bein úrslit	12.	1:18.41	187	1:17.79	2.6.2024	98%		
200m skriðsund	Bein úrslit			-	2:52.50	28.4.2024	-		
100m baksund	Bein úrslit	6.	<b>1:34.20</b>	135	1:37.91	1.6.2024	108%		
100m bringusund	Bein úrslit	4.	<b>1:38.44</b>	177	1:41.51	2.6.2024	106%		
100m fjørsund	Bein úrslit			-	1:30.60	31.5.2024	-		
Valentin Genov, 12.10.2010									2
200m skriðsund	Bein úrslit			-	2:39.36	1.6.2024	-		
100m baksund	Bein úrslit			-	1:21.72	27.4.2024	-		
100m bringusund	Bein úrslit	9.	<b>1:26.03</b>	265	1:27.31	2.6.2024	103%		
200m bringusund	Bein úrslit	7.	<b>3:06.70</b>	266	3:11.50	28.4.2024	105%		
Viktoría Vasile, 19.11.2011									-
100m skriðsund	Bein úrslit	5.	1:10.52	361	1:10.36	27.4.2024	100%		
200m skriðsund	Bein úrslit			-	2:35.43	28.4.2024	-		
100m flugsund	Bein úrslit			-	1:20.82	31.5.2024	-		
100m fjørsund	Bein úrslit			-	1:23.41	31.5.2024	-		
200m fjørsund	Bein úrslit	14.	3:03.45	293	3:01.33	2.6.2024	98%		
Viljar Fannarsson, 28.7.2010									3
100m skriðsund	Bein úrslit	10.	<b>1:07.80</b>	289	1:09.50	2.6.2024	105%		
100m bringusund	Bein úrslit	10.	<b>1:28.57</b>	243	1:37.82	21.10.2023	122%		
100m flugsund	Bein úrslit			-	1:16.49	13.1.2024	-		
200m flugsund	Bein úrslit	4.	<b>2:44.97</b>	282	2:52.08	23.3.2024	109%		
200m fjørsund	Bein úrslit			-	2:58.36	13.1.2024	-		
Ágústa Elly Kristinsdóttir, 13.4.2011									3
200m baksund	Bein úrslit			-	2:51.39	22.10.2023	-		
100m bringusund	Bein úrslit	4.	<b>1:24.67</b>	399	1:25.53	21.10.2023	102%		
200m bringusund	Bein úrslit	4.	<b>2:58.50</b>	428	2:58.59	23.6.2023	100%		
100m fjørsund	Bein úrslit			-	1:19.66	31.5.2024	-		
200m fjørsund	Bein úrslit	7.	<b>2:44.61</b>	405	2:51.85	2.6.2024	109%		

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

<b>Álfrún Lóa Jónsdóttir, 26.12.2010</b>								<b>3</b>
100m skriðsund	Bein úrslit	8.	<b>1:06.06</b>	440	1:06.99	12.11.2023	103%	
200m skriðsund	Bein úrslit			-	2:24.75	26.11.2023	-	
100m bringusund	Bein úrslit	2.	<b>1:20.73</b>	460	1:21.52	27.4.2024	102%	
200m bringusund	Bein úrslit	2.	<b>2:54.99</b>	454	2:55.28	10.11.2023	100%	
200m fjörsund	Bein úrslit			-	2:49.25	26.11.2023	-	
<b>Árni Guðmundur Tumason, 4.9.2013</b>								<b>2</b>
50m skriðsund	Bein úrslit	11.	<b>39.49</b>	133	41.82	28.4.2024	112%	
100m skriðsund	Bein úrslit			-	1:35.01	27.4.2024	-	
50m bringusund	Bein úrslit			-	55.53	1.6.2024	-	
100m bringusund	Bein úrslit	9.	<b>2:01.06</b>	95	2:07.42	27.4.2024	111%	
100m fjörsund	Bein úrslit			-	1:52.76	31.5.2024	-	
<b>Áróra Mjöll Jónsdóttir, 1.4.2013</b>								<b>3</b>
100m skriðsund	Bein úrslit			-	1:18.56	12.5.2024	-	
50m baksund	Bein úrslit	2.	<b>40.74</b>	238	41.73	28.4.2024	105%	
50m bringusund	Bein úrslit			-	45.58	12.1.2024	-	
100m bringusund	Bein úrslit	3.	<b>1:35.34</b>	279	1:38.26	2.6.2024	106%	
50m flugsund	Bein úrslit	5.	<b>42.96</b>	182	46.93	25.11.2023	119%	
<b>Ása Júlía Kaldal, 16.8.2009</b>								<b>2</b>
200m skriðsund	Bein úrslit			-	2:39.42	21.10.2023	-	
400m skriðsund	Bein úrslit	11.	<b>5:26.70</b>	367	5:34.94	27.4.2024	105%	
800m skriðsund	Bein úrslit	12.	<b>11:10.45</b>	365	11:39.05	27.4.2024	109%	
100m bringusund	Bein úrslit	15.	1:42.63	224	1:42.43	28.4.2024	100%	
200m fjörsund	Bein úrslit			-	3:10.56	13.1.2024	-	
<b>Ásgerður Einarsdóttir, 19.4.2011</b>								<b>3</b>
100m skriðsund	Bein úrslit	28.	<b>1:21.19</b>	237	1:26.22	28.4.2024	113%	
200m skriðsund	Bein úrslit			-	2:50.73	1.6.2024	-	
400m skriðsund	Bein úrslit	14.	<b>6:04.54</b>	264	6:59.99	8.10.2023	133%	
100m fjörsund	Bein úrslit			-	1:47.65	12.5.2024	-	
200m fjörsund	Bein úrslit	20.	<b>3:30.15</b>	194	4:07.27	8.10.2023	138%	
<b>Ásta Margrét Björgvinsdóttir, 19.9.2009</b>								<b>1</b>
200m skriðsund	Bein úrslit			-	2:38.75	28.4.2024	-	
800m skriðsund	Bein úrslit	14.	<b>11:27.42</b>	339	11:50.87	27.4.2024	107%	
100m bringusund	Bein úrslit	13.	1:34.64	286	1:28.97	21.10.2023	88%	
200m bringusund	Bein úrslit	10.	3:23.50	289	3:22.60	21.10.2023	99%	
200m fjörsund	Bein úrslit			-	3:00.27	13.1.2024	-	
<b>Ísabella Elínborg Cecchini, 4.12.2011</b>								<b>3</b>
100m skriðsund	Bein úrslit	15.	<b>1:15.30</b>	297	1:17.92	2.6.2024	107%	
200m skriðsund	Bein úrslit			-	2:47.87	1.6.2024	-	
400m skriðsund	Bein úrslit	12.	<b>5:57.81</b>	279	6:25.59	27.4.2024	116%	
100m bringusund	Bein úrslit	16.	<b>1:39.09</b>	249	1:42.01	2.6.2024	106%	
100m fjörsund	Bein úrslit			-	1:33.31	31.5.2024	-	
<b>Ísak Gunnar Jónsson, 20.12.2013</b>								<b>2</b>
50m skriðsund	Bein úrslit	6.	<b>35.96</b>	176	38.42	13.1.2024	114%	
100m skriðsund	Bein úrslit			-	1:25.75	13.1.2024	-	
50m baksund	Bein úrslit	7.	46.39	109	44.88	13.1.2024	94%	
50m flugsund	Bein úrslit	5.	<b>41.61</b>	142	48.25	27.4.2024	134%	
100m fjörsund	Bein úrslit			-	1:42.00	27.4.2024	-	
<b>Úlfur Rafn Leifsson, 8.5.2012</b>								<b>-</b>
100m skriðsund	Bein úrslit	16.	1:22.38	161	1:21.75	2.6.2024	98%	
200m skriðsund	Bein úrslit			-	2:52.83	28.4.2024	-	
200m baksund	Bein úrslit			-	3:26.54	31.5.2024	-	
100m fjörsund	Bein úrslit			-	1:40.70	31.5.2024	-	
<b>Þórður Karl Steinarsson, 21.11.2009</b>								<b>2</b>
100m skriðsund	Bein úrslit	6.	<b>1:01.50</b>	387	1:02.62	2.6.2024	104%	
800m skriðsund	Bein úrslit	7.	<b>9:52.92</b>	418	10:45.82	22.9.2023	119%	
100m flugsund	Bein úrslit			-	1:16.49	10.5.2024	-	
200m fjörsund	Bein úrslit			-	2:37.97	2.6.2024	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Sunddeild Breiðabliks								67
Agnetha Ýr Guðmundsdóttir, 16.2.2012								3
100m skriðsund	Bein úrslit	14.	<b>1:14.11</b>	311	1:14.80	2.6.2024	102%	
200m skriðsund	Bein úrslit			-	2:45.30	1.6.2024	-	
100m baksund	Bein úrslit	23.	<b>1:31.58</b>	215	1:44.16	25.11.2023	129%	
100m bringusund	Bein úrslit	19.	<b>1:41.63</b>	231	1:50.23	2.6.2024	118%	
100m fjørsund	Bein úrslit			-	1:31.53	12.5.2024	-	
Bergey Huld Arnarsdóttir, 13.7.2011								3
100m skriðsund	Bein úrslit	2.	<b>1:05.48</b>	451	1:09.29	15.12.2023	112%	
100m baksund	Bein úrslit	7.	<b>1:18.88</b>	336	1:20.08	27.4.2024	103%	
100m bringusund	Bein úrslit	6.	<b>1:28.01</b>	355	1:29.58	27.4.2024	104%	
100m flugsund	Bein úrslit			-	1:16.80	12.11.2023	-	
100m fjørsund	Bein úrslit			-	1:19.08	27.4.2024	-	
Björg Dúfa Bogadóttir, 9.4.2013								2
100m skriðsund	Bein úrslit			-	1:31.73	27.4.2024	-	
50m baksund	Bein úrslit	9.	<b>47.52</b>	150	52.77	31.5.2024	123%	
50m bringusund	Bein úrslit			-	53.47	1.6.2024	-	
100m bringusund	Bein úrslit	7.	<b>1:49.69</b>	183	1:54.36	2.6.2024	109%	
100m fjørsund	Bein úrslit			-	1:46.60	27.4.2024	-	
Elsa Karen Káradóttir, 25.8.2014								2
50m skriðsund	Bein úrslit	6.	<b>36.96</b>	238	39.13	1.6.2024	112%	
100m skriðsund	Bein úrslit			-	1:26.23	2.6.2024	-	
50m bringusund	Bein úrslit			-	1:06.96	2.3.2024	-	
100m bringusund	Bein úrslit	11.	<b>1:58.40</b>	146	2:01.73	1.6.2024	106%	
Freyja Mjöll Einarsdóttir, 2.9.2013								3
100m skriðsund	Bein úrslit			-	1:31.53	2.3.2024	-	
50m baksund	Bein úrslit	6.	<b>46.67</b>	158	52.08	27.4.2024	125%	
50m bringusund	Bein úrslit			-	1:02.63	4.11.2023	-	
100m bringusund	Bein úrslit	10.	<b>1:56.74</b>	152	1:59.95	2.6.2024	106%	
50m flugsund	Bein úrslit	11.	<b>55.65</b>	84	1:07.16	4.11.2023	146%	
Guðbjörg Helga Hilmarsdóttir, 21.6.2011								2
100m skriðsund	Bein úrslit	1.	<b>1:02.91</b>	509	1:04.46	15.12.2023	105%	
200m skriðsund	Bein úrslit			-	2:21.66	21.10.2023	-	
100m baksund	Bein úrslit	2.	<b>1:12.59</b>	432	1:18.23	5.5.2024	116%	
200m baksund	Bein úrslit			-	2:41.15	2.3.2024	-	
100m fjørsund	Bein úrslit			-	1:17.08	25.6.2023	-	
Guðlaugur Santiago Guðlaugsson, 3.1.2013								3
50m skriðsund	Bein úrslit	1.	<b>31.04</b>	273	37.00	4.11.2023	142%	
100m skriðsund	Bein úrslit			-	1:14.64	27.4.2024	-	
100m baksund	Bein úrslit	2.	<b>1:22.75</b>	199	1:29.09	27.4.2024	116%	
50m flugsund	Bein úrslit	1.	<b>35.61</b>	227	41.68	10.2.2024	137%	
100m fjørsund	Bein úrslit			-	1:43.49	25.6.2023	-	
Guðrún Ísold Harðardóttir, 31.3.2011								2
200m skriðsund	Bein úrslit			-	2:22.44	11.11.2023	-	
400m skriðsund	Bein úrslit	1.	<b>4:50.46</b>	522	4:52.37	10.11.2023	101%	
200m bringusund	Bein úrslit	3.	2:58.24	430	2:58.09	21.10.2023	100%	
100m fjørsund	Bein úrslit			-	1:18.09	21.10.2023	-	
200m fjørsund	Bein úrslit	2.	<b>2:38.97</b>	450	2:41.17	12.5.2024	103%	
Hildur Eldey Guðjónsdóttir, 17.10.2011								3
100m skriðsund	Bein úrslit	10.	<b>1:12.18</b>	337	1:14.82	25.11.2023	107%	
200m skriðsund	Bein úrslit			-	2:37.00	28.4.2024	-	
200m bringusund	Bein úrslit	10.	<b>3:19.47</b>	307	3:30.86	25.11.2023	112%	
200m fjørsund	Bein úrslit	10.	<b>2:53.94</b>	343	2:58.08	27.4.2024	105%	
Hrafn Ingi Solvason, 5.7.2014								4
50m skriðsund	Bein úrslit	8.	<b>37.51</b>	155	41.45	1.6.2024	122%	
50m baksund	Bein úrslit	8.	<b>46.63</b>	108	48.70	28.4.2024	109%	
100m baksund	Bein úrslit	4.	<b>1:37.46</b>	121	1:42.77	2.6.2024	111%	
100m bringusund	Bein úrslit	10.	<b>2:04.37</b>	87	2:06.70	1.6.2024	104%	
100m fjørsund	Bein úrslit			-	1:49.07	27.4.2024	-	
Huginn Leví Pétursson, 15.9.2009								3
100m skriðsund	Bein úrslit	4.	<b>59.90</b>	419	1:01.57	21.10.2023	106%	
800m skriðsund	Bein úrslit	5.	<b>9:35.52</b>	457	9:54.83	12.11.2023	107%	
100m flugsund	Bein úrslit			-	1:07.82	31.5.2024	-	
200m flugsund	Bein úrslit	2.	<b>2:29.15</b>	382	2:36.45	16.12.2023	110%	
200m fjørsund	Bein úrslit			-	2:40.65	25.6.2023	-	
Iris Siriajeva, 1.10.2013								2
50m skriðsund	Bein úrslit	1.	33.60	317	33.35	24.5.2024	99%	
100m skriðsund	Bein úrslit			-	1:14.15	3.5.2024	-	
100m baksund	Bein úrslit	2.	<b>1:23.85</b>	280	1:26.89	3.5.2024	107%	
100m bringusund	Bein úrslit	2.	<b>1:31.38</b>	317	1:36.34	9.3.2024	111%	
100m fjørsund	Bein úrslit			-	1:24.90	13.4.2024	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Jón Ingvar Eypórsson, 18.5.2010								2
100m skriðsund	Bein úrslit	1.	<b>57.67</b>	470	1:01.43	11.11.2023	113%	
200m skriðsund	Bein úrslit			-	2:07.12	1.6.2024	-	
100m bringusund	Bein úrslit	4.	<b>1:18.63</b>	347	1:22.40	2.6.2024	110%	
100m flugsund	Bein úrslit			-	1:05.51	31.5.2024	-	
200m fjørsund	Bein úrslit			-	2:39.92	21.10.2023	-	
Kamilla Ýr Ísaksdóttir Guðmann, 30.8.2011								1
200m skriðsund	Bein úrslit			-	2:37.55	16.12.2023	-	
100m bringusund	Bein úrslit	7.	1:28.39	351	1:27.39	11.5.2024	98%	
200m bringusund	Bein úrslit	6.	3:09.97	355	3:06.20	16.12.2023	96%	
100m fjørsund	Bein úrslit			-	1:20.84	27.4.2024	-	
200m fjørsund	Bein úrslit	9.	<b>2:49.96</b>	368	2:53.58	27.4.2024	104%	
Lilja Dögg Magnúsdóttir, 19.9.2013								-
50m skriðsund	Bein úrslit	ÚRskr.		-	44.13	4.11.2023	-	
100m skriðsund	Bein úrslit	ÚRskr.		-	1:25.45	27.4.2024	-	
50m baksund	Bein úrslit	ÚRskr.		-	54.85	4.11.2023	-	
50m bringusund	Bein úrslit	ÚRskr.		-	1:13.33	4.11.2023	-	
50m flugsund	Bein úrslit	ÚRskr.		-	53.07	2.6.2024	-	
Lilja Rakel Hannesdóttir Bridde, 1.1.2011								2
200m skriðsund	Bein úrslit			-	2:32.54	21.10.2023	-	
400m skriðsund	Bein úrslit	3.	<b>5:07.40</b>	440	5:18.62	25.6.2023	107%	
100m baksund	Bein úrslit	4.	<b>1:15.97</b>	377	1:16.46	24.6.2023	101%	
200m baksund	Bein úrslit			-	2:44.21	26.11.2023	-	
100m flugsund	Bein úrslit			-	1:21.57	12.5.2024	-	
Margrét Anna Lapas, 22.12.2009								-
200m skriðsund	Bein úrslit	ÚRskr.		-	2:15.42	10.11.2023	-	
100m bringusund	Bein úrslit	1.	1:17.12	528	1:12.89	11.11.2023	89%	
Róbert Leó Eiríksson, 13.3.2013								3
100m skriðsund	Bein úrslit			-	1:22.77	27.4.2024	-	
50m baksund	Bein úrslit	5.	<b>43.72</b>	131	45.23	2.6.2024	107%	
50m bringusund	Bein úrslit			-	1:01.72	23.6.2023	-	
100m bringusund	Bein úrslit	8.	<b>1:56.04</b>	108	2:08.23	24.6.2023	122%	
50m flugsund	Bein úrslit	6.	<b>46.36</b>	103	50.06	10.2.2024	117%	
Saga Karen Andradóttir, 8.12.2014								3
50m skriðsund	Bein úrslit	8.	<b>37.41</b>	230	39.81	28.4.2024	113%	
50m bringusund	Bein úrslit			-	59.42	2.3.2024	-	
100m bringusund	Bein úrslit	12.	<b>1:59.37</b>	142	2:01.67	1.6.2024	104%	
50m flugsund	Bein úrslit	10.	<b>49.41</b>	120	52.43	2.6.2024	113%	
100m fjørsund	Bein úrslit			-	1:41.90	1.6.2024	-	
Stefán Fanneyjarsón, 31.1.2013								3
50m skriðsund	Bein úrslit	13.	<b>40.55</b>	122	42.79	31.5.2024	111%	
100m skriðsund	Bein úrslit			-	1:35.91	27.4.2024	-	
50m baksund	Bein úrslit	14.	<b>52.02</b>	77	52.99	28.4.2024	104%	
100m baksund	Bein úrslit	8.	<b>1:48.03</b>	89	1:54.19	27.4.2024	112%	
100m bringusund	Bein úrslit	12.	2:22.80	58	2:18.78	2.6.2024	94%	
Sóllilja Þórðardóttir, 10.6.2011								3
100m skriðsund	Bein úrslit	26.	<b>1:18.86</b>	258	1:20.07	25.11.2023	103%	
200m skriðsund	Bein úrslit			-	2:47.26	28.4.2024	-	
100m baksund	Bein úrslit	24.	<b>1:32.65</b>	207	1:36.01	11.5.2024	107%	
100m bringusund	Bein úrslit	22.	<b>1:43.32</b>	219	1:53.08	27.4.2024	120%	
100m fjørsund	Bein úrslit			-	1:36.26	12.5.2024	-	
Sólveig Freyja Hákonardóttir, 16.2.2009								2
100m skriðsund	Bein úrslit	1.	<b>57.76</b>	658	1:00.26	23.9.2023	109%	
200m skriðsund	Bein úrslit	ÚRskr.		-	2:07.78	2.12.2023	-	
400m fjørsund	Bein úrslit	1.	<b>5:01.26</b>	634	5:06.38	11.11.2023	103%	
Tinna Salome Róbertsdóttir, 16.6.2011								3
100m skriðsund	Bein úrslit	16.	<b>1:15.47</b>	295	1:15.79	12.5.2024	101%	
200m skriðsund	Bein úrslit			-	2:43.34	11.5.2024	-	
400m skriðsund	Bein úrslit	8.	<b>5:32.63</b>	347	5:36.12	26.11.2023	102%	
100m baksund	Bein úrslit	16.	<b>1:25.27</b>	266	1:25.64	25.11.2023	101%	
200m baksund	Bein úrslit			-	3:01.71	26.11.2023	-	
Una Petrovic, 3.10.2013								2
100m skriðsund	Bein úrslit			-	1:19.14	27.4.2024	-	
100m baksund	Bein úrslit	4.	<b>1:29.44</b>	231	1:35.81	1.6.2024	115%	
50m flugsund	Bein úrslit	1.	<b>39.27</b>	239	43.34	2.6.2024	122%	
100m fjørsund	Bein úrslit			-	1:34.20	27.4.2024	-	
Vanja Djurovic, 24.11.2009								3
200m skriðsund	Bein úrslit			-	2:13.93	26.11.2023	-	
400m skriðsund	Bein úrslit	2.	<b>4:28.31</b>	495	4:39.81	26.11.2023	109%	
800m skriðsund	Bein úrslit	2.	<b>9:16.06</b>	507	9:37.30	16.12.2023	108%	
200m fjørsund	Bein úrslit			-	2:31.76	13.4.2024	-	



Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

400m fjörsund	Bein úrslit	2.	<b>5:14.12</b>	417	5:25.16	14.4.2024	107%	
<b>Ásdís Steindórsdóttir, 17.2.2009</b>								-
200m skriðsund	Bein úrslit	ÚRskr.		-	2:07.45	11.11.2023	-	
800m skriðsund	Bein úrslit	1.	9:39.60	565	9:07.04	21.10.2023	89%	
<b>Íris Ásta Magnúsdóttir, 3.9.2011</b>								3
100m baksund	Bein úrslit	1.	<b>1:11.91</b>	444	1:12.50	11.5.2024	102%	
200m baksund	Bein úrslit			-	2:40.57	26.11.2023	-	
100m bringusund	Bein úrslit	3.	<b>1:23.51</b>	416	1:27.25	10.2.2024	109%	
100m fjörsund	Bein úrslit			-	1:15.17	27.4.2024	-	
200m fjörsund	Bein úrslit	5.	<b>2:41.01</b>	433	2:41.35	12.5.2024	100%	
<b>Ólafur Bragason Thoroddsen, 31.8.2010</b>								-
100m skriðsund	Bein úrslit	18.	1:17.67	192	1:16.48	25.11.2023	97%	
100m baksund	Bein úrslit			-	1:26.52	24.6.2023	-	
200m bringusund	Bein úrslit	9.	3:29.42	188	3:18.06	23.6.2023	89%	
200m fjörsund	Bein úrslit			-	3:05.91	27.4.2024	-	
<b>Þeódís Styrmsdóttir, 25.11.2011</b>								3
100m skriðsund	Bein úrslit	3.	<b>1:06.42</b>	433	1:09.32	27.4.2024	109%	
200m skriðsund	Bein úrslit			-	2:38.73	26.11.2023	-	
100m baksund	Bein úrslit	5.	<b>1:16.19</b>	373	1:17.86	27.4.2024	104%	
200m baksund	Bein úrslit			-	2:48.56	14.4.2024	-	
200m bringusund	Bein úrslit	8.	<b>3:10.54</b>	352	3:18.18	16.12.2023	108%	
<b>Þorgerður Freyja Helgadóttir, 5.2.2011</b>								2
200m skriðsund	Bein úrslit			-	2:27.25	15.12.2023	-	
400m skriðsund	Bein úrslit	2.	<b>4:59.09</b>	478	4:59.50	15.12.2023	100%	
200m baksund	Bein úrslit			-	2:49.43	10.2.2024	-	
100m flugsund	Bein úrslit			-	1:16.69	12.5.2024	-	
200m fjörsund	Bein úrslit	3.	<b>2:39.66</b>	444	2:51.70	24.6.2023	116%	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Sunddeild Stjörunnar								4
Birkir Hrafn Pétursson, 2.11.2013								1
100m baksund	Bein úrslit	7.	<b>1:47.15</b>	91	1:53.83	1.6.2024	113%	
100m bringusund	Bein úrslit	11.	2:07.56	81	2:06.05	2.6.2024	98%	
100m fjórsund	Bein úrslit			-	2:10.13	3.2.2024	-	
Björn Gunnar Axelson, 2.1.2015								3
50m skriðsund	Bein úrslit	9.	<b>38.57</b>	142	38.61	28.4.2024	100%	
100m skriðsund	Bein úrslit			-	1:27.55	12.5.2024	-	
50m baksund	Bein úrslit	10.	<b>47.43</b>	102	51.88	11.5.2024	120%	
50m flugsund	Bein úrslit	7.	<b>46.51</b>	102	48.58	12.5.2024	109%	
100m fjórsund	Bein úrslit			-	1:48.68	12.5.2024	-	
Guðrún Lára Arnarsdóttir, 18.1.2009								-
100m skriðsund	Bein úrslit	18.	1:10.91	355	1:10.61	15.12.2023	99%	
100m baksund	Bein úrslit			-	1:22.10	21.10.2023	-	
200m baksund	Bein úrslit	10.	2:54.51	316	2:54.34	16.12.2023	100%	
100m flugsund	Bein úrslit			-	1:18.91	28.4.2024	-	
200m fjórsund	Bein úrslit			-	2:49.34	22.10.2023	-	
Mikael Árnason, 27.7.2014								-
50m bringusund	Bein úrslit			-	59.11	11.5.2024	-	
100m fjórsund	Bein úrslit			-	1:55.89	12.5.2024	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

<b>Sunddeild UMFB</b>								<b>7</b>
<b>Júlía Magdalena Mazur, 22.5.2012</b>								<b>2</b>
100m skriðsund	Bein úrslit	25.	<b>1:18.79</b>	259	1:24.80	25.11.2023	116%	
200m skriðsund	Bein úrslit			-	3:07.87	26.11.2023	-	
100m baksund	Bein úrslit	25.	<b>1:32.92</b>	206	1:40.64	21.10.2023	117%	
<b>Katrín Lind Rúnarsdóttir, 9.8.2011</b>								<b>3</b>
100m skriðsund	Bein úrslit	12.	<b>1:13.21</b>	323	1:15.45	22.10.2023	106%	
200m skriðsund	Bein úrslit			-	2:47.60	26.11.2023	-	
100m baksund	Bein úrslit	17.	<b>1:26.29</b>	257	1:30.23	21.10.2023	109%	
100m bringusund	Bein úrslit	17.	<b>1:39.12</b>	249	1:42.43	21.10.2023	107%	
100m fjórsund	Bein úrslit			-	1:26.20	21.10.2023	-	
<b>Rakel Eva Ingólfssdóttir, 3.7.2009</b>								<b>1</b>
100m skriðsund	Bein úrslit	23.	<b>1:15.69</b>	292	1:17.98	22.10.2023	106%	
100m flugsund	Bein úrslit			-	1:33.52	15.5.2024	-	
200m fjórsund	Bein úrslit			-	3:16.48	26.11.2023	-	
<b>Stefanía Rún Hjartardóttir, 7.7.2009</b>								<b>1</b>
100m skriðsund	Bein úrslit	14.	<b>1:08.61</b>	392	1:08.83	25.11.2023	101%	
200m skriðsund	Bein úrslit			-	2:29.50	26.11.2023	-	
100m bringusund	Bein úrslit	11.	1:32.21	309	1:26.63	11.11.2023	88%	
200m bringusund	Bein úrslit	9.	3:17.67	315	3:00.84	10.11.2023	84%	
200m fjórsund	Bein úrslit			-	2:55.89	25.6.2023	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

<b>Sundfélag Akraness</b>								<b>9</b>
<b>Elín Sara Skarphéðinsdóttir, 27.10.2010</b>								<b>1</b>
100m skriðsund	Bein úrslit	20.	<b>1:12.40</b>	334	1:13.90	2.6.2024	104%	
200m skriðsund	Bein úrslit			-	2:45.19	26.11.2023	-	
100m baksund	Bein úrslit			-	1:27.71	24.6.2023	-	
<b>Eymar Ágúst Eymarsson, 29.4.2010</b>								<b>2</b>
100m skriðsund	Bein úrslit	15.	<b>1:11.60</b>	245	1:13.18	2.6.2024	104%	
200m skriðsund	Bein úrslit			-	2:38.75	1.6.2024	-	
400m skriðsund	Bein úrslit	10.	<b>5:30.34</b>	265	5:56.44	15.12.2023	116%	
100m baksund	Bein úrslit			-	1:31.15	12.5.2024	-	
<b>Kajus Jatautas, 14.9.2010</b>								<b>1</b>
100m skriðsund	Bein úrslit	2.	58.76	444	58.69	24.4.2024	100%	
200m skriðsund	Bein úrslit			-	2:13.61	1.6.2024	-	
100m baksund	Bein úrslit			-	1:07.25	12.5.2024	-	
200m baksund	Bein úrslit	4.	<b>2:28.80</b>	357	2:40.68	26.11.2023	117%	
200m fjørsund	Bein úrslit			-	2:34.55	2.6.2024	-	
<b>Karen Anna Orlita, 17.1.2012</b>								<b>3</b>
100m skriðsund	Bein úrslit	4.	<b>1:06.79</b>	425	1:08.51	14.4.2024	105%	
200m skriðsund	Bein úrslit			-	2:30.76	1.6.2024	-	
100m bringusund	Bein úrslit	8.	<b>1:29.17</b>	342	1:33.85	23.3.2024	111%	
100m fjørsund	Bein úrslit			-	1:18.26	31.5.2024	-	
200m fjørsund	Bein úrslit	8.	<b>2:48.29</b>	379	2:51.04	2.6.2024	103%	
<b>Kristófer Guðjónsson, 28.1.2013</b>								<b>2</b>
50m skriðsund	Bein úrslit	3.	<b>34.14</b>	205	34.59	11.5.2024	103%	
100m skriðsund	Bein úrslit			-	1:18.32	2.6.2024	-	
50m bringusund	Bein úrslit			-	46.35	12.5.2024	-	
100m bringusund	Bein úrslit	2.	<b>1:36.86</b>	185	1:39.70	11.5.2024	106%	
100m fjørsund	Bein úrslit			-	1:30.51	31.5.2024	-	
<b>Mangirdas Moliusis, 6.2.2012</b>								<b>-</b>
100m skriðsund	Bein úrslit	15.	1:22.36	161	1:21.27	2.6.2024	97%	
200m skriðsund	Bein úrslit			-	3:04.71	1.6.2024	-	
200m baksund	Bein úrslit			-	3:39.68	11.5.2024	-	
100m fjørsund	Bein úrslit			-	1:39.01	31.5.2024	-	
<b>Viktoría Emilia Orlita, 9.11.2009</b>								<b>-</b>
100m skriðsund	Bein úrslit	7.	1:05.27	456	1:04.45	23.6.2023	98%	
200m skriðsund	Bein úrslit			-	2:25.70	24.6.2023	-	
100m bringusund	Bein úrslit	10.	1:30.09	331	1:24.36	16.12.2023	88%	
200m fjørsund	Bein úrslit			-	2:44.29	15.12.2023	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

								97
<b>Sundfélag Hafnarfjarðar</b>								<b>2</b>
<b>Aaron Sebastian Jóhannsson, 20.10.2012</b>								
100m skriðsund	Bein úrslit	5.	<b>1:08.96</b>	274	1:10.54	12.5.2024	105%	
400m skriðsund	Bein úrslit	3.	5:15.92	303	5:14.94	27.4.2024	99%	
100m baksund	Bein úrslit	5.	<b>1:18.92</b>	229	1:22.94	11.5.2024	110%	
200m baksund	Bein úrslit			-	2:56.79	27.4.2024	-	
100m flugsund	Bein úrslit			-	1:23.83	28.4.2024	-	
<b>Andrej Tepavcevic, 20.5.2012</b>								<b>3</b>
100m skriðsund	Bein úrslit	7.	<b>1:13.58</b>	226	1:14.44	2.6.2024	102%	
200m skriðsund	Bein úrslit			-	2:36.95	11.5.2024	-	
100m bringusund	Bein úrslit	3.	<b>1:31.03</b>	223	1:35.39	2.6.2024	110%	
200m bringusund	Bein úrslit	3.	<b>3:11.86</b>	245	3:19.06	28.4.2024	108%	
100m fjørsund	Bein úrslit			-	1:28.36	31.5.2024	-	
<b>Andri Ólafsson, 24.2.2009</b>								<b>3</b>
200m skriðsund	Bein úrslit			-	2:17.51	1.6.2024	-	
800m skriðsund	Bein úrslit	4.	<b>9:33.85</b>	461	10:36.61	23.3.2024	123%	
200m baksund	Bein úrslit	3.	<b>2:26.00</b>	378	2:29.32	10.11.2023	105%	
200m fjørsund	Bein úrslit			-	2:30.76	11.11.2023	-	
400m fjørsund	Bein úrslit	3.	<b>5:14.99</b>	414	5:46.98	11.5.2024	121%	
<b>Arndís Soffía Matthíasdóttir, 9.9.2012</b>								<b>2</b>
100m skriðsund	Bein úrslit	11.	<b>1:12.36</b>	334	1:16.63	12.11.2023	112%	
100m baksund	Bein úrslit	6.	<b>1:18.22</b>	345	1:23.69	17.12.2023	114%	
200m baksund	Bein úrslit			-	2:58.17	10.11.2023	-	
100m fjørsund	Bein úrslit			-	1:29.71	11.11.2023	-	
<b>Auguste Balciunaite, 10.2.2011</b>								<b>3</b>
200m skriðsund	Bein úrslit			-	2:18.41	24.6.2023	-	
100m bringusund	Bein úrslit	1.	<b>1:15.63</b>	560	1:16.79	13.4.2024	103%	
200m bringusund	Bein úrslit	1.	<b>2:45.54</b>	537	2:50.12	23.6.2023	106%	
100m fjørsund	Bein úrslit			-	1:10.27	31.5.2024	-	
200m fjørsund	Bein úrslit	1.	<b>2:29.20</b>	544	2:37.35	8.10.2023	111%	
<b>Birgir Logi Geirsson, 29.7.2013</b>								<b>2</b>
100m skriðsund	Bein úrslit			-	1:26.72	12.5.2024	-	
50m baksund	Bein úrslit	3.	<b>43.08</b>	137	45.35	25.11.2023	111%	
50m bringusund	Bein úrslit			-	51.80	9.12.2023	-	
100m bringusund	Bein úrslit	5.	<b>1:41.17</b>	163	1:46.61	2.6.2024	111%	
<b>Birgitta Björt Kjartansdóttir, 10.9.2010</b>								<b>2</b>
100m skriðsund	Bein úrslit	10.	<b>1:06.34</b>	434	1:09.66	22.10.2023	110%	
200m skriðsund	Bein úrslit			-	2:34.59	21.10.2023	-	
100m baksund	Bein úrslit			-	1:23.37	8.10.2023	-	
200m flugsund	Bein úrslit	11.	<b>3:26.24</b>	195	3:29.67	11.5.2024	103%	
<b>Brynhildur Freyja Stefánsdóttir, 28.9.2012</b>								<b>2</b>
200m skriðsund	Bein úrslit			-	3:22.49	11.5.2024	-	
100m baksund	Bein úrslit	29.	<b>1:43.23</b>	150	1:45.34	27.4.2024	104%	
100m bringusund	Bein úrslit	24.	1:48.69	188	1:47.41	2.6.2024	98%	
200m bringusund	Bein úrslit	15.	<b>3:44.07</b>	216	3:51.66	12.5.2024	107%	
100m fjørsund	Bein úrslit			-	1:36.90	31.5.2024	-	
<b>Bríana Ósk Alvarsdóttir, 29.5.2012</b>								<b>2</b>
100m baksund	Bein úrslit	18.	1:26.93	251	1:26.46	11.5.2024	99%	
100m bringusund	Bein úrslit	18.	<b>1:40.53</b>	238	1:43.99	9.12.2023	107%	
200m bringusund	Bein úrslit	14.	<b>3:30.39</b>	261	3:37.64	25.11.2023	107%	
100m flugsund	Bein úrslit			-	1:31.05	28.4.2024	-	
100m fjørsund	Bein úrslit			-	1:25.57	12.5.2024	-	
<b>Dagmar Arna Sigurðardóttir, 8.7.2009</b>								<b>2</b>
200m skriðsund	Bein úrslit			-	2:18.97	24.6.2023	-	
400m skriðsund	Bein úrslit	2.	<b>4:47.55</b>	538	4:49.09	5.5.2024	101%	
200m baksund	Bein úrslit	1.	2:26.82	531	2:25.61	16.12.2023	98%	
200m fjørsund	Bein úrslit			-	2:38.89	12.11.2023	-	
400m fjørsund	Bein úrslit	3.	<b>5:27.37</b>	494	5:39.45	13.4.2024	108%	
<b>Daniil Emil Olegsson, 16.10.2014</b>								<b>3</b>
100m skriðsund	Bein úrslit			-	1:22.68	2.6.2024	-	
50m baksund	Bein úrslit	4.	<b>43.63</b>	132	47.05	25.11.2023	116%	
100m bringusund	Bein úrslit	7.	<b>1:48.42</b>	132	1:51.91	27.4.2024	107%	
50m flugsund	Bein úrslit	4.	<b>40.81</b>	151	43.57	12.5.2024	114%	
100m fjørsund	Bein úrslit			-	1:33.45	12.5.2024	-	
<b>Daníel Andriysson, 16.6.2011</b>								<b>2</b>
400m skriðsund	Bein úrslit	2.	5:14.16	308	5:13.89	31.5.2024	100%	
200m bringusund	Bein úrslit	5.	<b>3:24.66</b>	202	3:28.62	1.6.2024	104%	
100m flugsund	Bein úrslit			-	1:27.16	31.5.2024	-	
100m fjørsund	Bein úrslit			-	1:25.06	12.5.2024	-	
200m fjørsund	Bein úrslit	4.	<b>2:52.71</b>	255	3:02.24	27.4.2024	111%	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Daniel Rafn Atlason, 10.12.2010								3
100m skriðsund	Bein úrslit	14.	<b>1:11.49</b>	246	1:14.88	27.4.2024	110%	
200m skriðsund	Bein úrslit			-	2:41.32	1.6.2024	-	
100m bringusund	Bein úrslit	13.	<b>1:37.23</b>	183	1:45.33	4.11.2023	117%	
200m bringusund	Bein úrslit	10.	<b>3:32.37</b>	181	3:43.22	25.11.2023	110%	
200m fjørsund	Bein úrslit			-	3:12.17	27.4.2024	-	
Elsa Diljá Lunddal Rúnarsdóttir, 3.7.2010								3
200m skriðsund	Bein úrslit			-	2:29.90	11.11.2023	-	
100m baksund	Bein úrslit			-	1:18.09	15.12.2023	-	
200m baksund	Bein úrslit	6.	<b>2:38.80</b>	420	2:42.86	27.4.2024	105%	
200m flugsund	Bein úrslit	9.	<b>3:06.35</b>	264	3:28.69	25.6.2023	125%	
400m fjørsund	Bein úrslit	10.	<b>5:51.02</b>	401	6:05.92	8.10.2023	109%	
Elín Helga Arnardóttir, 26.7.2014								2
100m skriðsund	Bein úrslit			-	1:25.80	2.6.2024	-	
50m bringusund	Bein úrslit			-	51.10	7.10.2023	-	
100m bringusund	Bein úrslit	4.	<b>1:36.09</b>	273	1:43.08	1.6.2024	115%	
50m flugsund	Bein úrslit	8.	<b>47.74</b>	133	48.75	2.6.2024	104%	
100m fjørsund	Bein úrslit			-	1:34.89	1.6.2024	-	
Ema Austa Pratusyté, 20.2.2010								3
200m baksund	Bein úrslit	2.	<b>2:32.80</b>	471	2:40.02	12.11.2023	110%	
100m flugsund	Bein úrslit			-	1:19.61	23.9.2023	-	
200m flugsund	Bein úrslit	3.	<b>2:48.08</b>	360	3:04.71	9.12.2023	121%	
200m fjørsund	Bein úrslit			-	2:41.75	15.12.2023	-	
400m fjørsund	Bein úrslit	5.	<b>5:32.04</b>	474	5:43.87	11.11.2023	107%	
Emilía Anna Jóhannsdóttir, 17.5.2011								2
100m skriðsund	Bein úrslit	8.	<b>1:11.73</b>	343	1:13.31	2.6.2024	104%	
200m skriðsund	Bein úrslit			-	2:37.25	1.6.2024	-	
400m skriðsund	Bein úrslit	7.	<b>5:29.03</b>	359	5:40.30	27.4.2024	107%	
200m baksund	Bein úrslit			-	2:58.96	11.5.2024	-	
Emilía Björt Magnúsdóttir, 6.10.2010								3
100m skriðsund	Bein úrslit	21.	<b>1:13.73</b>	316	1:15.02	2.6.2024	104%	
200m skriðsund	Bein úrslit			-	2:40.47	28.4.2024	-	
400m skriðsund	Bein úrslit	10.	<b>5:22.91</b>	380	5:59.40	11.2.2024	124%	
100m baksund	Bein úrslit			-	1:33.15	1.6.2024	-	
100m bringusund	Bein úrslit	14.	<b>1:41.70</b>	230	1:49.35	4.11.2023	116%	
Eva Goda Pratusyte, 3.10.2012								3
100m skriðsund	Bein úrslit	20.	<b>1:16.83</b>	279	1:20.77	2.6.2024	111%	
400m skriðsund	Bein úrslit	9.	<b>5:44.65</b>	312	5:52.51	11.5.2024	105%	
100m baksund	Bein úrslit	13.	<b>1:23.70</b>	282	1:26.77	11.5.2024	107%	
200m baksund	Bein úrslit			-	3:01.53	27.4.2024	-	
100m flugsund	Bein úrslit			-	1:42.22	31.5.2024	-	
Friðrika Ýr Guðmundsdóttir, 22.5.2013								2
100m skriðsund	Bein úrslit			-	1:34.02	2.6.2024	-	
50m baksund	Bein úrslit	14.	<b>51.58</b>	117	1:05.25	4.11.2023	160%	
100m baksund	Bein úrslit	10.	<b>1:48.36</b>	129	1:56.95	1.6.2024	116%	
50m bringusund	Bein úrslit			-	1:03.61	25.11.2023	-	
Halldór Ingi Ólafsson, 7.6.2013								3
100m skriðsund	Bein úrslit			-	1:11.77	2.6.2024	-	
50m baksund	Bein úrslit	1.	<b>38.12</b>	198	38.36	2.6.2024	101%	
100m baksund	Bein úrslit	1.	<b>1:21.84</b>	205	1:24.00	11.5.2024	105%	
100m bringusund	Bein úrslit	4.	<b>1:39.48</b>	171	1:47.86	27.4.2024	118%	
100m fjørsund	Bein úrslit			-	1:24.92	31.5.2024	-	
Haraldur Marinó Kjartansson, 11.9.2009								3
100m skriðsund	Bein úrslit	7.	<b>1:07.34</b>	295	1:09.47	25.11.2023	106%	
100m baksund	Bein úrslit			-	1:27.44	25.11.2023	-	
200m baksund	Bein úrslit	8.	<b>3:01.47</b>	197	3:13.44	23.9.2023	114%	
200m bringusund	Bein úrslit	8.	<b>3:22.02</b>	210	3:26.13	23.9.2023	104%	
200m fjørsund	Bein úrslit			-	2:57.21	26.11.2023	-	
Hildur Erla Hákonardóttir, 2.8.2010								2
100m skriðsund	Bein úrslit	11.	<b>1:06.56</b>	430	1:09.36	8.10.2023	109%	
200m skriðsund	Bein úrslit			-	2:27.73	23.9.2023	-	
800m skriðsund	Bein úrslit	8.	<b>10:23.02</b>	455	10:48.91	24.6.2023	108%	
200m bringusund	Bein úrslit	7.	3:05.18	383	3:03.53	16.12.2023	98%	
200m fjørsund	Bein úrslit			-	2:48.86	15.12.2023	-	
Jovana Malbasa, 20.10.2013								-
50m skriðsund	Bein úrslit	ÚRskr.		-	41.53	11.5.2024	-	
100m skriðsund	Bein úrslit	ÚRskr.		-	1:31.59	12.5.2024	-	
50m baksund	Bein úrslit	ÚRskr.		-	49.47	2.6.2024	-	
100m baksund	Bein úrslit	ÚRskr.		-	1:47.35	11.5.2024	-	
50m bringusund	Bein úrslit	ÚRskr.		-	1:02.18	9.12.2023	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

<b>Jón Gísli Eðvaldsson, 7.7.2010</b>								<b>2</b>
100m skriðsund	Bein úrslit	9.	<b>1:07.76</b>	289	1:14.70	7.10.2023	122%	
200m skriðsund	Bein úrslit			-	2:35.55	1.6.2024	-	
400m skriðsund	Bein úrslit	7.	<b>5:15.79</b>	303	5:38.69	11.2.2024	115%	
100m baksund	Bein úrslit			-	1:21.35	1.6.2024	-	
200m fjörsund	Bein úrslit			-	2:50.96	2.6.2024	-	
<b>Jökull Orri Arielsson, 18.10.2013</b>								<b>3</b>
50m skriðsund	Bein úrslit	10.	<b>38.59</b>	142	39.13	31.5.2024	103%	
100m skriðsund	Bein úrslit			-	1:27.93	27.4.2024	-	
50m baksund	Bein úrslit	9.	<b>46.64</b>	108	57.11	25.11.2023	150%	
100m baksund	Bein úrslit	5.	<b>1:40.80</b>	110	1:45.14	27.4.2024	109%	
100m fjörsund	Bein úrslit			-	1:43.73	31.5.2024	-	
<b>Katrín Ósk Aðalsteinsdóttir, 14.5.2009</b>								<b>-</b>
100m skriðsund	Bein úrslit	6.	1:04.92	463	1:04.09	22.10.2023	97%	
200m skriðsund	Bein úrslit			-	2:23.48	23.9.2023	-	
100m baksund	Bein úrslit			-	1:15.16	8.10.2023	-	
100m bringusund	Bein úrslit	8.	1:28.66	347	1:24.59	16.12.2023	91%	
100m flugsund	Bein úrslit			-	1:11.10	16.12.2023	-	
<b>Kristjón Hrafn Kjartansson, 7.11.2011</b>								<b>3</b>
100m skriðsund	Bein úrslit	1.	<b>1:02.15</b>	375	1:08.37	4.11.2023	121%	
200m skriðsund	Bein úrslit			-	2:24.64	26.11.2023	-	
400m skriðsund	Bein úrslit	1.	<b>4:37.87</b>	445	5:00.86	26.11.2023	117%	
100m fjörsund	Bein úrslit			-	1:19.16	9.12.2023	-	
200m fjörsund	Bein úrslit	1.	<b>2:33.19</b>	366	2:51.77	21.10.2023	126%	
<b>María Kristín Þorfinnsdóttir, 8.6.2011</b>								<b>3</b>
100m skriðsund	Bein úrslit	22.	<b>1:17.03</b>	277	1:17.81	2.6.2024	102%	
200m skriðsund	Bein úrslit			-	2:46.99	11.5.2024	-	
200m baksund	Bein úrslit			-	3:10.35	24.3.2024	-	
100m bringusund	Bein úrslit	21.	<b>1:43.14</b>	221	1:45.57	11.5.2024	105%	
200m fjörsund	Bein úrslit	18.	<b>3:10.41</b>	262	3:19.66	26.11.2023	110%	
<b>Matthilda Lilja Larsen, 19.12.2014</b>								<b>3</b>
50m skriðsund	Bein úrslit	7.	<b>37.34</b>	231	41.97	8.10.2023	126%	
100m skriðsund	Bein úrslit			-	1:27.76	12.5.2024	-	
50m baksund	Bein úrslit	5.	<b>44.49</b>	183	47.38	25.11.2023	113%	
50m flugsund	Bein úrslit	3.	<b>42.28</b>	191	43.45	12.5.2024	106%	
100m fjörsund	Bein úrslit			-	1:35.39	12.5.2024	-	
<b>Matthildur María Ríkarðsdóttir, 31.8.2009</b>								<b>3</b>
100m skriðsund	Bein úrslit	9.	<b>1:06.08</b>	439	1:07.51	12.11.2023	104%	
200m skriðsund	Bein úrslit			-	2:23.34	11.11.2023	-	
100m bringusund	Bein úrslit	3.	<b>1:20.97</b>	456	1:27.70	16.12.2023	117%	
200m bringusund	Bein úrslit	4.	<b>2:55.61</b>	449	3:02.85	1.6.2024	108%	
200m fjörsund	Bein úrslit			-	2:45.30	2.6.2024	-	
<b>Ninja Ýr Logadóttir, 17.9.2009</b>								<b>2</b>
100m skriðsund	Bein úrslit	17.	1:10.79	357	1:10.63	27.4.2024	100%	
200m skriðsund	Bein úrslit			-	2:33.21	21.10.2023	-	
400m skriðsund	Bein úrslit	9.	<b>5:20.00</b>	390	5:34.78	7.10.2023	109%	
800m skriðsund	Bein úrslit	10.	<b>10:59.65</b>	383	11:25.98	24.6.2023	108%	
100m baksund	Bein úrslit			-	1:21.94	27.4.2024	-	
<b>Paul Ingi Cicero, 5.3.2010</b>								<b>3</b>
100m skriðsund	Bein úrslit	16.	<b>1:12.22</b>	239	1:14.31	2.6.2024	106%	
200m skriðsund	Bein úrslit			-	2:39.96	28.4.2024	-	
400m skriðsund	Bein úrslit	9.	<b>5:29.38</b>	267	5:52.56	11.2.2024	115%	
100m bringusund	Bein úrslit	14.	<b>1:42.66</b>	156	1:59.38	4.11.2023	135%	
200m fjörsund	Bein úrslit			-	3:06.05	27.4.2024	-	
<b>Styrmir Snær Árnason, 26.2.2010</b>								<b>2</b>
800m skriðsund	Bein úrslit	6.	<b>9:36.44</b>	455	9:52.57	14.4.2024	106%	
100m flugsund	Bein úrslit			-	1:12.11	26.11.2023	-	
200m flugsund	Bein úrslit	3.	2:30.07	375	2:27.53	13.4.2024	97%	
200m fjörsund	Bein úrslit			-	2:39.48	2.6.2024	-	
400m fjörsund	Bein úrslit	4.	<b>5:22.61</b>	385	5:49.58	25.11.2023	117%	
<b>Sævar Sindri Jóhannesson, 1.10.2010</b>								<b>3</b>
100m bringusund	Bein úrslit	12.	<b>1:32.35</b>	214	1:41.13	21.10.2023	120%	
100m flugsund	Bein úrslit			-	1:27.65	28.4.2024	-	
200m flugsund	Bein úrslit	6.	<b>2:54.41</b>	239	3:04.39	12.5.2024	112%	
200m fjörsund	Bein úrslit			-	2:57.82	2.6.2024	-	
400m fjörsund	Bein úrslit	10.	<b>5:57.00</b>	284	6:39.29	9.2.2024	125%	
<b>Thelma Ósp Sveinbjörnsdóttir, 21.11.2010</b>								<b>3</b>
100m skriðsund	Bein úrslit	13.	<b>1:07.60</b>	410	1:10.86	2.6.2024	110%	
200m skriðsund	Bein úrslit			-	2:30.07	1.6.2024	-	
400m skriðsund	Bein úrslit	8.	<b>5:19.79</b>	391	5:33.45	11.2.2024	109%	
100m baksund	Bein úrslit			-	1:24.68	1.6.2024	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

200m baksund	Bein úrslit	9.	<b>2:48.02</b>	354	2:58.63	24.3.2024	113%	
<b>Viktor Tepavcevic, 28.5.2015</b>								
50m skriðsund	Bein úrslit	14.	<b>40.71</b>	121	43.18	1.6.2024	113%	2
100m skriðsund	Bein úrslit			-	1:34.89	2.6.2024	-	
50m baksund	Bein úrslit	12.	<b>50.98</b>	82	54.47	2.6.2024	114%	
50m bringusund	Bein úrslit			-	1:02.86	25.11.2023	-	
100m fjórsund	Bein úrslit			-	1:57.93	12.5.2024	-	
<b>Ásta Þórey Einarsdóttir, 17.4.2013</b>								
100m skriðsund	Bein úrslit			-	1:23.14	9.12.2023	-	3
50m baksund	Bein úrslit	3.	<b>41.13</b>	231	44.38	4.11.2023	116%	
100m baksund	Bein úrslit	3.	<b>1:25.94</b>	260	1:28.35	27.4.2024	106%	
50m bringusund	Bein úrslit			-	44.39	27.4.2024	-	
100m bringusund	Bein úrslit	1.	<b>1:28.42</b>	350	1:34.02	27.4.2024	113%	
<b>Ísleifur Rafn Lunddal Rúnarsson, 18.8.2014</b>								
50m skriðsund	Bein úrslit	4.	<b>34.60</b>	197	35.69	25.11.2023	106%	3
100m skriðsund	Bein úrslit			-	1:21.45	24.6.2023	-	
50m baksund	Bein úrslit	2.	<b>39.43</b>	178	42.94	4.11.2023	119%	
50m bringusund	Bein úrslit			-	50.52	25.11.2023	-	
50m flugsund	Bein úrslit	3.	<b>37.86</b>	189	39.50	4.11.2023	109%	
<b>Þór Eli Gunnarsson, 5.1.2011</b>								
200m skriðsund	Bein úrslit			-	2:21.53	9.12.2023	-	2
100m baksund	Bein úrslit	1.	<b>1:10.10</b>	327	1:15.08	1.6.2024	115%	
200m baksund	Bein úrslit			-	2:46.20	23.9.2023	-	
100m bringusund	Bein úrslit	1.	<b>1:21.04</b>	317	1:30.76	4.11.2023	125%	
100m fjórsund	Bein úrslit			-	1:14.28	31.5.2024	-	



Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Sundfélag ÍBV								3
Arna Gunnlaugsdóttir, 27.1.2009								-
100m skriðsund	Bein úrslit	22.	1:14.37	308	1:11.81	23.6.2023	93%	
200m skriðsund	Bein úrslit			-	2:37.94	24.6.2023	-	
100m bringusund	Bein úrslit	7.	1:28.23	353	1:28.04	25.6.2023	100%	
200m fjörsund	Bein úrslit			-	2:58.59	12.5.2024	-	
Bjartey Ósk Sæþórsdóttir, 1.5.2009								1
100m skriðsund	Bein úrslit	26.	<b>1:19.75</b>	250	1:20.81	23.6.2023	103%	
200m skriðsund	Bein úrslit			-	2:46.96	12.5.2024	-	
200m fjörsund	Bein úrslit			-	3:12.81	12.5.2024	-	
Elsa Sigrún Símonardóttir, 24.1.2009								-
100m skriðsund	Bein úrslit	25.	1:17.55	272	1:17.40	27.4.2024	100%	
200m skriðsund	Bein úrslit			-	2:46.23	12.5.2024	-	
200m fjörsund	Bein úrslit			-	3:11.83	12.5.2024	-	
Eypór Logi Sævarsson, 21.9.2013								1
50m skriðsund	Bein úrslit	15.	<b>42.96</b>	103	46.89	2.6.2024	119%	
100m skriðsund	Bein úrslit			-	1:42.43	27.4.2024	-	
100m fjörsund	Bein úrslit			-	1:56.64	31.5.2024	-	
Ólöf Lilja Brynjarsdóttir, 19.3.2013								1
50m skriðsund	Bein úrslit	14.	<b>39.43</b>	196	43.41	8.10.2023	121%	
100m skriðsund	Bein úrslit			-	1:36.67	2.3.2024	-	
100m fjörsund	Bein úrslit			-	1:47.19	31.5.2024	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Sundfélagið Óðinn								45
Alexander Reid McCormick, 30.3.2010								3
200m skriðsund	Bein úrslit			-	2:25.55	1.6.2024	-	
800m skriðsund	Bein úrslit	11.	<b>10:24.19</b>	358	10:41.29	24.3.2024	106%	
100m bringusund	Bein úrslit	7.	<b>1:24.00</b>	285	1:25.69	11.5.2024	104%	
100m flugsund	Bein úrslit			-	1:22.78	11.5.2024	-	
400m fjørsund	Bein úrslit	9.	<b>5:51.71</b>	297	6:06.98	24.3.2024	109%	
Alicja Julia Kempisty, 29.12.2010								3
100m skriðsund	Bein úrslit	4.	<b>1:03.87</b>	486	1:04.21	2.6.2024	101%	
200m skriðsund	Bein úrslit			-	2:14.97	1.6.2024	-	
400m skriðsund	Bein úrslit	1.	<b>4:43.03</b>	564	4:47.20	31.5.2024	103%	
800m skriðsund	Bein úrslit	2.	<b>9:56.54</b>	518	10:07.51	13.4.2024	104%	
200m fjørsund	Bein úrslit			-	2:39.97	2.6.2024	-	
Arndís Margrét Magnúsdóttir, 27.11.2012								3
100m skriðsund	Bein úrslit	27.	<b>1:19.01</b>	257	1:19.96	2.6.2024	102%	
200m skriðsund	Bein úrslit			-	2:57.34	11.5.2024	-	
400m skriðsund	Bein úrslit	13.	<b>6:03.07</b>	267	6:09.42	31.5.2024	104%	
100m baksund	Bein úrslit	28.	<b>1:39.07</b>	170	1:46.83	11.5.2024	116%	
100m fjørsund	Bein úrslit			-	1:38.60	11.5.2024	-	
Baldur Máni Hreiðarsson, 1.1.2012								1
100m bringusund	Bein úrslit	7.	1:47.49	136	1:43.38	2.6.2024	92%	
200m bringusund	Bein úrslit	10.	<b>3:53.01</b>	137	3:57.66	25.11.2023	104%	
100m flugsund	Bein úrslit			-	1:43.63	26.11.2023	-	
100m fjørsund	Bein úrslit			-	1:34.60	11.5.2024	-	
Benedikt Már Þorvaldsson, 14.6.2010								1
100m bringusund	Bein úrslit	6.	1:23.10	294	1:21.88	16.12.2023	97%	
200m bringusund	Bein úrslit	5.	3:02.89	283	2:59.08	13.1.2024	96%	
100m flugsund	Bein úrslit			-	1:20.73	11.5.2024	-	
200m flugsund	Bein úrslit	7.	<b>2:57.76</b>	225	3:11.53	16.12.2023	116%	
200m fjørsund	Bein úrslit			-	3:01.10	24.6.2023	-	
Björn Elvar Austfjörð, 15.4.2011								3
100m bringusund	Bein úrslit	2.	<b>1:26.20</b>	263	1:28.18	11.5.2024	105%	
200m bringusund	Bein úrslit	1.	<b>2:58.40</b>	305	3:06.48	1.6.2024	109%	
100m flugsund	Bein úrslit			-	1:26.10	31.5.2024	-	
100m fjørsund	Bein úrslit			-	1:20.24	11.5.2024	-	
200m fjørsund	Bein úrslit	3.	<b>2:49.19</b>	272	2:59.97	26.11.2023	113%	
Bríet Laufey Ingimarsdóttir, 27.7.2011								3
100m baksund	Bein úrslit	21.	<b>1:30.10</b>	226	1:35.93	25.11.2023	113%	
200m baksund	Bein úrslit			-	3:12.62	31.5.2024	-	
100m bringusund	Bein úrslit	10.	<b>1:32.70</b>	304	1:37.14	2.6.2024	110%	
200m bringusund	Bein úrslit	9.	<b>3:12.38</b>	342	3:31.95	21.10.2023	121%	
100m fjørsund	Bein úrslit			-	1:29.38	31.5.2024	-	
Eva Elísabet Jónsdóttir, 1.1.2013								1
50m skriðsund	Bein úrslit	4.	36.33	251	35.35	1.6.2024	95%	
100m skriðsund	Bein úrslit			-	1:25.69	2.6.2024	-	
100m baksund	Bein úrslit	5.	<b>1:32.65</b>	207	1:33.35	2.6.2024	102%	
100m fjørsund	Bein úrslit			-	1:35.53	1.6.2024	-	
Eva Sóley Aronsdóttir, 1.1.2012								1
100m skriðsund	Bein úrslit	18.	<b>1:15.77</b>	291	1:16.32	2.6.2024	101%	
200m skriðsund	Bein úrslit			-	2:52.37	11.5.2024	-	
400m skriðsund	Bein úrslit	11.	5:57.16	280	5:54.59	31.5.2024	99%	
100m fjørsund	Bein úrslit			-	1:35.24	11.5.2024	-	
Friðrika Sif Ágústsdóttir, 21.6.2010								1
200m skriðsund	Bein úrslit			-	2:38.61	24.6.2023	-	
100m flugsund	Bein úrslit			-	1:24.71	26.11.2023	-	
200m flugsund	Bein úrslit	8.	<b>2:58.68</b>	299	3:03.18	25.11.2023	105%	
200m fjørsund	Bein úrslit			-	3:11.69	9.9.2023	-	
Jón Ingi Einarsson, 21.9.2011								3
100m skriðsund	Bein úrslit	2.	<b>1:05.88</b>	315	1:06.58	2.6.2024	102%	
100m baksund	Bein úrslit	4.	<b>1:18.14</b>	236	1:19.77	1.6.2024	104%	
200m baksund	Bein úrslit			-	2:47.86	31.5.2024	-	
200m bringusund	Bein úrslit	2.	<b>3:01.17</b>	291	3:01.38	1.6.2024	100%	
100m fjørsund	Bein úrslit			-	1:19.62	11.5.2024	-	
Katrín Anna Hafsteinsdóttir, 8.11.2013								2
50m skriðsund	Bein úrslit	10.	<b>39.01</b>	203	42.89	11.5.2024	121%	
100m skriðsund	Bein úrslit			-	1:32.12	11.5.2024	-	
50m baksund	Bein úrslit	13.	<b>50.44</b>	125	55.96	25.11.2023	123%	
50m bringusund	Bein úrslit			-	1:02.49	11.5.2024	-	

Aldursflokkeistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

<b>Katrín Birta Birkisdóttir, 1.1.2012</b>								<b>3</b>
100m bringusund	Bein úrslit	9.	<b>1:30.79</b>	324	1:31.79	2.6.2024	102%	
200m bringusund	Bein úrslit	7.	<b>3:10.39</b>	353	3:12.47	1.6.2024	102%	
100m flugsund	Bein úrslit			-	1:20.14	31.5.2024	-	
100m fjórsund	Bein úrslit			-	1:21.99	31.5.2024	-	
200m fjórsund	Bein úrslit	12.	<b>2:55.21</b>	336	3:13.42	26.11.2023	122%	
<b>Krista Mist Gunnlaugsdóttir, 25.8.2011</b>								<b>-</b>
100m baksund	Bein úrslit	26.	1:33.95	199	1:32.86	1.6.2024	98%	
100m bringusund	Bein úrslit	23.	1:45.91	204	1:42.25	26.11.2023	93%	
100m flugsund	Bein úrslit			-	1:40.99	26.11.2023	-	
100m fjórsund	Bein úrslit			-	1:30.63	31.5.2024	-	
200m fjórsund	Bein úrslit	19.	3:25.48	208	3:15.53	24.6.2023	91%	
<b>Lovísa Austfjörð Stefánsdóttir, 17.2.2012</b>								<b>2</b>
100m skriðsund	Bein úrslit	13.	<b>1:13.38</b>	321	1:14.25	2.6.2024	102%	
200m skriðsund	Bein úrslit			-	2:50.20	11.5.2024	-	
100m baksund	Bein úrslit	12.	<b>1:21.69</b>	303	1:23.63	1.6.2024	105%	
200m baksund	Bein úrslit			-	3:01.67	31.5.2024	-	
100m fjórsund	Bein úrslit			-	1:26.77	11.5.2024	-	
<b>Magni Rafn Ragnarsson, 27.5.2010</b>								<b>3</b>
200m skriðsund	Bein úrslit			-	2:17.91	1.6.2024	-	
800m skriðsund	Bein úrslit	10.	<b>10:03.42</b>	396	10:28.20	22.10.2023	108%	
100m bringusund	Bein úrslit	5.	<b>1:20.95</b>	318	1:21.71	2.6.2024	102%	
200m bringusund	Bein úrslit	4.	2:56.77	314	2:54.61	1.6.2024	98%	
400m fjórsund	Bein úrslit	7.	<b>5:40.31</b>	328	6:04.93	25.11.2023	115%	
<b>Nanna Karen Arnarsdóttir, 3.4.2014</b>								<b>2</b>
50m skriðsund	Bein úrslit	15.	<b>39.87</b>	190	40.81	11.5.2024	105%	
50m bringusund	Bein úrslit			-	57.04	1.6.2024	-	
100m bringusund	Bein úrslit	8.	<b>1:51.77</b>	173	1:57.52	11.5.2024	111%	
100m fjórsund	Bein úrslit			-	1:46.06	1.6.2024	-	
<b>Viktoría Guseva, 7.10.2012</b>								<b>2</b>
100m skriðsund	Bein úrslit	30.	1:22.10	229	1:21.79	2.6.2024	99%	
100m baksund	Bein úrslit	27.	<b>1:35.93</b>	187	1:46.76	11.5.2024	124%	
200m baksund	Bein úrslit			-	3:53.41	11.2.2024	-	
100m bringusund	Bein úrslit	11.	<b>1:33.03</b>	301	1:35.63	2.6.2024	106%	
100m fjórsund	Bein úrslit			-	1:36.08	31.5.2024	-	
<b>Ástrós Lea Þorvaldsdóttir, 1.1.2013</b>								<b>2</b>
100m skriðsund	Bein úrslit			-	1:17.95	2.6.2024	-	
50m bringusund	Bein úrslit			-	49.56	25.11.2023	-	
100m bringusund	Bein úrslit	6.	<b>1:39.52</b>	246	1:43.84	1.6.2024	109%	
50m flugsund	Bein úrslit	4.	<b>42.75</b>	185	45.30	2.6.2024	112%	
100m fjórsund	Bein úrslit			-	1:31.97	1.6.2024	-	
<b>Ísabella Jóhannsdóttir, 23.5.2010</b>								<b>3</b>
100m bringusund	Bein úrslit	4.	<b>1:22.32</b>	434	1:22.69	26.11.2023	101%	
200m bringusund	Bein úrslit	1.	2:52.92	471	2:52.83	22.10.2023	100%	
200m flugsund	Bein úrslit	6.	<b>2:56.45</b>	311	2:56.58	25.11.2023	100%	
200m fjórsund	Bein úrslit			-	2:48.27	2.6.2024	-	
400m fjórsund	Bein úrslit	9.	<b>5:50.77</b>	402	5:59.30	23.6.2023	105%	
<b>Ívan Elí Ólafsson, 5.5.2010</b>								<b>3</b>
100m skriðsund	Bein úrslit	11.	<b>1:08.97</b>	274	1:12.10	11.5.2024	109%	
400m skriðsund	Bein úrslit	6.	<b>5:15.59</b>	304	5:29.31	11.5.2024	109%	
100m baksund	Bein úrslit			-	1:17.34	11.5.2024	-	
200m baksund	Bein úrslit	6.	<b>2:45.30</b>	260	2:49.71	26.11.2023	105%	
200m fjórsund	Bein úrslit			-	3:01.44	21.10.2023	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Umf Afturelding								18
Aron Bragi Maríuson, 16.2.2012								3
100m skriðsund	Bein úrslit	14.	<b>1:20.04</b>	175	1:26.73	2.6.2024	117%	
200m skriðsund	Bein úrslit			-	3:13.49	1.6.2024	-	
100m baksund	Bein úrslit	8.	<b>1:37.82</b>	120	1:55.36	25.11.2023	139%	
100m bringusund	Bein úrslit	9.	<b>2:01.23</b>	94	2:14.84	2.3.2024	124%	
100m fjørsund	Bein úrslit			-	1:48.47	31.5.2024	-	
Benjamín Pétursson, 18.3.2012								2
100m skriðsund	Bein úrslit	8.	<b>1:13.95</b>	222	1:21.72	25.11.2023	122%	
200m bringusund	Bein úrslit	6.	<b>3:26.46</b>	197	3:43.90	24.3.2024	118%	
100m flugsund	Bein úrslit			-	1:33.95	28.4.2024	-	
100m fjørsund	Bein úrslit			-	1:43.50	23.9.2023	-	
Birna Rún Jónsdóttir, 8.1.2009								1
200m skriðsund	Bein úrslit			-	2:33.74	1.6.2024	-	
800m skriðsund	Bein úrslit	11.	<b>10:59.70</b>	383	11:07.03	16.12.2023	102%	
100m baksund	Bein úrslit			-	1:25.89	27.4.2024	-	
200m flugsund	Bein úrslit	ÚRskr.		-	3:36.93	27.4.2024	-	
400m fjørsund	Bein úrslit	13.	6:43.61	264	6:34.42	28.4.2024	95%	
Bjarki Ragnar Arnarsson, 11.6.2012								3
100m skriðsund	Bein úrslit	4.	<b>1:07.35</b>	295	1:07.84	27.4.2024	101%	
200m skriðsund	Bein úrslit			-	3:01.58	23.9.2023	-	
400m skriðsund	Bein úrslit	6.	<b>5:31.85</b>	261	5:34.02	27.4.2024	101%	
100m baksund	Bein úrslit	3.	<b>1:17.91</b>	238	1:20.15	1.6.2024	106%	
200m baksund	Bein úrslit			-	3:07.86	23.3.2024	-	
Elísabet Steinunn Andradóttir, 28.11.2013								2
50m skriðsund	Bein úrslit	17.	<b>42.24</b>	159	44.47	31.5.2024	111%	
100m skriðsund	Bein úrslit			-	1:33.93	2.6.2024	-	
50m baksund	Bein úrslit	16.	<b>53.22</b>	107	59.64	25.11.2023	126%	
50m bringusund	Bein úrslit			-	58.12	1.6.2024	-	
Hilmar Birgir Lárusson, 9.8.2009								3
100m bringusund	Bein úrslit	11.	<b>1:28.83</b>	241	1:29.11	2.6.2024	101%	
100m flugsund	Bein úrslit			-	1:32.19	21.10.2023	-	
200m flugsund	Bein úrslit	8.	<b>3:12.82</b>	176	3:17.33	27.4.2024	105%	
200m fjørsund	Bein úrslit			-	2:55.01	26.11.2023	-	
400m fjørsund	Bein úrslit	11.	<b>6:01.94</b>	273	6:06.38	28.4.2024	102%	
Margrét Brynja Steingrímsdóttir, 4.10.2012								2
100m bringusund	Bein úrslit	13.	<b>1:36.42</b>	270	1:44.69	22.9.2023	118%	
100m flugsund	Bein úrslit			-	1:44.37	31.5.2024	-	
100m fjørsund	Bein úrslit			-	1:38.64	23.9.2023	-	
200m fjørsund	Bein úrslit	15.	<b>3:04.68</b>	287	3:21.79	26.11.2023	119%	
Nói Nikolai Davíðsson, 2.5.2013								2
50m skriðsund	Bein úrslit	7.	<b>36.12</b>	173	36.51	31.5.2024	102%	
100m skriðsund	Bein úrslit			-	1:26.21	24.6.2023	-	
50m baksund	Bein úrslit	6.	<b>44.06</b>	128	45.68	2.6.2024	107%	
50m bringusund	Bein úrslit			-	56.58	1.6.2024	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Íþróttabandalag Reykjanesbæjar								84
Adriana Agnes Derti, 26.9.2010								1
200m skriðsund	Bein úrslit			-	2:18.67	7.10.2023	-	
400m skriðsund	Bein úrslit	4.	4:53.29	507	4:51.98	15.12.2023	99%	
800m skriðsund	Bein úrslit	3.	<b>10:00.49</b>	508	10:03.71	22.9.2023	101%	
100m flugsund	Bein úrslit			-	1:08.68	12.11.2023	-	
200m flugsund	Bein úrslit	2.	2:35.51	455	2:30.76	10.11.2023	94%	
Alexandra Dís Gunnarsdóttir, 28.1.2011								3
100m skriðsund	Bein úrslit	6.	<b>1:10.89</b>	356	1:13.57	12.5.2024	108%	
200m skriðsund	Bein úrslit			-	2:44.67	3.2.2024	-	
400m skriðsund	Bein úrslit	6.	<b>5:28.01</b>	362	5:32.11	27.4.2024	103%	
100m baksund	Bein úrslit	14.	1:23.93	279	1:22.57	11.5.2024	97%	
100m bringusund	Bein úrslit	12.	<b>1:34.10</b>	291	1:37.93	27.4.2024	108%	
Aron Máni Eiríksson, 1.2.2014								4
50m skriðsund	Bein úrslit	12.	<b>39.86</b>	129	40.97	11.5.2024	106%	
50m baksund	Bein úrslit	11.	<b>49.71</b>	89	50.84	28.4.2024	105%	
100m baksund	Bein úrslit	6.	<b>1:46.54</b>	93	1:52.23	27.4.2024	111%	
50m flugsund	Bein úrslit	9.	<b>49.73</b>	83	52.26	12.5.2024	110%	
100m fjørsund	Bein úrslit			-	1:47.09	12.5.2024	-	
Austėja Savickaitė, 10.11.2009								3
400m skriðsund	Bein úrslit	6.	<b>5:02.89</b>	460	5:22.72	23.9.2023	114%	
100m bringusund	Bein úrslit	6.	<b>1:24.65</b>	399	1:25.39	25.6.2023	102%	
200m bringusund	Bein úrslit	6.	2:59.74	419	2:58.48	20.1.2024	99%	
200m fjørsund	Bein úrslit			-	2:40.93	7.10.2023	-	
400m fjørsund	Bein úrslit	6.	<b>5:34.77</b>	462	5:38.21	11.11.2023	102%	
Breki Þór Hauksson, 16.10.2012								3
100m skriðsund	Bein úrslit	17.	<b>1:22.77</b>	158	1:27.45	23.3.2024	112%	
400m skriðsund	Bein úrslit	9.	<b>6:21.77</b>	171	7:01.85	26.11.2023	122%	
200m baksund	Bein úrslit			-	3:22.27	11.5.2024	-	
100m bringusund	Bein úrslit	8.	<b>1:52.41</b>	118	2:00.92	3.2.2024	116%	
100m flugsund	Bein úrslit			-	1:47.10	12.5.2024	-	
Egill Orri Baldursson, 12.8.2009								3
200m skriðsund	Bein úrslit			-	2:12.20	22.10.2023	-	
800m skriðsund	Bein úrslit	3.	<b>9:28.64</b>	474	9:33.28	24.6.2023	102%	
200m baksund	Bein úrslit	2.	<b>2:25.80</b>	380	2:30.18	21.10.2023	106%	
100m flugsund	Bein úrslit			-	1:11.20	8.10.2023	-	
200m flugsund	Bein úrslit	1.	<b>2:24.72</b>	418	2:36.22	25.6.2023	117%	
Einar Steinn Einarsson, 9.5.2012								3
200m skriðsund	Bein úrslit			-	2:53.39	11.5.2024	-	
100m bringusund	Bein úrslit	6.	<b>1:38.85</b>	174	1:48.96	3.2.2024	122%	
200m bringusund	Bein úrslit	7.	<b>3:30.22</b>	186	4:04.09	25.11.2023	135%	
100m fjørsund	Bein úrslit			-	1:40.63	27.4.2024	-	
200m fjørsund	Bein úrslit	7.	<b>3:09.13</b>	194	3:17.12	27.4.2024	109%	
Elísabet Arnoddsdóttir, 12.2.2009								2
100m skriðsund	Bein úrslit	3.	<b>1:01.27</b>	551	1:01.83	23.6.2023	102%	
200m skriðsund	Bein úrslit			-	2:14.65	24.6.2023	-	
100m flugsund	Bein úrslit			-	1:07.11	24.6.2023	-	
200m fjørsund	Bein úrslit			-	2:33.73	25.6.2023	-	
400m fjørsund	Bein úrslit	2.	<b>5:24.71</b>	507	5:30.64	11.11.2023	104%	
Emma Sjöfn Einarsdóttir, 16.2.2013								2
100m skriðsund	Bein úrslit			-	1:25.97	27.4.2024	-	
50m baksund	Bein úrslit	8.	<b>47.42</b>	151	52.64	25.11.2023	123%	
100m baksund	Bein úrslit	7.	<b>1:42.02</b>	155	2:05.59	7.10.2023	152%	
100m fjørsund	Bein úrslit			-	1:49.74	7.10.2023	-	
Eydis Jóhannesdóttir, 12.4.2011								3
100m bringusund	Bein úrslit	2.	<b>1:21.32</b>	450	1:24.24	11.5.2024	107%	
200m bringusund	Bein úrslit	2.	<b>2:48.88</b>	505	3:03.99	10.11.2023	119%	
100m flugsund	Bein úrslit			-	1:22.80	28.4.2024	-	
100m fjørsund	Bein úrslit			-	1:16.27	12.5.2024	-	
200m fjørsund	Bein úrslit	4.	<b>2:39.72</b>	444	2:42.91	12.5.2024	104%	
Freydís Lilja Bergþórsdóttir, 30.7.2009								1
100m baksund	Bein úrslit			-	1:10.06	24.6.2023	-	
200m baksund	Bein úrslit	3.	2:33.10	468	2:31.54	25.6.2023	98%	
100m flugsund	Bein úrslit			-	1:10.42	7.10.2023	-	
200m flugsund	Bein úrslit	1.	<b>2:34.09</b>	467	2:34.77	10.11.2023	101%	
200m fjørsund	Bein úrslit			-	2:37.87	21.1.2024	-	
Gabriel Jarnutowski, 1.8.2011								3
100m baksund	Bein úrslit	2.	<b>1:17.32</b>	244	1:20.21	22.10.2023	108%	
200m baksund	Bein úrslit			-	2:45.28	11.5.2024	-	
200m bringusund	Bein úrslit	4.	<b>3:14.06</b>	237	3:20.50	28.4.2024	107%	
100m fjørsund	Bein úrslit			-	1:21.01	12.5.2024	-	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

200m fjórsund	Bein úrslit	5.	<b>2:54.86</b>	246	2:55.81	27.4.2024	101%	
<b>Guðdís Malín Magnúsdóttir, 9.8.2011</b>								<b>3</b>
100m skriðsund	Bein úrslit	23.	<b>1:18.24</b>	264	1:18.39	12.5.2024	100%	
200m skriðsund	Bein úrslit			-	2:53.96	28.4.2024	-	
400m skriðsund	Bein úrslit	10.	<b>5:51.20</b>	295	6:38.69	26.11.2023	129%	
100m baksund	Bein úrslit	11.	<b>1:21.17</b>	309	1:26.58	11.5.2024	114%	
200m baksund	Bein úrslit			-	3:03.57	11.5.2024	-	
<b>Gísli Kristján Traustason, 26.7.2009</b>								<b>3</b>
100m skriðsund	Bein úrslit	3.	<b>58.78</b>	443	1:01.38	21.10.2023	109%	
100m baksund	Bein úrslit			-	1:07.20	20.1.2024	-	
200m baksund	Bein úrslit	1.	<b>2:18.80</b>	440	2:22.63	10.11.2023	106%	
200m fjórsund	Bein úrslit			-	2:24.52	11.11.2023	-	
400m fjórsund	Bein úrslit	1.	<b>5:06.35</b>	450	5:10.01	12.11.2023	102%	
<b>Hanna Steinunn Guðnadóttir, 2.3.2011</b>								<b>2</b>
200m skriðsund	Bein úrslit			-	2:30.75	3.2.2024	-	
400m skriðsund	Bein úrslit	4.	<b>5:07.47</b>	440	5:29.58	21.10.2023	115%	
100m baksund	Bein úrslit	8.	<b>1:19.87</b>	324	1:24.31	3.2.2024	111%	
200m baksund	Bein úrslit			-	2:51.85	11.5.2024	-	
100m flugsund	Bein úrslit			-	1:40.79	23.9.2023	-	
<b>Julia Maja Walczak, 12.7.2011</b>								<b>2</b>
100m skriðsund	Bein úrslit	21.	<b>1:16.87</b>	279	1:18.65	12.5.2024	105%	
200m skriðsund	Bein úrslit			-	2:51.56	3.2.2024	-	
200m baksund	Bein úrslit			-	2:51.85	11.5.2024	-	
200m fjórsund	Bein úrslit	13.	<b>3:00.71</b>	306	3:08.25	27.4.2024	109%	
<b>Julian Jarnutowski, 1.4.2010</b>								<b>4</b>
100m skriðsund	Bein úrslit	5.	<b>1:00.62</b>	404	1:03.10	23.9.2023	108%	
400m skriðsund	Bein úrslit	3.	<b>4:44.58</b>	414	4:54.63	8.10.2023	107%	
100m bringusund	Bein úrslit	2.	<b>1:15.40</b>	394	1:19.11	10.11.2023	110%	
200m bringusund	Bein úrslit	3.	<b>2:45.12</b>	385	2:52.18	23.6.2023	109%	
200m fjórsund	Bein úrslit			-	2:33.74	11.11.2023	-	
<b>Jónatan Axel Þórðarson, 21.4.2010</b>								<b>3</b>
100m skriðsund	Bein úrslit	13.	<b>1:10.19</b>	260	1:18.51	25.11.2023	125%	
200m skriðsund	Bein úrslit			-	2:41.36	1.6.2024	-	
100m baksund	Bein úrslit			-	1:33.55	4.11.2023	-	
100m bringusund	Bein úrslit	8.	<b>1:25.78</b>	267	1:31.87	2.6.2024	115%	
200m bringusund	Bein úrslit	6.	<b>3:03.98</b>	278	3:12.53	1.6.2024	110%	
<b>Karen Júlía Traustadóttir, 1.5.2012</b>								<b>2</b>
100m baksund	Bein úrslit	9.	<b>1:20.18</b>	320	1:20.58	27.4.2024	101%	
200m baksund	Bein úrslit			-	2:49.79	11.5.2024	-	
100m flugsund	Bein úrslit			-	1:24.29	12.5.2024	-	
100m fjórsund	Bein úrslit			-	1:19.17	12.5.2024	-	
200m fjórsund	Bein úrslit	11.	<b>2:54.69</b>	339	3:04.44	22.9.2023	111%	
<b>Kornelia Nadia Maniak, 22.2.2010</b>								<b>2</b>
100m skriðsund	Bein úrslit	5.	<b>1:04.47</b>	473	1:05.79	4.11.2023	104%	
200m skriðsund	Bein úrslit			-	2:28.12	21.10.2023	-	
100m baksund	Bein úrslit			-	1:15.10	11.11.2023	-	
200m baksund	Bein úrslit	4.	<b>2:34.93</b>	452	2:42.59	8.10.2023	110%	
200m fjórsund	Bein úrslit			-	2:41.96	27.4.2024	-	
<b>Kristinn Freyr Guðmundsson, 29.7.2014</b>								<b>1</b>
100m skriðsund	Bein úrslit			-	1:20.04	12.5.2024	-	
50m bringusund	Bein úrslit			-	49.64	3.2.2024	-	
100m bringusund	Bein úrslit	1.	<b>1:36.58</b>	187	1:47.87	11.5.2024	125%	
100m fjórsund	Bein úrslit			-	1:33.26	12.5.2024	-	
<b>Lena Przybylska, 19.10.2011</b>								<b>3</b>
100m skriðsund	Bein úrslit	9.	<b>1:11.76</b>	343	1:23.20	27.4.2024	134%	
200m skriðsund	Bein úrslit			-	2:55.57	28.4.2024	-	
100m baksund	Bein úrslit	10.	<b>1:20.84</b>	313	1:27.59	27.4.2024	117%	
100m bringusund	Bein úrslit	14.	<b>1:37.89</b>	258	1:51.30	27.4.2024	129%	
100m fjórsund	Bein úrslit			-	1:29.45	27.4.2024	-	
<b>María Zahra, 18.11.2015</b>								<b>3</b>
100m skriðsund	Bein úrslit			-	1:33.39	12.5.2024	-	
50m baksund	Bein úrslit	11.	<b>49.70</b>	131	54.51	4.11.2023	120%	
50m bringusund	Bein úrslit			-	58.18	27.4.2024	-	
100m bringusund	Bein úrslit	9.	<b>1:52.78</b>	169	1:59.63	11.5.2024	113%	
50m flugsund	Bein úrslit	9.	<b>47.97</b>	131	53.24	12.5.2024	123%	
<b>Mikael Fannar Arnarson, 26.6.2009</b>								<b>3</b>
100m baksund	Bein úrslit			-	1:09.12	24.6.2023	-	
100m bringusund	Bein úrslit	3.	<b>1:15.55</b>	391	1:17.04	25.6.2023	104%	
200m bringusund	Bein úrslit	2.	<b>2:44.46</b>	390	2:47.73	24.6.2023	104%	
200m fjórsund	Bein úrslit			-	2:32.61	25.6.2023	-	
400m fjórsund	Bein úrslit	5.	<b>5:23.24</b>	383	5:37.52	11.5.2024	109%	

Aldursflokkameistaramótið í sundi - AMÍ 2024  
Reykjanesbær, 28. - 30.6.2024

Natalía Fanney Sigurðardóttir, 7.7.2010								3
200m skriðsund	Bein úrslit			-	2:27.88	24.6.2023	-	
400m skriðsund	Bein úrslit	7.	<b>5:04.58</b>	452	5:10.30	27.4.2024	104%	
800m skriðsund	Bein úrslit	7.	<b>10:22.10</b>	457	10:38.67	27.4.2024	105%	
100m bringusund	Bein úrslit	5.	1:23.87	411	1:22.99	8.10.2023	98%	
200m bringusund	Bein úrslit	3.	<b>2:55.57</b>	450	2:56.67	7.10.2023	101%	
Róbert Ingi Arnarsson, 23.7.2013								2
50m skriðsund	Bein úrslit	4.	<b>34.60</b>	197	35.94	11.5.2024	108%	
100m skriðsund	Bein úrslit			-	1:23.00	12.5.2024	-	
100m bringusund	Bein úrslit	6.	<b>1:43.79</b>	151	1:52.07	27.4.2024	117%	
100m fjørsund	Bein úrslit			-	1:33.97	12.5.2024	-	
Sara Steinunn Elvarsdóttir, 13.9.2011								2
200m skriðsund	Bein úrslit			-	2:45.61	28.4.2024	-	
200m bringusund	Bein úrslit	13.	<b>3:23.07</b>	291	3:35.27	12.5.2024	112%	
100m fjørsund	Bein úrslit			-	1:30.82	27.4.2024	-	
200m fjørsund	Bein úrslit	17.	<b>3:06.14</b>	280	3:14.16	12.5.2024	109%	
Svana Rún Imsland, 23.7.2014								3
50m skriðsund	Bein úrslit	5.	<b>36.47</b>	248	38.08	25.11.2023	109%	
100m skriðsund	Bein úrslit			-	1:26.26	12.5.2024	-	
50m baksund	Bein úrslit	4.	<b>42.66</b>	207	45.75	25.11.2023	115%	
50m flugsund	Bein úrslit	7.	<b>46.88</b>	140	48.60	12.5.2024	107%	
100m fjørsund	Bein úrslit			-	1:42.04	7.10.2023	-	
Tristan Orri Borghildarson, 9.1.2010								3
100m skriðsund	Bein úrslit	12.	<b>1:09.00</b>	274	1:15.84	25.11.2023	121%	
200m skriðsund	Bein úrslit			-	2:42.57	12.5.2024	-	
400m skriðsund	Bein úrslit	8.	<b>5:21.27</b>	288	5:26.02	27.4.2024	103%	
100m baksund	Bein úrslit			-	1:30.01	25.11.2023	-	
200m baksund	Bein úrslit	7.	<b>2:47.13</b>	252	3:01.54	27.4.2024	118%	
Viktor Bergmann Arnarsson, 11.5.2010								2
200m skriðsund	Bein úrslit			-	2:25.51	22.10.2023	-	
800m skriðsund	Bein úrslit	8.	<b>9:55.97</b>	411	10:28.30	22.10.2023	111%	
100m baksund	Bein úrslit			-	1:20.79	4.11.2023	-	
100m flugsund	Bein úrslit			-	1:17.65	8.10.2023	-	
200m flugsund	Bein úrslit	5.	<b>2:47.66</b>	269	3:04.68	21.10.2023	121%	
Vilte Milleryte, 1.3.2009								-
100m skriðsund	Bein úrslit	19.	1:11.92	341	1:11.15	23.6.2023	98%	
200m skriðsund	Bein úrslit			-	2:33.02	21.10.2023	-	
100m baksund	Bein úrslit			-	1:19.66	8.10.2023	-	
200m baksund	Bein úrslit	8.	2:47.92	355	2:44.97	22.10.2023	97%	
200m fjørsund	Bein úrslit			-	2:47.92	22.10.2023	-	
Árni Þór Pálmason, 6.4.2009								2
200m skriðsund	Bein úrslit			-	2:04.89	12.11.2023	-	
400m skriðsund	Bein úrslit	1.	<b>4:22.34</b>	529	4:28.09	23.9.2023	104%	
800m skriðsund	Bein úrslit	1.	<b>9:02.95</b>	544	9:11.97	24.6.2023	103%	
100m flugsund	Bein úrslit			-	1:08.60	21.10.2023	-	
200m fjørsund	Bein úrslit			-	2:23.94	8.10.2023	-	
Ísabella Saga Þorbjörnsdóttir, 4.10.2013								3
50m skriðsund	Bein úrslit	16.	<b>40.32</b>	183	44.04	11.5.2024	119%	
50m baksund	Bein úrslit	7.	<b>46.81</b>	157	52.61	11.5.2024	126%	
100m baksund	Bein úrslit	6.	<b>1:40.73</b>	161	1:50.96	11.5.2024	121%	
50m bringusund	Bein úrslit			-	1:00.01	27.4.2024	-	
100m fjørsund	Bein úrslit			-	1:49.68	12.5.2024	-	
Þórbergur Eriksson, 27.1.2012								2
100m skriðsund	Bein úrslit	10.	<b>1:15.69</b>	207	1:19.43	12.5.2024	110%	
200m skriðsund	Bein úrslit			-	2:45.62	28.4.2024	-	
400m skriðsund	Bein úrslit	7.	<b>5:32.94</b>	259	5:53.96	27.4.2024	113%	
200m baksund	Bein úrslit			-	3:28.27	11.2.2024	-	