

Event 12 Men, 400m Freestyle 20 - 84 years
 4.5.2024 - 9:17 Startlist

Garpamet 80 - 84	8:31.80	Ragnar G Kvaran	UMSK	Hafnarfjoerdur	3.10.2008
Garpamet 75 - 79	7:16.51	Kári Geirlaugsson	ÍA	Hafnarfjörður	3.5.2024
Garpamet 70 - 74	6:20.65	Kári Geirlaugsson	IA	Reykjavik	4.5.2019
Garpamet 65 - 69	6:06.51	Einar Hauksson	BREI	Hafnarfjörður	3.5.2024
Garpamet 60 - 64	5:29.29	Guðni Guðnason	SH	Torshavn (FRO)	30.9.2022
Garpamet 55 - 59	5:17.59	Steinn Jóhannsson	SH	Hafnarfjörður	3.5.2024
Garpamet 50 - 54	5:09.46	Steinn Jóhannsson	SH	Hafnarfjoerdur	5.5.2018
Garpamet 45 - 49	4:41.67	Peter Garajszki	UBK	Kopavogur	6.5.2023
Garpamet 40 - 44	4:41.38	Peter Garajszki	UBK	Hafnarfjoerdur	7.5.2022
Garpamet 35 - 39	4:39.68	Omar Fridriksson	SH	Hafnarfjoerdur	29.4.2016
Garpamet 30 - 34	4:21.47	Przemysław Puławski	UBK	Copenhagen (DEN)	30.9.2023
Garpamet 25 - 29	4:16.83	Sigurður Örn Ragnarsson	GEST	Hafnarfjoerdur	30.4.2016

Age

Heat 1 of 4

2 Sveinn Simonarson	62	SH	NT
3 Stefan Karl Savarsson	41	Breiðablik	NT
5 Sigurjon Thordarson	60	Tindastoll	NT
6 Leifur Gunnarsson	39	Breiðablik	NT

Heat 2 of 4

1 Ragnar Marteinsson	67	Stjarnan	7:45.00
2 Birkir Marteinsson	59	SH	7:18.55
3 Thorhallur Johannesson	71	SH	7:06.41
4 Karl Georg Klein	55	SH	6:59.51
5 Mikkjal Helmsdal	50	Havnar	7:00.00
6 Kari Geirlaugsson	75	IA	7:15.00
7 Jakup Enni	67	Havnar	7:30.00
8 Agust Hilmarsson	55	SH	7:45.85

Heat 3 of 4

1 Omar Gisli Savarsson	52	SH	6:25.55
2 Samal Olsen	63	Havnar	6:10.00
3 Hakon Hrafn Sigurdsson	50	Breiðablik	5:53.12
4 Eydun Husgard	62	Havnar	5:45.00
5 Birgir Gislason	58	Breiðablik	5:45.47
6 Einar Hauksson	66	Breiðablik	6:07.39
7 Alexander Eck	53	IA	6:18.53
8 Magnus Palmi Ornlófsson	53	Breiðablik	6:32.95

Heat 4 of 4

1 Jon Hestoy	65	Havnar	5:40.00
2 Hakon Jonsson	39	Breiðablik	5:23.95
3 Arkadiusz Przybyla	32	Breiðablik	4:58.76
4 Peter Garajszki	46	Breiðablik	4:50.00
5 Hamed Salimishahraki	25	Breiðablik	4:55.00
6 Steinn Jóhannsson	56	SH	5:18.09
7 Richard Lee Blurton	52	SH	5:38.00
8 Erling Eidesgaard	53	Havnar	5:44.00