

Event 1  
 3.5.2024 - 18:00  
 Men, 800m Freestyle  
 20 - 84 years  
 Results

Garpamet 80 - 84	18:04.81	Ragnar G Kvaran	UMSK	Hafnarfjoerdur	4.10.2008
Garpamet 75 - 79	17:05.90	Páll G. Sigurbórsson	SELF	Vestmannaeyjar	24.4.2015
Garpamet 70 - 74	13:10.36	Kári Geirlaugsson	IA	Reykjavik	3.5.2019
Garpamet 65 - 69	12:26.70	Kári Geirlaugsson	IA	Hafnarfjoerdur	29.4.2016
Garpamet 60 - 64	12:22.32	Sigmundur Stefánsson	SELF	Hafnarfjoerdur	3.5.2013
Garpamet 55 - 59	11:07.12	Steinn Jóhannsson	SH	Kopavogur	5.5.2023
Garpamet 50 - 54	10:51.69	Jón Hugi S Harðarson	IA	Hafnarfjoerdur	3.5.2013
Garpamet 45 - 49	11:05.37	Elvar Nielsson	UBK	Hafnarfjoerdur	6.5.2022
Garpamet 40 - 44	10:03.68	Halldor Kristiansen	ARM	Reykjavik	8.5.1998
Garpamet 35 - 39	9:35.59	Omar Fridriksson	SH	Hafnarfjoerdur	29.4.2016
Garpamet 30 - 34	9:08.60	Omar Fridriksson	SH	Kopavogur	3.5.2014
Garpamet 25 - 29	8:42.09	Sigurður Örn Ragnarsson	SH	Reykjavik	3.5.2019

 Rank  
 75 - 79 years  
 Age  
 Time  
 Stig

 1. Kari Geirlaugsson 75 IA **14:49.77** 9,00  
 Garpamet

 100m: 1:35.50 1:35.50 300m: 5:21.12 500m: 9:12.55 1:56.04 700m: 13:01.36 1:53.43  
 200m: 400m: 7:16.51 1:55.39 600m: 11:07.93 1:55.38 800m: 14:49.77 1:48.41

## 70 - 74 years

 1. Thorhallur Johannesson 71 SH **14:48.25** 9,00

 100m: 1:41.49 1:41.49 300m: 5:28.10 1:53.88 500m: 9:16.05 1:53.11 700m: 13:03.29 1:52.55  
 200m: 3:34.22 1:52.73 400m: 7:22.94 1:54.84 600m: 11:10.74 1:54.69 800m: 14:48.25 1:44.96

## 65 - 69 years

 1. Jon Hestoy 65 Havnar **11:35.12** 9,00

 100m: 1:25.15 1:25.15 300m: 4:25.23 1:29.10 500m: 7:21.24 1:27.76 700m: 10:13.53 1:26.07  
 200m: 2:56.13 1:30.98 400m: 5:53.48 1:28.25 600m: 8:47.46 1:26.22 800m: 11:35.12 1:21.59

 2. Einar Hauksson 66 Breiðablik **12:34.84** 7,00

 Garpamet  
 100m: 1:23.95 1:23.95 300m: 4:31.64 1:34.38 500m: 7:42.99 1:36.48 700m: 10:59.03 1:38.05  
 200m: 2:57.26 1:33.31 400m: 6:06.51 1:34.87 600m: 9:20.98 1:37.99 800m: 12:34.84 1:35.81

DSQ Birgir Thor Josafatsson 67 Breiðablik -

G11 - The indicated distance or correct style were not accomplished

 100m: 1:54.35 1:54.35 300m: 500m: 700m:  
 200m: 400m: 600m: 800m:

## 60 - 64 years

 1. Eydun Husgard 62 Havnar **12:20.55** 9,00

 100m: 1:21.97 1:21.97 300m: 4:23.98 1:32.71 500m: 7:32.88 1:35.16 700m: 10:44.92 1:37.79  
 200m: 2:51.27 1:29.30 400m: 5:57.72 1:33.74 600m: 9:07.13 1:34.25 800m: 12:20.55 1:35.63

 2. Samal Olsen 63 Havnar **12:41.54** 7,00

 100m: 1:30.25 1:30.25 300m: 4:45.01 1:37.59 500m: 8:00.09 1:37.42 700m: 11:11.41 1:35.73  
 200m: 3:07.42 1:37.17 400m: 6:22.67 1:37.66 600m: 9:35.68 1:35.59 800m: 12:41.54 1:30.13

 3. Sigurjon Thordarson 60 Tindastoll **12:54.79** 6,00

 100m: 1:25.69 1:25.69 300m: 4:42.68 1:39.13 500m: 8:02.97 1:40.08 700m: 11:22.49 1:40.18  
 200m: 3:03.55 1:37.86 400m: 6:22.89 1:40.21 600m: 9:42.31 1:39.34 800m: 12:54.79 1:32.30

 4. Sveinn Simonarson 62 SH **13:59.18** 5,00

 100m: 1:31.02 1:31.02 300m: 4:57.04 1:44.84 500m: 8:34.18 1:50.85 700m: 12:13.91 1:50.67  
 200m: 3:12.20 1:41.18 400m: 6:43.33 1:46.29 600m: 10:23.24 1:49.06 800m: 13:59.18 1:45.27

## Event 1, Men, 800m Freestyle

## 55 - 59 years

1.	Steinn Johannsson	56	SH						<b>10:52.30</b>	9,00
	<i>Garpamet</i>									
	100m: 1:14.01	1:14.01	300m: 3:55.33	1:21.75	500m: 6:41.02	1:23.43	700m: 9:28.80	1:24.16		
	200m: 2:33.58	1:19.57	400m: 5:17.59	1:22.26	600m: 8:04.64	1:23.62	800m: 10:52.30	1:23.50		
2.	Birgir Gislason	58	Breiðablik						<b>11:59.09</b>	7,00
	100m: 1:20.76	1:20.76	300m: 4:14.78	1:27.54	500m: 7:12.38	1:29.39	700m: 10:22.61	1:36.99		
	200m: 2:47.24	1:26.48	400m: 5:42.99	1:28.21	600m: 8:45.62	1:33.24	800m: 11:59.09	1:36.48		
3.	Bergthor Johannsson	55	SH						<b>14:16.35</b>	6,00
	100m: 1:32.32	1:32.32	300m: 5:14.80	1:51.84	500m: 8:56.60	1:50.09	700m: 12:34.99	1:49.69		
	200m: 3:22.96	1:50.64	400m: 7:06.51	1:51.71	600m: 10:45.30	1:48.70	800m: 14:16.35	1:41.36		
4.	Agust Hilmarrsson	55	SH						<b>15:13.30</b>	5,00
	100m: 1:44.21	1:44.21	300m: 5:34.90	1:57.08	500m: 9:30.87	1:59.92	700m: 13:25.64	1:57.24		
	200m: 3:37.82	1:53.61	400m: 7:30.95	1:56.05	600m: 11:28.40	1:57.53	800m: 15:13.30	1:47.66		

## 50 - 54 years

1.	Hakon Hrafn Sigurdsson	50	Breiðablik						<b>11:29.43</b>	9,00
	100m: 1:20.56	1:20.56	300m: 4:14.72	1:27.16	500m: 7:09.18	1:27.46	700m: 10:04.60	1:27.54		
	200m: 2:47.56	1:27.00	400m: 5:41.72	1:27.00	600m: 8:37.06	1:27.88	800m: 11:29.43	1:24.83		
2.	Erling Eidesgaard	53	Havnar						<b>11:35.90</b>	7,00
	100m: 1:25.66	1:25.66	300m: 4:25.05	1:29.28	500m: 7:21.44	1:27.92	700m: 10:14.80	1:27.01		
	200m: 2:55.77	1:30.11	400m: 5:53.52	1:28.47	600m: 8:47.79	1:26.35	800m: 11:35.90	1:21.10		
3.	Richard Lee Blurton	52	SH						<b>11:35.91</b>	6,00
	100m: 1:19.49	1:19.49	300m: 4:13.68	1:28.54	500m: 7:10.85	1:28.32	700m: 10:10.46	1:28.80		
	200m: 2:45.14	1:25.65	400m: 5:42.53	1:28.85	600m: 8:41.66	1:30.81	800m: 11:35.91	1:25.45		
4.	Magnus Palmi Ornlófsson	53	Breiðablik						<b>14:39.54</b>	5,00
	100m: 1:33.43	1:33.43	300m: 5:13.47	1:53.07	500m: 9:02.17	1:53.93	700m: 12:49.33	1:54.22		
	200m: 3:20.40	1:46.97	400m: 7:08.24	1:54.77	600m: 10:55.11	1:52.94	800m: 14:39.54	1:50.21		
5.	Sverrir Oskarsson	53	Breiðablik						<b>15:51.78</b>	4,00
	100m: 1:45.83	1:45.83	300m: 5:48.93	2:00.63	500m: 9:51.23	2:02.23	700m: 13:54.72	2:00.40		
	200m: 3:48.30	2:02.47	400m: 7:49.00	2:00.07	600m: 11:54.32	2:03.09	800m: 15:51.78	1:57.06		

## 45 - 49 years

1.	Peter Garajszki	46	Breiðablik						<b>9:46.33</b>	9,00
	<i>Garpamet</i>									
	100m: 1:07.93	1:07.93	300m: 3:34.89	1:13.87	500m: 6:03.65	1:14.23	700m: 8:32.61	1:14.76		
	200m: 2:21.02	1:13.09	400m: 4:49.42	1:14.53	600m: 7:17.85	1:14.20	800m: 9:46.33	1:13.72		
2.	Marteinn Thor Hardarson	45	SH						<b>13:26.25</b>	7,00
	100m: 1:29.91	1:29.91	300m: 4:48.41	1:40.48	500m: 8:16.94	1:45.20	700m: 11:45.90	1:44.21		
	200m: 3:07.93	1:38.02	400m: 6:31.74	1:43.33	600m: 10:01.69	1:44.75	800m: 13:26.25	1:40.35		

## 40 - 44 years

1.	Stefan Karl Savarsson	41	Breiðablik						<b>10:59.89</b>	9,00
	100m: 1:15.79	1:15.79	300m: 4:05.13	1:25.86	500m: 6:52.94	1:23.58	700m: 9:39.17	1:23.05		
	200m: 2:39.27	1:23.48	400m: 5:29.36	1:24.23	600m: 8:16.12	1:23.18	800m: 10:59.89	1:20.72		
2.	Gudgeir Gudmundsson	42	IA						<b>12:26.73</b>	7,00
	100m: 1:19.57	1:19.57	300m: 4:24.13	1:34.42	500m: 7:38.23	1:37.60	700m: 10:51.73	1:36.59		
	200m: 2:49.71	1:30.14	400m: 6:00.63	1:36.50	600m: 9:15.14	1:36.91	800m: 12:26.73	1:35.00		



## Event 1, Men, 800m Freestyle

### 35 - 39 years

1. Hakon Jonsson			39	Breiðablik					<b>11:24.84</b>	9,00	
100m:	1:17.65	1:17.65	300m:	4:10.05	1:26.56	500m:	7:04.39	1:27.20	700m:	9:58.39	1:26.95
200m:	2:43.49	1:25.84	400m:	5:37.19	1:27.14	600m:	8:31.44	1:27.05	800m:	11:24.84	1:26.45

### 30 - 34 years

1. Arkadiusz Przybyla			32	Breiðablik					<b>9:57.17</b>	9,00	
100m:	1:07.84	1:07.84	300m:	3:35.32	1:14.32	500m:	6:06.35	1:16.13	700m:	8:40.68	1:17.32
200m:	2:21.00	1:13.16	400m:	4:50.22	1:14.90	600m:	7:23.36	1:17.01	800m:	9:57.17	1:16.49
2. Gudmundur Brynjar Juliusson			30	IA					<b>11:35.54</b>	7,00	
100m:	1:13.26	1:13.26	300m:	4:02.84	1:27.78	500m:	7:05.68	1:31.70	700m:	10:08.73	1:32.11
200m:	2:35.06	1:21.80	400m:	5:33.98	1:31.14	600m:	8:36.62	1:30.94	800m:	11:35.54	1:26.81
3. Bjorgvin Gudmundur Bjorgvinsson			32	SH					<b>12:09.65</b>	6,00	
100m:	1:16.07	1:16.07	300m:	4:12.82	1:30.66	500m:	7:25.73	1:37.11	700m:	10:37.69	1:35.91
200m:	2:42.16	1:26.09	400m:	5:48.62	1:35.80	600m:	9:01.78	1:36.05	800m:	12:09.65	1:31.96

### 25 - 29 years

1. Hamed Salimishahraki			25	Breiðablik					<b>11:27.73</b>	9,00	
100m:	1:08.20	1:08.20	300m:	3:51.57	1:26.06	500m:	6:53.91	1:31.82	700m:	9:58.77	1:32.20
200m:	2:25.51	1:17.31	400m:	5:22.09	1:30.52	600m:	8:26.57	1:32.66	800m:	11:27.73	1:28.96