

Event 12 Men, 400m Freestyle 20 - 84 years
 4.5.2024 - 9:17 Entry list

Garpamet 80 - 84	8:31.80	Ragnar G Kvaran	UMSK	Hafnarfjoerdur	3.10.2008
Garpamet 75 - 79	7:16.51	Kári Geirlaugsson	ÍA	Hafnarfjörður	3.5.2024
Garpamet 70 - 74	6:20.65	Kári Geirlaugsson	IA	Reykjavik	4.5.2019
Garpamet 65 - 69	6:06.51	Einar Hauksson	BREI	Hafnarfjörður	3.5.2024
Garpamet 60 - 64	5:29.29	Guðni Guðnason	SH	Torshavn (FRO)	30.9.2022
Garpamet 55 - 59	5:17.59	Steinn Jóhannsson	SH	Hafnarfjörður	3.5.2024
Garpamet 50 - 54	5:09.46	Steinn Jóhannsson	SH	Hafnarfjoerdur	5.5.2018
Garpamet 45 - 49	4:41.67	Peter Garajszki	UBK	Kopavogur	6.5.2023
Garpamet 40 - 44	4:41.38	Peter Garajszki	UBK	Hafnarfjoerdur	7.5.2022
Garpamet 35 - 39	4:39.68	Omar Fridriksson	SH	Hafnarfjoerdur	29.4.2016
Garpamet 30 - 34	4:21.47	Przemysław Puławski	UBK	Copenhagen (DEN)	30.9.2023
Garpamet 25 - 29	4:16.83	Sigurður Örn Ragnarsson	GEST	Hafnarfjoerdur	30.4.2016

Entry time conversion: Linear conversion by percent (2%)

Age

75 - 79 years

1 Kari Geirlaugsson 75 Sundfélag Akraness 7:15.00

70 - 74 years

1 Thorhallur Johannesson 71 Sundfélag Hafnarfjarðar 7:06.41

65 - 69 years

 1 Jon Hestoy 65 Havnar Svímjifelag 5:40.00
 2 Einar Hauksson 66 Sunddeild Breiðabliks 6:07.39
 3 Jakup Enni 67 Havnar Svímjifelag 7:30.00
 4 Ragnar Marteinnsson 67 Sunddeild Stjórnunnar 7:45.00
 Birgir Thor Josafatsson 67 Sunddeild Breiðabliks 8:11.24WDR

60 - 64 years

 1 Eydun Husgard 62 Havnar Svímjifelag 5:45.00
 2 Samal Olsen 63 Havnar Svímjifelag 6:10.00
 3 Sigurjon Thordarson 60 UMF Tindastóll NT
 4 Sveinn Simonarson 62 Sundfélag Hafnarfjarðar NT

55 - 59 years

 1 Steinn Jóhannsson 56 Sundfélag Hafnarfjarðar 5:18.09
 2 Birgir Gislason 58 Sunddeild Breiðabliks 5:45.47
 3 Karl Georg Klein 55 Sundfélag Hafnarfjarðar 6:59.51
 4 Birkir Marteinnsson 59 Sundfélag Hafnarfjarðar 7:18.55
 5 Agust Hilmarsson 55 Sundfélag Hafnarfjarðar 7:45.85

50 - 54 years

 1 Richard Lee Blurton 52 Sundfélag Hafnarfjarðar 5:38.00
 2 Erling Eidesgaard 53 Havnar Svímjifelag 5:44.00
 3 Hakon Hrafn Sigurdsson 50 Sunddeild Breiðabliks 5:53.12
 4 Alexander Eck 53 Sundfélag Akraness 6:18.53
 5 Omar Gisli Savarsson 52 Sundfélag Hafnarfjarðar 6:25.55
 6 Magnus Palmi Ornlófsen 53 Sunddeild Breiðabliks 6:32.95
 7 Mikkjal Helmsdal 50 Havnar Svímjifelag 7:00.00

45 - 49 years

1 Peter Garajszki 46 Sunddeild Breiðabliks 4:50.00

Event 12, Men, 400m Freestyle

40 - 44 years

1 Stefan Karl Savarsson	41	Sunddeild Breiðabliks	NT
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35 - 39 years

1 Hakon Jonsson	39	Sunddeild Breiðabliks	5:23.95
2 Leifur Gunnarsson	39	Sunddeild Breiðabliks	NT

30 - 34 years

1 Arkadiusz Przybyla	32	Sunddeild Breiðabliks	4:58.76
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25 - 29 years

1 Hamed Salimishahraki	25	Sunddeild Breiðabliks	4:55.00
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