

Atviras Lietuvos meistr plaukimo empionatas  
Kaunas, 11 - 12/5/2024

Event 9  
5/11/2024 - 18:10

Women, 400m Freestyle

Open  
Results

Points: DSV Masters 22

Rank	Age		Time		Pts	100m	200m	300m	400m	
<b>Open</b>										
1.	Aida, VILIMIENE	62	Plaukimo veteranu SK Nend		<b>5:49.31</b>	995	1:21.17	1:29.42	1:30.71	1:28.01
	50m: 38.13	38.13	150m: 2:05.40	44.23	250m: 3:35.85	45.26	350m: 5:06.61	45.31		
	100m: 1:21.17	43.04	200m: 2:50.59	45.19	300m: 4:21.30	45.45	400m: 5:49.31	42.70		
2.	Monika, POŠKIEN	40	Klaip dos PK		<b>5:47.57</b>	538	1:20.18	1:30.47	1:30.58	1:26.34
	50m: 37.70	37.70	150m: 2:04.99	44.81	250m: 3:35.59	44.94	350m: 5:06.04	44.81		
	100m: 1:20.18	42.48	200m: 2:50.65	45.66	300m: 4:21.23	45.64	400m: 5:47.57	41.53		
3.	Lina, BERESNEVI IEN	46	Mažeiki SM		<b>5:57.79</b>	502	1:22.68	1:30.96	1:32.33	1:31.82
	50m: 39.32	39.32	150m: 2:07.83	45.15	250m: 3:39.27	45.63	350m: 5:12.32	46.35		
	100m: 1:22.68	43.36	200m: 2:53.64	45.81	300m: 4:25.97	46.70	400m: 5:57.79	45.47		
4.	Evelina, DIRŽIUVIEN	34	Klaip dos PK		<b>5:59.97</b>	439	1:21.00	1:30.90	1:34.20	1:33.87
	50m: 37.78	37.78	150m: 2:05.35	44.35	250m: 3:38.97	47.07	350m: 5:14.90	48.80		
	100m: 1:21.00	43.22	200m: 2:51.90	46.55	300m: 4:26.10	47.13	400m: 5:59.97	45.07		
5.	Aiga, SKABE	50	PK Kobras		<b>6:19.85</b>	437	1:28.33	1:37.70	1:38.47	1:35.35
	50m: 41.26	41.26	150m: 2:17.01	48.68	250m: 3:55.50	49.47	350m: 5:32.72	48.22		
	100m: 1:28.33	47.07	200m: 3:06.03	49.02	300m: 4:44.50	49.00	400m: 6:19.85	47.13		
6.	Ieva, KARPAVI I T	44	Kauno Takas		<b>6:26.02</b>	393	1:25.17	1:36.76	1:42.12	1:41.97
	50m: 40.49	40.49	150m: 2:12.55	47.38	250m: 3:52.78	50.85	350m: 5:36.19	52.14		
	100m: 1:25.17	44.68	200m: 3:01.93	49.38	300m: 4:44.05	51.27	400m: 6:26.02	49.83		
7.	Aušra, GARDŽIULIEN	55	Klaip dos PK		<b>6:50.31</b>	355	1:31.47	1:46.50	1:46.47	1:45.87
	50m: 42.30	42.30	150m: 2:24.44	52.97	250m: 4:11.30	53.33	350m: 5:58.93	54.49		
	100m: 1:31.47	49.17	200m: 3:17.97	53.53	300m: 5:04.44	53.14	400m: 6:50.31	51.38		
8.	Vilija, BALTRAMIEJ NIEN	48	Kauno Takas		<b>8:40.25</b>	163	1:59.24	2:13.80	2:13.90	2:13.31
	50m: 55.42	55.42	150m: 3:05.79	1:06.55	250m: 5:19.45	1:06.41	350m: 7:34.58	1:07.64		
	100m: 1:59.24	1:03.82	200m: 4:13.04	1:07.25	300m: 6:26.94	1:07.49	400m: 8:40.25	1:05.67		

**YOB 1990 - 1994**

1.	Evelina, DIRŽIUVIEN	34	Klaip dos PK		<b>5:59.97</b>	439	1:21.00	1:30.90	1:34.20	1:33.87
	50m: 37.78	37.78	150m: 2:05.35	44.35	250m: 3:38.97	47.07	350m: 5:14.90	48.80		
	100m: 1:21.00	43.22	200m: 2:51.90	46.55	300m: 4:26.10	47.13	400m: 5:59.97	45.07		

**YOB 1980 - 1984**

1.	Monika, POŠKIEN	40	Klaip dos PK		<b>5:47.57</b>	538	1:20.18	1:30.47	1:30.58	1:26.34
	50m: 37.70	37.70	150m: 2:04.99	44.81	250m: 3:35.59	44.94	350m: 5:06.04	44.81		
	100m: 1:20.18	42.48	200m: 2:50.65	45.66	300m: 4:21.23	45.64	400m: 5:47.57	41.53		
2.	Ieva, KARPAVI I T	44	Kauno Takas		<b>6:26.02</b>	393	1:25.17	1:36.76	1:42.12	1:41.97
	50m: 40.49	40.49	150m: 2:12.55	47.38	250m: 3:52.78	50.85	350m: 5:36.19	52.14		
	100m: 1:25.17	44.68	200m: 3:01.93	49.38	300m: 4:44.05	51.27	400m: 6:26.02	49.83		

**YOB 1975 - 1979**

1.	Lina, BERESNEVI IEN	46	Mažeiki SM		<b>5:57.79</b>	502	1:22.68	1:30.96	1:32.33	1:31.82
	50m: 39.32	39.32	150m: 2:07.83	45.15	250m: 3:39.27	45.63	350m: 5:12.32	46.35		
	100m: 1:22.68	43.36	200m: 2:53.64	45.81	300m: 4:25.97	46.70	400m: 5:57.79	45.47		
2.	Vilija, BALTRAMIEJ NIEN	48	Kauno Takas		<b>8:40.25</b>	163	1:59.24	2:13.80	2:13.90	2:13.31
	50m: 55.42	55.42	150m: 3:05.79	1:06.55	250m: 5:19.45	1:06.41	350m: 7:34.58	1:07.64		
	100m: 1:59.24	1:03.82	200m: 4:13.04	1:07.25	300m: 6:26.94	1:07.49	400m: 8:40.25	1:05.67		

Atviras Lietuvos ministr plaukimo empionatas  
Kaunas, 11 - 12/5/2024

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Event 9, Women, 400m Freestyle

YOB 1970 - 1974

1. Aiga, SKABE	50	PK Kobras	<b>6:19.85</b>	437	1:28.33	1:37.70	1:38.47	1:35.35
50m: 41.26	41.26	150m: 2:17.01	48.68	250m: 3:55.50	49.47	350m: 5:32.72	48.22	
100m: 1:28.33	47.07	200m: 3:06.03	49.02	300m: 4:44.50	49.00	400m: 6:19.85	47.13	

YOB 1965 - 1969

1. Aušra, GARDŽIULIEN	55	Klaip dos PK	<b>6:50.31</b>	355	1:31.47	1:46.50	1:46.47	1:45.87
50m: 42.30	42.30	150m: 2:24.44	52.97	250m: 4:11.30	53.33	350m: 5:58.93	54.49	
100m: 1:31.47	49.17	200m: 3:17.97	53.53	300m: 5:04.44	53.14	400m: 6:50.31	51.38	

YOB 1960 - 1964

1. Aida, VILIMIENE	62	Plaukimo veteranu SK Nend	<b>5:49.31</b>	995	1:21.17	1:29.42	1:30.71	1:28.01
50m: 38.13	38.13	150m: 2:05.40	44.23	250m: 3:35.85	45.26	350m: 5:06.61	45.31	
100m: 1:21.17	43.04	200m: 2:50.59	45.19	300m: 4:21.30	45.45	400m: 5:49.31	42.70	