

Atviras Sostins SC jauni -jaunu iempionatas  
Vilnius, 11- - 12-5-2024

Event 24  
2024-05-12 - 12:22

Men, 400m Freestyle

Open  
Results

Points: FINA 2024

Rank				YB					Time	Pts		
Jauniai												
1.	Michail SSKO			09	O. Sinkevic-V. Timofejeva				<b>4:32.45</b>	527		
	50m:	30.74	30.74	150m:	1:39.84	35.01	250m:	2:51.01	35.64	350m:	4:00.20	33.59
	100m:	1:04.83	34.09	200m:	2:15.37	35.53	300m:	3:26.61	35.60	400m:	4:32.45	32.25
2.	Simonas ZEKAS			09	R. Juskiene				<b>4:40.24</b>	484		
	50m:	31.54	31.54	150m:	1:43.36	35.90	250m:	2:54.85	35.33	350m:	4:06.53	34.70
	100m:	1:07.46	35.92	200m:	2:19.52	36.16	300m:	3:31.83	36.98	400m:	4:40.24	33.71
3.	Adrianas PASTERNAKIS			10	K. Steponavicius				<b>4:57.09</b>	406		
	50m:	33.69	33.69	150m:	1:48.95	38.05	250m:	3:05.46	38.17	350m:	4:21.31	37.83
	100m:	1:10.90	37.21	200m:	2:27.29	38.34	300m:	3:43.48	38.02	400m:	4:57.09	35.78
4.	Vejas SMELEVICIUS			09	J. Varsockiene				<b>5:00.61</b>	392		
	50m:	32.34	32.34	150m:	1:48.14	38.60	250m:	3:06.77	39.13	350m:	4:24.91	38.28
	100m:	1:09.54	37.20	200m:	2:27.64	39.50	300m:	3:46.63	39.86	400m:	5:00.61	35.70
5.	Martynas SAKALAS			10	J. Varsockiene				<b>5:02.87</b>	383		
	50m:	34.99	34.99	150m:	1:50.90	38.84	250m:	3:09.73	39.52	350m:	4:27.81	38.51
	100m:	1:12.06	37.07	200m:	2:30.21	39.31	300m:	3:49.30	39.57	400m:	5:02.87	35.06
6.	Artiom CIZOV			10	K. Steponavicius				<b>5:03.09</b>	382		
	50m:	33.55	33.55	150m:	1:53.23	40.50	250m:	3:12.68	39.91	350m:	4:29.41	38.33
	100m:	1:12.73	39.18	200m:	2:32.77	39.54	300m:	3:51.08	38.40	400m:	5:03.09	33.68
7.	Lukas MEZANEC			10	O. Sinkevic-V. Timofejeva				<b>5:05.22</b>	374		
	50m:	33.33	33.33	150m:	1:50.21	39.42	250m:	3:10.63	40.29	350m:	4:30.13	39.51
	100m:	1:10.79	37.46	200m:	2:30.34	40.13	300m:	3:50.62	39.99	400m:	5:05.22	35.09
8.	Martynas ANTULIS			09	R. Juskiene				<b>5:06.76</b>	369		
	50m:	34.77	34.77	150m:	1:51.57	38.76	250m:	3:10.85	39.59	350m:	4:29.97	39.23
	100m:	1:12.81	38.04	200m:	2:31.26	39.69	300m:	3:50.74	39.89	400m:	5:06.76	36.79
9.	Justas VASILIAUSKAS			09	G. Kogarko-J. Pogumirskiene				<b>5:07.15</b>	367		
	50m:	32.54	32.54	150m:	1:50.48	39.38	250m:	3:12.80	41.46	350m:	4:30.95	38.43
	100m:	1:11.10	38.56	200m:	2:31.34	40.86	300m:	3:52.52	39.72	400m:	5:07.15	36.20
10.	Ernestas KOSTIUKOVAS			10	O. Sinkevic-V. Timofejeva				<b>5:21.21</b>	321		
	50m:	34.33	34.33	150m:	1:56.32	41.69	250m:	3:20.21	41.59	350m:	4:42.19	41.48
	100m:	1:14.63	40.30	200m:	2:38.62	42.30	300m:	4:00.71	40.50	400m:	5:21.21	39.02
11.	Dovydas PLYTNIKAS			11	G. Kogarko-J. Pogumirskiene				<b>5:44.24</b>	261		
	50m:	38.27	38.27	150m:	2:04.41	43.31	250m:	3:34.26	45.31	350m:	5:02.46	43.66
	100m:	1:21.10	42.83	200m:	2:48.95	44.54	300m:	4:18.80	44.54	400m:	5:44.24	41.78
12.	Joris LEVINSKAS			13	V. Banys-E. Pavinskiene				<b>6:09.69</b>	210		
	50m:	39.91	39.91	150m:	2:14.19	48.51	250m:	3:50.40	47.69	350m:	5:27.18	48.22
	100m:	1:25.68	45.77	200m:	3:02.71	48.52	300m:	4:38.96	48.56	400m:	6:09.69	42.51

Jaunu iai

1.	Adrianas PASTERNAKIS			10	K. Steponavicius				<b>4:57.09</b>	406		
	50m:	33.69	33.69	150m:	1:48.95	38.05	250m:	3:05.46	38.17	350m:	4:21.31	37.83
	100m:	1:10.90	37.21	200m:	2:27.29	38.34	300m:	3:43.48	38.02	400m:	4:57.09	35.78
2.	Martynas SAKALAS			10	J. Varsockiene				<b>5:02.87</b>	383		
	50m:	34.99	34.99	150m:	1:50.90	38.84	250m:	3:09.73	39.52	350m:	4:27.81	38.51
	100m:	1:12.06	37.07	200m:	2:30.21	39.31	300m:	3:49.30	39.57	400m:	5:02.87	35.06

Atviras Sostinis SC jauni -jaunu iempionatas  
Vilnius, 11- - 12-5-2024

Event 24, Boys, 400m Freestyle, Jaunu iai

Rank	YB								Time	Pts		
3.	Artiom CIZOV								10	K. Steponavicius	<b>5:03.09</b>	382
	50m:	33.55	33.55	150m:	1:53.23	40.50	250m:	3:12.68	39.91	350m:	4:29.41	38.33
	100m:	1:12.73	39.18	200m:	2:32.77	39.54	300m:	3:51.08	38.40	400m:	5:03.09	33.68
4.	Lukas MEZANEC								10	O. Sinkevic-V. Timofejeva	<b>5:05.22</b>	374
	50m:	33.33	33.33	150m:	1:50.21	39.42	250m:	3:10.63	40.29	350m:	4:30.13	39.51
	100m:	1:10.79	37.46	200m:	2:30.34	40.13	300m:	3:50.62	39.99	400m:	5:05.22	35.09
5.	Ernestas KOSTIUKOVAS								10	O. Sinkevic-V. Timofejeva	<b>5:21.21</b>	321
	50m:	34.33	34.33	150m:	1:56.32	41.69	250m:	3:20.21	41.59	350m:	4:42.19	41.48
	100m:	1:14.63	40.30	200m:	2:38.62	42.30	300m:	4:00.71	40.50	400m:	5:21.21	39.02
6.	Dovydas PLYTNIKAS								11	G. Kogarko-J. Pogumirskiene	<b>5:44.24</b>	261
	50m:	38.27	38.27	150m:	2:04.41	43.31	250m:	3:34.26	45.31	350m:	5:02.46	43.66
	100m:	1:21.10	42.83	200m:	2:48.95	44.54	300m:	4:18.80	44.54	400m:	5:44.24	41.78
7.	Joris LEVINSKAS								13	V. Banys-E. Pavinskiene	<b>6:09.69</b>	210
	50m:	39.91	39.91	150m:	2:14.19	48.51	250m:	3:50.40	47.69	350m:	5:27.18	48.22
	100m:	1:25.68	45.77	200m:	3:02.71	48.52	300m:	4:38.96	48.56	400m:	6:09.69	42.51

17 years and older

1.	Domas DUBAKA								07	V. Banys-E. Pavinskiene	<b>4:39.37</b>	488
	50m:	32.84	32.84	150m:	1:43.07	35.20	250m:	2:54.79	35.76	350m:	4:06.66	35.72
	100m:	1:07.87	35.03	200m:	2:19.03	35.96	300m:	3:30.94	36.15	400m:	4:39.37	32.71