

Coupe des régions ANSLSJCC et ANQCA printemps 2024
Québec, 7 - 9-6-2024

Epreuve 26
2024-06-08 - 12:01

Messieurs, 400m 4 nages

11 ans et plus
Liste résultats

Points: FINA 2024

Rang	Age				Temps				Pts			
11 - 12 ans												
1.	PIGEON, Arthur				12	Club de Natation des Riverains				5:57.65		
	50m:	40.07	40.07	150m:	2:15.79	45.86	250m:	3:50.36	50.38	350m:	5:20.17	37.51
	100m:	1:29.93	49.86	200m:	2:59.98	44.19	300m:	4:42.66	52.30	400m:	5:57.65	37.48
2.	LESSARD, Édouard				12	Club de natation région de Qué				5:58.71		
	50m:	40.45	40.45	150m:	2:13.30	45.16	250m:	3:50.88	53.17	350m:	5:22.85	37.91
	100m:	1:28.14	47.69	200m:	2:57.71	44.41	300m:	4:44.94	54.06	400m:	5:58.71	35.86
3.	VAN OYEN, Mathieu				11	Club de natation région de Qué				6:18.05		
	50m:	42.94	42.94	150m:	2:24.39	47.82	250m:	4:02.45	51.98	350m:	5:37.24	42.04
	100m:	1:36.57	53.63	200m:	3:10.47	46.08	300m:	4:55.20	52.75	400m:	6:18.05	40.81
4.	BOUDREAU, Justin				12	Club de natation région de Qué				6:26.21		
	50m:	40.30	40.30	150m:	2:18.23	49.26	250m:	4:02.24	54.66	350m:	5:44.32	40.91
	100m:	1:28.97	48.67	200m:	3:07.58	49.35	300m:	5:03.41	1:01.17	400m:	6:26.21	41.89
13 - 14 ans												
1.	LEMAY, Félix				14	Club de Natation des Riverains				5:17.15		
	50m:	32.28	32.28	150m:	1:54.04	44.54	250m:	3:19.78	42.92	350m:	4:41.86	38.00
	100m:	1:09.50	37.22	200m:	2:36.86	42.82	300m:	4:03.86	44.08	400m:	5:17.15	35.29
2.	CHAN, Oliver				14	Club de natation région de Qué				5:38.76		
	50m:	34.62	34.62	150m:	2:01.96	43.56	250m:	3:33.91	49.32	350m:	5:01.88	38.24
	100m:	1:18.40	43.78	200m:	2:44.59	42.63	300m:	4:23.64	49.73	400m:	5:38.76	36.88
3.	BLAIS, Guillaume				14	Club de Natation des Riverains				5:41.29		
	50m:	35.76	35.76	150m:	2:03.24	44.55	250m:	3:36.97	49.01	350m:	5:04.93	36.75
	100m:	1:18.69	42.93	200m:	2:47.96	44.72	300m:	4:28.18	51.21	400m:	5:41.29	36.36
4.	RODRIGUE, Jacob				13	Club de Natation des Equinoxes				5:45.82		
	50m:	35.01	35.01	150m:	2:01.46	44.61	250m:	3:36.60	50.55	350m:	5:07.29	38.53
	100m:	1:16.85	41.84	200m:	2:46.05	44.59	300m:	4:28.76	52.16	400m:	5:45.82	38.53
5.	PINETTE, Youri				13	Club de Natation des Riverains				5:47.84		
	50m:	39.50	39.50	150m:	2:11.33	46.34	250m:	3:45.18	48.81	350m:	5:11.30	37.99
	100m:	1:24.99	45.49	200m:	2:56.37	45.04	300m:	4:33.31	48.13	400m:	5:47.84	36.54
6.	BOUTIN, Karel				13	Club de natation région de Qué				5:52.71		
	50m:	38.43	38.43	150m:	2:10.82	44.34	250m:	3:44.01	48.72	350m:	5:14.49	40.69
	100m:	1:26.48	48.05	200m:	2:55.29	44.47	300m:	4:33.80	49.79	400m:	5:52.71	38.22
7.	GUÉRIN, Clovis				14	Club de Natation Juvaqua Alma				5:58.40		
	50m:	37.05	37.05	150m:	2:11.48	48.55	250m:	3:45.15	46.10	350m:	5:16.12	42.68
	100m:	1:22.93	45.88	200m:	2:59.05	47.57	300m:	4:33.44	48.29	400m:	5:58.40	42.28
8.	GAUDREAU, Émile				13	Cac				6:03.68		
	50m:	38.66	38.66	150m:	2:14.84	47.26	250m:	3:50.15	49.93	350m:	5:23.99	42.09
	100m:	1:27.58	48.92	200m:	3:00.22	45.38	300m:	4:41.90	51.75	400m:	6:03.68	39.69
disq.	FORTIN, Émile				14	Cnsf						
forf.déc.	POMERLEAU, Justin				14	Rouge et Or/Université Laval						

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15 - 16 ans

1.	BÉLANGER, Eliot			15	Club de Natation des Riverains			4:58.90	
	50m:	30.45	30.45	150m:	1:45.77	39.43	250m:	3:08.95	44.70
	100m:	1:06.34	35.89	200m:	2:24.25	38.48	300m:	3:52.78	43.83
							350m:	4:26.75	33.97
							400m:	4:58.90	32.15
2.	DUBÉ, Samuel			15	Club de natation région de Qué			5:08.81	
	50m:	31.84	31.84	150m:	1:51.54	42.08	250m:	3:14.72	42.90
	100m:	1:09.46	37.62	200m:	2:31.82	40.28	300m:	4:00.44	45.72
							350m:	4:35.73	35.29
							400m:	5:08.81	33.08
3.	PAQUIN, Loïc			15	Club de natation région de Qué			5:19.35	
	50m:	32.29	32.29	150m:	1:53.34	42.80	250m:	3:19.64	45.32
	100m:	1:10.54	38.25	200m:	2:34.32	40.98	300m:	4:04.98	45.34
							350m:	4:43.06	38.08
							400m:	5:19.35	36.29
4.	DESCHESNE, Gabriel			16	Club de Natation Juvaqua Alma			5:27.15	
	50m:	32.53	32.53	150m:	1:57.06	46.35	250m:	3:24.87	43.06
	100m:	1:10.71	38.18	200m:	2:41.81	44.75	300m:	4:08.14	43.27
							350m:	4:48.66	40.52
							400m:	5:27.15	38.49

17 ans et plus

1.	GUY, Thomas			17	Club de Natation des Riverains			4:56.71	
	50m:	30.14	30.14	150m:	1:43.81	38.26	250m:	3:05.34	43.00
	100m:	1:05.55	35.41	200m:	2:22.34	38.53	300m:	3:49.22	43.88
							350m:	4:23.75	34.53
							400m:	4:56.71	32.96
2.	FORTIN, Frederick			42	Cnsf			5:06.38	
	50m:	31.08	31.08	150m:	1:47.52	40.23	250m:	3:11.19	42.83
	100m:	1:07.29	36.21	200m:	2:28.36	40.84	300m:	3:55.72	44.53
							350m:	4:31.45	35.73
							400m:	5:06.38	34.93