

Prueba 33	Masc., 400m Estilos				Absolutuak
28/04/2024					Resultados
Gipuzkoako Errekorra	4:21.32	IGUIÑIZ PORRES, Asier		Irun	02/12/2023

Puntos: FINA 2023

Clasificación	AN				Timepo	Fina	Pts
1. ZALDUA USANDIZAGA, Markel	07	Tolosaldea Usabal Igeri Kirol Taldea		4:53.08	514	19,00	
50m: 30.41 30.41 150m: 1:42.22		37.45	250m: 3:03.97	43.98	350m: 4:20.65	33.37	
100m: 1:04.77 34.36 200m: 2:19.99		37.77	300m: 3:47.28	43.31	400m: 4:53.08	32.43	
2. ERCILLA GOGESKOETXEA, Aide	03	C.D. Fortuna		5:02.09	469	16,00	
50m: 31.77 31.77 150m: 1:48.68		40.27	250m: 3:09.65	41.83	350m: 4:28.34	35.21	
100m: 1:08.41 36.64 200m: 2:27.82		39.14	300m: 3:53.13	43.48	400m: 5:02.09	33.75	
3. CABANES ELEIZGARAY, Oihan	10	C.D.N. Bidasoa XXI		5:03.32	463	14,00	
50m: 31.09 31.09 150m: 1:45.19		38.07	250m: 3:07.51	45.03	350m: 4:29.69	35.89	
100m: 1:07.12 36.03 200m: 2:22.48		37.29	300m: 3:53.80	46.29	400m: 5:03.32	33.63	
4. MORAN ZUBIALDE, Aitor	07	C.D.N. Bidasoa XXI		5:04.46	458	12,50	
50m: 31.98 31.98 150m: 1:48.11		39.53	250m: 3:10.94	43.97	350m: 4:30.08	36.24	
100m: 1:08.58 36.60 200m: 2:26.97		38.86	300m: 3:53.84	42.90	400m: 5:04.46	34.38	
GOMEZ ASUMENDI, Asier	03	Eibar Igerixan		5:04.46	458	12,50	
50m: 31.53 31.53 150m: 1:48.57		39.75	250m: 3:10.90	42.67	350m: 4:31.16	35.58	
100m: 1:08.82 37.29 200m: 2:28.23		39.66	300m: 3:55.58	44.68	400m: 5:04.46	33.30	
6. MERINO IBAÑEZ, Mikel	07	Ordizia K.E.		5:08.31	441	11,00	
50m: 33.09 33.09 150m: 1:50.56		39.06	250m: 3:13.32	45.12	350m: 4:33.90	34.40	
100m: 1:11.50 38.41 200m: 2:28.20		37.64	300m: 3:59.50	46.18	400m: 5:08.31	34.41	
7. LARRAÑAGA FERREIRO, Jurgén	06	C.N. Zubi-Aurre		5:10.54	432	10,00	
50m: 32.96 32.96 150m: 1:52.86		40.75	250m: 3:16.90	44.02	350m: 4:37.08	35.71	
100m: 1:12.11 39.15 200m: 2:32.88		40.02	300m: 4:01.37	44.47	400m: 5:10.54	33.46	
8. ANDUEZA URRUZOLA, Jon	08	Tolosaldea Usabal Igeri Kirol Taldea		5:11.29	429	9,00	
50m: 32.51 32.51 150m: 1:48.72		37.96	250m: 3:12.82	47.18	350m: 4:36.33	35.25	
100m: 1:10.76 38.25 200m: 2:25.64		36.92	300m: 4:01.08	48.26	400m: 5:11.29	34.96	
9. MATUTE REBOLLO, Oihan	09	Buruntzaldea Ikt		5:11.48	428	8,00	
50m: 35.15 35.15 150m: 1:54.57		39.10	250m: 3:17.77	44.87	350m: 4:37.77	35.03	
100m: 1:15.47 40.32 200m: 2:32.90		38.33	300m: 4:02.74	44.97	400m: 5:11.48	33.71	
10. GARAI LETE, Mattin	07	Aloña Mendi K.E.		5:13.47	420	7,00	
50m: 33.12 33.12 150m: 1:50.55		39.53	250m: 3:17.18	47.52	350m: 4:40.37	34.30	
100m: 1:11.02 37.90 200m: 2:29.66		39.11	300m: 4:06.07	48.89	400m: 5:13.47	33.10	
11. SARRIEGI ESTENSORO, Lander	07	Ordizia K.E.		5:13.88	418	6,00	
50m: 34.70 34.70 150m: 1:54.84		39.06	250m: 3:19.18	44.18	350m: 4:39.02	35.60	
100m: 1:15.78 41.08 200m: 2:35.00		40.16	300m: 4:03.42	44.24	400m: 5:13.88	34.86	
12. HERRERO ARANBURU, Adrian	06	C.D. Fortuna		5:15.62	411	5,00	
50m: 30.59 30.59 150m: 1:51.51		41.61	250m: 3:16.45	43.17	350m: 4:40.43	37.86	
100m: 1:09.90 39.31 200m: 2:33.28		41.77	300m: 4:02.57	46.12	400m: 5:15.62	35.19	
13. AMANTEGI FERNANDEZ, Mario	09	Buruntzaldea Ikt		5:21.81	388	4,00	
50m: 34.73 34.73 150m: 1:57.12		40.57	250m: 3:23.65	46.89	350m: 4:47.49	36.40	
100m: 1:16.55 41.82 200m: 2:36.76		39.64	300m: 4:11.09	47.44	400m: 5:21.81	34.32	
14. MENDIZABAL ARRIETA, Xabat	09	C.N. Zubi-Aurre		5:30.84	357	3,00	
50m: 35.26 35.26 150m: 2:01.74		42.58	250m: 3:31.05	47.71	350m: 4:55.65	36.39	
100m: 1:19.16 43.90 200m: 2:43.34		41.60	300m: 4:19.26	48.21	400m: 5:30.84	35.19	
15. YARZA LIZARAZU, Amets	09	Aloña Mendi K.E.		5:39.33	331	2,00	
50m: 35.64 35.64 150m: 2:00.17		42.23	250m: 3:33.78	53.06	350m: 5:04.11	38.71	
100m: 1:17.94 42.30 200m: 2:40.72		40.55	300m: 4:25.40	51.62	400m: 5:39.33	35.22	

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Clasificación	AN								Tiempo	Fina	Pts	
16.	ALBERDI LARREATEGUI, Aaron								5:47.19	309	1,00	
	50m:	35.99	35.99	150m:	2:05.45	47.21	250m:	3:41.49	50.76	350m:	5:10.12	38.03
	100m:	1:18.24	42.25	200m:	2:50.73	45.28	300m:	4:32.09	50.60	400m:	5:47.19	37.07
17.	MALDONADO ZABALA, Aran								5:47.22	309	-	
	50m:	37.62	37.62	150m:	2:06.99	45.17	250m:	3:41.32	51.21	350m:	5:10.75	38.91
	100m:	1:21.82	44.20	200m:	2:50.11	43.12	300m:	4:31.84	50.52	400m:	5:47.22	36.47
18.	GARCIA RAMIREZ, Daniel								5:51.39	298	-	
	50m:	37.33	37.33	150m:	2:07.57	45.33	250m:	3:43.78	50.95	350m:	5:14.61	38.11
	100m:	1:22.24	44.91	200m:	2:52.83	45.26	300m:	4:36.50	52.72	400m:	5:51.39	36.78
DSQ	AUZMENDI RODRIGUEZ, Pablo								5:55.87		-	
	<i>N.6.2 - Espalda: El nadador pierde la posición de espalda (y no está ejecutando de inmediato el movimiento del viraje), Deslizamiento espalda viraje de 25m</i>											
	50m:	34.88	34.88	150m:	2:06.89	49.89	250m:	3:47.62	50.53	350m:	5:20.14	40.80
	100m:	1:17.00	42.12	200m:	2:57.09	50.20	300m:	4:39.34	51.72	400m:	5:55.87	35.73