

Kompleksa diena  
Riga, 19.4.2024

Event 5  
19.04.2024 - 18:17

Women, 400m Medley

Open  
Results

SKSM : 4:35.53 / SM : 5:00.47 / SMK : 5:17.98 / I : 5:40.44 / II : 6:14.70 / III : 7:02.62 / IV : 8:31.15

Points: FINA 2023

Vieta	Uzv rds, v rds		Dz.g.	Komanda		Rezult ts	Punkti	RL	SK
1.	SIRMA Dzenifera		08	RBJSS Ridzene I		<b>5:38.62</b>	447	+0.61	I
	50m: 35.00	35.00	150m: 2:00.40	44.02	250m: 3:31.25	47.46	350m: 4:59.88	40.05	
	100m: 1:16.38	41.38	200m: 2:43.79	43.39	300m: 4:19.83	48.58	400m: 5:38.62	38.74	
2.	VERDENHOFA Sarlote		06	RBJSS Ridzene-DSN		<b>5:51.79</b>	398		II
	50m: 38.16	38.16	150m: 2:11.17	45.81	250m: 3:42.43	46.36	350m: 5:12.13	41.63	
	100m: 1:25.36	47.20	200m: 2:56.07	44.90	300m: 4:30.50	48.07	400m: 5:51.79	39.66	
3.	KOMOVA Anna		07	RBJSS Ridzene-DSN		<b>5:54.33</b>	390	+0.74	II
	50m: 36.70	36.70	150m: 2:08.03	47.15	250m: 3:44.03	49.84	350m: 5:16.84	41.23	
	100m: 1:20.88	44.18	200m: 2:54.19	46.16	300m: 4:35.61	51.58	400m: 5:54.33	37.49	