

Algarve Open de Masters Verão
Loule , 8 - 9/6/2024

Prova 7 Femin., 400m Livres 25 anos e mais velhos
08/06/2024 - 17:02 Resultados

Rec Nac Masters 50m Master M	59:00.00	,						
Rec Nac Masters 50m Master L	59:00.00	,						
Rec Nac Masters 50m Master K	7:44.23		Luisa Bessone, BASTO	SAD	Reguengos de Monsaraz			19/07/2019
Rec Nac Masters 50m Master J	6:40.16		Ana Maria, FERREIRA	SAD	Póvoa de Varzim			22/02/2020
Rec Nac Masters 50m Master I	6:27.98		Ana Maria, FERREIRA	SAD	Famalicão			09/07/2017
Rec Nac Masters 50m Master H	6:14.83		Ana Maria, FERREIRA	SAD	Riccione (ITA)			16/06/2012
Rec Nac Masters 50m Master G	5:36.18		Isabel Baptista, FERREIRA	ADRCIMM	S. Joao da Madeira			09/07/2023
Rec Nac Masters 50m Master F	5:28.36		Ines Maria, ROTHES	CFP	S. Joao da Madeira			09/07/2023
Rec Nac Masters 50m Master E	5:24.65		Patricia Diogenes, PEREIRA	SAD	Coimbra			17/01/2016
Rec Nac Masters 50m Master D	5:02.98		Susana Clara, GOMES	CNF	Gwangju (KOR)			18/08/2019
Rec Nac Masters 50m Master C	4:35.74		Ana Paula, GRILO	UDCA	Stanford (USA)			10/08/2006
Rec Nac Masters 50m Master B	4:39.43		Ana Paula, GRILO	INATEL	Riccione (ITA)			20/06/2003
Rec Nac Masters 50m Master A	4:57.88		Carolina Santos, SILVA	CNMAIA	Eindhoven (NED)			02/09/2013

Pontos: DSV Masters 2024

Lugar Ano Tempo final Pts 100m 200m 300m 400m

Master A

1. Blanca, PEREZ RAMIREZ	96	C.N. Cadiz	6:29.06	322	1:25.41	1:39.47	1:42.57	1:41.61
50m:		150m:	250m:		350m:			
100m:	1:25.41	200m:	300m:	4:47.45	400m:	6:29.06		
2. Adriana Filipa, MARTINS	96	RIA Aqua Tavira	7:07.56	243	1:36.44	1:49.68	1:53.25	1:48.19
50m:		150m:	250m:		350m:			
100m:	1:36.44	200m:	300m:	5:19.37	400m:	7:07.56		

Master B

1. S., PEREIRA	90	Ba-Leiria	6:01.34	429	1:24.15	1:30.65	1:31.80	1:34.74
50m:		150m:	250m:		350m:			
100m:	1:24.15	200m:	300m:	4:26.60	400m:	6:01.34		
2. S., MACHADO	93	Ba-Leiria	6:15.88	381	1:28.65	1:37.97	1:34.97	1:34.29
50m:		150m:	250m:		350m:			
100m:	1:28.65	200m:	300m:	4:41.59	400m:	6:15.88		

Master C

1. Marina, ZABORSKAYA	85	FC Ferreiras/AlgarExperien	5:43.08	512	1:19.85	1:29.36	1:27.84	1:26.03
50m:		150m:	250m:		350m:			
100m:	1:19.85	200m:	300m:	4:17.05	400m:	5:43.08		

Master D

1. Joana Silva, CRISTOVAO	81	FC Ferreiras/AlgarExperien	6:47.12	335	1:35.98	1:44.63	1:44.63	1:41.88
50m:		150m:	250m:		350m:			
100m:	1:35.98	200m:	300m:	5:05.24	400m:	6:47.12		
2. Sofia Margarida, SILVA	83	Litoral Alentejano	7:29.87	248	1:38.53	1:54.07	1:59.24	1:58.03
50m:		150m:	250m:		350m:			
100m:	1:38.53	200m:	300m:	5:31.84	400m:	7:29.87		
3. Carmen Silvia, LUZ	81	Litoral Alentejano	7:30.80	246	1:43.47	1:52.12	1:58.06	1:57.15
50m:		150m:	250m:		350m:			
100m:	1:43.47	200m:	300m:	5:33.65	400m:	7:30.80		

Master E

1. Marcia Silva, NUNES	75	Lagoa AC	7:43.61	230	1:46.28	1:59.97	2:01.94	1:55.42
50m:		150m:	250m:		350m:			
100m:	1:46.28	200m:	300m:	5:48.19	400m:	7:43.61		

DNF Isilda Maria, GONCALVES76 Nadadores do Estories

Master F

1. Emma Lenora, YATES	71	O2-Portimao	7:27.90	266	1:42.14	1:57.29	1:57.11	1:51.36
50m:		150m:	250m:		350m:			
100m:	1:42.14	200m:	300m:	5:36.54	400m:	7:27.90		

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Prova 7, Femin., 400m Livres, Master F

Lugar	Ano	Tempo final	Pts	100m	200m	300m	400m
2. Ana Bernardo, BARBARA	70	FC Ferreiras/AlgarExperien	7:41.23 244	1:41.07	1:58.59	2:01.23	2:00.34
50m:		150m:	250m:		350m:		
100m: 1:41.07		200m: 3:39.66	300m: 5:40.89		400m: 7:41.23		
3. Claudia Maria, MATIAS	72	Lagoa AC	7:59.66 217	1:49.15	2:05.92	2:08.55	1:56.04
50m:		150m:	250m:		350m:		
100m: 1:49.15		200m: 3:55.07	300m: 6:03.62		400m: 7:59.66		

Master G

1. P., PEREIRA	69	Colegio Monte Maior	5:54.18 553	1:20.17	1:29.67	1:31.25	1:33.09
50m:		150m:	250m:		350m:		
100m: 1:20.17		200m: 2:49.84	300m: 4:21.09		400m: 5:54.18		
2. Aysen Elif, SHANAHAN	65	RIA Aqua Tavira	7:31.76 266	1:39.20	1:55.44	1:59.20	1:57.92
50m:		150m:	250m:		350m:		
100m: 1:39.20		200m: 3:34.64	300m: 5:33.84		400m: 7:31.76		

Master H

1. M., MARFIL PEREZ DE LA 60STFC.N. Cadiz			6:53.74 444	1:33.53	1:45.64	1:48.08	1:46.49
50m:		150m:	250m:		350m:		
100m: 1:33.53		200m: 3:19.17	300m: 5:07.25		400m: 6:53.74		
2. Maria Joao, TAVARES	63	Amigos da Natacao-AC	10:11.86 137	2:21.19	2:39.17	2:37.45	2:34.05
50m:		150m:	250m:		350m:		
100m: 2:21.19		200m: 5:00.36	300m: 7:37.81		400m: 10:11.86		

Master I

1. Ana Maria, CAEIRO	59	Amigos da Natacao-AC	8:02.22 418	1:53.92	2:03.86	2:05.70	1:58.74
50m:		150m:	250m:		350m:		
100m: 1:53.92		200m: 3:57.78	300m: 6:03.48		400m: 8:02.22		

Master J

1. Maria Felix, FERREIRA	54	Individual ANL	9:57.53 254	2:15.52	2:33.21	2:36.26	2:32.54
50m:		150m:	250m:		350m:		
100m: 2:15.52		200m: 4:48.73	300m: 7:24.99		400m: 9:57.53		
2. Maria Teresa, MOTA	51	Amigos da Natacao-AC	10:40.65 206	2:29.23	2:45.67	2:46.13	2:39.62
50m:		150m:	250m:		350m:		
100m: 2:29.23		200m: 5:14.90	300m: 8:01.03		400m: 10:40.65		

Master J e mais velhos

1. Maria Felix, FERREIRA	54	Individual ANL	9:57.53 254	2:15.52	2:33.21	2:36.26	2:32.54
50m:		150m:	250m:		350m:		
100m: 2:15.52		200m: 4:48.73	300m: 7:24.99		400m: 9:57.53		
2. Maria Teresa, MOTA	51	Amigos da Natacao-AC	10:40.65 206	2:29.23	2:45.67	2:46.13	2:39.62
50m:		150m:	250m:		350m:		
100m: 2:29.23		200m: 5:14.90	300m: 8:01.03		400m: 10:40.65		