

Latvian U20 Championship
Jelgava, 5. - 6.4.2024

Event 26 Men, 400m Freestyle 20 years and younger
06.04.2024 - 12:15 Z ni, 400m br vais stils Results

Latvijas rekords	3:51.52	MILOSLAVSKIS Romans	LAT	Shanghai (CHN)	07.04.2006
Sacens bu rekords	3:59.79	MIKELSONS Kristaps	LAT	Jelgava	09.04.2022

SKSM Open: 3:46.76 / SM Open: 4:06.29 / SMK Open: 4:20.64 / I Open: 4:39.05 / II Open: 5:07.14 / III Open: 5:46.42 /
IV Open: 6:58.98

Points: FINA 2023

Vieta UZV RDS, V rds			Dz.g.	Komanda		Laiks	Punkti	L menis	RL	KP	
1. VITOLS Reinis			07	RBJSS Ridzene-DSN I		4:15.16	575	SMK	+0.73	18.00	
50m:	28.37	28.37	150m:	1:31.32	31.91	250m:	2:37.30	33.28	350m:	3:44.48	33.67
100m:	59.41	31.04	200m:	2:04.02	32.70	300m:	3:10.81	33.51	400m:	4:15.16	30.68
2. VASILJEVS Romans			06	RBJSS Ridzene-DSN I		4:15.77	571	SMK		16.00	
50m:	28.95	28.95	150m:	1:32.96	32.11	250m:	2:39.34	33.58	350m:	3:45.70	32.99
100m:	1:00.85	31.90	200m:	2:05.76	32.80	300m:	3:12.71	33.37	400m:	4:15.77	30.07
3. SKRABIS Emils Andrejs			05	Valmieras SS		4:22.41	529	I	+0.74	15.00	
50m:	29.11	29.11	150m:	1:34.21	32.58	250m:	2:40.75	33.26	350m:	3:49.01	34.12
100m:	1:01.63	32.52	200m:	2:07.49	33.28	300m:	3:14.89	34.14	400m:	4:22.41	33.40
4. ZIGARKOVŠ Sebastians			07	Daugavpils SS I		4:27.37	500	I	+0.67	14.00	
50m:	29.31	29.31	150m:	1:36.23	34.24	250m:	2:45.47	34.44	350m:	3:54.48	34.37
100m:	1:01.99	32.68	200m:	2:11.03	34.80	300m:	3:20.11	34.64	400m:	4:27.37	32.89
5. SPOLITIS Emils			08	Valmieras SS		4:30.34	483	I	+0.68	13.00	
50m:	31.42	31.42	150m:	1:40.63	34.41	250m:	2:50.04	34.52	350m:	3:57.99	34.00
100m:	1:06.22	34.80	200m:	2:15.52	34.89	300m:	3:23.99	33.95	400m:	4:30.34	32.35
6. VIKSNE Gustavs			08	RBJSS Ridzene-DSN II		4:33.63	466	I	+0.70	12.00	
50m:	30.51	30.51	150m:	1:39.39	34.76	250m:	2:48.91	34.72	350m:	3:59.41	35.09
100m:	1:04.63	34.12	200m:	2:14.19	34.80	300m:	3:24.32	35.41	400m:	4:33.63	34.22
7. VILIMS Mihails			09	SK Delfins		4:35.72	456	I	+0.74	11.00	
50m:	30.68	30.68	150m:	1:39.77	34.95	250m:	2:50.21	35.54	350m:	4:01.53	35.62
100m:	1:04.82	34.14	200m:	2:14.67	34.90	300m:	3:25.91	35.70	400m:	4:35.72	34.19
8. VARDS Romans Evings			10	Jurmals SS I		4:41.88	426	II	+0.72	10.00	
50m:	29.16	29.16	150m:	1:40.96	37.20	250m:	2:56.16	37.22	350m:	4:09.56	36.32
100m:	1:03.76	34.60	200m:	2:18.94	37.98	300m:	3:33.24	37.08	400m:	4:41.88	32.32
9. VILKINS Gusts			06	RBJSS Ridzene I		4:45.51	410	II		8.00	
50m:	32.00	32.00	150m:	1:45.15	37.01	250m:	2:58.70	36.29	350m:	4:11.64	36.57
100m:	1:08.14	36.14	200m:	2:22.41	37.26	300m:	3:35.07	36.37	400m:	4:45.51	33.87
10. TENISS Martiass			09	Kekavas NSS		4:49.69	393	II	+0.73	7.00	
50m:	32.11	32.11	150m:	1:46.73	37.44	250m:	3:01.87	37.01	350m:	4:16.50	36.65
100m:	1:09.29	37.18	200m:	2:24.86	38.13	300m:	3:39.85	37.98	400m:	4:49.69	33.19
11. PAFRATS Kristis			09	Jelgavas SPS II		4:49.75	393	II		6.00	
50m:	31.30	31.30	150m:	1:46.93	38.11	250m:	3:02.79	38.07	350m:	4:16.72	36.85
100m:	1:08.82	37.52	200m:	2:24.72	37.79	300m:	3:39.87	37.08	400m:	4:49.75	33.03
12. SILINS Mikus			07	Valmieras SS		4:52.05	383	II	+0.75	-	
50m:	31.93	31.93	150m:	1:44.14	37.13	250m:	2:59.51	37.51	350m:	4:16.51	38.50
100m:	1:07.01	35.08	200m:	2:22.00	37.86	300m:	3:38.01	38.50	400m:	4:52.05	35.54
13. KRAVALIS Nils			06	RBJSS Ridzene-ZIEP I		4:53.75	377	II	+0.78	4.00	
50m:	33.01	33.01	150m:	1:46.19	37.12	250m:	3:01.05	37.60	350m:	4:17.06	38.52
100m:	1:09.07	36.06	200m:	2:23.45	37.26	300m:	3:38.54	37.49	400m:	4:53.75	36.69