

Prova 2

Masc., 400m Livres

25 - 94 anos

22/06/2024 - 16:20

Resultados

RN A(25-29)	4:00.23	Adriano Miguel NIZ	GDNVNF	Funchal	17/01/2015
RN B(30-34)	4:01.96	Pedro Miguel PINOTES	SCP	Albufeira	10/12/2022
RN C(35-39)	4:06.32	Pedro Miguel SILVA	CFV	Ponte de Sor	29/01/2011
RN D(40-44)	4:26.18	David Oliveira GORGULHO	CNLA	Sines	24/04/2022
RN E(45-49)	4:19.65	Jose Carlos FREITAS	CFP	Ponte de Sor	29/01/2011
RN E(45-49)	4:19.65	Jose Carlos FREITAS	CFP	Ponte de Sor	29/01/2011
RN F(50-54)	4:22.11	Jose Carlos FREITAS	CFP	Felgueiras	26/01/2013
RN G(55-59)	4:25.70	Jose Carlos FREITAS	INDNP	Mealhada	18/01/2019
RN H(60-64)	4:40.55	Jose Carlos FREITAS	CNLA	Sines	04/03/2023
RN I(65-69)	5:27.24	Vitor Manuel MAVIOSO	SAD	Albufeira	10/12/2022
RN J(70-74)	5:55.49	Antonio Bessone BASTO	SAD	Recarei	16/05/2015
RN K(75-79)	6:23.33	Stephen Thomas DYSON	SAD	Albufeira	10/12/2022
RN L(80-84)	9:18.14	Antonio Alexandre RODRIGUES	AAC	Mealhada	18/01/2019
RN M(85-89)	10:39.47	Joao Rodrigues TEIXEIRA	AAC	Torres Novas	04/02/2022
RN N(90-94)	59:00.00				

Pontos: DSV Masters 22

Lugar Ano Tempo final Pts

Master Esc C

1. Jose Pedro PINHO	86	Leixoes Sport Club	<b>5:26.81</b>	407
50m: 34.31 34.31	150m:	250m:	350m:	
100m: 1:13.00 38.69	200m: 2:34.89	300m: 4:00.53	400m: 5:26.81	
2. Diogo Marques PRATAS	86	Gafanha da Encarnacao	<b>6:04.56</b>	293
50m: 33.40 33.40	150m:	250m:	350m:	
100m: 1:13.40 40.00	200m: 2:48.84	300m: 4:28.25	400m: 6:04.56	
3. Helder Tomas ROCHA	86	Penafiel	<b>6:42.64</b>	218
50m: 40.99 40.99	150m:	250m:	350m:	
100m: 1:27.24 46.25	200m: 3:10.57	300m: 4:56.24	400m: 6:42.64	

Master Esc E

1. Jose Alexandre VIEIRA	76	Cdca	<b>5:30.47</b>	411
50m: 35.33 35.33	150m:	250m:	350m:	
100m: 1:13.75 38.42	200m: 3:36.30	300m:	400m: 5:30.47	
2. Carlos Soares GOULAO	75	Galitos / Bresimar	<b>5:43.64</b>	366
50m: 34.90 34.90	150m:	250m:	350m:	
100m: 1:14.39 39.49	200m: 2:39.89	300m: 4:11.32	400m: 5:43.64	
3. Carlos Miguel RODRIGUES	76	Algés e Águeda XXI	<b>7:35.01</b>	157
50m: 48.63 48.63	150m:	250m:	350m:	
100m: 1:44.22 55.59	200m: 3:38.97	300m: 5:37.43	400m: 7:35.01	

Master Esc F

1. David Fernandez BARREIRO	74	CN Vigo Rías Baixas	<b>6:05.60</b>	361
50m: 42.13 42.13	150m:	250m:	350m:	
100m: 1:26.10 43.97	200m: 2:58.38	300m: 4:33.13	400m: 6:05.60	

Master Esc G

1. Ryszard Lourens MAJEWSKI	65	Chulalongkorn Swimming Club	<b>6:03.75</b>	407
50m: 37.97 37.97	150m:	250m:	350m:	
100m: 1:20.65 42.68	200m: 2:51.65	300m: 4:28.28	400m: 6:03.75	
2. Luis Miguel LOUREIRO	68	Fluvial Portuense	<b>7:03.03</b>	259
50m: 43.82 43.82	150m:	250m:	350m:	
100m: 1:33.07 49.25	200m: 3:19.32	300m: 5:09.75	400m: 7:03.03	

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Master Esc J

1.	Domingos Jose FERREIRA	54	Sporting de Espinho	<b>6:54.06</b>	496
	50m: 44.31 44.31	150m:	250m:	350m:	
	100m: 1:34.07 49.76	200m: 3:22.03	300m: 5:10.53	400m: 6:54.06	