

## Nadador Completo Fem.

### Women, Master Esc A

1. Jessica Andreia CARVALHO	96	CNLeiria	<b>2120</b>	5
50 Bu 35.53 468	50 Fr 32.78 459	100 Me 1:23.83 440	50 Bk 39.47 419	
50 Br 45.53 334				
2. Joana Filipa ROSAS	95	Leixoes Sport Club	<b>1954</b>	5
50 Fr 33.46 431	100 Me 1:24.53 429	50 Bu 37.25 406	50 Bk 40.97 374	
50 Br 46.47 314				
3. Ines Santos MAGALHAES	99	Sporting Clube de Aveiro	<b>1942</b>	5
100 Me 1:25.00 422	50 Bk 39.94 404	50 Bu 37.51 397	50 Fr 35.15 372	
50 Br 44.94 347				
4. Maria Laura GONCALVES	96	Cdca	<b>1823</b>	5
100 Me 1:26.71 398	50 Bu 37.91 385	50 Br 43.57 381	50 Fr 34.94 379	
50 Bk 45.12 280				
5. Edna Beatriz SANTOS	96	Vieirense	<b>1516</b>	5
50 Fr 35.73 354	50 Bu 40.47 316	100 Me 1:34.16 310	50 Br 48.81 271	
50 Bk 45.95 265				
6. Ana Sofia MONTEIRO	96	Natacao de Valongo	<b>1457</b>	5
50 Fr 36.13 342	100 Me 1:34.40 308	50 Bk 44.59 290	50 Br 48.93 269	
50 Bu 43.87 248				
7. Maria Ines TAVARES	95	Alges e Agueda XXI	<b>1408</b>	5
50 Fr 35.89 349	50 Br 47.74 289	100 Me 1:36.71 286	50 Bk 47.06 247	
50 Bu 44.58 237				
8. Barbara Pereira FERNANDES	99	Natacao de Valongo	<b>1086</b>	5
50 Fr 39.56 261	100 Me 1:44.46 227	50 Br 52.67 215	50 Bu 47.21 199	
50 Bk 51.93 184				
9. Marta Lopez GARCIA	95	CN Cuatro Caminos	<b>994</b>	5
50 Fr 38.83 276	100 Me 1:45.34 222	50 Bk 49.53 212	50 Br 59.18 152	
50 Bu 54.09 132				
10. Raquel Fernandes SANTOS	98	Clube Natacao Masters de Almada	<b>968</b>	2
50 Fr 31.87 499	50 Br 40.65 469			
11. Mariana Goncalves FERNANDES	96	Natacao de Valongo	<b>813</b>	5
50 Br 49.26 263	100 Me 1:48.30 204	50 Fr 43.00 203	50 Bk 56.36 143	
50 Bu -				
12. Luisa Alves DIAS	97	Natacao de Valongo	<b>794</b>	5
50 Fr 39.34 265	100 Me 1:49.12 199	50 Br 54.37 196	50 Bk 57.65 134	
50 Bu -				

### Women, Master Esc B

1. Ana Lucia CASTRO	92	Sporting Clube Sao Joao Ver	<b>2804</b>	5
50 Bu 32.90 629	100 Me 1:15.87 623	50 Fr 31.16 574	50 Br 37.80 570	
50 Bk 40.19 408				
2. Teresa Sofia LEITE	92	Sporting Clube Sao Joao Ver	<b>2272</b>	5
50 Bu 34.42 549	50 Fr 32.14 523	100 Me 1:23.81 462	50 Bk 40.59 396	
50 Br 44.81 342				
3. Joana Filipa LAMAS	92	Sporting Clube Sao Joao Ver	<b>2228</b>	5
50 Br 38.44 542	50 Fr 32.67 498	100 Me 1:22.56 484	50 Bu 37.10 438	
50 Bk 46.33 266				
4. Catia Vanessa MOURA	90	Sporting Club Caminhense	<b>2027</b>	5
50 Bu 36.66 454	50 Fr 34.31 430	50 Bk 39.75 422	100 Me 1:27.18 411	
50 Br 46.31 310				

5. Miriam Rodrigues SANTOS	91	Clube Natacao Masters de Almada	<b>1931</b>	5
100 Me 1:26.46 421	50 Fr 34.66 417	50 Bu 37.81 414	50 Bk 40.55 398	
50 Br 47.84 281				
6. Eva Micaela SERRA	91	Cdca	<b>1895</b>	5
50 Fr 33.77 451	50 Br 41.97 416	50 Bk 41.30 376	100 Me 1:30.53 367	
50 Bu 42.79 285				
7. Ines Isabel ESTEVES	91	Penafiel	<b>1460</b>	5
50 Fr 36.94 344	100 Me 1:33.87 329	50 Br 47.36 290	50 Bk 45.52 281	
50 Bu 46.93 216				
8. Ana Rita SA	91	Estarreja/PROZINCO	<b>1449</b>	5
100 Me 1:34.09 327	50 Fr 38.03 315	50 Br 46.47 307	50 Bu 43.66 269	
50 Bk 48.56 231				
9. Ana Andrade BAPTISTA	91	Gcvr	<b>691</b>	5
50 Fr 45.31 186	100 Me 2:02.05 149	50 Br 1:02.62 125	50 Bu 57.02 120	
50 Bk 1:01.93 111				
10. Beatriz Manata OLIVEIRA	94	Gafanha da Encarnacao	<b>596</b>	3
50 Br 51.81 221	50 Fr 44.83 192	50 Bk 52.52 183		
11. Laura POLA	92	Porto	<b>533</b>	1
50 Fr 31.93 533				

Women, Master Esc C

1. Maria Carolina LOPES	87	Braga	<b>2532</b>	5
50 Bu 33.64 604	50 Fr 32.31 532	100 Me 1:22.36 518	50 Bk 39.16 490	
50 Br 43.40 388				
2. Maria Manuela FONSECA	85	Leixoes Sport Club	<b>2526</b>	5
50 Fr 31.54 571	100 Me 1:20.22 561	50 Bu 35.42 517	50 Bk 39.73 470	
50 Br 42.71 407				
3. Rafaela Barreiros PIRES	89	Braga	<b>2071</b>	5
50 Bu 37.21 446	100 Me 1:26.86 442	50 Fr 34.91 421	50 Bk 41.46 413	
50 Br 44.93 349				
4. Joana Pereira BARBARA	87	Clube Natacao Masters de Almada	<b>2068</b>	5
100 Me 1:24.98 472	50 Br 41.49 444	50 Fr 35.21 411	50 Bu 38.96 388	
50 Bk 43.70 353				
5. Ana Daniela FONSECA	89	Penafiel	<b>1721</b>	5
50 Bk 40.84 432	50 Fr 34.92 421	100 Me 1:34.90 339	50 Br 48.28 281	
50 Bu 45.26 248				
6. Cristiana Oliveira CHIVARRIA	89	Sporting Club Caminhense	<b>1332</b>	5
50 Fr 38.95 303	50 Br 47.94 288	100 Me 1:41.47 277	50 Bk 48.56 257	
50 Bu 48.03 207				
7. Maria Reboredo VIEIRA	85	Braga	<b>1253</b>	5
50 Fr 39.55 290	50 Bk 46.68 289	100 Me 1:43.16 264	50 Bu 48.03 207	
50 Br 53.84 203				
8. Sara Isabel RAIMUNDO	89	Gcvr	<b>1042</b>	5
50 Fr 37.92 329	50 Br 52.18 223	100 Me 1:53.25 199	50 Bk 56.60 162	
50 Bu 56.26 129				
9. Filipa Isabel REIS	87	Leixoes Sport Club	<b>1030</b>	5
50 Fr 40.13 277	100 Me 1:50.15 216	50 Br 55.53 185	50 Bu 50.16 182	
50 Bk 55.71 170				

Women, Master Esc D

1. Maria Sofia MARTINS	84	Fluvial Portuense	<b>3583</b>	5
50 Br 36.87 807	50 Bu 31.98 769	100 Me 1:14.47 766	50 Bk 35.47 638	
50 Fr 31.09 603				
2. Ana Dalte GUEDES	80	Leixoes Sport Club	<b>1889</b>	5
50 Br 45.56 428	100 Me 1:31.37 414	50 Fr 36.12 385	50 Bu 41.28 357	
50 Bk 45.38 305				
3. Lilia Dulce COSTA	81	Fluvial Portuense	<b>1768</b>	5
50 Fr 36.29 379	100 Me 1:34.14 379	50 Br 47.67 373	50 Bu 42.52 327	
50 Bk 45.12 310				
4. Ines Silva CARVALHO	83	Fluvial Portuense	<b>1203</b>	5
50 Br 47.32 382	50 Bu 43.00 316	100 Me 1:40.87 308	50 Bk 52.43 197	
50 Fr -				
5. Joana Isabel CUNHA	80	Galitos / Bresimar	<b>1186</b>	2
50 Bu 34.45 615	50 Fr 31.66 571			
6. Sara Filipa CORTEZ	81	Clube Natacao Masters de Almada	<b>599</b>	2
50 Fr 36.91 360	50 Bu 47.17 239			
7. Francisca Pinto MONTEIRO	82	Sporting Clube de Aveiro	<b>596</b>	2
50 Br 48.75 349	100 Me 1:48.56 247			
8. Lina Orrego ARENAS	84	Porto	<b>435</b>	1
50 Fr 34.67 435				
9. Joana Isabel LEITE	80	Fluvial Portuense	<b>252</b>	1
50 Br 54.34 252				

Women, Master Esc E

1. Sonia Oliveira VILAR	79	Natacao de Valongo	<b>2834</b>	5
50 Fr 30.97 656	100 Me 1:22.30 592	50 Br 41.53 586	50 Bu 36.00 579	
50 Bk 40.65 421				
2. Rita Rebelo SILVA	79	Fluvial Portuense	<b>2563</b>	5
50 Br 40.59 628	100 Me 1:25.84 522	50 Fr 33.54 516	50 Bk 39.62 455	
50 Bu 39.40 442				
3. Elza Maria CARVALHO	76	Fluvial Portuense	<b>2348</b>	5
50 Br 41.85 573	100 Me 1:27.68 490	50 Bu 38.40 477	50 Fr 34.62 469	
50 Bk 43.69 339				
4. Elsa Maria FUMEGA	78	Leixoes Sport Club	<b>2239</b>	5
50 Br 42.68 540	50 Bu 37.84 499	100 Me 1:28.43 477	50 Fr 36.03 416	
50 Bk 45.15 307				
5. Carla Susana AVELANS	75	Fluvial Portuense	<b>1680</b>	5
50 Br 45.09 458	50 Bu 41.98 365	100 Me 1:37.41 357	50 Fr 39.73 310	
50 Bk 52.95 190				
6. Yolanda RIENDERHOFF	79	Sporting de Espinho	<b>1570</b>	5
100 Me 1:31.80 427	50 Fr 35.87 422	50 Bk 42.56 367	50 Bu 42.41 354	
50 Br -				
7. Andrea Helena PEREIRA	77	Sporting Club Caminhense	<b>962</b>	5
50 Br 55.53 245	50 Fr 43.62 234	100 Me 2:01.37 184	50 Bu 55.24 160	
50 Bk 58.73 139				
8. Maria Rosa SERRA	77	Clube Naval Povoense	<b>751</b>	5
50 Br 55.93 240	50 Fr 49.24 163	100 Me 2:10.28 149	50 Bk 1:00.75 126	
50 Bu 1:11.65 73				
9. Claudia Baptista DOMINGUES	77	Sporting Clube de Aveiro	<b>590</b>	1
100 Me 1:22.40 590				
10. Ana Maria MARTINS	79	Sporting Clube de Aveiro	<b>499</b>	2
100 Me 1:48.72 257	50 Bk 48.92 242			
11. Mariela Soledad SANCHEZ	78	Porto	<b>263</b>	1

50 Fr 41.96 263

### Women, Master Esc F

1. Valle Munoz ALMUDENA	72	CN Cuatro Caminos	<b>2338</b>	5
50 Bu 38.05 548	50 Fr 34.85 534	50 Br 47.13 438	100 Me 1:31.56 429	
50 Bk 42.87 389				
2. Cristina Nicoleta LIPCIUC	73	Braga	<b>1209</b>	5
50 Fr 40.73 335	50 Br 55.84 263	100 Me 1:51.12 240	50 Bu 53.65 195	
50 Bk 55.81 176				
3. Maria Gisela PIRES	72	Gcyr	<b>983</b>	5
50 Br 54.37 285	100 Me 1:58.97 195	50 Fr 48.84 194	50 Bk 57.84 158	
50 Bu 58.38 151				
4. Graca Maria ALMEIDA	73	Leixoes Sport Club	<b>933</b>	2
50 Bu 38.16 543	50 Bk 42.84 390			
5. Sonia Catarina ALMEIDA	74	Vieirense	<b>769</b>	5
50 Br 59.12 222	50 Fr 46.74 221	100 Me 2:11.39 145	50 Bk 1:06.22 105	
50 Bu 1:13.34 76				
6. Maria Paula SANTOS	71	Natacao de Valongo	<b>586</b>	2
50 Fr 39.60 364	50 Bu 51.40 222			
7. Luisa Margarida HENRIQUES	74	Alges e Agueda XXI	<b>382</b>	2
50 Fr 48.48 198	50 Br 1:02.95 184			

### Women, Master Esc G

1. Maria Manuela SEQUEIRA	68	Gafanha da Encarnacao	<b>1931</b>	5
50 Br 44.97 582	100 Me 1:37.44 419	50 Bk 49.03 329	50 Fr 41.86 323	
50 Bu 48.94 278				
2. Paula Margarida NAVARRO	68	Natacao de Valongo	<b>1926</b>	5
50 Br 48.43 466	100 Me 1:36.16 436	50 Fr 39.71 378	50 Bu 46.09 333	
50 Bk 49.83 313				
3. Marina Isabel MENDES	68	Clube Natacao Masters de Almada	<b>1604</b>	5
50 Br 50.18 419	50 Fr 39.70 379	100 Me 1:47.38 313	50 Bu 47.96 295	
50 Bk 57.98 198				
4. Rosa Leitao COSTA	65	Foca	<b>727</b>	5
50 Br 57.75 275	100 Me 2:16.25 153	50 Fr 56.27 133	50 Bk 1:11.25 107	
50 Bu 1:21.75 59				
5. Pilar Garcia PALOMARES	65	CN Cuatro Caminos	<b>675</b>	5
50 Fr 51.66 172	100 Me 2:17.68 148	50 Bu 1:02.69 132	50 Bk 1:09.57 115	
50 Br 1:18.71 108				

### Women, Master Esc H

1. Maria Santos FERNANDES	62	Leixoes Sport Club	<b>1768</b>	5
100 Me 1:45.25 424	50 Br 50.77 423	50 Fr 45.21 322	50 Bk 53.68 309	
50 Bu 50.50 290				
2. Maria Goncalves VASCONCELOS	64	Clube Natacao Masters de Almada	<b>1693</b>	5
50 Fr 41.44 419	100 Me 1:50.77 364	50 Br 53.40 363	50 Bu 48.50 327	
50 Bk 1:00.12 220				
3. Rita Cabral GUIMARAES	64	Fluvial Portuense	<b>616</b>	1
50 Fr 36.44 616				
4. Maria Teresa PINTO	61	Leixoes Sport Club	<b>183</b>	1
50 Bk 1:03.95 183				
5. Maria Giraldo WERNICKE	60	Fluvial Portuense	<b>152</b>	1
50 Bu 1:02.59 152				

Women, Master Esc I - 1 of 5 Events

1. Maria Paula CUNHA	59	Leixoes Sport Club	<b>403</b>	<b>1</b>
50 Fr 43.63 403				

Women, Master Esc K

1. Maria Elisabete OLIVEIRA	49	Estarreja/PROZINCO	<b>369</b>	<b>5</b>
50 Br 1:30.78 140 100 Me -	50 Bk 1:26.34 129	50 Fr 1:14.42 100	50 Bu -	