

Lýsismót Ármanns
Reykjavík, 27. - 28.4.2024

Event 49
28.04.2024 - 12:15

Women, 400m Medley

Open
Results

Points: FINA 2024

Rank			YB					Time	Pts
12 - 13 years									
1.	Thea Sif Hjaltadóttir		11	Armann				6:08.31	
	50m: 41.72 41.72	150m: 2:18.20	47.07	250m: 3:54.02	50.21	350m: 5:27.56	43.22		
	100m: 1:31.13 49.41	200m: 3:03.81	45.61	300m: 4:44.34	50.32	400m: 6:08.31	40.75		
2.	Karen Julia Traustadóttir		12	Ithrottabandalag Reykjanesbajar				6:10.43	
	50m: 45.55 45.55	150m: 2:22.42	44.97	250m: 3:58.95	50.51	350m: 5:32.00	40.81		
	100m: 1:37.45 51.90	200m: 3:08.44	46.02	300m: 4:51.19	52.24	400m: 6:10.43	38.43		
3.	Agusta Elly Kristinsdóttir		11	Armann				6:25.09	
	50m: 44.84 44.84	150m: 2:26.93	49.39	250m: 4:05.02	51.08	350m: 5:41.68	45.94		
	100m: 1:37.54 52.70	200m: 3:13.94	47.01	300m: 4:55.74	50.72	400m: 6:25.09	43.41		
14 - 15 years									
1.	Birna Run Jónsdóttir		09	Umf Afturelding				6:34.42	
	50m: 46.55 46.55	150m: 2:31.77	48.13	250m: 4:17.05	57.29	350m: 5:53.76	40.78		
	100m: 1:43.64 57.09	200m: 3:19.76	47.99	300m: 5:12.98	55.93	400m: 6:34.42	40.66		
2.	Karitas Kristjansdóttir		10	Armann				6:50.15	
	50m: 44.24 44.24	150m: 2:27.76	48.86	250m: 4:15.67	59.68	350m: 6:04.94	48.30		
	100m: 1:38.90 54.66	200m: 3:15.99	48.23	300m: 5:16.64	1:00.97	400m: 6:50.15	45.21		